

B&W

ISSUE 5. 11/10/10

ART BY IAN ROWLETT

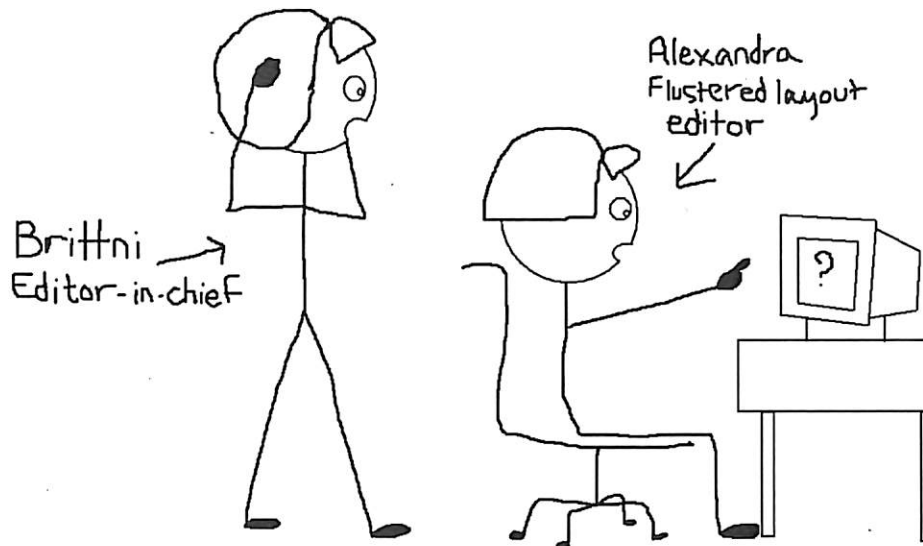
B&W

BLUE&WHITE 11.10.10

IN THE BLUE&WHITE OFFICE...

ALEXANDRA: HEY BRITTTNI, WE DON'T HAVE ANYTHING TO PUT IN THE INSIDE COVER SPACE!

BRITTTNI: OH NO! WHAT WILL WE DO?.....



SUBMIT YOUR ART. PLEASE.



**EDITOR-IN-CHIEF
BRITTTNI
CAREY**



**STORY EDITOR
GRACE
BOX**



**LAYOUT EDITOR
ALEXANDRA
BENNETT**

FROM THE SPINNEY CHAIR

BY BRITNI CAREY

West Edmonton Mall is all ready for the Christmas season, and I'm like, what the heck, it's not even Remembrance Day yet! As a protest against this gross display of North American consumerism, this issue of the B & W is totally free of all things Christmas-y. Instead, prepared to be shocked, amazed even, by the delightful mix of t-shirt revolution, drama, and of course, coffee

from Mandolin Books. Mmm, caffeine...

So, happy Reformation – National Novel Writing – Thinking Tee – Remembrance – Josey Hitesman/ C.S. Lewis's birthday – month! And, as you can see, we're kind of desperate for your artistic brilliance, dear Concordians. So I'm asking nicely, just very loudly – PLEASE SEND US YOUR ART! PHOTOS! ANYTHING! Thank you.

A TRICKY BALANCING ACT

BY ALLISON COMPTON

Right now, I'm in the middle of my teaching practicum. It's a very exciting, but also hectic and busy time. During this time I've been starting to realize the importance of work-life balance. Teaching is a very busy profession and I'm just starting to learn the ropes of balancing my career and personal life. I think work-life balance is a lesson that most people will learn the hard way. Employers are becoming more and more demanding of an employee's time. In this day and age, with the inventions of smart phones, Black-Berries, and email, we can be connected to work 24-hours a day. It can feel like all we do is work.

It's important for one's physical and mental health to take the time each day to spend with family and be connected to others. If we never take the time to look up from our work, we begin to feel fatigued, overwhelmed, and worst of all, disconnected from our lives. I think we could all use a lesson in how to take a break and enjoy life. When I told my doctor that I was about to become a teacher, she gently reminded me that people who

struggle with work-life balance report more health problems and lower satisfaction with their lives. We work to live; we don't live to work. I am so glad that I'm coming to this realization early in my life. I was shocked and a little angry when my brother refused to attend my little sister's gymnastics meet this past Saturday. He said he had to work, and "work comes first."

