### CONCORDIA WEEKLY NEWSLETTER



Concordia Library is collecting new or gently used winter clothing items for Edmonton's Bissell Centre. If you have any winter clothing items you'd like to donate, donation boxes will be located under the library's Christmas Tree from Dec 1st - 18th.

Here are some items that the centre currently needs:

- ⇒ Winter gloves
- ⇒ Winter footwear
- ⇒ Coats
- ⇒ Scarves
- $\Rightarrow$  Hats
- ⇒ Thermal underwear
- ⇒ Long sleeve tops
- ⇒ Denim pants

Due to space limitations, we are unable to receive any food or large items (such as bedding, linens, towels or other household items.)



#### **INSIDE THIS EDITION:**

- Study in Portugal
- Christmas Soccer Fundraiser
- International-Pizza with Buddies
- Café Terrasse
- New Counselling Hours for Alyssa Currie
- Indigenous Student Counsel Pot Luck
- Got Stress? We can help!
- Concordia General Awards
- Leadership Award Information
- Calm your Mind. Get Grounded
- Sell Your Text Books
- Concordia Concert Choir

   Joyous Light
- The Wondrous Story

   December 10
- Concordia Symphony Orchestra-Verse & Rhyme
- Ready to Begin a New Life? Education & Training Award

#### **IMPORTANT DATES:**

#### Friday, December 8

Regular university program:

- ⇒ Last day of Fall semester lectures
- ⇒ Last day to withdraw from Fall

semester courses

#### December 11-18

Regular University Programs:

⇒ Final Exams

### Friday, December 22

Christmas break:

 $\Rightarrow$  Campus closes at 4:00 p.m.

### CAFETERIA MENU: DECEMBER 4-8

Monday Traditional Beef Chili with Tri Coloured Corn Chips

Tuesday Butter Chicken with Basmati Rice and Sautéed Vegetable Medley

Wednesday Perogies with Bacon and Garlic Butter with Green Beans
Thursday Salisbury Steak with Mashed Potatoes and Glazed Carrots

Friday Baked Bass with Quinoa and Corn Medley



# STUDY IN PORTUGAL

### Learn about Study Abroad opportunities in Portugal!

Please join the International Office for a Study Abroad Information session on the University of Porto in Portugal, given by one of their International Officers. What a great opportunity to ask questions about Portugal and the University of Porto. Curious about campus life, funding opportunities, Portuguese culture? Join us and learn more!

