

THUNDER SPORTS



CONCORDIA TAKES HOME THE GOLD!

On February 28, 2016, the Concordia Thunder Mixed Curling team made history. The team claimed Concordia's first gold medal in curling, rounding out the Olds Broncos 11-7. Congratulations to the team and the coaching staff on an excellent season!



GOLD

MIXED CURLING
MEN'S 3000M, 1500M, 1000M, 600M
MEN'S 4X400M
WOMEN'S 1500M

SILVER

WOMEN'S SINGLES BADMINTON
MEN & WOMEN DOUBLES BADMINTON
WOMEN'S 3000M
MEN'S 1500M

BRONZE

MIXED DOUBLES BADMINTON
MEN'S 1000M, 300M

OUR ACAC ATHLETES OF THE WEEK!



ADRIENNE MASCHMEYER
CONCORDIA UNIVERSITY OF
EDMONTON - CURLING

Adrienne has curled for many years in the Alberta Juniors, Juveniles and High School divisions including participating in the Alberta Junior Provincial Championship in January.

KENTON SPORTAK
CONCORDIA UNIVERSITY OF
EDMONTON - INDOOR TRACK

Kenton has been a force throughout both the ACAC Cross-Country Running and Indoor Track seasons in 2015-16.

He has won two gold medals this season.



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THE BOLT

ELECTION ISSUE

MARCH 7, 2016



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THUNDER SPORTS

Thunder Athletes Haul in Medals and Recognition at ACAC Championships

Over the past two weeks, numerous Thunder athletes have risen to the top at their respective ACAC Championships and the list of medal winners and 'best of' accolades is an enviable one. Beginning with the ACAC Badminton Championships, Thunder athletes Calvin Siu, Rachael Smillie and Takeisha Wang all received honours as ACAC All Conference athletes. For Takeisha, the accolades did not stop there as she was the unanimous choice of all the Coaches of the ACAC Badminton schools as the Female Badminton Player of the Year. This is a remarkable achievement for any athlete but it is even more exceptional than usual in that Takeisha is in just her first year of ACAC competition.

On the Badminton court itself, the Men's Doubles duo of Calvin Siu and DShant Sharma took the Silver Medal as did the Women's Doubles pairing of Takeisha Wang and Rachael Smillie. Veterans Lindsay Ross and Alysha Dyck also landed some hardware, taking the

Bronze in Women's Doubles. In Singles competition, Lindsay Ross again hit the medal podium with a Silver. Finally, the Mixed Doubles team of Kirk Sundt and Alysha Berkner won a Bronze Medal. The combined points from all the medal winners propelled the Thunder to an overall Team Silver. As a consequence, the Thunder Badminton team have sent 5 athletes to the CCAA National Championships at Vancouver Island University in Nanaimo, BC. In the final high point of her remarkable rookie season, at the Nationals banquet on Wednesday, March 2nd, Takeisha Wang was named to the CCAA All-Canadian National team.

In just the 3rd year of ACAC competition, the Thunder Indoor Track team rocked their ACAC Championship with several runners dominating the field. Ladies Co-captain and 5th year runner Marriya Jenkins got things going in the 3000m with a solid Silver Medal. On the men's side of the 3000m event, 5th year runner Kirk Sundt claimed his first Gold Medal of the meet. In the men's 1000m, 5th year runner Kenton Sportak picked up his first Gold Medal and a new Championship record in the process. Second year runner Michael Quick picked up his first ACAC medal, taking the Bronze. In the Men's 300m, Men's Co-captain Ben

Thomas kicked his way to a Bronze Medal finish. In the Men's 600m, Kenton Sportak claimed his 2nd Championship record and Gold Medal of the meet. In the final race of her remarkable ACAC career, Marriya Jenkins simply ran away from the field in the Women's 1500m to add one more Gold Medal to her collection. In the Men's 1500m, Kirk Sundt picked up his 2nd Gold Medal of the weekend and set his first Championship record. Michael Quick ran the smartest race of the weekend picking off those who went out too fast, to claim the Silver. In the final race of Championships – the 4 x 400 relay - the Thunder Men's team of Thomas, Quick, Sundt and Sportak took the lead from the gun and did not look back, running a new Championship record in the process. In a most unusual development, both Sundt and Sportak were named as 'co-recipients of the ACAC Men's Indoor Track Runners of the Year. With their great showing at the Champs, the Thunder Women's team finished 3rd overall and the Men's team claimed their first ACAC overall team title. In the final 'icing on the cake', Head Coach Matt Norminton was also named as the ACAC Indoor Track Coach of the Year.

Long held as one of the 'quietest' sports on campus, the Thunder Curling team came out roaring at their ACAC Championship.

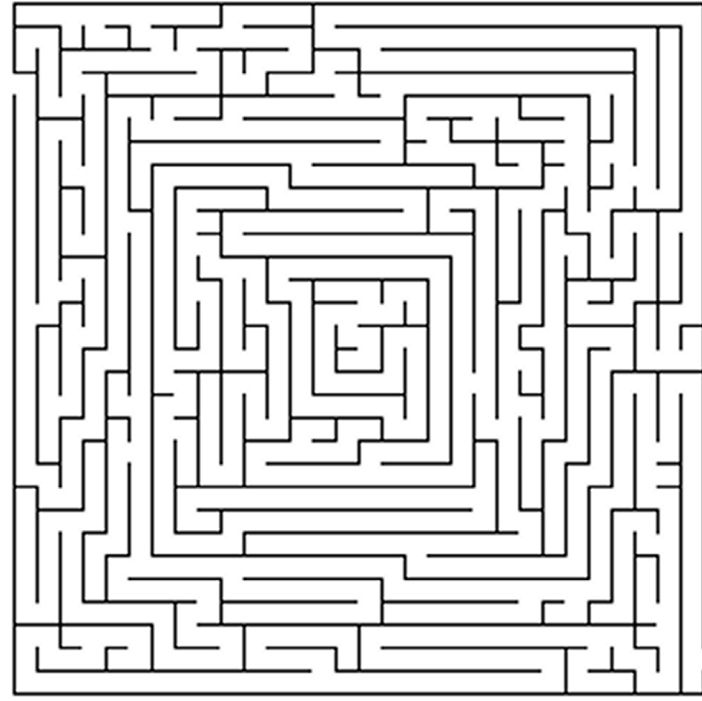
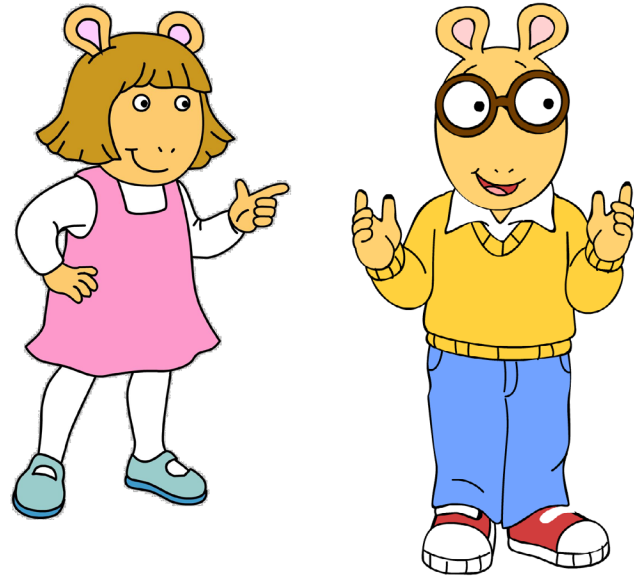
The mixed squad went 2-1 in the round robin portion of the tournament and then went on to victory in the Page game and capped off their season with an 11 to 7 win in the Gold Medal match. The ACAC Mixed Curling Gold Medal was the first ever for any Thunder Curling team. Thunder Skip Adrienne Maschmeyer was also selected as the ACAC Female Curler of the Year. Adrienne further distinguished herself as the first women to Skip a team to the Gold Medal in mixed competition and was the first mixed player to ever be selected as the Female Curler of the Year.

