

THE BLUE & WHITE

- A Publication of the Concordia Students' Association -

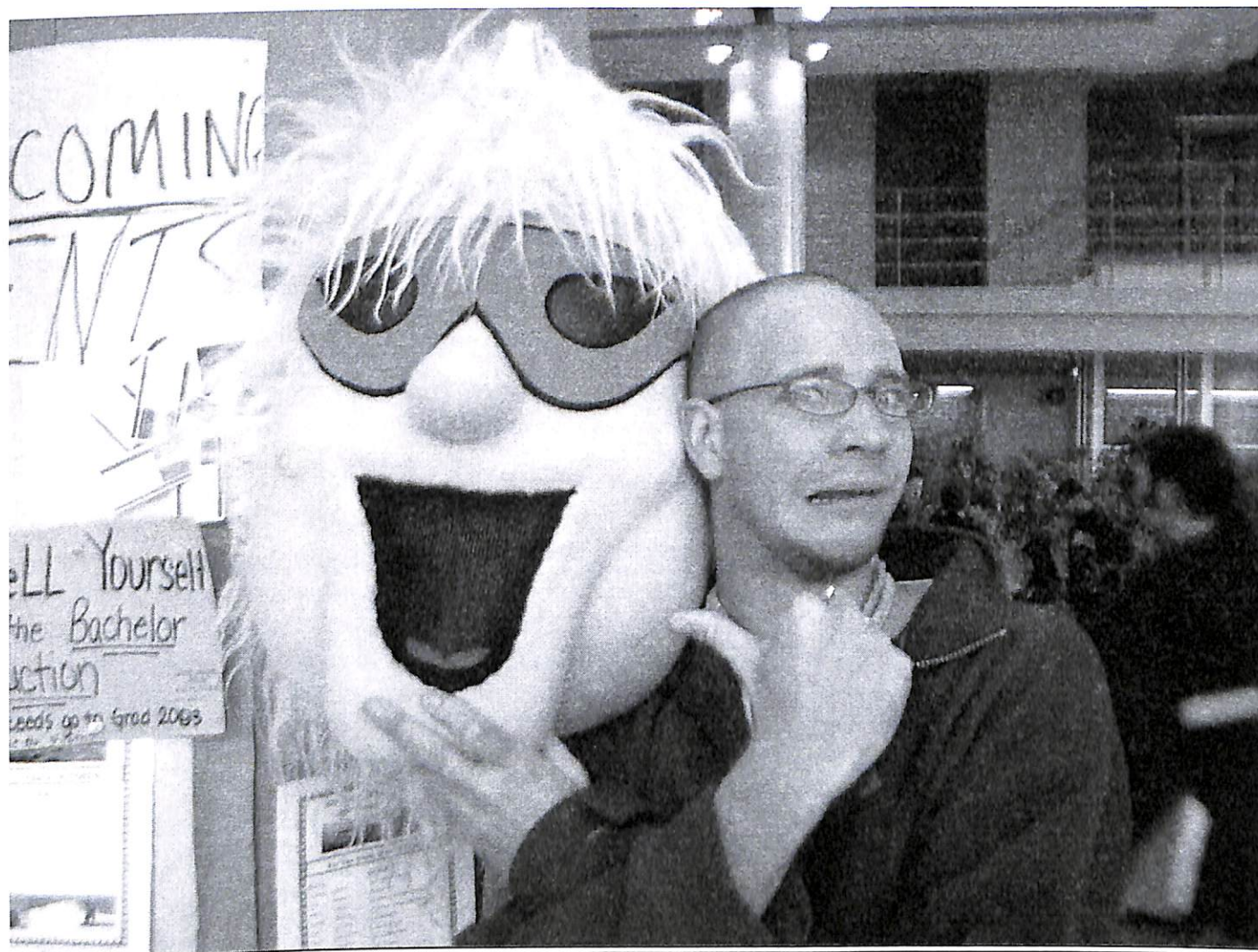
Want to Write?

We are looking for columnists, cartoonists, and writers. We would appreciate if you used the font Times New Roman. We will be editing all blasphemy as well as all unnecessary language. We need concise, well written articles that are relevant and that adhere to the mission/guidelines of Concordia University and the CSA.

Submit articles on a disk (or email) please give us your files in RTF format (Rich Text Format). We will also require a hard copy. Our email is:

blueandwhite@csa.concordia.ab.ca

All articles submitted are the property of the Blue & White and as such the editors have the right to refuse or edit them.



In This Issue

-Student Information
-Articles By The Bucket Full!

-Humour!
-Poetry!
-Free Stuff!

Wednesday, Oct 16th
2002 - Issue 2

From The Editor

Recently, it came to my attention that the Blue & White doesn't allow for free speech, but instead censors speech. First, the Blue & White is a student publication and as such needs the students input to exist.

Legal issues

Secondly, the Blue & White is bound to the mission statement of Concordia University College of Alberta and also must act as its print representative. This entails some legal and technical issues. Considering the type of things put in the Line x Line last year (consider the examples by B.Bugiak in our last issue), much of the material could be construed as slander. Because of this we cannot print articles with undue profanity, blasphemy, or that may bash any person. But having said this, I am quite sure that we will still offend some segment of the student population by either omitting or including some sort of article.

Your Input

We seek to make the Blue & White appealing to every segment of Concordia's student population, whether that segment is Christian or non-Christian, Canadian or non-Canadian, etc., etc. We need your input! Do you want the Line x Line? Can the Line x Line serve a purpose? I need your written responses please. Not, "I heard from a friend of a couple guys my brother knows in English class who heard from a girl who wants the Line x Line back." You can see how reliable this is...

On another note

You will probably see ads or articles that are "mainstream" in the Blue & White in the future, but we will always strive to run the material that best fits our mission and purpose – to promote Concordia and to be the students' voice.

Last issue we ran a cartoon about libraries and I apologise to the Concordia library staff for hurting their feelings. In no way was the cartoon intended to reflect on Concordia's library staff or services.

Themes

We are always looking for ways to promote the Blue & White and one of the best ways is student involvement. We are planning a series of "theme" issues, each one centred on a certain theme. There will be issues "themed" around the major occasions and holidays of the year, and others that will be centred on recreational themes, etc.

One of the upcoming theme issues is our Halloween issue. Do you have a favourite ghost story or something that happened to you on Halloween that you would like to write about? How about a favourite Halloween movie? Write about it! Submit your stuff to the Blue & White today!

Check out our bulletin board for other themes we are seeking articles for. Get involved and write!

Dave Dombrowski
Editor-in-Chief

Blue & White Deadlines Dates For Semester One

Articles Due

Monday, October 21st

Monday, November 4th

Monday, November 18th

Distribution Date

Wednesday, October 30th

Wednesday, November 13th

Wednesday, November 27th

The Blue & White Staff Are:

Editor-in-chief: David Dombrowski

Story Editor: Suzanne Gordon

Layout Editor: Evan Adnams

Blue & White Contact Information:

Office Phone: 479-9211

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*Read the Blue and White online
and at home? Just download it at
www.csa.concordia.ab.ca/*

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The parking at the school is ridiculous. This is my fourth year here and it is getting worse. The parking lot is full by 8:30 - 8:45 AM and the street parking is only one hour. This does not get you through the one hour and fifteen minute classes on Tuesdays or Thursdays. We need to look at this problem!

- Anonymous

Hello Football Fans,

Three mates and I went to the football game where the Edmonton Eskimos taught the Saskatchewan Roughriders how to play. My friends and I painted up in green and gold for the game, which always leads to excitement. One of my friends was kicked out before he even saw the football. I was wondering what happened to him.