DISCUSS TRAVEL, CULTURE AND CAMPUS LIFE

LEARN ABOUT OPPORTUNITIES FOR ERASMUS + SCHOLARSHIPS

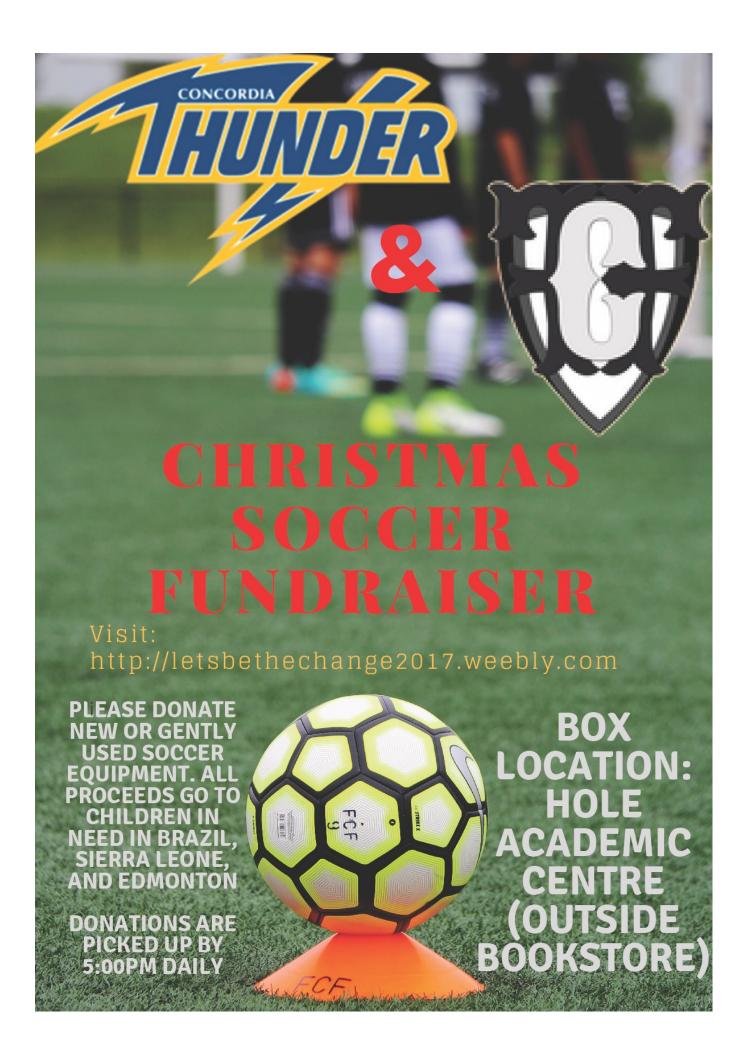
DECEMBER 7<sup>TH,</sup> 12 PM -1PM G303

Concordia University of Edmonton

International Office

https://concordia.ab.ca/inter national/







## INTERNATIONAL PIZZA FOR BUDDIES

Come and meet CUE's international and internationally minded students!

HA 021 December 4 @ noon



### December 6 | 12PM-1PM | Tegler Mezzanine

Warr to practice French or learn more about French culture? We have what you want here at Concordia! The monthly Café Terrasse is a gathering hour for mingling in French, about French cultures in the world, fostering language and culture. With some food and drinks.

STUDENT INTERN COUNSELLOR

### **ALYSSA CURRIE**

# NEW OFFICE HOURS

MONDAY - FRIDAY
11AM - 4PM
EFFECTIVE
IMMEDIATELY

LOCATION: L-266 (LIBRARY, OLD WRITING CENTRE)

BOOK NOW: GOO.GL/DFXXBN



### **DECEMBER 8**

3-6PM HA309

# GENERAL MEETING & POTLUCK



Concordia Indigenous Student Council Invites You!

Join us for a potluck and hear about future events and how to get involved!

Email us at: isc@student.concordia.ab.ca



RSVP to email sent by Dr. van Ingen OR respond to event posted on Facebook.

Everyone is welcome!

## GOT STRESS?

As students, stress is common to experience.

Understanding the impacts of stress is the first step in managing the symptoms.

If you are wanting tools to decrease stress, Concordia's student counsellor intern can help you!

Book online: goo.gl/DfXXbn

0r

Pop into Student Life and Learning Centre



### Accountable.

### Compassionate.

# Leader.

### **Apply for Leadership Awards Today**

#### Dr. Gary McPherson Leadership Scholarship

Recognizes students who have demonstrated outstanding leadership, especially in the area of disability, and/or initiative to improve the conditions and lives of others. Full-time domestic **Graduate** and **Undergraduate** students who are Alberta residents may apply.

Award Value: \$2000

#### Laurence Decore Award for Student Leadership

Recognizes post-secondary students who have demonstrated outstanding dedication and leadership to fellow students and to their community. Full-time domestic **Undergraduate** students who are Alberta residents may apply.

Award Value: \$1000



Deadline to apply: January 26th

Applications available at tinyurl.com/CUE-Leader or at Student & Enrolment Services, HA120. Questions? Email finaid@concordia.ab.ca

# CALM YOUR MIND. Get Grounded.

### grounded

/'groundid/ well balanced and sensible

### Workshop

### ONE HOUR OF RELAXATION

COME AND LEARN ABOUT GROUNDING TECHNIQUES WILL ENJOYING DELICIOUS TEA. THIS WORKSHOP WILL PROVIDE INSIGHT INTO THE IMPORTANCE OF BEING GROUNDED.