Although neither team were able to make the playoffs this season, both the Men's and Women's Thunder Basketball teams had players that were recognized by the ACAC for their individual performances. On the Men's side, 2nd year Thunder Guard Jason Jones Jr. was selected as a first team All-Conference athlete while on the Women's side, versatile first year Thunder Guard/Forward Sofia Lucadello was selected as a second team All-Conference player.

To cap off her first year in a Concordia uniform, Sofia Lucadello was also selected as the 2015-16 ACAC North Division Rookie of the Year.

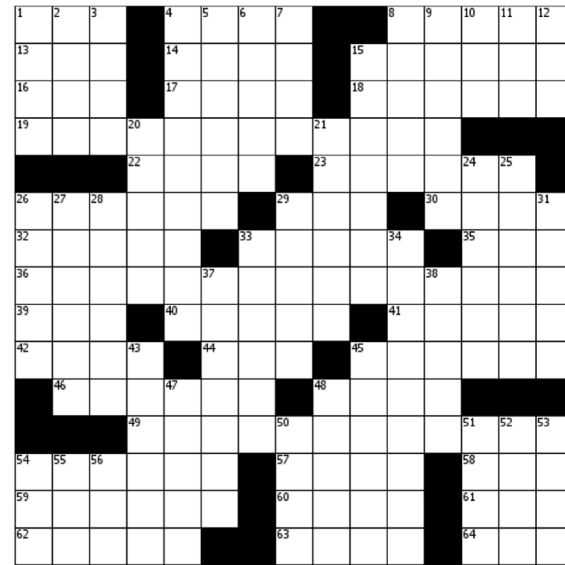
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FUN AND GAMES



Across

1. White Sox city, on scoreboards
4. Draw
8. Scary part of the snake
13. Stick in the microwave
14. Way uptight
15. "Little Shop of Horrors" role
16. "Without further ____"
17. Lose intensity
18. Wanted poster amount
19. Maintain equilibrium while pushing on a rotating peripheral attachment, alternating with the lower extremities
22. Phone introduction?
23. Cut some slack
26. Present recipient, casually
29. Album featuring "Smooth Criminal"
30. Had a gut feeling
32. Like helium
33. Nintendo bad guy with an inverted hat logo
35. "This American Life" host Glass

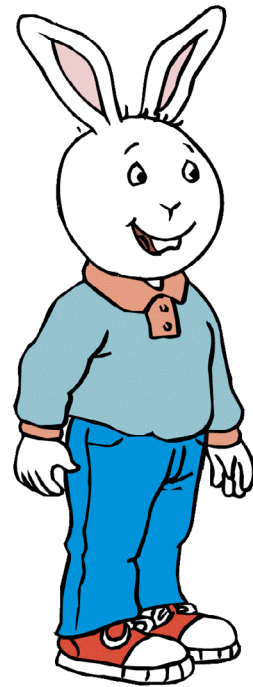


Down

1. Powerful figure
2. "___ but known..."
3. Source of celebrity playlists
4. City known as a center of Cajun culture
5. Impotent
6. Movie with Cuba Gooding Jr. as a mentally-challenged student
7. One type of util.
8. Gas and gasohol
9. Professional product promotion publication
10. Org. highlighted in "Bowling for Columbine"
11. Nat. that underwent reunification
12. Barrett of Pink Floyd
15. Joan's home, on TV
20. Gum brand
21. Has a longing
24. They may be civil
25. Check out at the library
26. Maria of "The Jeffersons"
27. Hostile raid, or the route taken to get there
28. Little some attempts
29. Works with worms
31. First word learned by Helen Keller
33. Snipes of "Passenger 57"
34. Then and there
37. Track projectiles
38. Donne subject

Across (contd.)

36. Expand the intrapleural space, automatically allowing entry through the pharynx and beyond, then allow the diaphragm to relax, contract, and expel contents
39. Go for an apple
40. Bridge positions
41. Past or future
42. Packet at a drive-thru
44. D.C. United, Columbus Crew, et al.
45. Beer after liquor, say
46. Phrase akin to "Lordy!"
48. Ferlinghetti, notably
49. Wrap right over left, tuck right underneath, pull, pinch right in a loop, wrap left around, push left through hole to create loop, pull loops
54. Champ
57. Egg ___ soup
58. "Napoleon Dynamite" role
59. They're all grown up
60. "This ___ time for..."
61. Hairy antelope
62. Lymphoid masses
63. "How peachy keen!"
64. "That floats on high ___ vales and hills"--Wordsworth



LITERATURE

Critique on the Changing Dynamic of Text

by Adrianna Blitterswyck

"The medium is the message"
- Marshall McLuhan

Within the modern world we have the ability to communicate through an endless array of technological advances. The mediums of communication are vast and growing as texting, skyping, emailing and social media have taken over the world. These advances have even affected the way we view literature and reading as a whole. More often than not, people would rather purchase an e-reader over a physical hardcover or paperback book. As emails and texting have taken away the interpersonal relations of communication, e-books have taken the life

and intimacy out of reading paper books.

While e-readers are more convenient for a person to read on the go it is evident that this convenience negates the environmental and health effects it has on the world and those living in it. As paper books are manufactured through the consumption of trees, ebooks contribute to our ecological footprint through production and maintenance. It is evident that both traditional books and e-readers have environmental drawbacks, however, "in terms of the effect on the climate, the emissions created by a single e-reader are equal roughly to 100 books". This figure may be alarming but when taken into consideration e-readers are truly a more volatile product as they require materials like plastic derived from oil, as well as glass and other metallic materials to create the device in addition to acidic batteries and regular electrical charge. Traditional books require "wood fiber" from a natural resource that is renewable if looked after properly. Furthermore, a study conducted in

Sweden revealed that reading for 10 minutes online uses more carbon to maintain the computer's energy than is expelled from a print newspaper. In consideration of the effects ebooks have on our environment, it is also evident that as a medium, it takes the longevity and comprehension out of reading.

Moreover, it is evident that e-books also pose a risk to your health. Have you ever tried to read an article or book online before going to bed for the night only to find that you can't fall asleep? This sleeplessness is caused by the lighting of electronic devices like televisions, computers, phones and e-books. The blue light that is given off by our electronics was discovered to reduce the amount of melatonin produced in your body thereby reducing your ability to sleep. The chain reaction of sleep deficiency can in turn lead to a higher risk of cardiovascular disease, diabetes, cancer and more. Hence, the harsh lighting e-readers amongst other electronics emit can be detrimental to your health and sleeping habits.

In conclusion, it is evident that Marshall McLuhan is right in saying "We drive into the future using our rear view mirror". Constantly, we focus our lives on the next big thing- neglecting the great advances we already have around us. Novels and books are sources of information that will never go out of style. Paper books whisk us off to imaginary places, inform us, and create an artistic outlet for people to share their stories with the world. When we turn our backs to the simplicities of life, diving head first into the future we forget the reality we live in and lack direction. The present is tangible, the future is just a virtual reality of possibilities- good and bad. Paper books creates a lasting impression. In contrast to books, computer screens and e-books only provide convenience and status, negating the overall value of books and reading as a whole. By putting paper books online and in e-readers the medium of reading is tainted. Thus, I feel that it is important for our generation to encourage the world to read paper books, as the medium of reading physical books over a screen speaks volumes.

SERIAL FICTION

The Yellow-head County Murder pt 3

by Austin Schuster

Satisfied with the observation of blood, he turned out of the bathroom and down the dark hall, not risking the old man coming back to the main work room before he did.

The risk had been taken, and unfortunately the man was back in the main work room, standing dead center, watching the man emerge from the hallway. His slit elderly eyes offered no sign of emotion, just a blank stare. Tarsons was at a loss for words. "Uh- Sorry I needed to use the washroom." He said, cocking his head to the hallway to his left.

"Paint." The old man said after a time, nodding to the stain beneath the officer's feet. "How did he know I was looking at it!?" Tarsons thought to himself. A single syllable of a laugh escaped his lips and he smiled, nodding.

"Listen I gotta take off, you have our number so you can give us a call if-" Tarsons was silenced by utter shock as the elderly man was a blur in the air, moving far too quickly for the Detective to comprehend. He saw the man grab something off of a table near him, then he heard the cry of a blade

being unsheathed. Panicked, he tried to take aim as he pulled the trigger of his gun twice.

HIS EARS WERE RINGING. And volume seemed to leave the world for a few moments. The Detective was staring down at the hand of the old man, clutching the hilt of a blade now impaled through the Officers abdomen. The stain he stood over top of was refurbished with his own blood beginning to accumulate at his feet. He looked into the eyes of the old man in shock. He viciously tore the blade from his abdomen, sending more blood to freely fall to the floor. Before Tarsons could say or do anything, the old man swung the blade in a swashbuckling fashion, carving a slash through his midsection. He collapsed heavily to the ground, seconds from losing consciousness. He gasped in pain and confusion beneath his murderer.

"I am the strathcona county murderer." The man said in a raspy and somehow different voice than before. It had lost all signs of warmth and humanity. "I kidnapped Joe Swanson, I have him chained in my basement right now. Goodbye Officer." He concluded, then thrust the blade into the back of the Detective's neck. The old man dragged the Detective's body behind the boilers, leading to a lower ceilinged hallway that led beneath the stairs, now overhead in their de-

pressing zig-zag fashion. At the end of the passage stood a slab stone door. The old man pulled a lever and the door began to shift to one side ever so slowly. It unveiled a stair passage lined with cobblestone, descending deeper into the ground, a hidden sub basement. Chips of wood and dust lay scattered on the narrow stone steps. At the bottom, one could see a faint and dim light. The old man rolled the body of the detective forwards and pushed it noisily down the steps, ricocheting off of the walls and tumbling all the way to the bottom. The Detective's eyes opened fiercely and suddenly, darting around his surroundings in a state of permanent shock. All he could feel was pain. He felt incomprehensibly light headed and he couldn't move any part of his

body. He was barely conscious enough to gather that he was laying on the ground, and that he couldn't move. It was dark, besides a faint red glow. Raw terror seemed to be the only thing pumping through his veins, and just before he lost consciousness again for the final time, his mind was able to perceive what was standing in the darkness before him. Illuminated by the dim and red glow of the room, he experienced a distinct feeling of deja vu as he saw the outline of a tall silhouetted man wearing a top hat standing only a few feet away from him. It was the hallucinatory figure he'd seen on the drive in. When he tried to get a good look at the face, everything went blurry. The world grew indistinguishable as he died of blood loss.

Graduating from school?

Looking for your first job?

Have questions about your future?

Get to where you want to be!

MY WORK QUEST

myworkquest.alberta.ca

ALEX BEDARD - SCIENCE REP

As the current science representative I feel that I have a very good understanding of the faculty of science, CSA, and the CSS which I have attained over the last year. This has prepared me to become the most suitable science representative for Concordia University of Edmonton. I have played on hockey teams before, and I know that to move the CSS and the CSA forward I need to work like a player as a part of a team. Unity is the most important thing for me, between

the CSS, CSA, the Concordia administration, and all of the science students. As the current science representative I am proud to say I was included in the committee to elect a new dean of science. I look forward to doing things like this in the future while working alongside the Concordia administration to improve, and continue improving, the entire faculty of science.

Thank you.

Alex Bedard



NATASHA MILLER - VP STUDENT LIFE

Hello Concordia! My name is Natasha Miller and I'm excited to be running for CSA VP Student Life! My involvement with the CSA this year has helped me see what the students at Concordia want and need. This year, I was the CSA Arts Representative and was actively involved in the Policies and Governance Committee, Mental Health Committee, and General Council. I was also Co-President of Concor-

dia's very first Arts Council! I have so many ideas for events, parties, and activities—on and off of campus. I want you to have the most unforgettable university experience that you can have and as VP Student Life I will make that happen! My vision is to create a way for students to have their event ideas heard. Every Concordia student has valuable ideas for events and I want to help you make your ideas happen! Vote Natasha Miller for VP Student Life!

VP STUDENT LIFE



KYLA BARNES - VP STUDENT LIFE

Kyra Barnes. A high school honours graduate with an administrative and event planning background. She is a highly driven, resourceful, innovative and enthusiastic individual. She has the skills to plan and execute amazing events and try to keep us all on our toes. Kyra Barnes wants to prove to us all that we can be exactly who we are and have events that celebrate us all.

Kyra Barnes. Inspired to make changes and get involved when she noticed things that need to

change. If she should be voted into office she plans to have fundraisers like the “Pink Party”, events like the dynamic beauty fashion show to empower all women and many others along with many of the fundraisers and events already happening each year.

“Work for a cause, not for applause. Live life to express, not impress. Don’t strive to make your presence noticed, just make your absence felt.” — unknown.

KARLEIGH SWITZER - VP STUDENT LIFE

Hey Concordia! I’m Karleigh Switzer and I’m a second year sociology major at our university. You may have seen me volunteering at events throughout the year with other Student Ambassadors. I’m running for Vice President of Student Life because I love this school and everyone in it. My ultimate goal in this position would be to make your post-secondary experience the best it can be. I would

coordinate events based on both my ideas, as well as your feedback. One event I’m really excited to work on is a Winter Formal Ball, complete with gowns, tuxes, and glitter. Like, lots of glitter. I believe that in university, as with many other aspects of life, you get out of it what you put into it. I welcome the opportunity to immerse myself whole-heartedly into our incredible school. Be excited! #CUEphoria



FASHION FLASH

Healthy Hair Hacks

by Brianna DeSouza

Although it doesn’t seem like it, summer is quickly approaching and with it can come some serious damage to your hair. But thankfully I have some hacks to help keep your hair looking and feeling healthy and strong.

Not everyone has the time to dry their hair after they wash it, especially if you have thick hair like me, but there are some ways to make your wet hair look just as cute as if you styled it for hours on end. To start, one trick is to tie your hair in a chic double-knot bun. This might be hard to master with dry hair but it’s really simple when your hair is wet and slick. Put your wet hair in a high pony and split the tail in two. Tie the pieces in a knot by crossing one section over the other and pulling it through. Repeat this one more time for the double knot. Tuck the ends under the bun, and secure with a few pins, viola! Done. Or you could try a low figure-8 bun. Secure your hair in a low pony, twist the tail, and loop it around your finger while holding the ends in the air. Next, wrap the tail around the elastic and slip it through the looped hair at the bottom. Secure it with pins to finish. You can also

remove the bun when your hair dries for loose, pretty waves.

Everyone loves those beachy waves, just not the effort it takes to get them, but I know a few easy ways to get them for a cute summer day look. Fix your hair in a loose braid in the back of your head. The looser the braid is the bigger the waves will be. A single braid will also offer more coverage for your scalp skin, preventing the sun from burning it if you’re outside during the day. Then, if you’re going out at night, unravel your braid to reveal sexy waves for date night. You could also twist your hair, pin it up and then take it down for super-loose waves. Split your hair down the middle, twist each section away from your face, and pin the ends to the top of your head in twists. When your hair is dry,

take your hair down, and separate the tendrils with your fingers. My personal favorite is the DIY sea salt spray. Make your own salt spray at home with 20 ounces of seltzer water and a teaspoon of sea salt. Mix them together and pour it into a spray bottle. From there, spritz into your hair, scrunch from ends to roots, and let it dry. If you need to touch up the waves later, wrap your hair around a curling wand for only a few seconds, and then immediately tug on the strands’ ends to loosen.

During the summer lots of us will be going away for fancy trips with oceans or pools, or even just take a trip to the local pool. But we all know how damaging chlorine can be to our luscious locks so here’s a great solution: rinse your hair first with regular tap water before submerging it in the pool or ocean. Your porous hair strands will absorb the tap wa-

ter, preventing the chemical-laden pool water from damaging your hair. You can also apply a leave-in conditioner to your hair for the same results before going to the beach or pool. On the topic of going on vacation, along with nice tanned skin, everyone wants their hair to have that sun kissed highlights look. So in order to get that pull your hair back so the pieces around your face will get the most sun. This will lighten the strands, drawing attention to and opening up your face up a bit. You can also squeeze lemon juice in your hair and comb it through. When citric acid mixes with the sun it opens up the cuticle of your hair, lifts away the pigment, and leaves your strands a little lighter (Yay, Science!). With the weather acting how it has been the past few days it will be a little bit before we can use any of these tips but it’s always good to prepare. Happy hair care!



STUDENT LIFE

An Interview with Meagan Lilly

by Peter Flourlaris

This week it was my honour to interview Meagan Lilly, and listen to her tell me about the Concordia Dance Club, and about her personal involvement with dance.

Peter Flourlaris: Tell the reader a bit about the Concordia Dance Club, when did you form the group, and what are some of the activities this club does?

Maegan Lilly: We formed in September 2014. We are just a random group of dancers; we rehearse together and do different performances. The first year we only performed at our own event, the "S Factor." We support Kids Help Phone, and we did everything on mental health last year, all of our dances had something to do with a mental illness or major life event that can be stigmatized, that's actually what the "S" stood for, stigma. So that was our first debut as a group, since then we have had an act in "One Act" last semester, we're not doing that again this semester because the "S Factor" is coming up in June. We have a couple of guest instructors coming up, and other

than that, me and my VP Melissa teach most of the classes that we run. We also do fundraisers, so that we can make all of the money from the "S Factor" go to Kids Help Phone.

PF: How can someone get tickets for the "S Factor?"

ML: We are going to have tickets available at the bookstore, as well as EventBrite for pre seating. But if you don't buy your ticket in advance you can still make a donation at the door, you just wouldn't get priority seating.

PF: How many people are part of the Concordia Dance Club?

ML: Right now our mailing list is about 30-35 people, but most of the time we get between 6 to 10 people at each meeting.

PF: Is there a specific dance that the Club focuses on?

ML: Initially we focused on contemporary, but we're really trying to expand. One of the guest instructors we are having is going to do African Dance, and we also have another instructor that we are interested in who does many different types of dance. We're trying to decide what we can provide right now, I am a trained dance teacher and Me-

lissa spent years doing gymnastics and dance, and now circus arts, but we are looking to expand to the stuff that we don't have experience in.

PF: Do you have any events or fundraisers coming up in the near future?

ML: I haven't booked the dates yet, but for three weeks we're going to be in Teglal with a pizza kit sale. The kits are from Little Ceasars, you pre order the kits and you take them home. And for three weeks we're setting up our book sale, where we set up books, movies and music for sale. And we hopefully have enough people to be able to do a donation drive where we will split a portion of our sales with Inclusion Alberta and we'll keep the rest.

PF: How long have you been dancing? And what is your favourite type of dance?

ML: I was four when I took my first ballet class, I started highlands dance when I was seven and that was the first one that I truly stuck with, and then when I was eleven I started ballet again, and have stuck with it since then. I did a year full time at the Edmonton School of Ballet teacher training program, and it was really fun. Since then I have just been going to places like Dance Code and Pk Dance, they do drop in classes which works

best for my schedule right now.

PF: How did you first get into dance, did someone (like a parent or friend) introduce you to it?

ML: My mom took me to Edmonton School of Ballet when I was three just to see if I would be interested. When I walked in and saw everyone in their leotards and tights, and hair in a bun, I said 'mommy, these are my people!' And I have been hooked since then.

PF: If someone is interested in being a part of the Dance Club, how does one get in touch with you?

ML: You can email danceclub@student.concordia.ab.ca, we also have more information if you go to OurCSA under clubs, we have a response form and information about upcoming events.

Thank you, Meagan for a great interview. I hope that this interview shows everyone how exciting the Dance Club is, and reminds everyone to keep an eye open for tickets as they go on sale for the "S Factor."

Finally, if you, the reader, have anyone in mind that you would like to see featured in one of my articles, you can send in your requests to me. I can be reached through my email pfourlar@student.concordia.ab.ca or via twitter at @PeterF_94.

JOSHUA EASTMAN - ARTS REP

Now I know what your thinking, and no I'm not being selfish, I am just going to take your time to talk about myself. Well let's just start with introductions, my name is Joshua Eastman. Now that we are on a first name basis, I suggest we take the next step (not too fast now, let's get to know eachother first.)

Currently I'm enrolled in my third year here at Concordia. In that time I have dutifully served the Green Thespian's Collective as the drama association's internal vice president be-

fore becoming president of the collective this year. In that time I've come to learn of and become great friends with many aspiring artists around campus. Struggling to push forward their passions as artists and find outlets here at the University.

That's where I come in. Next year I hope to help artists here and Concordia be heard, seen, and remembered...

hopefully as your new Arts Representative

Josh



DYLAN HASLAM - ARTS REP

Hello, my name is Dylan Haslam. I am a first year student at Concordia in the four year arts program. I am currently running for the position of Arts Representative in this year's CSA Election. I am choosing to run as I have an interest in all the arts. Through your collective support I hope to bring fresh ideas and encourage all students and faculty to participate in the process of expressing their individual creativity.

Hope to see everyone on Monday at noon in Teglal. Student Life!



VP INTERNAL



LAURA HEBERT - VP INTERNAL

Hello Concordia!

My name is Laura Hebert and I am campaigning to become your new VP Internal for the 2016-2017 academic year. I am currently enrolled at Concordia as a Bachelor of Arts student with a double concentration in Philosophy and Sociology. From past experience I have developed skills in leadership, communication, and advocacy, which I believe has prepared me for this position. If elected, I would like to empower all clubs and unions to

continue providing students with unique and valuable opportunities, as well as uphold our ever-growing diversity of student groups. As a believer in student involvement I will strive to assist in the ongoing maintenance and creation of clubs and unions. Likewise, I will insist on being available to all students when answering any questions, concerns and suggestions you may have. Thank you, and I hope to be an ambassador for every student, club and union alike!

MADELINE LUDLAGE - VP MARKETING

Hey Concordia it's me, Madeline. I'm super excited to yet again be running for Vice President of Marketing in the upcoming 2016/17 school year. This year, while in office, I've learnt so much about Concordia, its students and what it means to apart of the CSA. I've loved every minute of developing the role of VP Marketing as well as giving the CSA a stronger presence on campus and online. I promise

to come back with all of the knowledge I've gained to grow unique moments for every student here at Concordia though effective marketing techniques. My job will continue to be forming strong relationships with the students of Concordia and to ensure the awareness of the many opportunities that the CSA provides. My goal is to get more students involved. I refuse to let the university experience here at Concordia be an ordinary one.

VP MARKETING



FROM THE EDITOR

Teachers as Artists

by Kayle Sieben

My entire life, I've enjoyed the novelty of creating. Forms of creation are limitless, but for me I've predominantly stuck to a few: writing, painting, graphic design, woodworking, music, fashion. As an individual I find it hard to stay focused or dedicated to a single task. Once in a while when I'm in a lecture I find myself doodling, writing, or coming up with ideas.

Recently, with an onslaught of term assignments creeping on the horizon, I was feeling the pressure. I would escape by creating a design, or doing an interview for the Local Talent section. As I began diving deeper into the arts and pushing my abilities, I found myself enjoying it more and more. I have an escape, a safe haven so to speak. When I'm creating I'm not constantly worrying; my mind isn't constantly racing and I'm not thinking about assignments. It's just me and my art, and I love it.

It was about midnight one night where I finally realized I should probably finish up an assignment which was due, and I thought to myself, "why can't I just create for a living?" I sat

there for a moment and my mind made an instant connection.

Teachers create for a living! Teachers are artists, tastemakers, and liaisons to show students the wonders of the world. I must be a genius, because apparently my subconscious knew this before I ever realized it. Immediately I noticed my passion increase exponentially. I started pouring my heart into my lesson plans and assignments, and it showed in my grades as well as how much I enjoyed the course overall. I had enjoyed the program from the start, but this added passion has allowed me to fully embrace this as a career path and life choice.

As I dive deeper into the realm of the profession, I've come to learn just how much of the content the teacher dictates within the classroom. We hold an ability to open up the minds of the youth to the amazing achievements of the human race.

I can show them Leonardo Da Vinci and his wondrous works of art. I can read them Edgar Allen Poe or Maya Angelou to show them the intimate details of the mind. I can show them architecture, fashion, films, music, woodworking, or anything. And the best part? That's just the arts. Language arts, mathematics, physical education, science, and

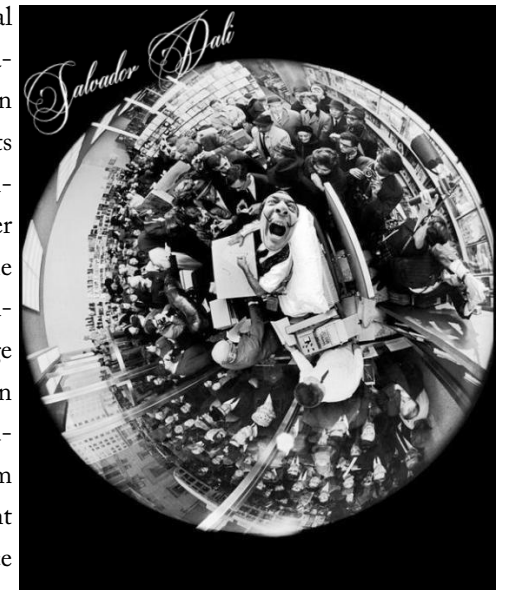
social are all integral to a child's education. Teachers can use these subjects to implement connections from other areas of study to tie in important real-world knowledge that may not be in the program of studies. I can show them politics and current events, new space expeditions, and advances in science and technology. My options are limitless.

I have the ability to allow these students to learn and to try these activities for the first time and potentially unlock their own passions. I look forward to the day I introduce a child to something he/she is good at or passionate about.

Whether or not these areas involve the arts is up to the teacher. Whether or not these subjects are attention grabbing and exciting is up to the teacher. There's immense power and responsibility associated with being an educator. We can open up the door to the world, or we can keep it closed.

Teachers need to continually learn and grow as much as our students in order to improve on our methods and constantly evolve into better educators.

It goes beyond what can



be explicitly taught. A teacher needs to show children how to love one another regardless of differences. Every person deserves a right to dignity. It's a teacher's job to instill that notion into children by modeling positive behaviour inside and outside of the classroom.

With all of these factors considered, I can safely conclude that teachers are, in fact, artists.

After all, isn't art subjective? Teachers are creating education based interactive performances. Albeit this art has to maintain the structure of the Alberta Program of Studies. It's up to the teacher how to deliver this information. As an educator I hope I can realize my full potential in creating passionate and engaging lessons for my students, and I hope I can inspire my students to follow their passions as well as be model citizens.

CAMPUS DISH

The Life of Pablo

by Checkpoint Charlie

In the wake of the Kanye West tidal wave we have all just ridden in conjunction with his new album's release, I thought it would be very relevant to shed some light on my own personal post-secondary soundtrack. Of course, this playlist and overall timeline will most definitely include some Kanye.

Music is an amazing medium of expression. Certain songs hold special places in our personal psyche. They remind us of specific times in our lives, our friends, locations we've been, trips and or defining moments (both good and bad). A song can have a significant meaning to you, and you alone. Whether it is a well known hit song, or an obscure underground album, it is your soundtrack.

So let's start with the Louis Vuitton Don himself. During my first two semesters, I almost exclusively bumped The College Dropout. A dope album top to bottom, which I remember initially listening to during my junior high days. However, it wasn't until university that it really set in. Songs like Space-ship, School Spirit, We Don't Care, Breathe In Breathe Out

and Get Em High constantly had me inspired to walk out of class for good. This album reminds me of school. The good times and the bad times. From a career standpoint, this was a huge debut for Mr. West.

His first three albums are very school oriented. After Dropout, came Late Registration and Graduation. All great albums in their own right. The recurring theme for all three albums float around Kanye's decision to drop out of school; something which many people battle with during their academic experience. The album Graduation consistently reminds me of one of my biggest concert regrets and of my best friends older and much cooler brother. In May 2008, Kanye's Glow in the Dark Tour stopped in Edmonton in support of his Graduation album. Kanye headlined with opening acts by Lupe Fiasco and N.E.R.D. A few lucky classmates went to that show but I missed the boat. That would have been a good time. Luckily, later on in life, I made up for the mistakes of my youth by seeing Kanye on two separate occasions live in concert. However, 2008 was the only time he ever toured in Edmonton.

Now, let's look at some other bands and songs that remind me of the Concordia experience. Whenever writing final sociology and history papers on campus, I would always start off

with the Red Hot Chili Peppers. In 2006, the band released the double disc Stadium Arcadium. Disc 1, which is called Jupiter, was always my go to when starting a paper late in the semester. Back in those days, I always wrote my papers in the main library's computer lab. For me stand out songs on that album include Wet Sand, Slow Cheetah, Dani California, Hey and Strip My Mind. By all accounts, this is a more mellow Chili Peppers album, similar to By The Way, but it always helped me concentrate when the pressure was mounting. On a side note, their song Soul To Squeeze reminds me of tough academic times. It's probably my personal favorite Peppers song of all time. Just like Kanye West, I have been fortunate enough to see the Chili Peppers twice in concert.

I remember buying Kendrick Lamar's album Good Kid, M.A.A.D City the day it came out after class. I ripped out of the lecture hall and drove straight to HMV. That afternoon was spent making lunch and intently listening to the album for the first time. Stand-out tracks include The Art of Peer Pressure, Money Trees, Backseat Freestyle, Compton and Sing About Me, I'm Dying of Thirst. Same goes for the Odd Future album, The OF Tape Vol. 2 which was released earlier in 2012. At times, this album is very over the top and excessive. That being said, I could listen to the 10 min-

ute odyssey known as Oldie all day. In my opinion, this is the best beat Tyler, The Creator ever produced. Other good tracks include NY (Ned Flander), Sam (Is Dead), White, Rella and Forest Green. This is also an album which I bought after class one afternoon.

I was a little late on the Arctic Monkeys train, but their fifth studio AM is one which you can easily listen to from start to finish. With a running time of only 41 minutes, the songs fly by in quick succession. AM reminds me of walking home late from school after several night classes during the winter semester. Those were good times. Walking home through a full blown snowstorm in the dark was always a fun experience which quickly helped you forget about school. Another album which reminds me of past winter semesters is Friday Night Lights by J. Cole. This was his third officially released mixtape, and the one which arguably paved his way into the hip-hop community. Once this came out, everybody was anxiously waiting for his first studio album. Song like Too Deep for the Intro, Before I'm Gone, Villematic, 2Face, The Autograph, Premeditated Murder and Home for the Holidays make this tape a classic.

Hopefully, you will give yourself the chance to listen to some of these great tunes if you haven't already. Safe travels.

BRANDON VOLLWEITER - VP FINANCE

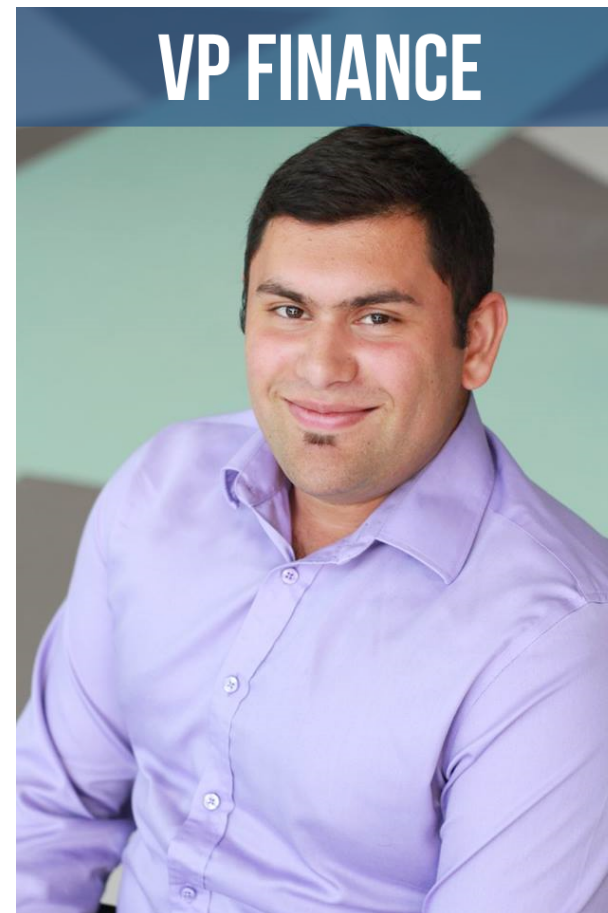
Hello,

My name is Brandon Vollweiler and I am running for VP Finance. I hope to achieve many things next year all centered on you, the students. I know you're wondering what events, activities, or just things in general that I plan to do next year. However I want you the students to come to me, if elected, to give



suggestions on what events you'd like to happen. I will promise that I will bring your ideas to the table and try my best to make them possible.

I believe I can get the job done as I've had a good amount of experience in handling budgets and other VP Finance-like tasks. This year I was VP Finance for the Concordia Management Council where I created and have maintained a budget for the year. As well, I have helped maintain a house renovation budget that has exceeded \$700,000.



VP FINANCE



KELSEY BELLS - VP FINANCE

My name is Kelsey Bell. I am a second year Management student and third generation woman involved in business. My education includes Accounting and Economics courses, and I have learned a good deal about business and political situations from my parents through their work as an accountant and an elected official. An avid reader, I enjoy news articles and nonfiction. I gained presentation and speaking skills from 15 years of competitive

Irish dance. My most notable monetary achievement is co-leading a 2010 fundraiser, raising over \$1,900 in a month with minimal supplies. There is so much more to VP Finance than money and budgets and I want my fellow students to have the best experience possible with the resources available. This means distributing CSA funding effectively and fairly between clubs and events, and reporting on how funds are spent. Vote Kelsey Bell for VP Finance; you can count on me!



KELSEA GILLESPIE - PRESIDENT

Hi Concordia! My name is Kelsea Gillespie and I am running to be the President of the CSA! I have been involved with the CSA for three years, both as VP Internal and as Arts Representative. I am a member of the Alberta Students' Executive Council (ASEC) and a part of the lobby team for the 2016 year! As a member of ASEC I have been trained to be a strong student advocate and leader in our lobbying efforts. Next year, I plan to focus on creating and sustaining

strong communication ties with Concordia and engaging the provincial government in conversations about Open Educational Resources and sustainable tuition models. I will host town hall meetings at Concordia to engage our students, and empower those who are already involved with our student body to go above and beyond! My goal is to create a Concordia that fosters consultation, engagement, and empowerment.



BUSINESS



NORTHLANDS

Farewell to YEG Horse Racing

by Emma Bott

Concordia's neighbourhood could be changing in 2017. In February, Northlands Park announced their grand plans for after the Oilers leave to their new arena downtown in the Ice District. The new plan is an extreme take-off from what Northlands Park has historically offered. When Northlands Park was founded in 1900 its intention was to benefit Alberta residents in the fields of agriculture, racing, gaming, trade shows exhibitions, entertainment and community service, but how many people nowadays even know that from March until October there are hundreds of horses living just across the road from Concordia at Northlands Park?

The new plan for Northlands would turn Rexall into Northlands Ice Coliseum with seven sheets of ice, volleyball, lacrosse, curling and indoor soccer. Hall

D of the Expo Center will be turned into a 5000 seat venue for lacrosse, rodeo and mid-size concerts. The Racetrack and Casino will be turned into a giant outdoor concert venue. While this new plan does account for entertainment, it leaves out the agriculture and racing. For the sake of this article we will focus on the outdoor concert venue.

Northlands is a nonprofit organization, so they do not exactly have the cash on hand to fund these changes, on top of this they are still paying off a \$40 million dollar mortgage on the expo center. The city and the province will be needing to fund them and with the loss of horse racing and the potential loss of Farm Fair and Canadian Finals Rodeo, Northlands will lose a large part of their funding and grants. You may wonder why they would lose the rodeo when they are keeping the rodeo stadium, since there will be no place to keep the livestock anymore

the costs of transporting them in each day will be very high, costing Northlands the rodeo.

The revamping of Northlands has put the horse racing industry of thoroughbreds and standardbreds within Alberta in a perilous position. The horse racing industry contributes \$290 million to the economy. The loss of this industry will not only affect the 7 000 people employed by it, but also farmers who produce oats, hay, straw and other feed. There are 400 farms and ranches directly involved in racing, Alberta is home to one third of all horses in Canada. When Century Downs was opened in Calgary, the new track saw the standardbred meet being the full 90 days that it had not seen since Stampede Park ended horse racing in 2007. This new track was forecasted to create an extra \$100 million extra wager revenue over the next 3 years (2015-2017). Previously, Tim Reid the President of Northlands Park,

had stated that Northlands Park was committed to horse racing until 2017, something that Northlands does not seem to want to follow through on.

Whether you agree with the plan for Northlands or not, I want you spend a minute thinking about the job loss both for the people and their horses. I can speak from experience when I say that the people and the horses love what they do. I will admit that this is a personal topic for me. I have been involved in horse racing my whole life. It is a way of life for people. Think of the even more potential job losses in an already struggling economy. Losing horse racing at Northlands Park will be losing something unique within Edmonton. Festivals can be held anywhere, but Northlands is the only place in Edmonton that offers live horse racing. I can say that I have learned so much from those horses and their hearts, they truly are athletes. Imagine telling a hockey player or a soccer player they cannot play their game anymore. A racehorse is a horse that can take a thousand people for a ride at once.



POLITICS

Ideological Warfare at the 2016 Oscars

by Simone Alaine Polo

This would appear, at first glance, to be an article best fit for the Entertainment section when the glamorizing word “Oscars” glimmers out the pages and ink. Nonetheless, here we are, where the borders of Entertainment and Politics become fuzzy – but have they become this, or has it always been this way? I would suggest that Entertainment has never been “apolitical” – even artistic movements, such as Rococo in the 18th century, that fashion themselves as leisurely and carefree, are themselves intertwined to historical, social, political, economic, psychological, etc. conditions of their time. For Rococo, it was a movement driven by the aristocracy and their idealizations of the world they lived in – poverty, racism, slavery, colonialism, and disability would be nowhere to be seen, for they were concerns that were ideologically normalized, numbed from their existence; sexism, for one, was there and evident, except it guises itself under the leisurely veil of the movement. And much like Rococo, the era of the Academy and the Oscars is just as intertwined in this socio-political complex, perhaps even more so.

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Films, to begin with, are one of the most evident displays of ideology – so much so that cultural critics, such as Laura Mulvey and Slavoj Žižek, use a variety of critical theory to pick apart the unconscious, invisible ideological content that seeps through the screen – Žižek, for one, has two films that take this as their central focus: *The Pervert’s Guide to Ideology* and *The Pervert’s Guide to Cinema*, both of which take from Mulvey’s “Visual Pleasure and Narrative Cinema” and her idea on the voyeurism of cinema, where we all watch the Other without their knowledge or awareness. Film is, thus, submerged and intertwined in the problems of its time at any time.

Other than film itself, the institutions built surrounding art forms further legitimize the ideological content that is resonant in the art object. Before we turn to the Academy of Motion Picture Arts and Science, let us turn back to the 17th century and the Académie Royale de Peinture et de Sculpture (Royal Academy of Painting and Sculpture). The Académie regulated art production into specific methods – namely, the influential ideas of Nicolas Poussin – through which grants and exhibitions were regulated. Now, it is clear that the Académie and the Academy are not intrinsically the same – for one, the ideas of a sole filmmaker are not pushed on as the standard of art; however, the central point here is that of maintaining an institution that legiti-

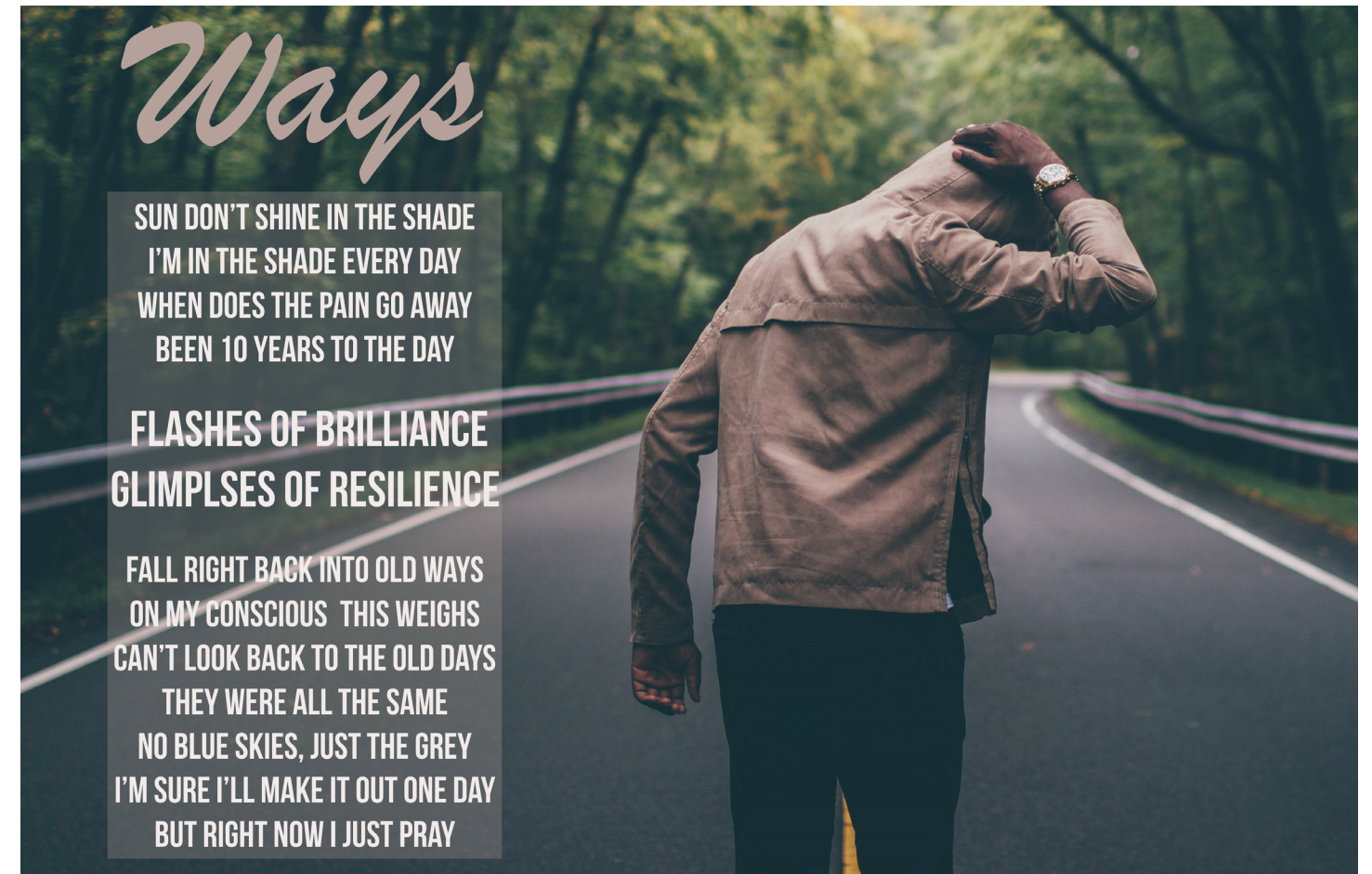
mizes certain kinds of discourse of art objects. Exhibitions, grants, awards, nominations, and such are the mechanisms that perpetrate the ideological content of films, artworks, and persons into legitimization.

As it has been for a while, the question of representation is itself political. As I’ve written in an essay, “The Mystical Object of the Racialized Voice,” “Voices dominate narration. We cannot speak without a voice. But the ‘we’ that speaks becomes so fragmented over narration to the point that when we speak, ‘them’ is entailed (and spoken of/for). A variety of issues in social stratification encounter this problem of narrative – for instance, the Anti-Semite’s construction of the Jew, the heteronormative construction of the culturally unintelligible ‘queer,’ and the neuronormative construction of neurodivergence.” “The question here has become one that depends on what socio-political power regulates, restricts, and prohibits in the narration of its subjects.” Socio-political power has been argued to dominantly legitimize white, heteronormative, ableist, Western discourse at the expense of the marginalized subjects subjected into a corner of the screen.

In response, the 2016 Oscars displayed a constant response to these criticisms – particularly, responding to Will and Jada Smith’s boycott of the Oscars. At this point, the images flashing the screen throughout the Academy Awards amount to

ideological violence dependent on mockery and subject subjection of those boycotts who have become Other. Here we encounter two camps of response, the boycotting radicals and the participating reformists. “The reformist black voice came under the form of Chris Rock, in a variety of awkward statements in regards to Black Lives Matter and the boycott; from claiming that Hollywood is definitely racist to claiming that the real racial issues were situated in the 60s, Rock struggled with universalizing himself as the black voice. He was given the space to speak the black voice, to articulate what has been turned into the mystified Other, only to objectify blackness one more time” (“The Mystical Object of the Racialized Voice”).

What we ultimately encounter in watching the Oscars is a political battleground of the imaginary, where representational fantasies of unconscious ideology duke it out one-on-one over legitimization and perpetration.



BREAKING THE SILENCE

by Matthew Troppmann

I’ve written four articles for the “Breaking The Silence” section of The Bolt so far this year. Each one is a Concordia student’s story of his or her experience with a mental health issue and its relevance not only to their life as a student but their success and happiness as a person. Life is stories, and there is no story without a message; something to be learned. The people I have interviewed for their stories have helped reinforce for me

the idea that life’s major theme is not that struggle is universal – but that that tenacity and resilience are meaningful. The perseverance through conflict, especially when forced to carry the most unfair of burdens, is what makes the steps of progress so meaningful. Sharing stories like I have been doing with The Bolt has been educational for me, and I hope similarly valuable for some readers around campus as well. We have seen sides of people whom you likely walk past every day but would have never known

about, personal histories full of lessons learned and those yet to be learned. The goal is for someone, perhaps especially someone who is particularly struggling, to read these kinds of stories and have some relieved feeling of being less alone and less “crazy”. The stigma of mental health problems, our reluctance to to really talk about them, only serves to create more anxiety and isolation for those who need support. Seeing that these problems are more common than you may expect should not be interpret-

ed as invalidating the uniqueness and reality of your own struggles, it instead can be taken as some small morsel of hope that it can be coped with and steps towards a healthier mind are within reach. Break the silence, and share a story.

If you have a story that you want to share, contact us at:

csabolt@student.concordia.ab.ca

We want to hear from you.

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