Our Newest Member!

The bolt is pleased to welcome Miranda Coleman, our new story editor!





To txt or not 2 txt?

Concordia psychology students study the effects of cellphone use in class.

>> Page 4



The Bolt.

A CSA Publication. February 3rd, 2013



THE MASSES OF REASONABLY ANGRY PEOPLE.



Ramiro Medina Polo Politics

Ukraine and the Masses of Reasonably Angry People The riots and revolt that have been happening in the Ukraine have recently been regarded as a 'revolutionary' movement against government corruption and a promotion of democracy.

The issue that has primarily sparked the anger of the masses in Ukraine can be dated back to the Soviet Union, when Ukraine was one of the satellite states of Russia. However, the relationships between Russia and Ukraine have had various conflicts with many anarchist movements (following Makhnovist ideology). In opposition to Stalinist rule, attempts of protest rejecting the Soviet influence, and other actions seeking Ukrainian self-

determination. In response, the Stalinist regime committed what is now referred to as the Holodomor (also known as the Ukrainian Genocide). This was a man-made famine in which the population wasn't allowed to move anywhere else, food reserves were confiscated, and all outside aid was completely rejected. The purpose of this man-made famine was to eliminate Ukrainian nationalism from the Soviet Union so no further uprisings

occurred, because of this, it is evident that Ukrainian sentiments towards Russia are convoluted with resentment and distrust.

> >> Read the rest of Ramiro's article on page 8.

LIFE 'N STUFF

SNARK & SERIOUS.



Dear Life 'N Stuff,

I saw my friend's significant other on what appeared to be a date with another person who was not my friend. Do I tell my friend or not? My friend is really happy in the relationship and I don't want to ruin things. Help!

-- Can't Unsee

Dear Unsee,

Tell your friend. You want a reason why? To be obvious, this person is your friend. I noticed how you were careful to avoid using any kind of pronoun that would give you or your friend

away and I'll try and stick to that; it is after all something I, myself, respect.

Okay I got the part about your friend being your friend and that should be reason enough out of the way, but I have more to say. I know the subject can be hard to breach, but your friend deserves to know, or your friend may already know and the date you witnessed may have been a lunch between the significant other and a friend/brother/cousin/hobo/etc.

And the point about your friend being happy with the relationship may be true but what your friend is in is not a real relationship if the other person is indeed going out on dates with others.

Sorry if I'm being blunt here, I know your consider this a

problem, but the answer is so obvious unless your friend is more of an acquaintance than an actual friend in which case you should still say something because that's what decent people do.

-- Life 'N Stuff

Dear Life 'N Stuff.

I dated a woman for about a 8 months, but we broke up two years ago and I still can't get over her. I want to date other people, but I just can't seem to get back in the game. What do I do?

-- Stuck

Dear Stuck.

This is a tough one, because everyone has their own process for getting over someone and you clearly haven't gone through it yet. Something is obviously blocking the process and I guess now is the time to try and root out the problem.

Try getting out more with friends; not on dates, but just out and about. You clearly aren't comfortable with just being you and you have to get back into that groove. I know it sounds cheesy but you have to find yourself again and you don't do that by trying to get back on the market.

Another thing you could try is breaking routine. Take up a new sport, hobby, or club; try to make it's something social. It's amazing how changing something as simple as your Friday night can shake up your life in a positive way. Again this is all part of that journey to finding you and making yourself more comfortable with being on your own.

Something else you may want

to try is meeting people in your classes. Not to date, I cannot stress that enough, but to meet people with similar interests to yourself. Concordia has a variety of clubs too that you can join or, if you're up for it, start. Also remember that Concordia offers counselling services for its students free of charge if you think that may help, which they probably can.

My best advice is to talk this out with someone: a friend, a family member, or a specialist. Talking can do a world of good and in this instance I think it may be your best bet to moving forward with your personal life and dating life. Staying positive is key and when you are eventually ready to get back out there don't try so hard to find that special someone. That isn't to say you shouldn't go after someone and just wait for it to happen; just don't pounce on every woman that catches your eye.

The best part is you'll get there eventually, you just have to stop trying to find a date and find yourself. If all else fails go with a night of movies or Netflix marathons that make you cry, it's okay you can admit it, and scarf down some ice-cream until you feel more like yourself.