While yelling for my friends a dude asked me if I had any sleep today? I said no. He said, "Do you want to have some sleep?" I think he was going to knock my lights out???????

At the end of the game I noticed a \$50 parking ticket attached to my window. I was parked in an unmarked parking lot. I have no intentions of paying the ticket.

All-in-all the game and events were a blast!!!!!! Can't wait to see the Esks win some more.

Philosopher & Drama Student,
Dan Gurnick



BACHELOR / BACHELORETTE AUCTION INFORMATION SHEET

Bids?	Bids start at \$3 and go until the highest bid
When?	Monday, October 28 for Men's Auction Tuesday, October 29 for Women's Auction
Where?	In Tegler between 10:00 am & 2:00 pm both days
The Cause?	All funds raised go to the 2003 Graduation
The Date?	All participants are invited to FREE entertainment ► You and your guest can come and enjoy the night watching other students and friends perform at Concordia's "Coffee-House"
Coffee-House?	Open Stage AKA "Coffee-House" Thursday, November 14, 2002 @ 7:00pm ► This event is open to ANYONE to perform Poets, Actors, and Musicians are most popular ► Normally over 100 people attend (it's a great event)
☉ Make sure you put your <u>NAME</u> and <u>PHONE NUMBER</u> on a sheet and drop it in the <u>BOX</u> ☉	

Concordia Is Holding It's Annual Flu Shot Clinic

Please come and be vaccinated against that nasty Influenza Bug! Registered nurses from Para-Med Health Services will be on-site to immunize you. This clinic is open to the entire Concordia community.

Date: Friday, October 18, 2002

Time: 10:30 AM to 1:00 PM

Place: Guild Hall Conference Room

Cost: \$12.50 per person (payment is due prior to the clinic date). You will also need to sign a consent form!!

To register, please contact Leanne Levy at 479-9214 before October 14th.

Student Information

A Friendly Reminder...

I trust that your studies are going well for all of you. You may not realize it but at this point we are pretty much half way through the fall semester. I would like to take a brief moment of your mid-term study time to remind you of a few things when submitting articles and stories to the Blue & White.

I need you all to remember to send in your articles in RTF (rich-text format). This is very important and crucial to the inner workings of the paper. Sending your files in as WPDs (*WordPerfect* files) or DOCs (*MS Office* files) is

simply not acceptable. You're probably wondering what the big deal is with these file types. Basically it comes down to compatibility. The RTF is a multi faceted file-type that can be used in more than one program, the other two file-types cannot. For example, I have *WordPerfect* and while I might be able to open your DOC files, they end up looking horrible because they have to convert to my format. So unless you want your articles to look lousy, please take two seconds more of your time and save your files as RTFs. It saves everyone a

big headache in the long run!

I also need you to remember that you have to give us your articles either on a floppy disk or sent via email. Articles that have been handed in as a hard copy (just on a piece of paper) only, will not be accepted. I hope you can appreciate the time it would take if I had to re-type everyone's articles for the paper. Please be considerate and make sure you do these simple tasks when contributing to the college paper.

Thank you for your time.

Suzanne Gordon
Story Editor

Career Planning

Dorothy Ritz

Mrs. Dorothy Ritz, Career Practitioner, is available to meet with students Monday-Thursday in her office by the Career Corner in the Library. Make an appointment through Val Lenz at Student Services (G 212).

Students are welcome to visit the Career Corner to pick up free informational materials, and/ or to meet Mrs. Ritz.

Ads for part-time and permanent job and volunteer opportunities are posted in the following locations:

- The Career Corner in the Library
- In a binder at the Career Corner
- On the bulletin board across the Student Services Office

Watch for posters on upcoming Career Seminars to be held in the CSA Meeting Room open to all Concordia Students.

CAREER FAIR; Wednesday, February 5th, 2003; In the Tegler Centre; All Concordia Students are welcome; Booths will be set up for students to meet and interact with potential employers; both for permanent work upon graduation and/or for summer or part-time jobs. There will also be information on career-building volunteer opportunities. Come to learn about various career possibilities!!!

· Check out the following Career Website. This site is exclusively for use by Concordia Students. It is designed to help create a personal career plan: www.echoices.com

Here's How to Access:

- Click-Open an Existing Account
- Enter Access ID: 1016879 and Password: H3m7j3B8
- Enter the Account Name: admin
- and the Password: H3m7j3B8
- Click Open
- Students may either Jump Right In and enter Access ID and Password or save your personal profile by clicking Save and entering an account name and password.

IKEA Desk And Chair Give-Away!

*A brand new IKEA desk and chair will be given away to a lucky
Blue & White writer/contributor!*

*All students that submit articles, poems, or cartoons to the Blue & White between September
19th and November 4th will be eligible for
a random draw for an brand new IKEA desk and chair on November 6th!*

Rules

1. Any current student of Concordia University College may enter the give-away. The contest is **not** open to any member of the Blue & White, any CSA member, or other elected or voluntary student official.
2. You automatically become entered into the contest when you contribute an article, poem, or an original cartoon, between September 19 and November 4. All contributors must state that they are submitting their own, original work. There are no entry ballots to fill out. Any student can enter as many times as they wish.
3. You must provide your name and telephone number with your submission so that we can contact you if you win.
4. All contributors must follow the regular Blue & White submission guidelines.
5. The Blue & White will not discuss the contest with anyone by phone or email, while the contest is taking place. We will publish the winners name in our November 13, 2002 issue.
6. The random draw selection will be final, and will occur on November 6, 12:00 noon in the offices of student services. The winner will then be contacted by phone, and the winners name will be posted on the Blue & White board. The random draw will consist of all eligible names received between the give-away dates of Sept. 19-Nov.4.
7. The winner must accept the prize as awarded, there will be no monetary substitution in lieu of the merchandise from IKEA. Also, the winner must make his own arrangements to pick up the prize from IKEA.
8. The Blue & White and IKEA reserve the right to make product substitutions for similar product of the same or greater value, in the event the product is unavailable for any reason.
9. The Blue & White also reserves the right to refuse any student submission, due to content that is deemed not acceptable to the mission of Concordia College.
10. The Blue and White may publish any submission received during the contest throughout the year; depending on page lengths of the issues, and content of the submissions.
11. The Blue & White may publish the winners name and picture.
12. The desk and chair were donated by IKEA of Edmonton.

Attention Student Entrepreneurs!

Do you own or operate a business during the summer months or during the year? I want your story! I will be writing an article about student entrepreneurs at Concordia College and I need **YOUR** stories! Please phone the Blue & White at 479-9211 and leave a message for me so I can arrange to meet with you!

- David Dombrowski

Psychology Students Association

JOIN THE PSA!!!

Membership is only \$3 and there are sooo many benefits! When you join the PSA you are eligible for information and resources to grad schools, the GRE, and jobs. You also get to connect with other psych students and members of the social sciences community.

Email the PSA with questions or suggestions at psa@csa.concordia.ab.ca

Phone the PSA at 479-9230

Visit the PSA at TR 1-206

PSA CRAFT SALE FUNDRAISER

Our annual craft sale will be held on Saturday November 2nd 2002 from 8:30 am to 3:30 pm. If you or anyone you know wants a table they cost \$12 each. Contact the PSA to register.

PSA PIZZA PARTY

The PSA will need set up/ take down volunteers on Saturday November 2nd. All volunteers will enjoy a PIZZA PARTY afterwards and earn points to receive the volunteer of the year award.

