The Concordia College BUE The Concordia College The Concordia Col

October 29, 1993

A Publication of the C.C.S.A.

Blame Not Yourself

"I know that i was only five years old, But I was an extremely intelligent fiveyear old. I should have been able to figure out a way to escape." (The Courage To Heal, Ellen Bass/Laura Davis)

Victims of sexual abuse have some obvious reasons for incorrectly blaming themselves for their agonizing childhoods. Some children are told by their abusers that they are evil and that they deserve nothing better than the treatment that they receive. Other victims are punished and called liars when they try to tell an adult about the abuse. One of the most horrific results of sexual abuse is the pervasive belief that the child is unlovable; even to God. This self-hate lasts a lifetime, and an unbelievable amount of energy must be expended in order to negate this thoroughly ingrained message.

No matter what anyone told you, if you have been the victim of sexual abuse, it was NOT YOUR FAULT. This seems to be such a simple truth, yet it is the main reason why so many victims of sexual abuse do not talk about it. They are ashamed

of the fact that they have been violated. The ultimate paradox. Look at a child who is the same age that you were when you were abused. would you place any of the blame on him/ her? Of course you would not. However, even as little as five years ago. a judge in a northern Alberta community was quoted as saying, "I find this child to be excessively promiscuous and that she initiated the contact with the accused." (paraphrased) This child was three years old! The road to recovery is difficult enough without this type of attitude coming from so called professionals.

As a Christian, you may blame God for what happened to you at the hand of someone else. How can you trust in a God who allowed this to happen to you; an innocent child? How could you perceive God as a loving and forgiving Father, especially if a father figure abused you? The answer is that God suffered right along with you, and that the best way that you can begin the healing process is by allowing yourself to place your trust in Him. Jesus Christ can not only empathise with your suffering, he can

also help heal you.

If you have suffered sexual abuse and you do not believe in God, you can still beginvour recovery process. Believe that YOU ARE LOVABLE. Then, and this is the sometimes the most difficult part, forgive your abuser. Remember that the only person who suffers from your lack of forgiveness is you. Your abuser does not care that you do not forgive him/her. If they cared, they would not have abused you in the first place. Please note that I said forgive, not condone. It is not okay that the abuser stepped over the boundaries of decency and it is not fine that he/ she denied you of your childhood. This type of behaviour is never acceptable. Forgiving means accepting that the abuser is/was a very sick individual, and that you could neither control them, nor escape from them. Not forgiving means that you are allowing the abuse to continue long after the physical danger has passed. The trauma does not end when the abuse stops.

If you have been sexually abused, do not try to ignore your past.

....Continued on page 2

INSIDE:

Who loves you Baby?
-Kojack

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The best Sports on campus on page 8.

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OPINIONS

...Me?...Paranoid?!?!?

We have reached a time when the fabricated values of our market economy are overruling our faculties for logic. Any whim that attracts people in the least is immediately forced upon us by the businesses through the media. Because of this, we have unwittingly become involved in psychological warfare between the companies and the consumer. Every time you go shopping for new clothing or groceries, the brand name you choose is likely an indication of the effectiveness of the advertising of the company that markets the product in question. Not only do these companies use the visual media for their mental attack, they also use the role-models of

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The Blue& White is Published twice monthly by the Concordia College Students Association. Next deadline is November 9th.

their target group to endorse their product. As a result, many popular musical groups of our day are being used as billboards for various corporations.

Since the 1950's, we have seen many corporations market the "rebel" image to the youth of the time. Back then, the image of the "rebel" was embodied by James Dean. Now this image is often embodied by various rap stars from "the hood". The reason why this has become increasingly more dangerous is because of the attitude that is being marketed with the image. We do not have to go far to see middle-class teenagers walking around dressed in a \$400 outfit that is supposed to look like something that is worn in a large urban ghetto in the United States. Now, I do not want to point fingers, but can you guess where this is coming from? Due to this irresponsible advertising ploy, a hierarchical system has been set up in the public schools consisting of the "haves" and "have nots".