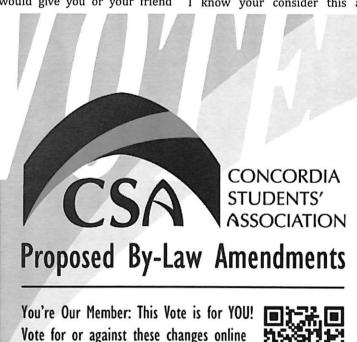
-- Life 'N Stuff

Hello,

The humble family of Mr and Mrs Chris and Colin Weir's are Donating the sum 800,000.00 British Currency to you. Send your. Name, Address, Mobile, Age, Occupation:

-- Chris TT

Dear Chris, No. -- Life 'N Stuff



from February 3rd - 4th by visiting

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A MUST SEE SHOW.



Rachel
Whipple
Entertainment

As a busy university student, with many extra curricular activities, and three jobs, I never find time to scope out new TV shows. It's not because I don't ever watch TV. or that I refuse to watch anything that's not on Netflix. It is because I am terrified that I will fall in love with a TV show and waste precious essay-writing time on watching every season! Therefore, I live a half-life. mostly limiting myself to cable. watching crappy late night TV shows, Family Guy, and random cooking shows that are on at 1 am. Now the show I am about to report on first aired in June. 2012, so it is not exactly "new". BUT, it is new to me, so this is for my other TV deprived friends.

I'm glad to say that things have changed. A good friend has enlightened my TV world and bought me the first season of "Newsroom". This a spectacular show, with a fantastic cast, and a dynamic storyline. It depicts a world that I can actually care about because it is grounded in real-world events. The series started with a bang- high stakes and a strong message right off

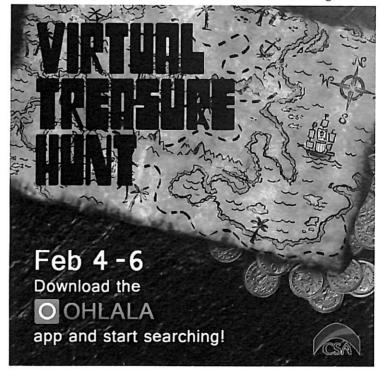
the bat. This sent the world of news anchor, Will McAvoy, into a tail of chaos and change. The characters feel real, with real problems, emotions, and faults. This authenticity made it easy to care about the characters after only a matter of minutes. In my opinion, that's the key to good TV: if the audience cares about the characters, they will care about the show.

Primarily written by Aaron Sorkin, "Newsroom" is about a popular news anchor, who got that way by not bothering anyone. Will McAvoy, played by Jeff Daniels, didn't take sides or present a strong opinion; he was as likable and plain as white bread. Until one day, at a conference, a young college girl asked the question, "Can you say why America is the greatest country in the world?" He tried to deflect the question, but upon seeing his ex-lover and former co-worker in the crowd, some residual passion for the news bubbled up inside. He shocked the crowd by says America isn't the greatest country in the world. He went on to create a glorious speech, slapping down hard facts about the reality of the condition of today's America, how much America achieved in its past, and explained how being informed

was the key to that success. Will's ex gets hired on to be the new producer for his show. MacKenzie McHale, played by Emily Mortimer, is the lovely and driven show producer who wants to help Will deliver the news the way it should be. Together they plan to change the way information is presented to the masses and vow to produce real, honest news. Other cast members to look out for are: Sam Waterston, who formerly played Jack McCoy "Law and Order" and "Law and Order: SUV" and Dev Patel, who's big screen claim to fame was Jamal Malik in Slumdog Millionaire. Also Alison Pill, Olivia Munn, and John Gallagher Jr. are some

other "Newsroom" favorites.

I grew up watching CNN and CBC news with my dad after school. Sure, I might have prefered cartoons, but I grew to appreciate being informed on global events and understanding a bit about the real world. As I get older, the quality of TV news diminishes and becomes more of a ratings race, overrun with corporate agendas. This degradation of journalism, is part of the reason I have lost much faith for television news. but this show has shone a new light on the way news could be delivered and inspired me to reconsidera careerin journalism. THAT is what I call good TV.



PSYCHOLOGY

OMG! DID U GET TEH LST Q? Text Messaging and Social Media in the University Classroom.

Heather Gautreau and

Daniella **Balascak**

To text or not to text; that is the question. As a student at Concordia, one realizes very quickly that some professors are fine with students using cell phones during class and others are quite set against it. A number of recent psychological studies have been done regarding multitasking via cellphone, and one response to the findings in these studies was Alberta's infamous Distracted Driving Law. In December, 2013, we conducted a field experiment at Concordia to help answer the ongoing question of whether it really matters if cell phones are used during lectures in the classroom.

