

NOTICE: Tegler Closure

Thursday, December 8 — 8:30 -11:00 AM



On Thursday December 8, Concordia University of Edmonton will be hosting our **Annual Counsellor's Update**.

High school counsellors, administrators and career practitioners from the Greater Edmonton Area will be on campus in order to learn more about our University, and the programs and services we can offer their students.

During the event, access through Tegler will be blocked and you will need to plan for alternate routes. We apologize in advance for the disruption this may cause and appreciate your understanding.

INSIDE THIS EDITION:

- Take the Survey & Win!
- Discover a Career in Medicine
- Syrian Festival– Nov 28
- Temporary Foreign Worker Webinar
- Study Law in Australia
- Journal Club Seminar
- Winterizing the Yin Within– Nov 30
- Midnight Sleigh Ride Concert– Dec 3
- Concordia Concert Choir-Dec 4
- Breath of Heaven Concert– Dec 11
- Concordia Awards Information
- Mental Health & Wellness Programs
- Library's Donation Christmas Tree
- Recruiting for the MHCC Youth Program
- Bookstore School Spirit Sale
- Fees Past Due



CAFETERIA MENU:

Monday

Sweet & Sour Chicken Balls

Tuesday

Swiss Steak. Mashed Potatoes. Broccoli

Wednesday

Cajun Pork Chop, Mexican Rice, Corn

Thursday

BBQ Chicken Breast, Spicy Potato & Green Beans

Friday

Spaghetti & Meat Balls

EXTENDED LIBRARY HOURS

DECEMBER 3 - 11, 2016:

MON-FRI: 7:30 AM - 9:00 PM

SAT: 10:00 AM - 7:00 PM

SUN: 10:00 AM - 7:00 PM

DECEMBER 12 - 18, 2016:

MON-FRI: 7:30 AM - 10:00 PM

SAT: 8:00 AM - 7:00 PM

SUN: 10:00 AM - 7:00 PM



BAKE SALE

CCU CHRISTMAS BAKE SALE

December 2nd
Tegler Centre
11:00-1:00 pm

*Come get some
delicious baked goods
just in time for the
Christmas
Season*





Complete the Annual Registrar's Office Student Satisfaction Survey and enter for a chance to win an iTunes or Google Play card worth \$250.

The survey will arrive in your Concordia email around December 1st.

DISCOVER A CAREER IN MEDICINE



INFORMATION SESSION

MONDAY, NOVEMBER 28TH

Room: HA009 Time: 12pm

Interested in a career in medicine?

Learn about the University of Alberta's medical school program and meet 1st year medical students Peter Yang and Tom Wang from the UofA's Faculty of Medicine and Dentistry. Peter and Tom will share their experiences as medical school students and field questions that you may have.

What is a career in medicine all about?

Connect with medical school students from the University of Alberta

BROUGHT TO YOU BY:

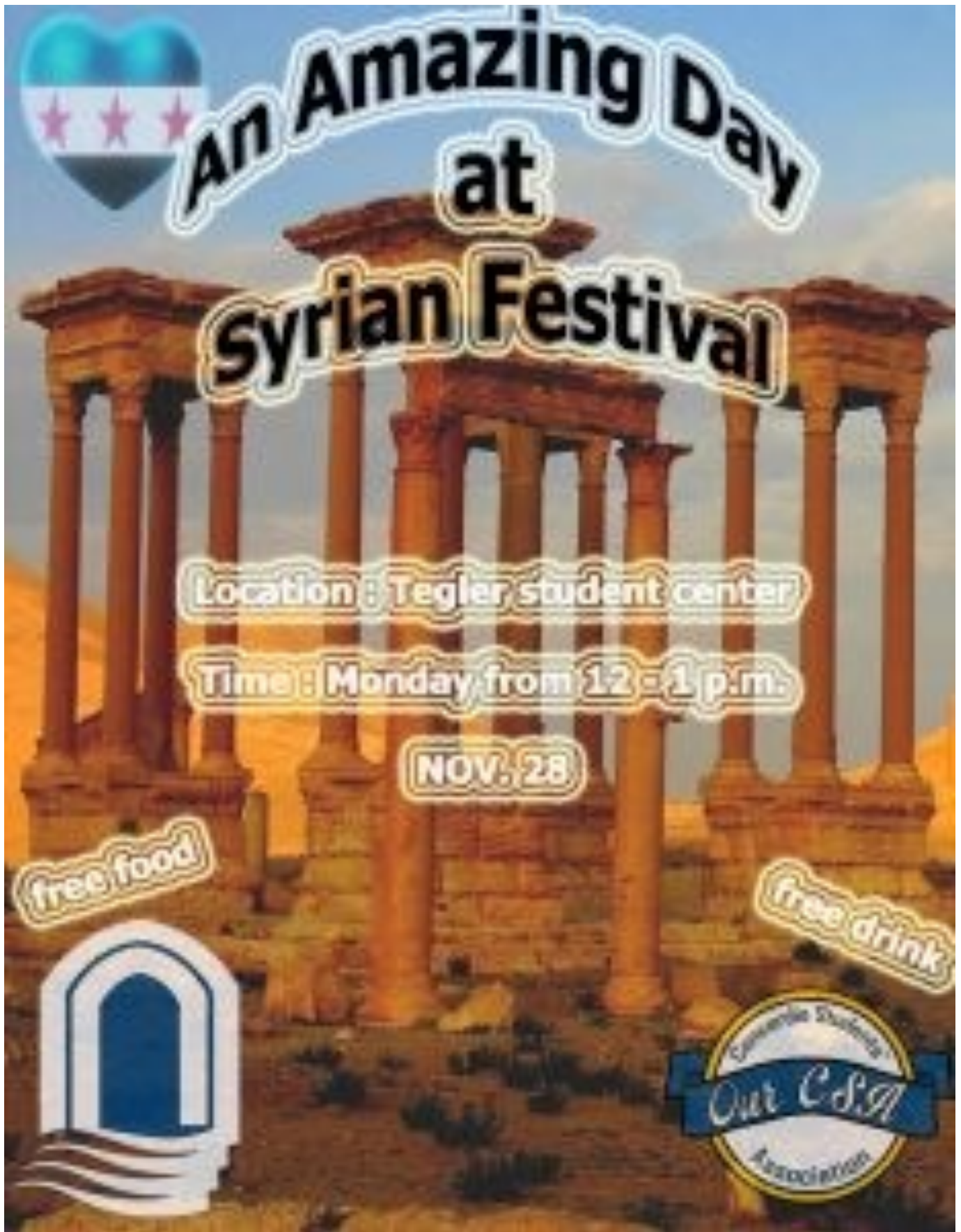
Concordia Career Services

Office: L358 (Library)

Phone: 780-378-8461

careerservices@concordia.ab.ca





<http://international.concordia.ab.ca/2016/11/18/invitation-syrian-festival-on-campus/>

KNOW YOUR RIGHTS
AND RESPONSIBILITIES

Temporary Foreign Worker Information Webinar

Temporary Foreign Workers have the same rights as any other worker in Alberta.

When: Tuesday, November 29, 2016

2:30 PM – 3:30PM

Register by sending an email with your name to:

LBR.TFWAO@gov.ab.ca and we will send you the
link for the webinar.

The webinar will be available on any device (smartphone,
tablet, laptop or desktop)

Topics:

- Temporary Foreign Worker Advisory Office services
- Rights and responsibilities
- Questions and answers to follow after presentation

(Target Audience: TFWs in Alberta)



Remember to register at:
LBR.TFWAO@gov.ab.ca

See you there!!





