CONCORDIA WEEKLY NEWSLETTER

CAREER IN DENTISTRY PRESENTATION

Monday, March 14th @ 12:00 pm, Room HA015

Concordia Alumnus Dr. Drew Czernick will be returning to campus to give a presentation to any students interested in a career in Dentistry. This event is hosted by the Pre-Health Society.

Drew is a native Edmontonian and completed his DDS degree at the University of Alberta in 2009. He practiced general dentistry for two years before heading to the East Coast. In 2014 where he completed a periodontal residency program at the University of Boston. After teaching at his alma mater he joined the PerioPartners team late in 2014.

For more information contact Club President,

Khalil Somji @ ksomji1@student.concordia.ab.ca



health 01

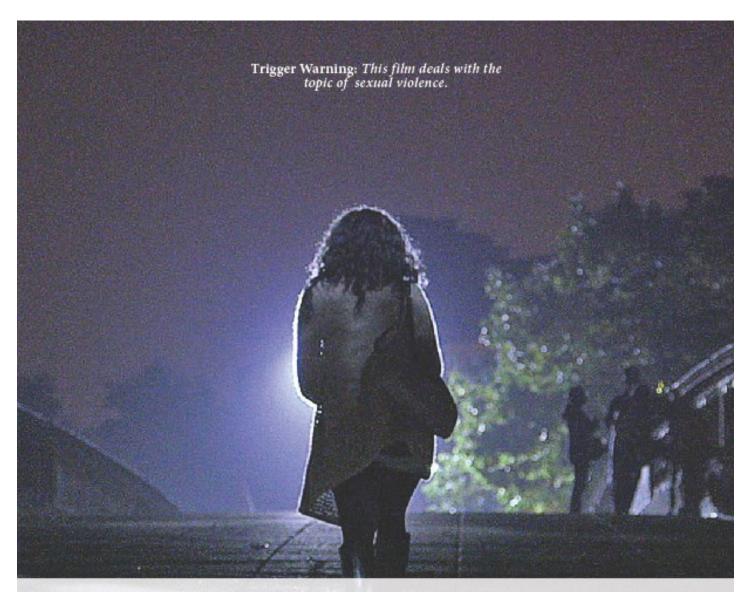
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- eTutor Alberta: Online Writing & Math Help
- Free On-Campus Counseling
- Summer job opportunity
- Unpaid Winter Semester Fees Past Due
- Official Educational Tax Receipt

GRAD PHOTO SESSION March 21- 24, 2016

Book online at: PHOTOS



ConcordiaTalks Movie Night:

The Hunting Ground with Discussion Following

Special Guest: Sgt. Randy Rechner of the RCMP March 15th | Tegler | 4PM

Free Pizza Provided
Snacks Available for Purchase
(all proceeds going to the Sexual Assault Centre of Edmonton)







Fentany

A Presentation by EPS and EMS

March 18th | HA015 | 12PM





Is this you?

Then come to this workshop!

Manage Your Stress and Anxiety



Bailey Puchyr-Chartier, M.C. Registered Psychologist

Wednesday, March 16, 2016 from noon—1 pm In Room S302

> Information, tips and tools! Before finals are here!







Concordia Health Literacy Fair

Or, in plain language, health literacy is: A person being able to understand and take the right action to make good health choices. Monday, March 21, 2016 11 am— 2 pm in Tegler

For all students, faculty and staff

HOW HEALTHY ARE YOU?

Mentally? Physically?

Emotionally? Spiritually?

Do you have a plan for achieving better health?

On campus and community resource tables to support you on your journey

Make a smoothie by riding a stationary bike

Have a chair massage

Lots of door prizes

Booster Juice



On Campus: Athletics, School of Physical Education and Wellness, Student Life Counselling, CSA Mental Health Initiative



Community Resources: Cocoa Crush, Blue Flame Kitchen, Dr. Rosalyn Funk (Holistic Nutritional Psychology) The Running Room, CMHA, City of Edmonton Rec & Leisure ...and more



THE PRE-OPTOMETRY CLUB ARE COLLECTING USED EYEGLASSES.

Donations can be left with anyone at the front desk in the CSA offices (A207) or left on the front desk if no one is at the desk.



Questions can be directed to the Pre-Optometry Club at: preopt@student.concordia.ab.ca.