A professor agreed to allow our experiment to be conducted during two classes that studied the same material back-to-back on the same days. We created a true-false quiz based on two of the professor's lectures. On day one, the first class happened exactly as it usually did except for students being asked to anonymously

complete the quiz at the end of the class. The second class was given permission by the professor to text and use social media on their cell phones during the lecture, and they answered the same quiz at the end of class. On day two, the roles were switched – with the first class using cell phones and the second class occurring as usual without them – and both classes doing the second true-false quiz at the end.

Using gender and birth dates provided by students on their quizzes, each student's score on the 'with-cell-phone' quiz was compared to their own score on the 'without-cell-phone' quiz. The results were tabulated, and the results definitively showed that students did better on the 'without' quiz. In fact, students did an average of 24% better without their cell phones!

The results of our experiment were statistically significant, and the odds that these results were a fluke are less than one in a thousand. So... maybe we will put our cell phones away during all of our classes, and not just the ones where the professor requires us to!

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FUN & GAMES

The **Bolt.**Dec 2013 | **5**

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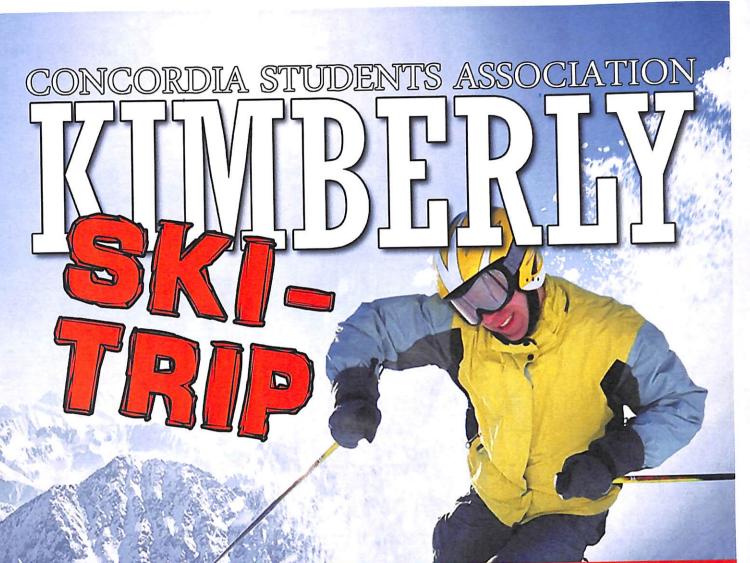
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SPORTS

LOVING LAIN.



Bailey **Gardecki**Sports Writer

On January 18, there was a hockey game which Canadian hockey fans will always remember. This game was not only entertaining, but also was Kellan Lain's debut game. Kellan is a Vancouver Canucks player who played his first NHL game on January 18, 2014. Lain a rookie 222 pound defenseman started his first ever NHL game with the Canucks, played for two whole seconds. and was promptly ejected from the game for roughing.

These first two seconds of the game created great chaos. Four simultaneous fights broke out within the first two second and as a result there were no less than 10 penalties, a slew of game ejections and misconducts and one EXTREMELY angry coach. If you want to know more about Kellan Lain, YouTube "Hockey- line brawl" and you will not be disappointed.

The game on January 18, 2014 began with both teams "fighting lines" at face-off. This is quite the risky move actually; it is quite rare that both teams would start their game off with their muscle. The away team submits their starting lineup first and the home team follows suit. Bob Hartley started all of his fighters

for the face-off; in response Canucks coach John Tortorella started all of his own muscle on the team. There by raising tensions a bit on the benches.

The first few seconds of the game was a premeditated attack undertaken bv Westgarth against Kevin Bieksa, who was not willing to participate. At face-off on center ice, defenseman Kevin Westgarth instigated the fight right off the whistle and Bieksa hung back. Meanwhile, the other starting players began to brawl as well. Brian McGratten fought Tom Sestito. Ladislav Smid went at it with Kevin Bieksa (after the ref separated McGrattan from him), Blair Jones clashed with Dale Weise, and Chris Butler exchanged

blows with Jason Garrison.

During the intermission Canucks coach Tortorella stormed over to the Calgary change rooms and attempted to get at their coaching staff for the blatant attack on his plavers. Meanwhile tussle is being recorded and blown up for the entire internet to see. spectacle if I do say so myself. but none the less entertaining.