STUDY LAW IN AUSTRALIA

Presenters



Penelope Mathew
Dean and Head of School



Therese Wilson
Deputy Head of School

For dates, times and
locations or to RSVP visit:
study.oztrekk.com/griffith-law-nov-2016



JOURNAL CLUB SEMINAR

The Faculty of Science would like to invite you to the next Journal Club Seminar:

DATE & TIME: Wednesday, November 30 from 12:00 pm till 12:50 pm

ROOM: HA019

PRESENTER: Mr. Tony Mak

Please use the following Doodle link to sign up for the seminar (to ensure we have enough food): <http://doodle.com/poll/zmb3qv2h2wqkd292>. Lunch will be provided (courtesy of Faculty of Science).

For a copy of the journal article selected as the dissection & discussion topic, please email, Carla C. Salvado at: carla.salvado@concordia.ab.ca

Winterizing the Yin Within

Using traditional Chinese medical techniques to nourish health in winter



DATE

Wednesday,

November 30

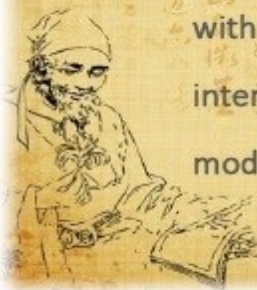
12:00 to 1:00 pm

LOCATION

HA206

Presenter: Grant Wilson

an Acupuncturist and Clinical Herbal Therapist
with over 20-year experience and would
interpret Traditional Chinese Medicine in a
modern way.





**Festival City
Winds**
Music Society
presents:

Midnight Sleighride



community concert bands
in performance
Artistic Director
& Principal Conductor,
Wendy J. Grasdahl

Tickets at the Door: \$12
(children 10 and under \$5)

Saturday, Dec 3, 2016

7:30 p.m.

Robert Tegler Centre
Concordia University of Edmonton
112 Ave & 73 St

ckua
radio network

THE CITY OF
Edmonton

edmonton
arts council

CONCORDIA
UNIVERSITY OF EDMONTON

School of Music



Alberta
Foundation
for the Arts



Alberta

Bethel Gospel Chapel

FIRST
PRESBYTERIAN
CHURCH

CUE students, faculty, and staff are entitled to a free ticket to this concert. Pick up your ticket from Student Accounts.



Angels from Heaven Came

CONCORDIA
CONCERT CHOIR

Joy Berg, conductor

jubelation
a Handbell Orchestra

Debbie Rice, conductor

Sunday, December 4, 2016 at 7:30 pm

Trinity Lutheran Church

10014-81 Ave., Edmonton

\$20 Adult • \$15 Student/Senior
\$40 Family Admission (at door only)

Tickets available at tixonthesquare.ca,
Concordia Student Accounts, or at the door



CUE students, faculty, and staff are entitled to a free ticket to this concert. Pick up your ticket from Student Accounts.



Concordia Community Chorus • Bella Voce Concordia • Jubiloso! Bells of Concordia

Breath of Heaven

Joy Berg, Choral Conductor • Debbie Rice, Handbell Conductor

Sunday, December 11TH, 2016, at 3 PM

Robert Tegler
Student Centre

*Concordia University of Edmonton,
7128 Ada Blvd.*

\$20 Adults • \$15 Students/Seniors

\$40 Family Admission (at door only)

*Tickets available at tixonthesquare.ca, Concordia Student Accounts,
or at the door*



CUE students, faculty, and staff are entitled to a free ticket to this concert. Pick up your ticket from Student Accounts.

APPLY

ONLINE

TODAY!

the
CONCORDIA
AWARDS



ONE APPLICATION, MANY AWARDS!

Deadline to apply

JANUARY 15th

AWARDS for FULL-TIME UNDERGRADUATE students
(Graduate and Open Studies students do not qualify)

TO APPLY

concordia.ab.ca/studentawards

Questions

finaid@concordia.ab.ca





**Canadian Mental
Health Association**
Edmonton
Mental health for all

BE MIND FULL
CHAMPIONS FOR POSITIVE MENTAL HEALTH SINCE 1978

NEW: Mental Health and Wellness Programs for People Under 25



A project for young people, by young people—

This yet to be named group is for young people interested in mental health promotion and anti-stigma work. We are looking for young leaders, ages 12 to 18, to create a project for the 2016-2017 academic year and work together to see it to fruition! Supported by our Mental Health Education Programs Coordinator, this group will meet at least once a month through the school year starting **November**

24th. Details to be determined by our members!