The anger that is carried around by many of the rap stars is understandable, but the problem is that the middleclass youth in our area are using the Afro-American as a scapegoat for their delinquent behaviour. Who gave them this convenient scapegoat for their frustration with the world? Yes, you guessed it, the fashion industry, as they literally sold their "rebel" attitudes. Another factor in the vulnerability of the youth to these marketed attitudes is the lack of independent thought encouraged in our education system. If you loo at the list of books which are banned from our secondary schools, you will find that many of them deal with the dangers of our market economy.

Without the proper safeguards to defend themselves against the dangers of advertising, children and adults alike easily fall prey to its well-planned attack. In a time when the environment has

become the concern our society., the psychological environment seems to have been forsaken, and this too has been cashed in on by the companies in the form of overpriced products with lables bragging, "enviro-friendly". I'm not saying that the companies are at fault, as they do have the right to make a living. I'm just saying that we have the right to defend ourselves from their frivolous propaganda, and if we do not, we are jeopardizing the psychological wellbeing of the up and coming generations. After all, I fear the most for our children, as by their time, the only acceptable attitude will be, "I don't care, let's go steal a car and rob a convenience store." Corey Owen

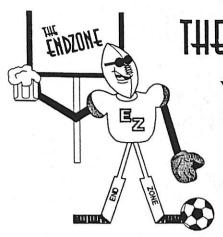
Faculty of Arts Representative

Continued from page 1

The pain will not go away by the use of drugs, food, sex, or alcohol. You will need to drain the sewer that was your past and refill your soul with the fresh, clear water of the future. It is too hard to do this alone. I urge you to seek a professional who has worked with sexual abuse victims. Concordia is very lucky to have the servises of Dr. Colleen Hammermaster, who is an excellent counselling psycologist. She can help you begin to love yourself again. You are a good person. You did not deserve to be treated like trash.

Connie Roy Assistant Editor

Contributions are welcome for the Blue & White. The deadline for the next issue is Nov. 9



THE ZONE

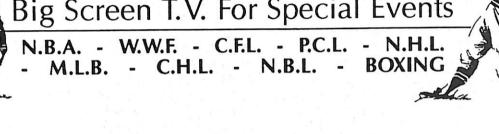
They Score 'Em, We Pour 'Em

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Join us for LIVE Sporting Events

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Prizes & Pre-Game Parties

Just Ask Chris

Dear Blue and White Readers;

Welcome back everyone! For those of you who assumed that I was a third year student and not coming back this year—guess what? You were WRONG! Remember what happens whenever you ass-u-me anything. For you new students: and man are there ever a lot of you out there: I am Chris—the Dear Abby/Gary Larson of Concordia's student newspaper. My purpose is not to give serious advice but simply to amuse.

By the way, did you hear that they found the Mars space probe when the gutted the cafeteria this past summer? In the words of the Kids in the Hall..."Can you dig it?"

If you have a few minutes to spare, and you have a not-so-serious letter that you wish to have printed in the column, then please spare the profanity and drop off your letter in the blue box that is located on the wall outside the C.C.S.A. office. Thanks!

Just Chris

Dear Chris:

I take the Blue & White home every time it comes out. My mother gets hold of it and always reads your column FIRST! She loves it! We love your sense of humour and both think that you are the best thing since Anne Landers.! Just one question. Are you a boy Chris or a girl Chris? See, my momand I want to start a JUST CHRIS FAN CLUB, and we thought that it would be nice to know just who she/he is, know what I mean?

Just Your Two Biggest Fans!

Dear Two Biggest Fans:

I can't believe how moved I was by your letter. (or maybe it was the cafeteria chilli!!) Who would have ever guessed that I would have TWO fans!! I'm really pleased that you and your mom (she is a shut-in isn't she?) enjoy my column. As far as your question goes, I am going to take the fifth amendment...oops, this isn't the fifty-first state <u>yet</u>—momentary brain lapse. I would prefer not to identify my gender just now. It is a real rush to listen to people discussing why I could not possibly be a woman, or why I must be a man, (is there a third option?), when I am standing right beside them.

For those of you that followed this column last year and for you new readers as well, I issue this challenge.. am I female, or am I male? Send in your responses, and all printable letters will be answered.

Just Chris
Until next time....

Oh, What a Wonderful Dorm Life!