VOLUNTEER FOR THE PSA TODAY!!!

All volunteers can be eligible to win the volunteer of the year award from the PSA. Come by the office and find out how you can contribute to psychology and your school while making your resume look a little brighter.

PSA THANK YOU'S

The PSA would like to thank DOROTHY STEFFLER (our prof. advisor) for donating 2 great books. One is an aid to taking the dreaded GRE and the other is a career development book. Both are available to PSA members by coming to the office and signing them out.

The PSA would also like to thank Dr. Rooney for helping with the ongoing problem in the psych computer lab. Soon the computers will be up and running again and available to all students in the applied program. YAY!!!

PSA TUTOR REGISTRY

Concordia's stats 211 students are desperately seeking tutors. If you are stats/math minded you could make yourself quite a profit. Come and sign the Tutor Registry on the Psych Board in the basement of the library.

PSA GENERAL MEETING

Our General meeting will be held on October 15th in the CSA conference room at 10:40 am. There will be free doughnuts and we will make our membership draw for the FREUD ACTION FIGURE! Come by, meet your executive, and voice your opinion.

ALUMNI UPDATE

I am Gabrielle Heseltun, former PSA president and recent graduate of Concordia.

At Concordia I majored in psychology and minored in religion. I took the four-year applied psychology program, which involved coursework in counseling, ethics, and clinical assessment. I also did two practical field placements, one with an organization that dealt with conflict resolution in the criminal justice system and another in an early education program for children with Fetal Alcohol Syndrome.

I chose Concordia's applied psychology program because I wanted to be a psychologist. I thought this program would give me the coursework and experience necessary to get into a graduate program in clinical psychology.

While I was at Concordia I served two years on the PSA executive, the second of which was as president. Being part of the psych association was so much fun. I would definitely recommend that anyone who is a psych major or minor. It's a great way to meet people that are interested in the same things as you, experiencing the same frustrations as you, and it looks great on a resume or curriculum vitae. The PSA does a lot for the psych department, Concordia, and the Edmonton community, but they can't do it without the help and support of the faculty and the students.

A degree in psychology can lead you in so many directions. Through my experiences at Concordia I realized that being a counselor and a PhD in psychology was not where I wanted to end up. For one thing, I knew I wasn't ready to jump into that type of grad program.

I was led through my experiences at Concordia, as well as my personal work and volunteer experiences, to look for career options where I could still use my knowledge and passion for psychology while working with children in a hands-on environment.

I graduated in May 2002 and in June I began the Master of Arts in Teaching (MAT) program at Concordia University in Portland, Oregon. So far this experience has been incredible. I am training, through coursework and practical work, to be an elementary school teacher. This is a condensed program, which means I am taking a very heavy course load but I will be finished the program in April of 2003. When I graduate I will be eligible for a call to a Lutheran elementary school. It has been exciting to see how integrated psych and education really are. My degree in psychology has definitely put me at an advantage over other students because so much of what is considered good practice in education is based on psychological theories and practices. In addition, the number of exceptional needs children included in the regular classroom is increasing and a background in psychology is beneficial in understanding the needs of these students, as well as how to maximize their learning experiences.

I love being in graduate school. The workload is beyond what I ever could have imagined as an undergrad but it is completely worth it. If any of you plan to go on to grad school when you're done at Concordia, be sure to get involved in some kind of volunteer work in a setting related to your field and be involved on campus. I believe that my work experience with children and my leadership experiences on the PSA put me at a huge advantage when applying for the MAT program.

The PSA would like to thank Gabe for her contribution and we wish her the best of luck.

Yawn

Marilyn Ginger Hall

According to me, sleeping is one of the best hobbies a person can have. I say this because today I am extremely tired (through every fault of my own, I'll admit). Sleep has a lot in common with love and hamburgers - you don't know how good they are until they're taken away.

Yes, I do realize that there's such a thing as too much sleep. (There's such a thing as too many hamburgers, too, but the jury is still out on whether or not excess love will harm a person). I'm not advocating too much sleep, but I am a firm believer in enough. Five hours a night, let me assure you, is not enough.

Now, there are different types of tired. There's lazy tired, which is a kind of mentally-induced tiredness, whereby you can't move

just cuz you'd really prefer not to. Then there's physically tired, which occurs, in my estimation, not as often. Physically tired is when you would really like to move, but you just can't. It's almost as if your muscles give out. Your mind is saying, "Get out of bed, kid!" but your body just can't hack it.

The cure for lazy tiredness is pretty simple - call up a friend and go do something fun and exciting. Your choices are: love or hamburgers (ie. Venice or McDonald's).

Physical tiredness, though, is different. Since it occurs due to lack of energy (in most cases), I'm recommending that intake of energy (ie. food) will go a long way in fixing this sort of tiredness. So you can get a hamburger to treat this one, too.

I guess no matter which kind of tired you are, a hamburger would cure it. Sleep might also help, but failing that, go to McDonald's and commit McSuicide. You'll feel much better after that greasy wake-up call!

It is extremely important, little students, to be bright-eyed and bushy-tailed for all those exciting classes (especially the dissections...would you *hate* to fall asleep in mid-cut or what?!) So, sleep. Don't sleep too much, but sleep enough. And eat enough hamburgers so that you can have Super Student Power! Good Night Johnny!

P.S.: No, I'm not getting paid to advertise for McDonald's...I just really want a hamburger.

Las Vegas Crypt Keepers: Getting Down With Rock

Ashley McOuat

Wednesday, September 25th, I walked into *Tonic*, the old Inferno, newly renovated. And boasting the talents of Andrew W., the Las Vegas Crypt Keepers, and Danko Jones. I had the pleasure of interviewing the LVCK. The bar was packed and the show started with the raw-edge sounds of the Las Vegas Crypt Keeps. The LVCK, have been together for three years now, originating in Edmonton, Alberta, they are receiving lots of support from Canadians especially in Edmonton, Vancouver, and Toronto. With that support they were able to land an invite to play at the 40 000+ concert of the summer, Stage 13. For any of those who went you know they did not play, but the LVCK hopes to play next year. Grabbing the stage at 9:30 pm, you see instantly that; Paul - lead singer/guitar, Brad - guitar/backing vocals, Steve - guitar, Matt - bass guitar, and Shawne - drums, are a solid rock band. Ages ranging from 26 - 31, Brad and Steve have been dubbed the "ladies men." Their vivacious pick up line, - girls watch out - is "You don't look like a man." I can't see why any girl would say no to that! Underneath it all though they are really sensitive

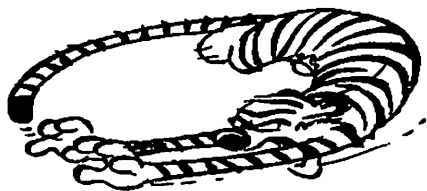
guys. Respecting each other's limits in the bus when touring. There are no fights, not really anyway. With other such names as Cheesie Foot and Hippie Child, Las Vegas Crypt Keepers is an attention-grabbing name. It's a rockin' show and a band not to be missed. Playing at Reds on Halloween Night, the band says "Dress up, dress down, but come out to the party!"

Article Idea's for the Blue & White

- | | |
|--|--|
| ·Holidays/Occasions: We're looking for stories on Halloween, Christmas, New Years, Easter, Saint Patrick's, etc. | ·Why articles: "If it were up to me I..." |
| ·Science/Technology: Stories on high tech gadgets, spy equipment, surveillance technology, satellites, etc. | ·Sports information and statistics |
| ·School Events | ·Hobbies |
| ·Club information | ·History |
| ·Letters of complaint or congratulations | ·Recipes (what's your favourite recipe for pizza?) |
| | ·Restaurant, movie, TV, theatre |
| | REVIEWS |
| | ·Hot new clubs |
| | ·Cartoons |
| | ·Humorous articles |

Attention: Blue & White readers!