DE-STRESS & STUDY At Concordia Library, March 30th: 4PM - 11PM

A night of stress busting activities and homework help at the library.

ACADEMIC HELP FROM:

The Writing Centre, Library Staff & Academic Strategists

FUN (&FREE) STRESS BUSTING ACTIVITIES LED BY:

CSA, CSA Mental Health Initiative, Faculty of Education and Student Life.



Free coffee & snacks will be provided.



How to Write a DYnamic Term Paper!

Attend one of the workshops and learn practical and easy-to-apply tips to writing a dynamic and effective term paper!

- Tues, Mar 15th @ 5pm 6pm in HA010
- Wed, Mar 16th @ 12pm 1pm in HA020
- Wed, Mar 16th @ 5pm 6pm in HA010
- Thur, Mar 17th @ 12pm 1pm in L355
- Thur, Mar 17th @ 5pm 6pm in HA010







RESUME WRITING WORKSHOP- MARCH 16TH

The resume is the most common work search tool. This workshop will reveal the key components of an effective resume and cover letter and how to showcase your strengths and accomplishments.



This workshop provides detailed explanations, as well step-by-step processes for creating an effective resume and cover letter.

Register in person L358
By email: careerservices@concordia.ab.ca
Or by phone: (780) 378 - 8461
The room number will be announced at the time of registration.

CITY OF EDMONTON RECREATION AND LEISURE CENTRE DISCOUNT!

The Corporate Wellness Program offers a discount to Concordia Staff and Students and their families at ANY City of Edmonton Recreation and Leisure Centre!

The program entitles Concordia's employees or staff, their spouses and children under the age of 18 a 15% discount on a Multiple Admission Pass, or a 20% discount on an Annual or Continuous Monthly Membership at any City of Edmonton Recreation and Leisure Centre. Staff must show company photo ID. Students must show a current student ID (with a sticker reflecting the current year)

For the spouse/partner or children to take advantage of the discount, the employee or student must accompany them to the facility to register. The family member may be asked to prove they reside at the same residence as the employee/student.



PRICE: \$40.00 5365 GATEWAY BLVD, EDMONTON

A dramatized Murder Mystery Dinner in partnership

with the Riverview Rotary Club of Edmonton, and the Concordia Drama Club.

This is a fundraiser in support of the Rotary Club of Edmonton

To purchase tickets

Contact Oliver Franke at FH104 or <a href="mailto:emai



Student Loan Repayment Information Session

Received government student loans during your academic life?
Understand 'what happens next.' The National Student Loan
Service Centre (NSLSC) provides Repayment Webinars to help
students understand the options for repaying their student loan.



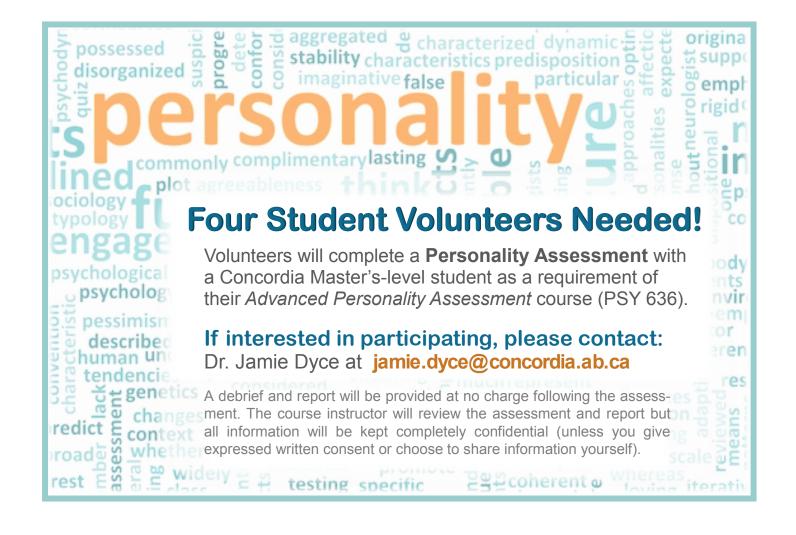
On-Campus - For those who would like to attend an on-campus

Repayment Information Session you are welcome to join us THURSDAY, MARCH 24th at 12:00

p.m. – 1:00 p.m. in Room CE308 (Ralph King Athletic Center). Ms. Violet Reid, regional rep from the NSLSC, will be hosting and answering questions.