Last night as I headed to bed, I was caught in a web of thread that had been strung across my door frame so that the spider (one of my room-mates) could eat me alive. This is the most recent prank that has been pulled at Wangerin House since the year began. Over at Founders Hall the guys have been only slightly more cruel. In one case, a certain very hyperactive young man returned to his extremely neat and organized room, only to find his furniture rearranged and not a single item in the same place that he had left it in. Needless to say, dorm life is not for the intolerant. Don't get me wrong, there are benefits to living this way. For example, since Founders Hall is attached to the rest of the school, if the dorm guys don't feel like getting bundled up for the infamous minus thirty degree weather, they don't have to bother. I don't hear the girls complaining, however, since a certain football player has started parading around in his shorts.

But seriosly, there are so many wonderful things included in the dorm package. When you are in the middle of midterm stress, and feel like pulling your hair out, there is always someone there to give you a massage or help you study. (By the way, a massage is an excellent way to get to know someone.)

This years committees are well under way and doing lots for the betterment of the dorm residents. The wellness committee, for example, has brought attention to the fact that there are no olives in the salad bar (a neces-

sity, no doubt). Because of this wonderful suggestion we are now able to snack on olives if we so choose.

Dorm life may be an adventure that none of us will forget (even if we regret it,) but it has never failed to surprise me when I take a look at all of the different people that are assembled under one roof. If you take a stroll down Eberhardt and Founders Hall, or through Wangerin House, you can meet people from Ontario, straight across to British Columbia, not to mention someone from the Northwest Territories (these just being those from Canada). This aspect may be unique to the Concordia College dormitory scene, and if it is, well then whoowhah!

Lisa Krestick

Spiritual Life Column

Concordia has many different people that attend and work here. There are people that go to a variety of churches and some that don't go at all. There are many cultures and races represented here; that is what makes Concordia unque. Jesus commanded his disciples to go and preach

to all nations. This does not mean that we sould just tell the good news to people in the far off countries. It means something as simple as talking to the person next to you in class.

..."Love your neighbor as yourself." Romans 13:9

"For I am the LORD, your God,

who takes hold of your right hand and says to you, Do not fear; lwill help you." Isaiah 41:13

Glenda Holmes Spiritual life Representative

AND NOW FOR A DIFFERENT "CONCERT EXPERIENCE"...

THE CREW

TARA LYN MOHR

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DON'T FORGET "PRIME TIME" WEDNESDAY'S AT 7:30 AND CHAPEL DAILY AT 10:40...COMING SOON...SPRITUAL EMPHISIS WEEK, NOV. 15-19

AIDS AWARENESS PRESENTATION

WHAT IS THE DIFFERENCE BETWEEN HIV AND AIDS?

WHAT DOES THE LATEST MEDICAL RE-SEARCH SHOW ABOUT HOW AIDS IS TRANSMITTED?

HOW CAN YOU PREVENT CONTRACTING AIDS?

THURSDAY, NOVEMBER 16, 1993 7:00PM - 8:30PM ROOM 321 (CHOIR ROOM)

STUDENTS, FRIENDS, PARENTS, FACULTY, AND SUPPORT STAFF ARE INVITED TO ATTEND.

PRESENTED BY THE AIDS NETWORK OF EDMONTON

ENTERTAINMENT

WAIT UNTIL DARK

The Citadel Theatre offers the spine-tingling thriller, Wait Until Dark, by Frederick Knott, on its Shoctor Stage until Nov. 7. In the tradition of Alfred Hitchcock and Agatha Christie, this chilling murder-mystery moves the audience to shudder, gasp and scream. The talented cast, under the direction of **Stephen Heatly**, keeps the action jumping and knows just how to crank up the tension from the first line to lights out.

This electrifying story of turning darkness into light focuses on a blind housewife, *Suzy Hendrix*. Portrayed by **Kate Newby**, Suzy learns to see in away she never has before, when she comes face to face with three malicious criminals, who not only invade her home, but also her very existence. **David McNally's** performance as *Harry Roat Jr.*, mastermind of the terrorizing trio, is all too real.

