### CONCORDIA WEEKLY NEWSLETTER



#### **IMPORTANT DATES:**

**Wednesday, January 10** – All Programs: Student fees are due; see Fee Assessment, section 5.3.

Regular university program: Winter semester courses begin and full-year courses resume.

**Monday, January 15**- Regular university program: Last day to submit applications for Concordia General Awards

#### **INSIDE THIS EDITION:**

- International Pizza Lunch
- Games Night
- LinkedIn Profile Photos
- Career Fair
- Smithsonian Internship
- Winter Tuition
- Sell Your Text Books
- Peer Support Program
- Counselling Hours for Alyssa Currie
- Got Stress? We can help!
- Concordia General Awards
- Leadership Award Information
- Calm your Mind. Get Grounded
- Bowl A Rama-January 30
- AG Careers
- Winter School 2018

### **CAFETERIA MENU- January 10-12**

Wednesday- Gnocchi and Marinara sauce with Italian Sausage

Thursday- Beef Vindaloo with Basmati rice, peas, and carrots

Friday- Fish & Chips - Battered Cod with Potato Wedges and Tartar Sauce

#### **KEEPING COMMON AREAS CLEAN**

**Seating Areas**-In some of the common areas on campus we have placed couches and chairs for the convenience of all. Lately there has been an increase in people walking on them, putting their footwear on them and leaving food items on them. Kindly refrain from mistreating the furniture.

**Littering**-There are garbage cans placed all over campus, please use them. Place garbage in the cans, NOT on the seats or surrounding floor.



**Respect**-The custodians work hard to maintain the cleanliness and appearance of our campus. Please show them the respect they deserve by helping keep our common areas clean.



### INTERNATIONAL PIZZA

Come and meet CUE's international students and Internationally minded students!

HA 206 Friday, January 12 @ noon

Concordia Visual Culture Society Presents...



EXPLODING KITTENS • 7 WONDERS • CATAN • JENGA • AND MORE

FREE PIZZA · BOARD GAMES · VIDEO GAMES



### ATTENDING THE CAREER FAIR? NEED A PROFESSIONAL HEAD SHOT?

### LINKEDIN PROFILE PHOTOS

JANUARY 31<sup>ST</sup>, 2018
11AM-1PM · TEGLER MEZZANINE

Dress in business attire and stop by the Tegler Mezzanine to have your profile photo professionally shot by an on-site photographer.\*

\*Allow up to 4 weeks for photo processing and delivery via email.







# CAREER



All exhibitors in attendance will be on campus to connect with you regardless of your chosen career path. Network with them all to grow your network, and promote your personal brand. Inspiration from the Alberta Smithsonian Internship Program







Intern Taraya Middleton (Athabasca University) wrote and published this short article about the story of the program and her own experience.

"There is a little known program in Alberta, Canada, called the Alberta Smithsonian Internship Program (ASIP). Established in 2006, this partnership between the Smithsonian and the Government of Alberta is administered by the University of Alberta, inviting ten students each year to intern in Washington, D.C., or New York City. The deadline to apply is January 15, 2018."

"I believe I am the first student to represent Athabasca University at the Smithsonian. My internship will fulfill a 400-hour capstone requirement for my degree in heritage resource management. While transcribing Reunion Weekend discussion sessions and Story Swap interviews from the 50th annual Folklife Festival, I have been granted access to world-class researchers, institutions, and knowledge that will stand me in good stead for future educational and career goals."

 $\frac{https://folklife.si.edu/news-and-events/the-alberta-smithsonian-internship-program}{}$ 

To learn about the ASIP program, visit <a href="http://albertasmithsonian.com">http://albertasmithsonian.com</a> and connect with Concordia Career Services to apply.



#### WINTER TERM TUITION INFORMATION IS NOW ONLINE

Winter term 2018 tuition information is available Online. Paper statements are no longer mailed, but if needed can be obtained at the Student Accounts Office. Please check your account information online through Concordia's website <a href="http://onlineservices.concordia.ab.ca/student/">http://onlineservices.concordia.ab.ca/student/</a> under "My Account".

### Fees are due January 10th, 2018.

Fees can be paid at the student accounts office by debit, cash or cheque. You can pay through your bank by setting up Concordia University of Edmonton as a biller and using your ID number as your account number, as well as by credit card through www. plastiq.com

If you are receiving student loan funding, please be aware that Concordia has made remittance requests from your funding to pay your winter term fees. If your funding has not been received by January 17, 2018 please contact student accounts.

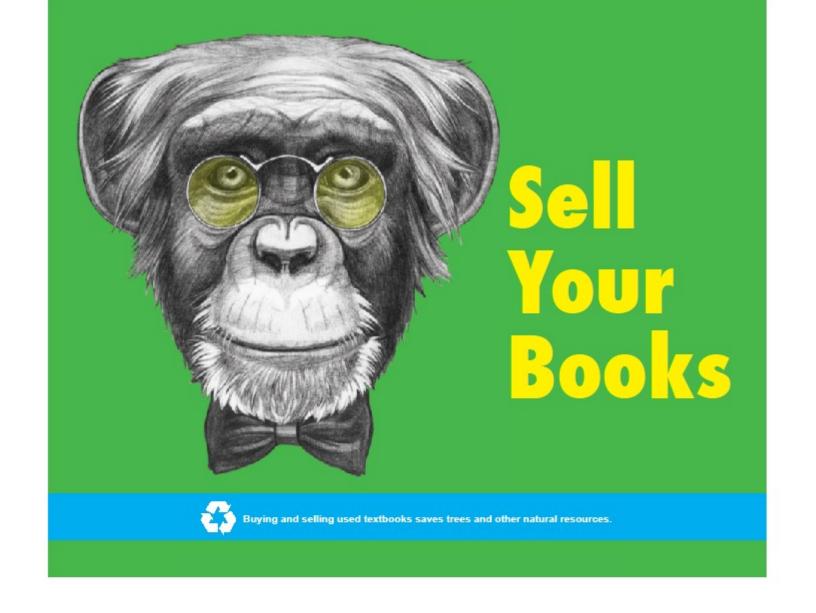
**NEW Winter Term Students - CSA Benefit Plan:** Opt out deadline is January 20, 2018. Students can opt out at: <a href="https://mystudentplan.ca/csa/opt-out-form">https://mystudentplan.ca/csa/opt-out-form</a>

\*For full reduction of tuition and fees, withdrawals must be done by January 17, 2018 for the winter term. "Non-payment of fees and/or non-attendance does not constitute official withdrawal from Concordia. Section 5.4.2, Academic Calendar 2017/2018." http://acalendar.concordia.ab.ca/

If you have any questions, please do not hesitate to contact Student Accounts studentaccounts@concordia.ab.ca or phone 780-479-9207.

PLEASE BE AWARE THAT FALL 2016 TUITION MUST BE PAID TO CONTINUE IN THE WINTER TERM.





### Concordia University of Edmonton Bookstore

Wed-Fri, January 10th - 12th

9:00am - 4:00pm



# PEER SUPPORT PROGRAM

Feeling stressed or overwhelmed?

Don't know what to do?

How about talking to a student like you?

1:1, confidential, non-judgmental, empathetic support with any issue you might be struggling with. No appointments needed.

ROOM A212 (ACROSS FROM THE CSA OFFICE)
DROP-IN, FIRST COME FIRST SERVE BASIS

MONDAY: 11:00 AM - 1:00 PM TUESDAY: 12:30 PM - 2:30 PM WEDNESDAY: 9:30 AM - 11:30 AM

THURSDAY: 12:30 PM - 2:30 PM

FRIDAY: 10:00 AM - 12:00 PM

\* Check A212 notice board for updates on hours. Closed on holidays.

FOR MORE INFO EMAIL PEERSUPPORT@CONCORDIA.AB.CA
OR DROP BY A212 DURING OPEN HOURS

STUDENT INTERN COUNSELLOR

### **ALYSSA CURRIE**

### NEW OFFICE HOURS

MONDAY - FRIDAY
11AM - 4PM
EFFECTIVE
IMMEDIATELY

LOCATION: L-266 (LIBRARY, OLD WRITING CENTRE)

BOOK NOW: GOO.GL/DFXXBN

### GOT STRESS?

As students, stress is common to experience.

Understanding the impacts of stress is the first step in managing the symptoms.

If you are wanting tools to decrease stress, Concordia's student counsellor intern can help you!

Book online: goo.gl/DfXXbn

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Pop into Student Life and Learning Centre



### Accountable.

### Compassionate.

### Leader.

#### **Apply for Leadership Awards Today**

#### Dr. Gary McPherson Leadership Scholarship

Recognizes students who have demonstrated outstanding leadership, especially in the area of disability, and/or initiative to improve the conditions and lives of others. Full-time domestic **Graduate** and **Undergraduate** students who are Alberta residents may apply.