Do you have a problem and you don't know who to ask?
HERE'S YOUR CHANCE!



Announcing the *ALL NEW* KatNip Kolumn

Need advice about almost anything and we'll give it to you, sometimes in more ways than one! Just ask Miss Kittie and Miss Kalico.

It's simple and easy. Bring your questions to the Blue & White submissions box outside the CSA office. Make sure it's labeled;
Attn: KatNip!

Rant...

Commissioner

"To all the girls I've loved before,
To Mel and Jess, and then there's Mo,
I've had a few good profs,
Some have been a loss,
To all the girls I've loved before..."

I have been at Concordia for over three years. I have enjoyed my stay here at Concordia for the most part. I have had the pleasure of being friends with many students here and hope to continue making friends as time goes on. Some I have met in English, others in the Cafeteria, while still others were in the girls changing room through a hole in the wall (just kidding).

Concordia is a good school to go to. The profs are awesome, they care and respect you. They will help you to do better and pull off that much coveted 9. Make sure you get to know your professors early in the semester, it will make all the difference in your marks. Not that I am implying that if you suck up, you'll get 9's. Actually, what I am saying is that if you make friends with your profs now, they will be easier to approach after you have severely screwed your midterm exam and need to do some major renovations to your brain to pull off a passing grade!

I for one miss the fact that the Line x Lines are gone. Come on Mr. Editor-in-Chief! Last years guy was nothing to look at but at least he listened to the students' pleas. Apparently he didn't want to have the Line x Lines either, because of the past slanders etc. But he edited out crap like that. We need to hear from our fellow anonymous students who pass on secret admirer messages, or hint about what

they did last night, or of course, as my fellow student stated we need to hear from that "Naked Day" person.

For the past 2 years I have been hoping that gal who has been pursuing "Naked Day" will still pull it off (literally, she looks great fully clothed and I'm sure would like fantastic naked). Keep your eyes open for Naked Day posters advertising this fun-filled event that all will enjoy. Vote Naked Day! See the CSA President and all around hotty, Sandy Simpson for further details.

Moving onto other things I have to tell you to work hard at your degree. This is not some have fun, get plastered, see some nakedness time in your life. Frankly if that is what you are here for you watch WAY too many college movies where the cool college guy has parties, drinks some beer, does some practical jokes to the Dean and of course sees some naked chicks too. This is your degree! Work hard and once you've completed your degree you can do whatever you like. But keep in mind, even straight 9's won't land you that awesome high-paying job. It's all in who you know.

I think I have rambled on long enough for now. So say 'hi' to a first year student, blow a kiss to your professor right in the middle of class, and don't wear any pants tomorrow.

If you would like to send me nude photographs of yourself or would like to suggest an article, please email me at: commissionerbw@yahoo.com. I'll write about anything. See you around.

*Your friend,
Commissioner*

My Cross Country Running Team

Christopher Ducharme



This year I feel it is important to inform the students about how our sports teams are doing, what it requires, and how it feels to be on an athletic team here at Concordia.

I was on our cross-country team in Devon from kindergarten until grade 8 in Vancouver. Until this past year, I have not been involved in any running unless it was to catch that &%@* Bus! Last year (in September) I showed up a few weeks late for the first meeting. I was unsure as to whether or not I would be 'cut out for the team' and actually decided against joining several times. I nearly missed my opportunity to participate in what has been the healthiest, most beneficial, and inspiring aspect in my life other than poetry.

Most of you are familiar with Dr. Dale Schlenker who was a Sociology Professor and the Head of the Sociology Department for

years here at Concordia just up until this summer. When I came to him to join the team he was the most approachable coach that I ever had. He is highly respected professor and has done substantially well in coaching the team. When I talked to him while I was contemplating being on the team, he gave me his running shoes when I joined the team to encourage me to get back into running. Although he is teaching at another institution, this year Dr. Schlenker sacrifices three times a week to our team. Thanks Dr. Schlenker!

When I began there were about 9 runners; we had just enough runners to commit to a team. This year there are 13 who show their dedication by participating in every Monday practice, local races every Wednesday against other Edmontonians, and racing competitively every Saturday for the ACAC (Alberta Colleges Athletic Conference)

I, personally, love running; it gives me time to not think. The

hardest part of living is thinking and running frees me from that. Being on the team for me, however, is because I am a competitive athlete and love challenging myself. Running is not about winning, but getting winded.

I have to say that I am still somewhat disappointed because we only have 3 eligible males when it is necessary to have 4 in order to qualify. We do, however, have lots of women and that is definitely a bonus (for the 3 of us at least). So we do have a full woman's team, but we are short for the men's. Hopefully next year people will realize that running too is a competitive sport, but you will not get cut from the team because you are not of the top runners.

The reason why I am writing this is simply to heighten the awareness of the students' knowledge about the Concordia Thunder Sports Teams. Hopefully in November we can hear from another Concordia athlete about his/her team. Thanks for listening!

If you are interested, contact me: (780) 479-9210. Thanks!

Oktoberfest @ Molson House!

Oct. 19 (saturday)

Sponsored By ... Molson

Tickets are only \$10 (Free Refreshments, food, & PRIZES)

Get them from Val (G212) or from CSA Members NOW!

Pub Crawl to follow. (included in the \$10)

Poetry Corner

Sexual Frustration

Christopher Ducharme

May 18, 2002

Sophisticated hearts dream of seams that mend passion to love and passion to lust by emotional body thrust. In the window before the car steers unconcernedly away from the curb, a pale faced woman is impatiently taken by the situation of these false statements of love dedicated to a stupid moment of time spent between flannel flowery sheets. While time seeps into the midnight moonlight, memories induce in her a fright that the memorized words he spoke were not quite as tight as he made her think; she made herself think she was truly in love.

In the midst of bare naked, bare nude, women who stand forefront to the scenery before me I lean to see a little more beyond. A little beyond the situation; beyond. Far beyond. A little past the love and romantic relations that entranced so many evenings in my life. I'd like to search past the temporary trust I've put in intimate sluts and in my own sexual temptations; my false intuitions. And I could say it's just today I feel this way, but it's not; it's nearly every day that ray of sun sets so strongly in her eyes. And I know this. Regardless of sexual driven lies, my heart still tends to cry for my TRUE love. There will be no more bed - by's for me so I challenge myself to fly in skies so high as to understand the reality of me and see a more realistic representation of myself.

One day in this near future or even here, in this moment, I will have no more worries or cries or inside sighs of desperation; I will only desire one. And because I will have devoted myself to only one, those blue Mondays and black Fridays will never find us hiding. On red evenings you will shine in a room where streetlights appear gloom, but flood your bedroom just to share the edge of your bed that your head lies so comfortably on. That lingering light lasts; it stretches the entirety of our youth to search the distance our relationship will travel to prove. All this to see the complexity of the truth beyond you...beyond us...beyond this moment.

Together forever sharing night stricken sands where three wonderful stars unite two hands that fold two fingers pointing them out aloud. United by the creator and igniter of souls never to be let go. Never been here before, never imagined anything more than standing here in these moon bleached sands holding hands. Water flows and we swallow...tears; we inhale this hollow laughter while we feel the smiles land inside. Love has many definitions; overflowed and overfilled with emphasized words of character. What I have learned from all this is that love is not solely an action word nor is it an purely an emotion. It has become another layer of thought that feeds my brain and adds to the millenniums of understanding.