Kate Newby has appeared on virtually every stage in town yet, with this production, she makes her Citadel debut. Sam Hendrix, Suzy's husband, is played by Glyn Thomas, who has recently made his debut in the stunning epic, SAINT JOAN. Mike Talman and Sqt. Carlino, the two con menthat terrorize Suzy, are played by Raul Tome' and Jack Langedijk, both with previous Citadel credits. Gloria. who comes to Suzy's rescue, is 14 year-old Jennifer Borosiuk. Jennifer, who recently played the title character in Stage West's production of Oliver! is a member of the Citadel Theatre School.

Other talent worthy of mention is Linda Babins for lighting, Doug Blackey for sound, and Daniel van Heyst for set design.

Jeffery McKeddie Entertainment Editor

SCRAP DEMOLITION MAN

Even for a cheap Tuesday, Demolition Man is a waste of money. Five minutes into the movie it begins to reek of Woody Allen's Sleeper, and if you havn't seen either — don't bother.

In the year 1996 John Spartan (Sly Stallone), a violent, all or nothing macho cop (how original), is put on ice along with his arch rival, the psychotic Simon Phoenix (Wesley Snipes). While in this cryogenic state both men are to be reprogrammed with milder tendencies. Of course something must go wrong; a stronger, more verastile Phoenix escapes the frigid confines of the penal system to feast upon a Utopian society after a thirty-six year nap. Spartan, who is thawed for the sole purpose of apprehending the colorful and creative Phoenix, suffers from strange desires to knit sweaters and darn socks. He wakes to an alien environment of verbal police, nonphysical sex and no toilet paper; a world where Taco Bell rules.

With the exception of Phoenix, the characters are weak and just too difficult to accept, leaving the audience as frustrated as Spartan in the idealic New Order. Wesley Snipes is fanstastic, he really seems to enjoy the power Phoenix has in this passive, if not surreal, world. With bland humour and sporadic action/violence scenes, this flick is truly boring. It leaves the die-hard fan disappointed in both the film and Stallone.

Demolition Man simply does not deliver all that is expected.

Jeffery McKeddie Entertainment Editor

IN UTERO

In Utero (pronounced ooo-tareoh) is the latest, and might well be the raunchiest yet from NIVANA. This collection of 'less than creative' tunes is by no means tame. There are no outboard or commuter effects on this album, and as drummer David Grohl says, "It's not slick, ... it's just a more accurate representation of the band." Here is yet another band brandishing the idea that they're on a mission to normalize society; they seek a world without sexists, racists, and redneck hypocrites. All this from a band which hasn't outgrown the habit of trashing equipment, bad mouthing other bands, and simply doesn't give a damn what anyone thinks. Give these guys credit - they are unique. Some claim NIR-VANA to be a "heavy pop grunge punk band", Grohl however, considers it just heavy pop.

I'll leave my opinion out of it.

Jeffery McKeddie Entertainment Editor

THE UNKNOWN BEAUTY

To care first is beautiful;
Being beautiful you want to love.
To love is to be unconditional;
Being unconditional, love is trust.
To trust the unknown maybe unconditionally,
Loving the beautiful person is
Too much for me.

oo much for me.

by Chari Cantin

UCEP 1

WITHIN FOUR WALLS

Within the four walls of a room Within the dream of a bed Two bodies languidly lie enveloped in the quilt of night submerged in the warmth of oblivion There they lie in silence a silence that only love can sustain a silence that only an innocent can taste Arms entwined warm flesh pressed against warm flesh the insular walls become a bastion of hope a sanctuary of calm

Within the four walls of a room within that sacred place no demons reign and no angels weep Only two souls joined together in a gentle embrace When Sleep overtakes them she comes as a mist which rolls dreamlike over the water They are lulled lulled into blistful sleep by Love's sweet melodic breath...

Philippe Boudreau

ODE TO BARNEY

(Sung to the tune of This Old Man)

I hate you, You love me, Find a gun so I can shoot you in the knee. With a great big bang, And blood from here to there. I hate your ugly purple hair.

The Schizophrenic Accordian Player and Friend.

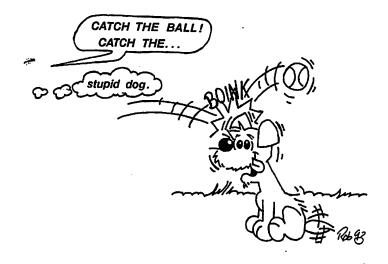


Contributors

For The Blue & White

Apply at The Blue & White office located in the C.C.S.A. Offices.