Award Value: \$2000

#### Laurence Decore Award for Student Leadership

Recognizes post-secondary students who have demonstrated outstanding dedication and leadership to fellow students and to their community. Full-time domestic **Undergraduate** students who are Alberta residents may apply.

Award Value: \$1000



Deadline to apply: January 26th

Applications available at tinyurl.com/CUE-Leader or at Student & Enrolment Services, HA120. Questions? Email finaid@concordia.ab.ca

## CALM YOUR MIND. Get Grounded.

### grounded

/'groundid/ well balanced and sensible

### Workshop

#### ONE HOUR OF RELAXATION

COME AND LEARN ABOUT GROUNDING TECHNIQUES WILL ENJOYING DELICIOUS TEA. THIS WORKSHOP WILL PROVIDE INSIGHT INTO THE IMPORTANCE OF BEING GROUNDED.

PARTICIPANTS WILL LEARN ABOUT THE EFFECTIVENESS OF SELF-CARE AND WILL LEAVE WITH A SENSE OF CALMNESS.

ATTEND WITH A FRIEND, PARTNER OR INDIVIDUALLY, IF YOU ARE CURIOUS ABOUT HOW TO MANAGE OVERWHELMING FEELINGS AND THOUGHTS. THIS WORKSHOP MAY BE FOR YOU!

BOOK BY goo.gl/DfXXbn

LINK: (When booking state how many

people will be attending)

BOOK BY alyssa.currie@concordia.ab.ca

EMAIL:



### SAVE-THE-DATE

+

Edmonton Gateway Enterlainment

January 30

Join us for an exclusive evening of bowling and networking with local CPAs.

5:30 p.m.: Registration

6:00 – 8:30 p.m.: Networking and Bowling

Registration will be open in the New Year! More details to come!

Bowling teams will be randomly selected and will comprise of post secondary students and CPAs. Those students registered for the event will also have a chance to win a draw for \$1,000.00 and \$500.00 tuition credit prizes courtesy of the CPA Education Foundation. Those eligible for the draw must be present at the event and must be a full-time student in a business or commerce program.

Dress code: Casual



is excited to unveil a digital e-book aimed at educating young professionals about careers in agriculture.



In order to fuel the talent pipeline, younger generations must be presented with a positive image of agriculture and a comprehensive view into the diversity of the industry in a format appropriate to their interests. AgCareers.com has created an e-book dedicated to inspiring young people to pursue careers in agriculture.

The Careers in Agriculture digital e-book is designed as a guide for students and young people considering their career opportunities by presenting them with a current, in-depth, thorough, and real view of the agricultural industry. All pages are equipped with interactive links including videos, further reading, and more. This digital e-book fulfills the following purposes:

- Creating a discussion around why agricultural careers are relevant and needed
- Examining the current state of world hunger and need for renewable resources
- Understanding agriculture as a chief industry in the United States and around the world
- Learning about prominent agricultural careers that are not normally top-of-mind from real individuals in these careers
- Viewing the changed face of the agricultural industry and how it continues to progress
- Exploring more than 250 possible careers in the agricultural industry (Career Profiles version only)
- Gaining practical knowledge about steps to pursue and nurture an agricultural career
- Visualizing the future of agriculture and how everyone has the capability and is invited to make this their career path

Two versions of the digital e-book have been created. One features the <a href="AgCareers.com Career Profiles">AgCareers.com Career Profiles</a> (or, as you may be more familiar with, the profiles featured in FFA's Ag Explorer) and one does not.

**View the Careers in Agriculture E-Book** 

<u>View the Careers in Agriculture E-Book</u>
<u>WITH the</u>
<u>Career Profiles</u>

### SAINT-PETERSBURG STATE UNIVERSITY OF ECONOMICS



### Winter 20 school 18

"Road to World Cup 2018: Sport Event Management"

### JANUARY 23 -JANUARY 31, 2018

Duration: 8 days

Workload: 4 ECTS

Language: English

Major:

Economics, Sports & Event Management,

Business Tourism





Enrolment Cost: EURO 1000

Included: accommodation 8 days (SGL), breakfasts & lunches, lectures and tours within the program.

Special offer for partner-universities:

EURO 800

### **Program Content:**

- lectures on Event Management, Marketing and Branding;
- field trips to the City Stadium, Football Club, Hotel, etc.
- project work on organizational issue within holding a sport event;
- cultural program.

#### Accomodation:

Single rooms, private WC & shower, public kitchen and laundry, free wi-fi.



Application deadline: December 10, 2017

To learn more and apply for the program please contact us at our international office: winterschool@unecon.ru +7 (812) 458-97-30 (ext. 2825)