The actions of both teams' conduct on the ice caused several suspensions, and fines. Not least of which is that Tortorella is suspended for 15 days whereby he will miss 6 games without pay. Tortorella is also prohibited from contacting his team

for any reason while on suspension. The Flames coach Bartley is fined 25,000 dollars for the actions of his player Westgarth and his attempt to pull a player into a brawl, who was not willing to fight. Blood and violence are a real crowd pleaser, so really it's just another day in the NHL, or so we are told. Despite the chaos that took place, the Vancouver Canucks beat the Calgary Flames 3-2 that game. A great welcome to the NHL for Mr. Lain. I am so interested in seeing more of him, but maybe not here in Edmonton. While playing the Oilers, Lain played the full game and with his first shot on net he scored his first NHL goal. Unfortunately the Oilers lost this game. Better luck next time, boys!



Feb 2014 8

MassesofReasonablyAngryPeople.



Ramiro Medina Polo Politics

Ukraine and the Masses of Reasonably Angry People The riots and revolt that have been happening in the Ukraine have recently been regarded as a 'revolutionary' movement against government corruption and a promotion of democracy. The issue that has primarily sparked the anger of the masses in Ukraine can be dated back to the Soviet Union, when Ukraine was one of the satellite states of Russia. However, relationships between Russia and Ukraine have had various conflicts with many anarchist movements (following Makhnovist ideology). opposition to Stalinist rule, attempts of protest rejecting the Soviet influence, and other actions seeking Ukrainian selfdetermination. In response, the Stalinist regime committed what is now referred to as the Holodomor (also known as the Ukrainian Genocide). This was a man-made famine in which the population wasn't allowed to move anywhere else, food reserves were confiscated, and all outside aid was completely rejected. The purpose of this man-made famine was to eliminate Ukrainian nationalism from the Soviet Union so no uprisings occurred, because of this, it is evident Ukrainian sentiments towards Russia are convoluted with resentment and distrust.

In addition, Ukraine has experienced corruption in its democracy with electoral fraud

in which the current Pro-Russia president of Ukraine, Viktor Yanukovich, lost the election due to his involvement in fraud against the Pro-West expresident. However, six years later, he won the presidency of Ukraine. The background of political corruption in Ukraine and the historical relationship between Russia and Ukraine are factors that have led up to the current state of affairs in Ukraine.

The revolt in Ukraine quickly started after a landmark trade deal with the European Union was rejected as a result of Russia's threats; heavy sanctions in order to keep the country from falling further under Western influences. Yanukovich accepted a bailout loan from Russia instead of building closer ties with the European Union. The initial trade deal intended to have Ukraine join the EU which would have brought about sweeping law reforms, including the abolition of visas for Ukrainian citizens. By abiding to Russian demands and backing down from the opportunity of joining the EU, the Ukrainian government was met with anger and disapproval by the citizens of Ukraine. This disapproval is associated with the conflicting relationship between nationalism Ukrainian and Russian politics. All three post-Soviet presidents of Ukraine have met the protests with support against Yanukovich's government and the protests have now turned to riots.

However, the transition from protests to riots can be associated with what many refer to as an Orwellian move by the Ukrainian government; creating law reforms illegally and using technology to scare the masses. The law curbing demonstrations, use language broad enough to apply to almost any gathering, and "slander," which could refer to any criticism of the government. Controversially, the Yanukovich administration sent a mass text message to all protesters located near any protest saying the following:

"Dear subscriber, you are registered as a participant in a mass disturbance."

Quickly the protest evolved into riots against the government, and at the same time laws went into effect that had jail sentences of up to 15 years for participating mass riots. Prosecutor Viktor Pshonka general issued a statement calling the disturbances in Kiev "crimes against the state." Ukraine's president, Viktor Yanukovych, said he had tried to listen to peaceful demands but would use "all legal methods provided for by the laws of Ukraine to guarantee public safety." So far the two demonstrators have been reported to have been killed by the policy and a couple of members of the police have been captured by the protestors. Allegations of torture are being thrown at the two from the government. Interior Minister Vitali Zakharchenko issued a statement guaranteeing that police would not take action against the large protest camp on Independence Square, known as the Maidan. Many people think Kiev currently resembles a medieval battlefield with its use of massive shields and catapults, which emphasizes more violence in Ukraine. However, the protests and riots have spread from Kiev to other locations in Ukraine, which have also met with support from various people across the world, particularly by the Canadian-Ukrainian community. In addition, the opposition leaders issued a deadline for the government to back down and make concessions or face renewed clashes. Currently, the intent of the protestors is to increase the territory of the Maidan until further movements by the government agents engages into conflict with them.