PARTICIPANTS WILL LEARN ABOUT THE EFFECTIVENESS OF SELF-CARE AND WILL LEAVE WITH A SENSE OF CALMNESS.

ATTEND WITH A FRIEND, PARTNER OR INDIVIDUALLY, IF YOU ARE CURIOUS ABOUT HOW TO MANAGE OVERWHELMING FEELINGS AND THOUGHTS. THIS WORKSHOP MAY BE FOR YOU!

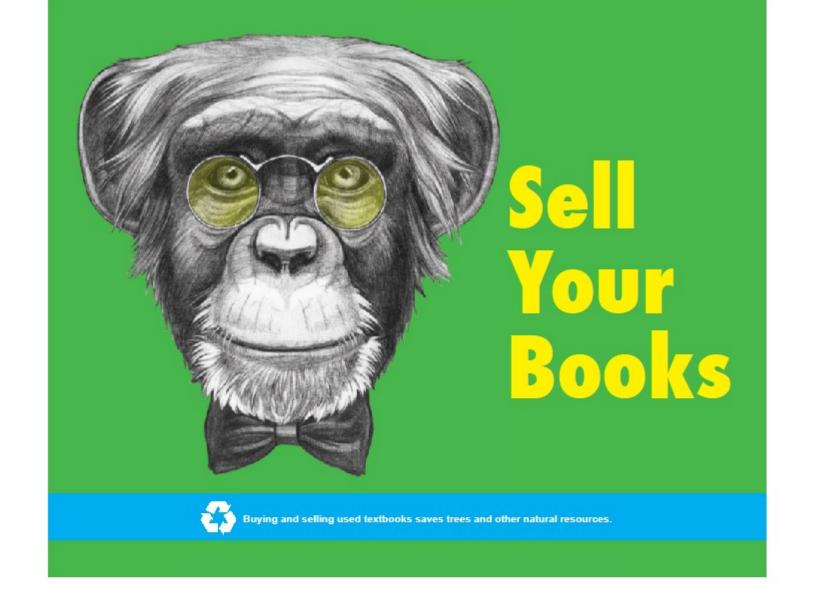
BOOK BY goo.gl/DfXXbn

LINK: (When booking state how many

people will be attending)

BOOK BY alyssa.currie@concordia.ab.ca

EMAIL:



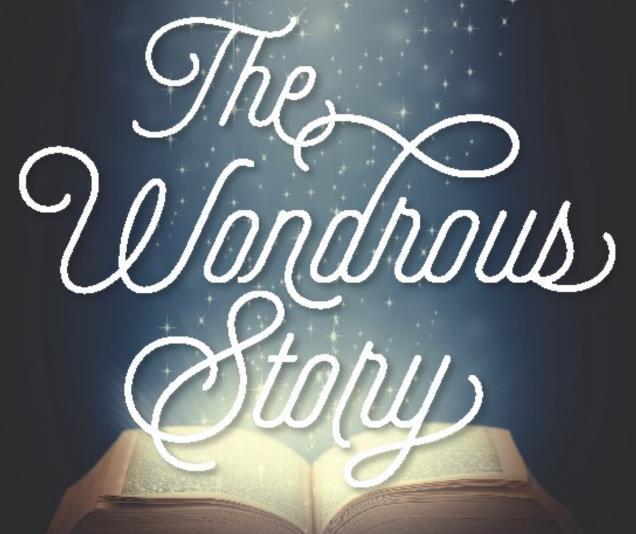
### Concordia University of Edmonton Bookstore

Thurs-Fri, December 14th - 15th & Wed-Fri, January 10th - 12th

9:00am - 4:00pm



BELLA VOCE CONCORDIA • CONCORDIA COMMUNITY CHORUS
JUBILOSO! BELLS OF CONCORDIA • JUBELLATION



JOY BERG . DEBBIE RICE conductors

### SUNDAY, DECEMBER 10, 2017, AT 4 PM

TEGLER STUDENT CENTRE
CONCORDIA UNIVERSITY OF EDMONTON, 7128 ADA BLVD.