I think the tremendous amount of time most people spend at work also points out the importance of finding a career that we love. A person spends at least one-third of their life at work. Why would someone want to spend it in a miserable and unfulfilled state? We have to consider what we are working for. Are you working towards acquiring possessions and "keeping up" with everyone else around you? Living your life in terms of acquiring desirable possessions is bound to leave you unfulfilled. Despite all the messages that we get to the contrary, remember that it's only money and you can't take it with you.

MANDOLIN BOOKS: COME FOR THE COFFEE, STAY FOR THE ATMOSPHERE

BY SARA CAMPOS-SILVIUS

The warm, inviting smell of freshly brewed coffee greets me as I enter Mandolin Books, a local café and bookstore located a few blocks from Concordia. Owners Laura and Boyd England have just celebrated their establishment's seventh birthday as a fixture here on 112th avenue and 64th street. Offering not only the staples, tea and coffee, the café boasts a wide range of hot and cold beverages, along with delicious treats such as squares and cookies. This is the perfect spot for a chat with a friend or an espresso-fueled study session. Assorted fiction and nonfiction books line the walls invitingly, enticing patrons for a browse and a peek. Mandolin Books also hosts live music at 7 pm on most Thursday nights. And best of all, there is a 15% discount for student AND faculty when you show your school ID! So be sure to check out this adorable coffee shop next time you head out for your caffeine fix!



Left: Concordia student and Mandolin Books regular Cody Davis relaxes in an easy chair. Right: Co-owner Laura England is ready to serve up a tantalizing specialty coffee!

THIS IS MY THINKING TEE

AN EXCERPT FROM THE BLOG OF MR. JOSH GILLINGHAM

Someone asked me today why I was wearing a white t-shirt with the words "This is my Thinking Tee" scribbled on it in sharpie marker. I thought it was a good question.

For the month of November, I, along with a group of my friends from Concordia University, have conspired to incite thought and provoke creativity by wearing blank white tee's with sayings scribbled on them. You might be skeptical about the effectiveness of our tactics, but it is only November 1st and we're already being asked questions. Of course, questions are just dry kindling waiting for a thought to light them.

Here are the rules. Participants (or conspirer's in re-imagination) have agreed to wear blank white tee's Monday through Friday for all of November with sayings they themselves came up with. Some sayings may be passing thoughts, reflective questions, friendly phrases, angry rants, or just purely random ramblings. Each person gets three t-shirts, that's it. They'll

be worn on a three day cycle and washed every three days. Hannah suggested washing the shirts in the kitchen sink with a bit of laundry soap to minimize water usage; perhaps we'll even have a tee shirt washing party on Saturdays!

Part of this project is to inspire hope and re-imagination into our lives which are often filled with doubt and gloom. Shane Claiborne, one of my favourite writers (and an Ordinary Radical in his own terms), planted the idea of re-imagination for me; he has shared many a thought on re-imagining lifestyles, friendships, politics, and churches. I felt short on world-changing ways to re-imagine the world, and so that is why I invited all my friends to help me in this. And just in case you're wondering, anyone reading this is my friend, and you're invited to join! If you'd like to, tell me you're in on the project on my blog's Facebook page so I can report how many people are involved.

The tee shirts are not glamorous; they

are not fashionable. They do not speak of which social class we belong to; they do not speak of whatever life-stage we may be in. They do not provide a bill board for a company, a product, or an image; they do not provide a boost of self esteem for us as we check ourselves out in the mirror.

Our tee shirts are definitive proof of original thought in a culture that, for all its emphasis on individuality, would really prefer quiet conformers; they speak boldly of unity in diversity, a cultural value our country continuously struggles to maintain and practice; they are symbols of power over our materialistic obsession that too often is allowed to dominate our identity.

Is that all they stand for? Well, maybe I just got you thinking.

Check out Josh Gillingham's blog <http://livefairordietrying.xanga.com/734910232/this-is-my-thinking-tee/>

TO WORK OR NOT TO WORK

BY ALLISON COMPTON

Like it or not, the need to work during university is becoming increasingly common. According to a study conducted by Orszag, Orszag & Whitmore (2001), 50 percent of university students work while they are going to school. University students work an average of 25 hours per week. That is 10 hours longer than a student spends in class!

While students work for a variety of reasons - to pay the bills without help from parents, to reduce debt load, to earn money for entertainment or going out - it is important to consider how working will affect your grades and take time away from studying. Working more than 10 hours per week has been shown to negatively affect a student's GPA (Orszag, Orszag, & Whitmore, 2001). Working full-time while going to school is not recommended. A full-time workload can significantly increase your chances of having to drop out of school. A student who works 40 hours per week and receives a GPA of 2.63 could earn a GPA of 2.94 if they worked 10 hours or less per week (Orszag, Orszag, & Whitmore, 2001).

On the positive side, working during university can improve your

experience if work-school balance is maintained. Working can replace non-productive activities such as watching TV, playing video games, or partying. It is also valuable when the work is related to the career field you want to pursue after university, and it can look great on a resume.

Remember there are only so many hours in a day! If work-school balance is acknowledged and you stick to your guns about how many hours you will work, a job doesn't have to be a huge burden while attending university. Keep these things in mind:

- o Do you really have to work as many hours as you do? Work out a budget to help manage your finances. You may find out that you do not have to work as many hours or you can manage your finances by working through the summer and Christmas breaks.
- o Try to keep the job relevant to what you want to do after graduation. This will help you when you apply for future job prospects.
- o Work hard, study hard, and play hard! Remember to do your best with your schoolwork and take the time to enjoy your university experience!



RED POPPY, WHITE POPPY: A NEW PERSPECTIVE ON REMEMBRANCE DAY

BY SARA CAMPOS-SILVIUS

In Canada, the red poppy is worn in November to commemorate the soldiers who fought and died the First World War, the Second World War, the Korean War, the Afghanistan conflict and peacekeeping missions. While red poppies and the graves of soldiers were associated with each other even in the Napoleonic Wars, the poppy became a popular symbol in partial thanks to Canadian John McRae's famous 1915 poem, *In Flanders Fields*. Poppies are worn around Canada, the US and Europe. The first red poppies were distributed in Canada in 1921. Donations from the purchase of poppies go to the Royal Canadian Legion. In the US, Remembrance Day is called Veteran's Day. The white poppy campaign was created in England by a pacifist organization a few years after the red poppy campaign began. The white poppy symbolizes peace. It seeks to question milita-

rism and war profiteering – for example, the US and Britain are the world's top arms exporters. It challenges the acceptance of war as an inevitable social construct. Those who wear the white poppy wish to commemorate the victims of war, both military and civilian. They make a bold statement concerning our society's moral obligation to prevent war in the first place.

Sources:

Remembrance Day: *Lest we forget* by Ann MacMillan
Published Wednesday, April 7, 2010

www.cbc.ca

White Poppy Campaign

www.whitepoppy.org.uk

Stockholm International Peace Research Institute

www.sipri.org



THE PARTY ON JASPER

BY ALEXANDRA BENNETT

As college students, we are one of the most notorious demographics for being party-goers and general pandemonium-causers. Whether this assessment is fair or not is up for debate; however, I'm sure we all can agree that wherever a bunch of drunken people get together, damage will ensue regardless of age or occupation. Currently, a debate is raging about the nightlife on Jasper Avenue and the problems it is causing for the city and downtown residents alike.

I recently learned that Jasper Avenue is actually Edmonton's main street. It was built in the mid to late 1800s, with 97th and Jasper being Edmonton's official centre. It used to be a vibrant part of city life, but in the last few decades has fallen behind other parts of the city, and into disrepair. Fortunately, in the recent past the Jasper Avenue district has seen some improvements including the establishment of stylish new restaurants, clubs, lounges, and shops. Residential developments are also on the rise, with new condominiums and apartments popping up almost faster than you can keep track of them. The further development of Jasper Ave now faces an interesting conundrum: how to foster the higher-end, downtown hipster lifestyle, including more restau-

rants, living spaces, theatres and the like, while allowing the popular club scene to grow.

Many critics of the nightlife on Jasper Ave refer to Whyte Ave as a reason to closely monitor Jasper Ave. They say that what used to be an extremely contemporary district, much like what Jasper Ave is becoming, has been taken over by clubs, pubs, and hordes of disrespectful entertainment-seekers. It has become the place of much violence, including riots, knifings, and beatings. If the smaller but fast expanding scene on Jasper is not handled carefully, there is a great chance it could be detrimental to Edmonton's downtown renewal projects; however, it could also be a great boon.

Not too long ago the city of Edmonton published a report of recommendations for the Jasper Avenue District, which includes discussions with restaurant and bar owners, police, and a survey of Edmonton residents. You may remember this report having been in the news, mostly because of a controversial recommendation to allow the bars on Jasper to stay open later, postponing closing from 2 until 4 a.m., although the current stoppage of liquor sales after 2 a.m. would continue. The City says this change in rules would allow

patrons to leave the bar over a longer period of time, and would help with congestion and alcohol-fuelled violence on downtown streets. The opposition to this change says patrons will leave once the liquor stops being served, or all at 4 a.m. Other recommendations include forming a special police unit concerned only with Edmonton's entertainment regions, and allowing buskers on the avenue late at night to help diversify the feel of the street.

I appreciate the City's desire to find creative solutions to what could become a huge headache for all of Edmonton. Jasper Avenue provides some of the excitement necessary to really revitalize the downtown core, and besides, if nighttime activity is largely shut down, won't most people just head over to Whyte, intensifying the problem there? I think if the residents, city, and business owners can collaborate without becoming stubborn, a good compromise could be found. A trendy, safe, downtown would be something our city could be proud of, and would add to the attraction of young professionals, students, and many others to our wonderful city.

A CALL IN THE NIGHT: OUR HERO, THE ROCK - INSTALLMENT # 4

BY DAVID SUPINA

The third of our weekly installments of David Supina's serial novel, Our Hero, A Rock. If you miss an installment (yeah, right!) you can catch up on David's Blog: <http://ourheroarock.blogspot.com/>

The night was a little restless for Daisy. She tossed under her covers, before finally sitting up and turning on her shaded lamp, giving the room a little light. Rose had been upset all evening. Had she been too hard on Rose? But Rose was always so down. She was always convinced that the dinner they were about to have was going to be disappointing, even when it wasn't. She always knew that she had failed her tests, even when she did fine. She...

Was floating outside of Daisy's window.

Daisy's jaw went wide as she saw her sister floating and twisting outside, smiling. Rose waved. After a moment Daisy waved back. Rose pointed towards the latch on Daisy's side of the window. Very slowly, Daisy stood up and paced towards the window, unlocked the latch and opened the window.

Daisy closed her eyes for a moment, opened them again, and nodded. "Um, hello."

"Hi Daisy," Rose said, grinning. "Guess what I'm doing?"

"You're... flying?"

"Yeah, that's right," Rose's grin was widening. "Want to come?"

Daisy sat down hard on her bed. "Am I dreaming, Rose? This doesn't feel like a dream, but they never do when you're having them. I thought I couldn't sleep tonight, and now here you are..."

"Oh, it's not a dream, it's really real. Just listen to this Mr. talking rock, he'll set you straight." Rose said airily. She cradled the rock that Daisy now saw that she was clutching.

"Is that... Theodore?"

Somehow, this did not assure Daisy that what was going on was real.

"I'd love to tell you all about this..." said the rock, causing Daisy to jump a little. The girl was now positive that she was dreaming. "But Rose was telling me about a friend she would like to have come along, and I do not wish to delay. We shall leave now."

"Leave? Uh, Rose..." Daisy glanced at the window. "Leave how exactly...?"

"Grab her hand, if you would..." said the rock.

Rose grinned, and grabbed Daisy's hand, and ran towards the window, dragging Daisy along.

"Rose!" was all Daisy could get out before she found herself jumping with her sister out the window, and then...

As the blood rushed to his head, George had decided upon reflection, that of all the crummy days, this was the crummiest he could remember.

It certainly did not help that he was being hung out his window in an upside down fashion by his brothers. Or that he was starting to feel a little sick, and wondering how much longer he could stay there before he threw up. Not that it mattered, since his idiot older brothers were going to kill him, and it wouldn't matter if he threw up or not in the big scheme of things if he was dead.

But it had been a terrible day all the way through. He nearly missed his bus in the morning, which meant that he had had to run to his bus stop to go somewhere he didn't really want to be. Classes had been particularly long, he had spilled his milk, he lost his textbook and had spent half an hour searching the hallways for it before a teacher came and yelled at him. He went back to class and found it sitting on top of his desk. Supper had been terrible (it was not the pizza he had specifically requested), and his brothers had rented a movie that prevented him from watching his favourite TV show. And now, just because he had made some silly comments about them being evil morons, they were now going to kill him accidentally. Which he reminded them of again.

"Shut up, George. Just apologize to us, and we'll let you go." said Daniel, the taller, older one.

"I don't really like that idea..." George said, staring at the ground.

"I'd rather not break my head."

"You know what we mean, George. Just say you're sorry!" said an exasperated Mike, who was younger, and in George's opinion, slightly more reasonable. George really wished it was Mike, not Daniel, who was holding him upside down out the window; Mike probably wouldn't let go. Probably.

George knew how this was going to end. Either he would finally say he was sorry, and get dropped, or not say he was sorry, and get dropped. If he was lucky, he might merely break his skull and be in the hospital for a year, or if he was very lucky, he might get hauled back into his room for further torture. But George was not lucky. He knew in all likelihood...

But then he saw Daisy and Rose flying through the air towards him, and all thoughts of what was likely left him immediately.

To Be Continued...

CONCORDIA UNIVERSITY COLLEGE OF ALBERTA'S DRAMA DEPARTMENT
IS PLEASED TO PRESENT:

THE ASH GIRL
BY TIMBERLAKE WERTENBAKER

THE ASH GIRL IS A CINDERELLA STORY WITH A TWIST. WITH HER MOTHER DEAD AND HER FATHER AWAY, ASH GIRL MUST LEARN TO FIGHT MONSTERS THAT HAVE SLITHERED AND INSINUATED THEIR WAY INTO HER HEART AND MIND. BUT WHEN AN INVITATION TO THE BALL ARRIVES FROM PRINCE AMIR AT THE ASH GIRL'S HOUSE SHE CAN'T BRING HERSELF TO BELIEVE THAT SHE, LIKE HER SISTERS, CAN GO. IN THIS WONDROUS DRAMA TIMBERLAKE WERTENBAKER EXPLORES THE BEAUTY AND TERROR INHERENT IN GROWING UP.

THURSDAY, NOVEMBER 18 AT 7:30 PM
FRIDAY, NOVEMBER 19 AT 7:30PM
SATURDAY, NOVEMBER 20 AT 7:30
SUNDAY, NOVEMBER 21 AT 2:00 PM
ROBERT TEGLER STUDENT CENTER AUDITORIUM
CONCORDIA UNIVERSITY COLLEGE OF ALBERTA

TICKETS: (AVAILABLE AT DOOR)
ADULTS: \$ 10
STUDENTS & SENIORS: \$ 8
GROUP OF 10 OR MORE \$5 PER TICKET
PLEASE NOTE THIS SHOW IS SUITABLE FOR ALL AGES.
FOR MORE INFORMATION CALL

PATRICIA AT: 780-479-9270 OR EMAIL: PATRICIA.DARBASIE@CONCORDIA.AB.CA



CONCORDIA
STUDENTS ASSOCIATION

NOVEMBER 2010

UPCOMING CSA EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11 Remembrance Day  Campus Closed	12 Fall Break No classes!	13 Fall Break No classes!
14	15	16 CBA Silent Auction 10:30am-2pm Tegler Centre	17 CBA Silent Auction 10:30am-2pm Tegler Centre	18 CBA Silent Auction 10:30am-2pm Tegler Centre	19 Work Search Strategies 12:55-1:50pm Peter Schiemann Learning Enhancement Centre	20
21	22	23 Loveglobal Waves of Hope Benefit Concert 7:00-9:00pm Tegler Centre	24 Concordia Mission Team Silent Auction 11:10am-4:30pm Tegler Centre	25 Concordia Mission Team Silent Auction 11:10am-4:30pm Tegler Centre	26	27

B&W FORUM

SEND YOUR ART...
OPINIONS...
RANTS... ANYTHING!
TO BW.CONCORDIA@GMAIL.COM
YOU COULD SEE IT FEATURED IN THE B&W
JUST LIKE THIS:

BATTLEFIELD

BY IAN ROWLETT

THE WAR WAS HORRENDOUS TO BEAR,
WITH BLOOD EVERYWHERE.
MY FRIEND WAS SHOT DEAD
HE WAS STANDING RIGHT NEXT TO ME,
THERE WAS NOTHING I COULD DO TO HELP.
NOW I AM JUST ANOTHER PERSON,
FORGOTTEN WHILE I LAY
ON THE BATTLEFIELD.
I WAS NEVER KNOWN.
I STILL SEEK THE LIFE I
NEVER GOT TO KNOW.



BY IAN ROWLETT