SPORTS

GUESS WHO'S BACK

Hey Gang the Blue and White sport section is here again. Despite being three issues behind, there is a lot to talk (write) about. First, the Volleyball program has been cut out of the athletic program due to lack of interest however, the department has added soccer to the ACAC league. Also in the ACAC league are the sport of golf,badminton,swimming,and of course hockey. Concordia basketball for both male and female still remain in the Edmonton Basketball Association Try outs are still on for girls basketball. Any interested players please contact Ric Suggitt @ 488-8638. Girls practise is every Monday night 9:30p.m. to 11:00p.m. and Tuesdays 5:30 p.m. to 7:00 p.m. at Commonwealth Stadium. The swim team is also looking for athletes, especially males. Practice has already started at the NAIT swimming pool with coach Jeff Riddle. If any students are interested in joining the swim team please contact Jim Maclean for more information.

Golf season ended in September and soccer season had just finished their last game but there is still quite a bit of action in Thunder Athletics. League season for hockey has just started on October 21st against Red Deer College at Red Deer. Coach Jim Maclean is very optimistic about this years team. They had four wins, one tie and six loses during exhibition play and they only lost by two points against the strongest team in the league. Thunder defense is much stronger this year and it has kept the team in the game. Sounds like it is going to be a great year!!

Basketball seeding round already began in late September and will finish by early November. League games begins in mid-November. Badminton just finish their pre season meet and Coach Janice Walker hopes to improve on last years performance. The badminton team practices at Commonwealth Stadium three times a

week and participates in tournaments during the season.

As you can see, there is a lot happening in College athletics, so come on out and support the teams. Game dates and times as well as locations are posted in the Blue and White under "Catch the Action."

P.S.
We will be starting player profiles next issue

See You At The Games!!!

Angie Celino Acting Sports Ed itor

BREAKING THE PAVEMENT

As a student at Concordia College for many, many years, I never thought the day would come when "crater city," "Lake Concordia" would disappear. Hey guys, the parking lot has finally been paved!! To celebrate the joyous occasion, High school basketball coach, Lloyd Grosfield, held a 3 on 3 Streetball tournament on September 17th and 18th. The tournament was open to students, alumni, faculty, and family members. Of the sixteen teams that entered the tournament, only one ladies team was present and yours truly was a member of that team. The two day event was greeted with fabulous weather. Yes it is hard to believe. but summer finally came to Edmon-

ton. Despite some technical difficulties assembling the portable hoops, the event finally began an hour and a half later. The tournament was very competitive, fun and exciting. The College team called "Dome" captured the Slammer division. Two high schools boys team, "The Barking Skunks and "Flaming Hoops," won the Shooter and Air Ball divisions respectively. The biggest surprise of the tournament was in the Downtown division. Four "old dudes" aptly named the "Cacoons" whose member include Education professor Bernie Potvin, (love those football fakes), High school

teacher Lloyd Grosfield and two other ringers, Steve Portelence and Karl

Larsendestroyed a bunch of young bucks to capture the division title. All kidding aside,

the faculty team made their department proud! Congratulations to all the winners and thanks to everyone who made the event worthy. Oh, what about the lonesome female team? They did not win any games but they did not get trashed either. The opposition took almost the time limit, thirty minutes, to win the game.

Another Streetball tournament will be held in early May, hopefully the snow

Continued on page 9.

THUNDER SOCCER

Concordia's soccer team is coached by Rob Clements and they have been out on the field training since the begining of September and their season just ended in mid October. The first game of the season was an eye opener for Concordia.

They played Nait in the season opener and lost badly however, as the season

progressed, the team played well. They ended the season with four wins and

six losses, a very successful year for a

rookie team in the ACAC league. The highlight of the season was the win against Grant MacEwan College, who was



previously unbeaten in the season and Concordia beat GMCC 2-1. Great

Job Guys and Coach Clements, Good Luck next season!! Angie Celino

Pavment continued from page 8

would have melted by then. I hope to see more teams enter, especially females.