Webinars - We encourage you to look at the following dates to see which webinar best works for your schedule. These presentations are given by the NSLSC, are one hour in length and are free of charge. To register, go to the link provided below, choose the time and date that works best for you. You will then receive an e-mail confirmation with the webinar login information.

https://attendee.gotowebinar.com/rt/5648951363816460290



Spring 2016



All of these course offerings can be used to fulfill the communication requirement of the Concordia core and the Fine Arts requirement for a B.A. degree

MUSIC 120 — Spring 1 (May 2 to May 20) 9 to noon daily Danielle Lisboa

ADVANCED RUDIMENTS OF MUSIC

Advanced fundamentals of music theory including intervals, chords, scales, compound meters, and key signatures along with musicianship training in rhythmic and melodic sight-singing, and music dictation and writing in pentatonic and diatonic modes.

Your next chance to complete this course—prerequisite for MUS 211 and other core music classes—is Winter 2017! Take advantage of the Spring 2016 offering and advance your degree by a full year. This course reinforces main foundations in music theory to prepare you for a successful program ahead!

DRAMA 149 — Spring 1 & 2 (May 2 to June 10) 1:00 to 4:00 daily Caroline Howarth

INTRODUCTION TO DRAMATIC PROCESS

Introduction to improvisation and dramatic process. This is a practical class focused on developing skills in creativity, improvisation, group collaboration and play creation. You will explore speech, movement, and improvisation through acting, ensemble work and theatre games, and performance of non-scripted dramas of different forms.

DRAMA 102 — Spring 2 (May 24 to June 10) 9:00 to noon daily Michelle Rios

PLAY ANALYSIS

This a course in play analysis. Reading and critiquing a variety of play scripts and applying creative solutions to the problems surrounding the live production of these plays. The class observes filmed performances of the plays studied.

APPLIED MUSIC X22/X23/X26/X27

Offered in both Spring and Summer terms. Please see Mireille Rijavec or speak with your current instructor if you are interested.



Summer



All of these course offerings can be used to fulfill the communication requirement of the Concordia core and the Fine Arts requirement for a B.A. degree

ART HISTORY 102 — Summer 1 (July 4 to 22) 9:00 to noon daily Deborah Rayment

SURVEY OF WESTERN ART II

This course is a survey of Western Art from the beginning of the Renaissance to the present day. You will study painting, sculpture, and architecture.

DRAMA 252 — Summer 1 (July 4 to 22) 9:00 to noon daily Dr. Randy Ritz

FUNDAMENTALS OF PUBLIC SPEAKING

Basic techniques of oral communication and public speaking with an emphasis on speech construction and delivery. This class will take you from nervous and tongue-tied to a confident presenter and public speaker.

APPLIED MUSIC X22/X23/X26/X27

Offered in both Spring and Summer terms. Please see Mireille Rijavec or speak with your current instructor if you are interested.



Fall 2016

The Physics of Music PHY 175



Faculty of Science — 3 (3-1s-0)

Tuesday-Thursday 2-3:20 p.m. Dr. Zoltan Berkes

Oscillations, waves, resonance. Musical sound, musical scales, pure and complex tones, Fourier analysis. Traditional and modern musical instruments. Basics of acoustics. Sound recording and reproduction. Hands-on laboratory experience.

This course is not accepted towards a Physics minor. Some music literacy recommended as a prerequisite.

WELLNESS WEDNESDAYS CAMPUS FITNESS CLASSES

Concordia University of Edmonton is thrilled to be offering free drop-in fitness classes for students, staff and faculty.

Join us in the Ralph King Athletic Centre Gym

EVERY Wednesday from 12:05-12:35 pm

for 30 minutes of exercise, and experience all of the amazing benefits of increased physical activity!

Classes are designed for all levels of fitness.



WALKING FOR WELLNESS— Wed, Mar 16

Come enjoy the beautiful river valley as we count our steps and walk our way to wellness!

30 MINUTE ABS—Wed, Mar 23

The ultimate abdominal workout! The abdominals play an important role in maintaining good posture and a healthy back. 30 minutes a day, can keep the back pain away! Washboard abs, here we come!

CARDIO 30—Wed, Mar 30

Spend your lunch break burning off stress and calories with a mix of cardio and strength moves!