\$20 ADULT, \$15 STUDENT/SENIOR \$40 FAMILY ADMISSION (AT DOOR ONLY)

TICKETS AVAILABLE AT TIXONTHESQUARE.CA, CONCORDIA STUDENT ACCOUNTS, OR AT THE DOOR

CONCORDIA STUDENTS, FACULTY & STAFF ARE ENTITLED TO ONE FREE TICKET
(FREE TICKETS MUST BE PICKED UP BEFOREHAND AT CONCORDIA STUDENT ACCOUNTS)



Concordia Concert Choir

# OHIOHIS JOY BERG CONDUCTOR

Sunday, December 3, 2017 at 3 pm

Alumni reception following concert

Trinity Lutheran Church 10014-81 Ave., Edmonton

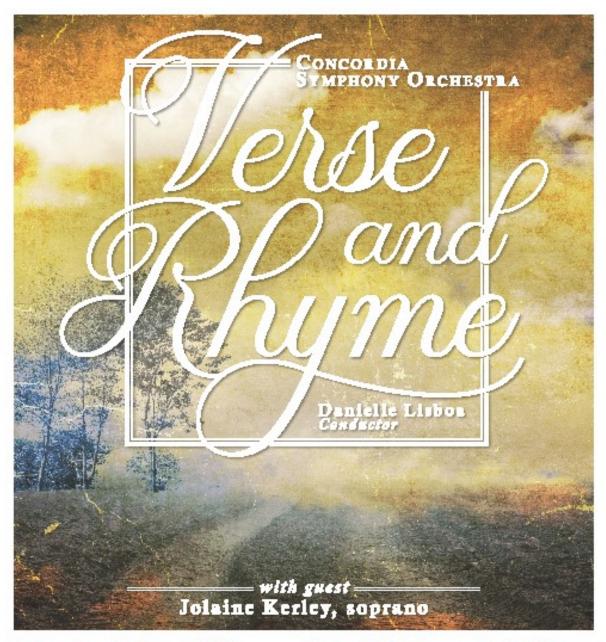
\$20 Adult, \$15 Student/Senior

\$40 Family Admission (at door only)

Tickets available at tixonthesquare.ca, Concordia Student Accounts, or at the door

CONCORDIA STUDENTS, FACULTY & STAFF ARE ENTITLED TO ONE FREE TICKET
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Barber Knoxville: Summer of 1915 Mahler Adagietto from Symphony No. 5

Copland Eight Poems of Emily Dickinson De Falla Three-Cornered Hat Suite No. 1

### Sunday, December 17, 2017, at 3 pm

2:30 pm: Pre-concert lecture Prof. Tim McNamara on the poetry of Emily Dickinson

Tegler Student Centre | \$20 Adult | \$15 Student/Senior Concrete University of Education | 7/28 Adult | \$40 Family Adultstra (at 400 cody)

Tickets available at tixonthesquare.ca, Concordia Student Accounts, or at the door

### Ready to begin a new life?

The Sprootimist Live Your Dream: Education & Training Awards for Women program has been helping women around the world since 1972. This program provides cash grants to women who are working to better their lives through additional schooling and skills training.



### You are eligible to apply if you:

are a woman with primary financial responsibility for yourself and your dependents

are attending an undergraduate degree program or a vocational skills training program

have financial need

For more information and to apply go to: siedmonton.org and click on Awards & Programs

Sproptimist International of Edmonton (lub

Name: Anno Der

Emal: gnng.der@siedmonton.org

Phone: 780 - 903 - 0426

Club Application Deadline: December 31, 2017

Amount of Club Award:



