

# School of Physical Education and Wellness

Presents Dr. Nathan Hall

## Guest Lecturer

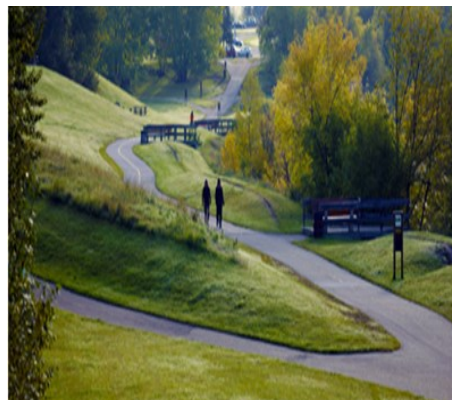
**Date:** Tuesday October 6th. 2015  
**Time:** 4:00pm-5:00pm  
**Location:** Auditorium  
**Audience:** Faculty, Staff, and Students  
(open invitation to everyone)  
**Topic:** The Benefits of Physical Activity  
in Academic Institutions

*Supporting students, faculty, staff, and the wider community in developing and maintaining healthy lifestyles across diverse age, gender, and ability populations*

Dr. Hall will discuss the benefits for faculty, staff, and students of living a physically active and healthy lifestyle.

## Background

Dr. Nathan Hall is a cross-appointed faculty member in the Faculty of Education and the Gupta Faculty of Kinesiology and Applied Health at the University of Winnipeg. He is a lead site investigator on the Canadian Assessment of Physical Literacy study being funded by ParticipACTION. Dr. Hall is a member of a team completing a SSHRC Aid to Small Universities (ASU) Grant (University of Winnipeg), as well as a co-investigator with Dr. Brent Bradford, Concordia University of Edmonton, in a funded project on Alternative Environment Activities.



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