CAFETERIA MENU: MARCH 14-18

MONDAY: Chili and Garlic Toast

TUESDAY: Teriyaki Chicken Vegetable Stir-fry Jasmine Rice. Halal,

WEDNESDAY: Perogies and Smokie, Sour Cream, Sautéed Zucchini

THURSDAY: Breaded Chicken, Penne Pasta, Steamed Broccoli & cheese sauce

FRIDAY: Taco Beef, Fried Corn tortilla, Lettuce, Tomato, Salsa, Sour Cream.

Need Help With Your Essay? Visit the Writing

The Writing Centre is a free service that provides support for teaching and learning through writing for all Concordia students, staff and faculty. Throughout the academic year, we offer one-on-one consultations that can be booked online at: http://studyspaces.concordia.ab.ca. Appointments are 30 minutes long. You may schedule up to two back-to-back appointments. If you cannot keep your appointment, please cancel it online as soon as possible. If a consultation is not in progress, dropins are welcome. Please bring to your appointment either a *printed* sample of your own writing (such as a graded paper or a work-in-progress) or any question(s) you have about the writing process. Alternatively, email your writing sample to: writingcentre@concordia.ab.ca.



CUE is a member of eTutor Alberta, a collaborative online tutoring service provided by Alberta's publicly-funded post-secondary institutions. Please note that your tutor might come from any of the institutions currently participating in eTutor Alberta.

eTutor Alberta currently offers professional **tutoring support in writing and mathematics**. At present, our mathematics tutors work in three streams: foundational math (academic upgrading and trades math), calculus, and statistics. To learn more about how eTutor Alberta works, see http://etutoralberta.ca/ and http://etutoralberta.ca/services.

For more information or to create an account, follow the link provided: eTUTOR ALBERTA



COUNSELLING SERVICES

Where healing begins...



Did you know that Concordia provides psychological counselling to students? Yes, we are here for you!



Sometimes life can get a little rough. At counselling services, it is our goal to help you recognize your strengths and resilience, so you can enjoy your life to the fullest. We know school can be stressful (course load, due dates, papers, finals! Ahhhh...). Keeping your mental health in good shape can help you with retention of study materials, increase your energy and boost your motivation!

WHAT WE DO



Free Counselling Sessions



We Help You Develop Concrete, Achievable plans and goals.



Confidential One-on-One Support



We Connect you to Different (and superb!)
Resources - On and Off Campus-



Caring, Supportive, and Nonjudgmental Environment



We Help You Work Towards Making the Changes that Matter Most to You

MAKE AN APPOINTMENT WITH A COUNSELOR TODAY THROUGH THE STUDENT LIFE & LEARNING



studentlife@concordia.ab.ca.



SUMMER JOB OPPRTUNITY AT THE CONCORDIA BOOKSTORE

If you are a student at Concordia University of Edmonton (preferably 1st or 2nd year) and would like to work during the summer on our campus, please apply in person with your resume and short cover letter at the bookstore's front desk. This is a full time, Bookstore Assistant contract position (May 15th till August 31^{st)}. You will be responsible for selling books

and supplies, assisting Staff, Faculty, Students and General Public on sales floor and accurate handling of all cash and sales transactions. Other responsibilities include providing receptionist duties, record keeping, pricing and stocking merchandise, handling returns, photocopying, assembling coursepacks, and assisting in the variety of Bookstore projects.

For more information, please contact the Bookstore Manager in person.



International Movie
Wed, March 16 at 1:00pm in Tegler
brought to you by Concordia International



OFFICIAL TAX RECEIPT 2015 T2202A'S: AVAILABLE ONLINE

The T2202A is your official tax receipt used to claim the eligible educational expenses for the tax year on your income Tax return. The form includes the amount of tuition that can be claimed as well as the number of months eligible for the education deduction.

The 2015 T2202A is now available through online services for students on Concordia's web site.

http://onlineservices.concordia.ab.ca/student/



If you have not paid your winter term fees, they are now past due. Students who owe are encumbered from some online services and interest is being charged.

You can check your account information online through Concordia's website at: http://onlineservices.concordia.ab.ca/student/

If you anticipate student loan payments, please ensure that you have completed the student loan process.

If you have any questions or concerns, please contact Student Accounts: 780 -479-9206 or email studentaccts@concordia.ab.ca