The anger of the masses has increased after a video was released online which depicted police abusing and humiliating a naked protester in what looked like a location close to the site of the Kiev clashes. Despite prior agreements with Yanukovich to release protesters and cease the persecution of protesters, people are still being taken into custody and many others are currently investigated by Ukrainian authorities. Recently, Yanukovich offered government roles to two opposition leaders, however, it appears to be that none of his attempts are slowing down the pace of the riots.

Foreign responses are mixed. The EU is urgingt Yanukovich to find a political solution quickly. Despite a fear that it will commit further harm to the relationship, the United States has revoked the visas of Officials associated with criminalizing the protests, and Russia currently continues to blame the West for the current state of affairs in Ukraine.

MARITIMES MUSE.



Theodora Macleod Education

I've known Bethany Collicutt McNab for the better part of my life. As an educator on Prince Edward Island and a close family friend I have had the benefit of becoming well acquainted with her lively personality and nonosense humour. Thanks to the power of the internet I was able to learn more about the professional side of this family friend, and fortunately for us she has kept her lively spark and humour while answering my otherwise standard questions.

TM: How did you get into education? Did you always want to be a teacher?

BCM: I got my degrees at UPEI. I have a BA in History with a minor in Canadian Studies and a BEd with a concentration on middle years (gr 5-9) and a specialization in Aboriginal Education. I didn't want to be a teacher until I started university. I loved university and wanted to become a professional student. A BEd is a very versatile degree that can be used to do many things in many areas so it seemed like a good idea. When I began teaching I loved it. It was like performing everyday.

TM: How did you start your career?

BCM: I subbed for the first year and a half and then I got my job at a college. Now that I've taught adults I never ever want to teach children again. They are so independent and I don't have to tie shoes and ensure that my student gets to the washroom while worrying that another child doesn't hit the person he's sitting next to - adults rock!

TM: Are there any challenges teaching adults?

BCM: I work with students from various cultures and ages. It's quite tricky to balance. My biggest challenge is teaching women who have children my age. They don't always feel they need to listen. Different cultures view teachers / women / and younger people differently. Somedays it's hit or miss whether or not you will be respected.

TM: Do you use technology in your teaching? Does it help with ESL students?

BCM: They do have computer labs with Smart Boards and we have class sets of iPads I pull in every once and a while, but I feel that when learning languages your brain is your best tool -- you won't always have your translator or iPhone with you. (I'm kind of old school that way)

TM: Are there any struggles as an educator in PEI?

BCM: The job prospects on the island for teachers is very poor. The government is cutting teaching positions, and it certainly helps to know the right people. Alberta is full of island educated teachers!

TM: You have two young children, how do you balance being a mother and a full-time professional?

BCM: Working outside the home is difficult - It is really my second job, but no less important. I love my job and I consider it part of my free time. I come to work to relax in front of a screen that isn't smeared with peanut butter and to go to the bathroom with the door closed. My year at home with the baby last year was lonely and stressful. What is it they say - find a job you love and you will never work a day in your life again? It's true.

TM: Any advice for post secondary students?

BCM: Don't let the student loan get you down. Every month when my bank account is pillaged by the bank I have to remind myself that I'd rather be poor and educated than poor and uneducated.

TM: Is there anything you would say to students in their practicum or teachers just starting their careers?

BCM: Form relationships with other teachers and administration. Even if it seems like a challenge at the time, it might benefit you in the future. They have a lot of insight to offer and the relationship can lead to Unfortunately opportunities. who you know is sometimes just as important as your qualifications.

TM: What are some of the more humorous parts of your job?

BCM: Students are constantly bringing me food. I am not an adventurous eater and they stand there and wait for me to eat it. I've become quite good at pretending I like it! I get inappropriate greeting cards (especially on valentines day), all due to language barriers of course.

I'm hardly surprised that Bethany spoke so candidly with me about her experiences. Her contagious energy can hardly be stifled by a few average questions. Her insight into teaching adults and motherhood are greatly appreaciated.

Status: I'd teach... people how to dougie, but that's about it.

LETTER FROM THE EDITOR

Feb 2014 **10**

A FULLY LOADED FEBRUARY.