The Stranger

Matt Klein (June 2002)

Have you ever looked into a mirror and not recognized the person staring back
Have you ever finished a conversation and not remembered what you've said
Does it ever seem that you're walking aimlessly without knowing where you're going
Life flutters by as quickly as a humming bird fleeing to and from flower to flower
Or, as quickly as a deer startled from a quiet resting place
Who takes the time to find out who they really are any more?
Who takes the time to realize what they truly want?
How about time spent conversing with the Creator?
No, that would be absurd!
We're so much like ants, scurrying along with only a single thought on our minds
And then it's over
Memory has failed us and friends have all but disappeared long ago
All we have left are regrets, unspent dreams
And a stranger staring at us from the mirror.

Heaven and Earth

The wise hath told me of a plane
To which we go, from which we came,
A kingdom's there where sages reign,
On streets of gold there dance the lame,
And riches there the poor obtain,
And all is pleasure, nothing pain.



The scribes did write once long ago,
Of Heaven high and Hades low,
Of angels nigh, wings white as snow,
Of devils sly who fought heroes.
Yea, they wrote words beautiful,
Yet no gods dwell on high plateaus.

A sage once said, "Heaven's within,
Else first the birds would enter in.
The gates are open to my twin,
To all who suffer with a grin,
Who know this world, on which we spin,
Is not the world where life begins."

Heaven, Jannah, Nirvana, Shoel,
Where will I rest my eternal soul?
And if these limbs I can't control,
To hell, Ye limbs, But not my whole.
From earth I came, To earth I go,
Where will I rest my eternal soul?
Shawne P. D. Martin
(<http://smartinonline.cjb.net>)

O World

O world, World, I know thee not,
Perception's all I've got.
All truth's defined by senses five,
And the "world" is what they taught.

So teach completely what you feel

Tell my mind what's real —
Yet who will know that what eyes show,
Is all to be revealed?
Shawne P. D. Martin

things getting
you down?

need someone
to talk to?

worried
about a friend?

**Personal counselling
is available
on campus**

**Counsellor,
Barbara van Ingen**

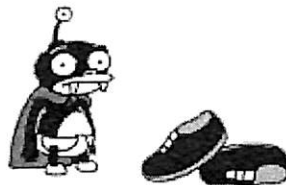
- experience in a broad
range of areas

**Counselling is offered at no charge.
Students are encouraged to make
an appointment by contacting
Valerie Lenz in Student Services
Office G212
479-9241**

Returning Shows, Dates And Times

There are still many television shows that have yet to return this fall, and here is a mini guide to the days and times as to when the shows are coming back. The shows are not ranked in any particular order.

- Boston Public, returns October 21.
- 24, returns October 29.
- The Red Green Show, returns October 18.
- Futurama, returns November 10.
- The Simpsons, returns November 3.
- Tom Stone, returns November 3.
- King of the Hill, returns November 3.
- Da Vinci's Inquest, returns October 27.
- Malcolm in the Middle, returns November 3.



Security - What Keeps You Safe?

David Dombrowski

It was a dark, stormy night...and you know the rest. Only this time it's *you* that has been the victim of a crime. Would you know what to do if you were attacked? Or if your car was broken into or stolen? Or, more importantly, do you know how to avoid these things happening to you in the first place? In this article, we look at ways that you can be safe:

When you leave on vacation, do you have your neighbours check up on your house or apartment, or do you let your mail pile up? If you said no to either of these, you could be in for trouble upon your return from your trip.

If you haven't done the 'meet and greet' yet then get out there and introduce yourself. Having someone check up on your property when you're away, especially someone who may walk by your place daily anyway, is important. Your neighbours will be able to quickly spot if something is amiss when they see the same sights day in and day out. Plus, they would be even more willing to do this if they knew you would watch their place when they are gone.

Ever wonder how to break into your place? Probably the best way to look for potential openings for thieves is to think like one – walk around your house or apart-

ment and look for easy ways to break in. Whether it's through that bedroom window that never locks right or through the perpetually unlocked backdoor. Look at the weak points and fix them.

Do you always park your wheels in well-lit spots, making sure that the doors are locked, the keys are out of the ignition, and in your pocket? These are probably the easiest ways to keep your car safe.

Oh, and don't leave that new laptop computer visible in the backseat when you go shopping either!

Next issue we will look at more security issues and ways you can be safe.

INTERNATIONAL OPPORTUNITIES FAIR

Wednesday, November 6, 2002

10:00 a.m. to 3:00 p.m.

Tegler Student Centre

Come and check out opportunities for work,
school, travel, volunteer work, around the
world.

Over 25 organizations
will be here to give you
information about
international opportunities

Student Services, Office 6212/October 2002

Concordia Highlands Toastmasters Club

Come and see what
we are about

- right here on campus
- fabulous opportunity for students, faculty and staff
- 12:00 noon to 1:00 p.m.
- Every Friday
- In the Guild Hall Conference Room, 6213-B

Learn speaking skills in
a small, friendly environment.

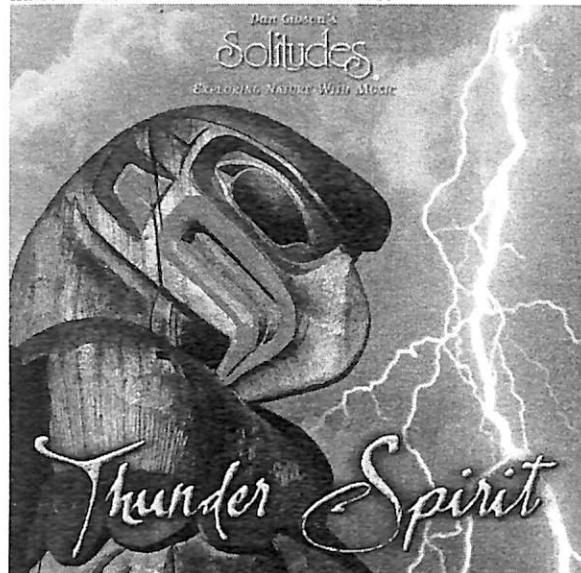
Questions? See Val at Student Services, Office 6212.

Music Reviews: Music To Study By

David Dombrowski

Sometimes when I'm studying (especially really long texts) I find it helpful to have a CD playing QUIETLY in the background. Some of the CD's that I like to listen to are as follows:

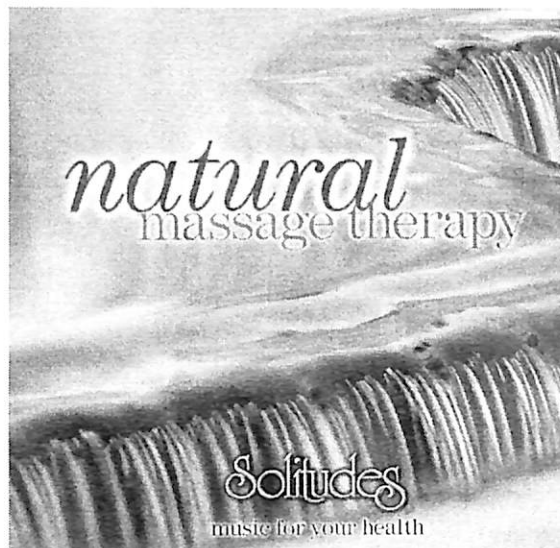
Solitudes - Thunder Spirit: This CD has a North American Indian inspiration to it, combining native music with nature sounds. The CD runs for 50 minutes and is very relaxing, but different enough to keep your energy levels up for studying. I really enjoy this CD as it helps me concentrate and sounds great. I really like the way the artists combined the native music with the nature sounds.



Solitudes - Massage

Therapy: This is another CD which I really enjoy listening to while studying. The sounds are very soothing and relaxing, but I find that it is still a good listen while studying. This CD is very high tech – it boasts the advice of Dr. Lee Bartel, an expert in music response.

The CD cover goes on to boast that this scientifically designed CD, which is a blend of music and nature, helps your brain and body release the day's stress. The CD was originally planned as a musical accompaniment to massage therapy, but I still find it invigorating enough to listen to while studying.



More PSA News

Concordia Craft Sale

Concordia's Psychology Students' Association is having our 3rd annual craft sale on NOVEMBER 2nd. This email is to rally support for it. So, please tell anyone you know! Also, if you know any possible vendors, have them contact me either at home (425-5132) or at the PSA office (479-9230). Entrance to the public will be \$1 to charity or a food bank donation. There will be free coffee and doughnuts too! The PSA looks forward to your support.

Kess Rinderknecht
PSA president

Are you a psych major or minor? Or, do you just have an interest in psychology? If your answer is "yes" then you are definitely not alone. Psychology is one of the most popular majors of study and it's easy to see why. Students who study psych graduate with a well rounded education and strong analytical skills. If you want to learn more about psychology then you should definitely check out Concordia's PSA.

The **Concordia Psychology Students' Association** provides guidance, information, and activities that enhance student's understanding and appreciation of psychology.

This year **membership is only \$3**. We will have monthly speakers and a new and improved **Psych Week**. In addition, the PSA will advocate issues affecting psychology students, advertise current workshops offered in the community, and offer information regarding employment and graduate schools.

For more information please come the PSA office in Trailer One, or email kessiejo@hotmail.com

Survivor Season 5-Thailand

Start date was September 19, 2002

Show times:

Thursday @ 9:00
pm on Global and
CBS.



Survivor: Thailand

The players

16 new contestants get ready for a whole new game



1 Jake Billingsley, 61, married, land broker, McKinney, Tex.
Luxury Item Journal and pen



2 Erin Collins, 26, single, real estate agent, Austin, Tex.
Luxury Item Body paint



3 Stephanie Dill, 29, single, firefighter, Fayetteville, Ark.
Luxury Item Fuzzy slippers



4 Jan Gentry, 53, married, teacher, Tampa, Fla.
Luxury Item Family photo



5 Helen Glover, 47, married, Navy swim instructor, Middletown, R.I.
Luxury Item Daughter's doll



6 Brian Heidik, 34, married, used car sales, Quartz Hill, Calif.
Luxury Item Guitar and pick



7 Jed Hildebrand, 25, single, dental student, Dallas, Tex.
Luxury Item Frisbee



8 Shii Ann Huang, 28, single, executive recruiter, New York.
Luxury Item Lucky traveling bag from China



9 Ghandia Johnson, 33, married, legal secretary, Denver, Colo.
Luxury Item Lucky key-chain with picture of her kids



10 Clay Jordan, 46, married, restaurateur, Monroe, La.
Luxury Item Golf club and ball



11 Penny Ramsey, 27, engaged, pharmaceutical sales, Plano, Tex.
Luxury Item Pajamas



12 John Raymond, 40, married, pastor, Slidell, La.
Luxury Item Christian flag



13 Ted Rogers, Jr., 37, married, software developer, Durham, N.C.
Luxury Item Shaving kit



14 Ken Stafford, 30, single, police officer, Brooklyn, N.Y.
Luxury Item NYPD shield



15 Tanya Vance, 27, single, social worker, Kingsport, Tenn.
Luxury Item Brush



16 Robb Zbacnik, 23, single, bartender, Scottsdale, Ariz.
Luxury Item Skateboard





















































26 TV Guide September 28, 2002

by Greg David

Where are they?

Weather Conditions

Temperatures range from 20 degrees Celsius to 38 degrees Celsius during the summer months. August to October is considered monsoon season.

Location Koh Tarutao, a national marine park island, is located off the coast of Thailand. The island is 26.5 km long and 11 km wide.

Terrain Hardwood forests are the dominating feature of the island. Cliffs, caves, waterfalls and mountains are also in abundance.

Production Camp

Tribal Camp 1

Tribal Camp 2

Tribal Council

Wildlife Animals include elephants, dolphins, lobsters, kingfishers, heron, egrets, sea eagles, bats, monkeys, gibbons, mouse deer, otters, sea turtles, wild pigs, coral snakes, cobras, monitor lizards, reticulate python, tropical fish, sharks, sailfish, rays, tigers, leopards and bears.

Other Facts

- The island's name, Koh Tarutao, means "old, mysterious and primitive island."
- The area contains 25 per cent of the world's fish species.
- The world's smallest mammal, the Kitti's Hog-nosed bat, and the world's smallest bear, the Malaysian sun bear, reside on Koh Tarutao.

Koh Tarutao, Thailand

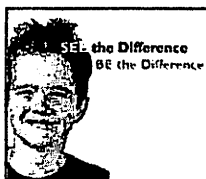


At press time, this is where the Tribal Camps and Council were believed to be located

ROBERT VOETS ©2002 CBS WORLDWIDE INC. MONTY BRANTON ©2002 CBS WORLDWIDE INC.

TV Guide September 28, 2002 25

October 23 - November 15



Dig the Hype! This year's United Way Campaign is just around the corner so keep your eyes peeled and your pockets loose for these exciting special events! Come out, dig deep, and have some fun raising money for this great community building charity!

Friday, October 25 - Campaign Kickoff: Wagon Races and "*Cheap, Dig Deep BBQ*"!

Monday, October 28 - Pie and Ice Cream Sale in Tegler.

Wednesday, October 30 - Muffin and Coffee Sale and a Book Fair in Tegler.

Thursday, October 31 - Book Fair continues (get that Xmas shopping done early!)

Friday, November 1 - Another "*Cheap, Dig Deep Barbecue*"

Monday, November 4 - Enjoy popcorn, pop, and a movie in Tegler!

Wednesday, November 6 - Infinite Coffee! Stay tuned for details!

Friday, November 8 - Ice Cream Floats Sale and... the Silent Auction Begins!

Tuesday, November 12 - Silent Auction continues, get those bids in!

Wednesday, November 13 - More coffee, and Mmmmmuffins!

Friday, November 15 - Final day of the Silent Auction, and a Wet Sponge Throw

Stay tuned to find out more about these extremely special events. You can make a difference and have fun too. Just come out to these events and show your support!



X-Country Running

For those of you who do not know the X-Country season is well on its way. This year the turnout for the team has been great. There are currently 7 female runners and 3 male runners on the team.

We have already competed in two ACAC championships. The first race on September 14th was held in Edmonton and hosted by GMCC at Goldstick Recreation Centre. The women's team placed third overall.

Concordia Woman's Basketball Team is looking for a manager to:

- Be at all the practises and games
- Fill up bottles
- Keep stats
- Run the score clock
- Etc.
- Serious inquires only - scholarship money to be paid.
- Contact Rachel at 471-5091 or talk to any member of the team.

This month in sports...

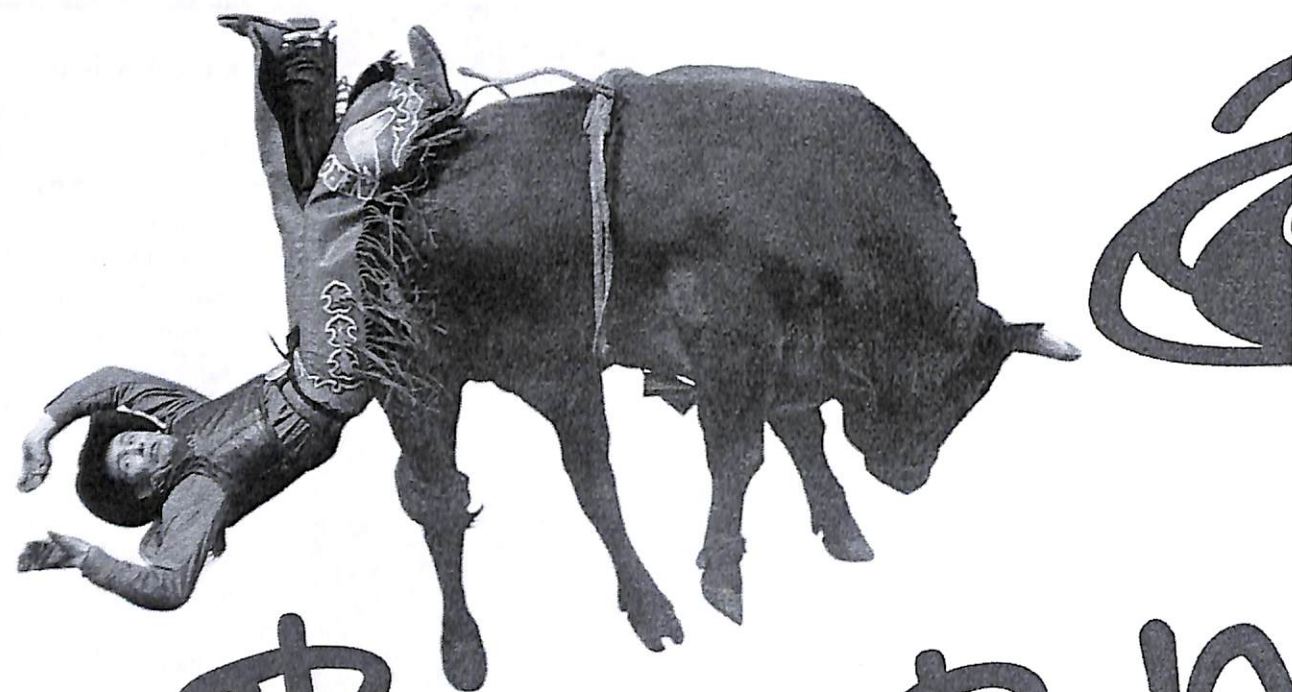
October 18th : Hockey - RDC @ Concordia **
 October 19th : Basketball - TKUC @ Concordia
 October 19th, 20th, 26th, and 27th : Soccer Playoffs
 October 25th : Basketball - NAIT @ Concordia
 October 25th : Hockey - NAIT @ Concordia *

* Game to be played at the Clareview Arena (3804 - 139 Avenue)

** Game to be played at the Skyreach Centre, start time is 7:00 PM

Edmonton Oilers Hockey- October 2002

Thursday, October 17, Edmonton @ San Jose
 Saturday, October 19, Boston @ Edmonton
 Thursday, October 24, St. Louis @ Edmonton
 Saturday, October 26, Anaheim @ Edmonton
 Monday, October 28, Dallas @ Edmonton
 Friday, November 1, Buffalo @ Edmonton



Bump n

Enjoy over two hours of bu
then grind all night at the T



Package includes one CFR-
Rodeo Party ticket for Friday, N

Packages available at your student u



Canadian Finals Rodeo

THE PROFESSIONAL RODEO CHAMPIONSHIPS OF CANADA
November 6 - 10, 2002
Edmonton, Alberta

CFR Party Package
only \$20 per package.

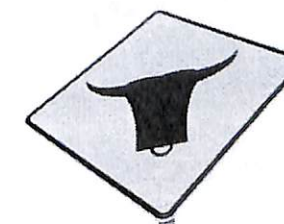
Grind!

on Friday, November 8th

mpin' rodeo action
Pilsner Brewhouse!

ticket and one
November 8 ONLY.

nion office.



STEP INTO IT!



Can you handle
this much fun?!



O
C
T
O
B
E
R



SUNDAY HORROR MOVIES IN THE LOUNGE



6:00 PM



HALLOWEEN PARTY

TICKETS \$2.00 AT CONCORDIA CSA - VAL
ALL MONEY COLLECTED GOES TO GRAD 2003



ONE FREE DRINK!*

*STIPULATIONS APPLY

SATURDAY, 26

FRIENDS AND SURVIVOR



EVERY THURSDAY



WE ARE PROUD TO SUPPORT CONCORDIA!

GET OUT OF THE COLD

**WESTERN CANADA'S
LARGEST INDOOR
PAINTBALL FACILITY
OPENING**

OCT 2002

PAINTBALL

ACTION GAMES

469-0882

**4808-90 AVE EDMONTON
THE BEST JUST GOT BETTER!**

Horoscopes...

Gypsy's Guide To The Stars

Need to know what's going on in your life? Have a stressful exam? Got a hot date? Think you've done too much studying? Get a life! Here are the horoscopes to help you out.

Aries **March 21-April 19**

You're running out of time and patience? You ran out of that a while ago. Now you're dumping whatever isn't working for you. Including that jerk boy/girlfriend! You might not win any popularity contests this way, but you'll get the job done and your life back.

Taurus **April 20-May 20**

Things get intense as you pick up speed. Thanks to your "Roadrunner" syndrome, life's a bit disorganized. Luck's been treating you well so far, like that is gonna last. Can you count on it again? Hope they don't find your cheat sheet! One way or another, you're about to find out.

Gemini **May 21-June 21**

Don't pick any fights. At least not the ones at school. You've already attracted enough attention and you don't want to risk anything in front of this many witnesses. Maybe you should try fitting in instead of standing out. Who wants to be part of the "shiny, happy people" anyway? There really isn't safety in numbers.

Cancer **June 22-July 22**

You can't miss right now. You're paying attention in class, when you're conscious. You know when to give the right answer, when the notes are RIGHT there. And, when it's cool to make a joke, "is that a backpack you're carrying, or are you just happy to see us?"

Leo **July 23-August 22**

Your favorite song is playing right now and you're doing a little dance. "Dancing Queen, feel the beat of the tambourine." What feels perfect to you doesn't even chart for someone else. You wish they could be as cool as you are, keep on dancin' and forget about it already. It wouldn't kill you to do the right thing.

Virgo **August 23-September 22**

Class and club officers have their hands full. Volunteers find new ways to reach out to their communities, "Reach out and touch someone!" Purrr... You're active because you know what should be happening and want to be part of it. Figure out where to reach.

Adios,
The Gypsies

Libra **September 23-October 22**

Are you one of those players who sees suckers and money in everything? Maybe you're supplementing your bar time or maybe this is going into your college fund. Wait, what college fund? Friends will have to take care of themselves and buy their own drinks.

Scorpio **October 23-November 21**

Right now needs and desires feel like the same thing, but there not (Sucka). This time they actually might hit themselves smack in the face. No one has a problem with you indulging your wishes - least of all the opposite sex. Dive right in it!

Sagittarius **November 22-December 21**

You have so much inside you. It's frustrating when you can't express what needs to come out. Before you beat up on yourself, think about what's limiting you, like the constitution of Concordia. Maybe a different gang would help you express yourself, in a whole new way. (You can figure this one out for yourself).

Capricorn **December 22-January 19**

You don't have any skills. It's easy to sound brilliant and look excellent when you're just pretending. You can't blame others for wanting your mad flava. But since you're calling the shots (always tequila), you get to pick the players.

Aquarius **January 20-February 18**

Think you can talk trash with the best of them, obviously you don't know our friends. What happens when no one believes you? Words can't be a weapon for you, when "all that" is just a dream. At this point in your life, you can't change reputations like you'd change outfits and boy do you need a new outfit!

Pisces **February 19-March 20**

Two people who want the same thing will never meet each other halfway. This could be your next sweetie coming at you (sounds like a stalker) or maybe your future partner in crime (yeah they'll rat you out and send you to jail). In the back of your mind, you already knew this was going to happen, got your toothbrush ready?

Cheap Tricks Ways You Can Save Money

David Dombrowski

Here are some money saving tips which you can use year round:

Books

The cheapest way to read books is to borrow from the library. There are many different books at the Concordia library other than the usual texts and required reading for classes. The Concordia library works hard every year to bring the students many excellent resource and leisure material, and the library staff are always willing to help any student find the right book. The library also has many different magazines and periodicals which can be borrowed as long as they are not the current issues.

Other good places for books are:

- Used Book Stores: In Edmonton we have the *Wee Book Inn* to name one.

- Book clubs: Many times these clubs will advertise deals such as "buy three books for a buck and quit at any time." These are good deals as long as the book club is well known, (e.g. *Doubleday*, etc.). Be sure to read the fine print in the book ad for things like, "you have to buy three more books at regular prices within a year," etc. DON'T give the book club your credit card number. Instead pay by cheque or money order. You don't want to give out your credit card numbers because these clubs can easily bill you

later for books you didn't order.

Also, speaking of books you didn't order, you can send any books back to the club free of charge as long as you don't open the shipping carton. Check the mailer envelope for contents of books first before opening the carton. Check with any postage outlet for more information on this.

- Entertainment: Usually every Tuesday the movies are greatly reduced at the theatre. Also, check out the matinee.

- Videos: The best way to get good deals on a movie is to wait until it is released on video.

- Sporting Events: Attend sporting events and plays at Concordia. (We are in the works of having many reader events this year, so keep reading the Blue & White!)

STREET HOCKEY SATURDAYS

(12:00-2:00 PM)

They Want Exercise.

We Want Fun !

Every Saturday STREET HOCKEY will take place from 12:00-2:00 PM in the Concordia Parking Lot. We will meet in front of Tegler before 12:00 PM. Just bring your hockey stick and any other equipment you might have. This will occur each Saturday until the end of April, 2003. Invite anyone who likes to <<<<PLAY>>>>

See you there.

Questions? Contact:

Christopher Ducharme (479-9210)
Or Scott Lyons (479-9213)

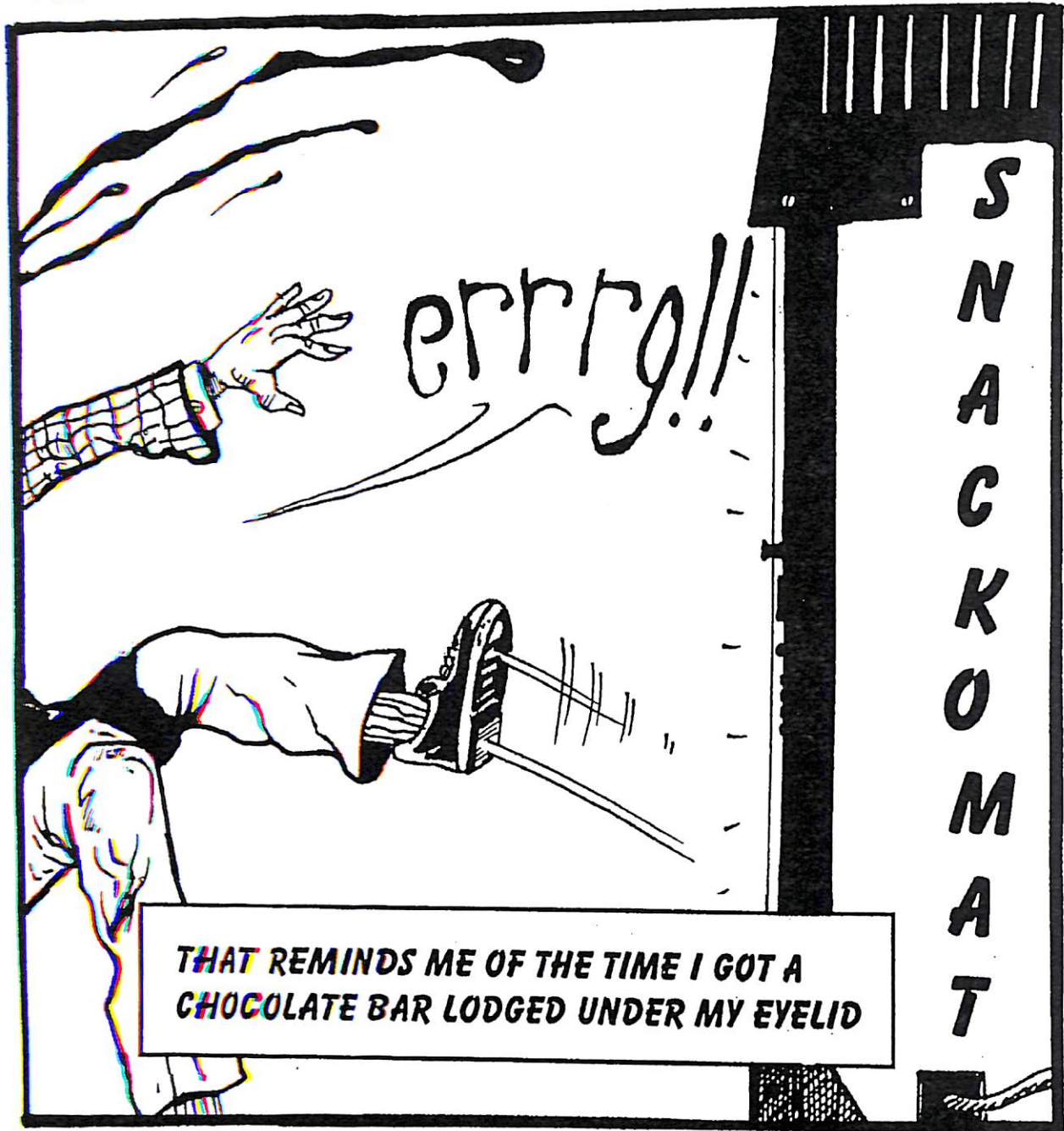
Library News!

Some exciting changes have occurred in the library over the summer. The basement computer lab has moved from room L111 to room L110. This change will have many benefits and we welcome your feedback. This lab was opened Wednesday, September 11th. The hours are Monday to Thursday, 8:30 AM to 7:00 PM and Fridays, 8:30 AM - 4:00 PM.

Remember, the will be closed during library instruction sessions so please check the lab doors for accurate hours during the month of October. If you need a computer and the basement lab is closed, don't forget the Mini-Lab on the main floor of the library. It is open from the time the library open until 15 minutes before it closes.

THE LAST PAGE

DISTURB BY MICHAEL CUSHUE & ROBERT O'KEEFE



THAT REMINDS ME OF THE TIME I GOT A
CHOCOLATE BAR LODGED UNDER MY EYELID

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