Overall it was a great tournament, good competition and sportsmanship. It was wonderful seeing old friends, familiar faces and new faces as well. Lastly, thanks goes out to Lloyd Grosfield for a wonderful event and super idea!

Three Cheers to you Mr. G.

Angie Celino

CATCH THE ACTION

THUNDER HOCKEY

Oct. 29 GPRC @ CC 7:00 p.m.
Oct. 30 GPRC @ CC 1:30p.m.
Nov. 19 MRC @ CC 7:00p.m.

CONCORDIA BASKETBALL

Oct. 27 CC girls vs. Waterloo @ St. Joseph High 8:15 p.m.
Oct. 30 CC girls vs. Cool Canadians @ Jasper Place 12:15 p.m.
Oct. 30 CC guys vs. Catts @ Jasper Place 2:00 p.m.
Nov. 4 CC girls vs. Hoopers @ Maurice Lavalle 7:00 p.m.
Nov. 4 CC guys vs. Ptarmigans @ Maurice Lavalle 8:30 p.m.

BADMINTON

Nov. 6 Regional at KC Nov. 6 regional at LCC

SWIMMING MEETS

Nov. 27 @ NAIT

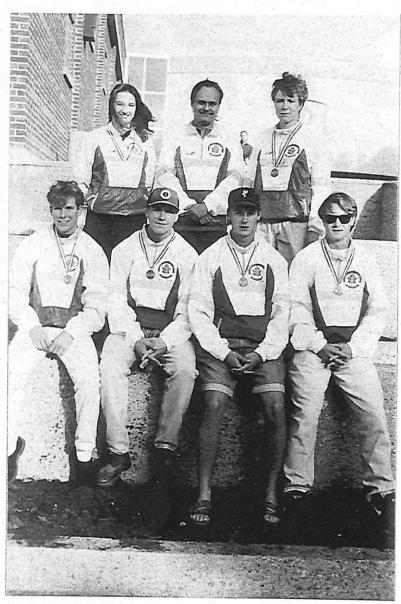
Fat Men Walk an a Beach

Two Fat men
Fat men don't love one another
Phobic and hairy leged
Belly's flopping wildly
As they jog hand in hand
Jump once
Jump twice
Jump once and for all

That Guy

Concordia College Golf Team

Concordia's golf team competed in the ACAC tournament on September 23 and 24 in Calgary. In the men's division. Concordia won the team silver medal. Individually, Grant Rennie took the silver and Joelle Marie Fougere won the Bronze. The team was coach Jody by Kinsman from Masters Golf School. Congratulations to all of you for a job well done.



Back Row L-R: Natasha Gonek, Jody Kinsman (Coach), Joelle Marie Fougere.

Front row L-R: Karl Tiemstra, Jamie Graham, Dion Gilroyed, Darren Cary, Missing - Grant Rennie.

Have a Superkalafragalistic expealed otious kind of day!

(Editors note: Could not find

"superkalafragalisticexpealodotious" in the dictionary. Should there be grammatical errors...I don't want to hear about it!

Oops, Upcoming events on campus.

Concordia College Theatre presents Ron Reed's REMNANT Oct. 29 & 30 at 8:00 pm, Oct. 31 at 2:00 pm, Nov.5,6,7, at 8: pm. Tickets \$3.00 for students, \$5.00 for adults. Come and show your support for those participating.

"A Different Concert Experience"
The CREW return with special guest
Tara Lyn Mohr, 7:00 pm Sunday Oct.
31.

Tickets \$5.00 for adults, \$4.00 for students and children under 12 are free.

Concordia students with ID. and a costume get in free.

It's going to be an evening of humour, harmonies, and a message of hope in the Gospel for all ages!!

There will be Halloween 'goodies' for all

Politics I supposed to be the second-oldest profession. I have come to realize that it bears a very close resemblance to the first.

Ronald Regan, Quoted in Los Angeles Herald-Examener.

Politics is the art of preventing people from taking part in affairs which proporly concern them. Paul Valery, Tell quel

Ye shall know the truth, and the truth shall make you free. Bible, John:8:32

As scarce as truth is, the supply has always been in excess of the demand.

Josh Billings,

I see myself as a Christian Romantic Idealist traped inside the body of an Agnostic Existentialist. Philippe Boudreau