Nick **Chevalier** *Editor in Chief.*

I sincerely hope you enjoyed our throwback issue, I know the editing team here at The Bolt had fun putting it together. I would like to thank Jonathan Tychy, my Layout Editor, for all his hard work putting that together; the title of the throwback issue was an insane job all on it's own, never mind the extra work he put into the issue. I'd also like to thank and welcome our new Story Editor, Miranda Coleman; she's come on board The Bolt editing team with some great ideas and gusto for the job at hand. She has been a welcome addition to our editing team.

And while I and the team are stupendously happy with the

results and reception of the throwback issue, we're very happy to return to our regular format; things just tend to fit better when we have more than four pages to play with. To close off our throwback I'm also happy to announce that I'm working on putting a backlog of some issues we had on disk on to our website www.theboltnews.com, so go check them out (I'll be posting Twitter [@TheBoltNews] and Facebook [/TheBoltNews] as I put them online). Looking forward into the month of February there is a lot of stuff going on here at Concordia. I know I talk about getting involved a lot here on campus, but there is so much going on I just can't stay quiet. Coming up first is another virtual treasure hunt courtesy of the CSA with prizes and fun to be had. That starts up on the 4th and ends on the 6th with a variety of ways to win; the CSA's also increased the boundaries this time around so more fun is to be had as well. Then there is Reading Week and with that comes the Ski Trip to Kimberly. Sounds like a great time with some great people for skiers and non-skiers alike (prices also vary depending on which option you choose). Come by the CSA offices for more details or check out the CSA's Facebook for more [/Concordia-Studentsdetails Association-CSA]. Last, at least at the time of this writing, is The Amazing Race Concordia hosted by the Psychology Students' Council from the 24th to the 28th. Sign up for this fun adventure around our lovely campus before Valentine's Day by e-mailing psc@student.concordia.ab.ca.

Speaking of Valentine's, you know how you should spend it? By not

spending a bunch of money on "proving" your undying love to that special someone and actually spending it with that special person doing something you love to do. Cook a nice dinner, make a desert and settle down with a marathon of Chuck on Netflix (it's a really good show), or just spend it like every other day... because that's what it is. I sound like someone who has been burned by Valentine's, but I'm not. I've actually had a lot of great Valentine's Days/Weekends, this upcoming one to be included in that list, I've just never seen the point in breaking the bank to have a nice day with the person you love.

So get out there lovebirds, Concordians, and everyone in between, have a great month here at Concordia and don't forget to read our lovely publication.

NEW KID ON THE BLOCK.



Miranda
Coleman
Story Editor.

In the past two and a half years I have learned so much at Concordia. My professors have taught me how to think critically and my fellow students opened me up to entirely new perspectives. This is why I sought out my new position as Story Editor. I am so happy to finally give back to the university that has led me on a path of personal and intellectual growth.

As a new member of the team, I thought I should tell you, our avid readers, a few things about myself. I am finishing my

Bachelor of Arts this year as a History major, Education minor, and I plan on returning to Concordia in the fall as a Bachelor of Education student. I have spent the past seven years working with children that have special needs, and I absolutely love it. I am a diehard NFL fan, so if you see me in the hallways do not hesitate to predict draft picks with me.I even dressed up as Troy Polamalu for Halloween. Ilove Starbucks almost as much as I love my pet tortoise, and I live with my best friend.

I was anxious at first to share an office with two boisterous young men (and Tyler, the VP Internal, but he is hardly rambunctious), but I was immediately ushered in as one of the family. Between weaving blue and white rubber bands into Rainbow Loom bracelets and trying to stuff a mini fridge into the back of Nick's car, I realized how much I care about my fellow editors. Nick and Jonathan put their heart and soul into each and every issue of The Bolt, and I am so happy to contribute to their efforts.

Although my duties have just begun, I already have trouble remembering life without seeing our editing team every day. We have already had some very late nights together working out catchy headlines and crossword hints, but the end result is certainly worth it. Editing articles has been rewarding, intellectually

stimulating, and has given me a deep appreciation for all those on The Bolt team. Our writers take time out of their hectic schedules to research a topic and write great articles, without which we simply would not have a publication. I think it's phenomenal that Concordia has an entirely student run paper despite how small we are, and that it is so well written and with a better than ever layout.

If you also would like to join The Bolt team, you can email us at csabolt@student.concordia. ab.ca. We are always looking for new writers, and we want you to write about what you care about. I look forward to editing your submissions.