Sharing Hope: A Community Open Mic—For young people, 25 and under with lived experience with mental illness or struggles with their mental health, this monthly open mic event gives much needed space in our community for people to share their stories, fight stigma and build hope in a supportive community. A free event held the second Tuesday of the month at Good Earth Coffeehouse, located at 8623 112 Street, Edmonton October through July.



New Online—our new social media accounts bring awareness to important mental health issues for young people. Find us soon on **Twitter** and **Facebook** and join the conversation! Plus, check out our **new blog!** We post about mental health, mental illness, stress, and other topics! We are looking for young writers, too! Contact us for more details.

For more information on any of our new and developing programs, visit our website at <https://edmonton.cmha.ca/programs-and-services/youth-programs/> or contact Tracy at tjohnson@cmha-edmonton.ab.ca or 780-414-6306

Drop off **NEW** or **GENTLY USED** **ITEMS** at Concordia

Library's Christmas Tree

Gently Used: Mittens, Gloves, Toques, Scarves, Winter Boots, Winter Jackets, Hoodies, Sweaters, Snowpants, Kid's Winter Coats, Blankets, Sleeping Bags, Work Boots, Men's Pants,

New: Socks, Underwear, Long Underwear, Undershirts, Children's Underwear & Socks, Shampoo, Conditioner, Lotion, Soap, Deodorant, Razors, Toilet Paper, Baby Formula, Diapers, Baby Shampoo & Lotion, Baby Wipes

Also: Coffee, Sugar, Tea, Powdered Cream, Saran Wrap, Sandwich Bags, Paper Plates, Plastic Cutlery, Paper Lunch Bags, Paper Towels.

Drop off your donations before
Dec 20th at 12:00 pm at the
Library's Christmas Tree!

All items will be donated to the Bissell Centre:
<http://bissellcentre.org/goods-we-need/>



The MHCC Youth Council is Recruiting!

Application Deadline: Friday January 13, 2017



What does the Youth Council do?

- Advocate for young people with mental health issues.
- Get involved with local, provincial, and national youth mental health networks.
- Bring a youth perspective to MHCC projects.

We are looking for youth representation from across Canada and from diverse backgrounds, including:
Family Caregivers, New Canadians, Diverse Ethnicities, First Nations/Inuit/Métis, Residents of Northern Canada, LGBTQ2S Youth, Youth in Care



For more information, please visit
[www.mentalhealthcommission.ca/
youth-council-opportunity](http://www.mentalhealthcommission.ca/youth-council-opportunity)



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

WINTER SALE



**Come and check out
our new Concordia
apparel and our
School Spirit Sale
at the Bookstore!!
Stock up on
Thunder wear or
give a Concordia gift
to a friend.**



FALL TERM FEES ARE PAST DUE

Check your account information online through Concordia's web-site
<http://onlineservices.concordia.ab.ca/student/>

Fees can be paid at the student accounts office by debit, cash or cheque. You can pay through your bank by setting up Concordia University of Edmonton as a biller and using your ID number as your account number, as well as by credit card through www.plastiq.com

If you have any questions or concerns, please contact Student Accounts
780-479-9207 or studentaccounts@concordia.ab.ca .

PLEASE NOTE: ACADEMIC CALENDAR SECTION **5.4.1** CURRENT STUDENTS WITH OVER DUE FEES **MAY** HAVE THEIR REGISTRATION CANCELLED. IF YOU ARE REGISTERED FOR WINTER TERM AND HAVE NOT PAID YOUR FALL TUITION PLEASE CONTACT STUDENT ACCOUNTS TO DISCUSS YOUR ACCOUNT.

