

## WELCOME NEW STUDENTS!!



### CSA HEALTH & DENTAL OP-OUT INFORMATION

#### SEPTEMBER 20, 2016: DEADLINE FOR OPTING OUT & ADDING A FAMILY MEMBER

The Concordia Students' Association (CSA) is proud to provide a Health & Dental Plan to all eligible students (those in full time studies & a member of the student association). Your CSA Benefit Plan includes coverage for: prescription drugs, vision care, paramedical practitioners, dental, emergency travel insurance & more! For more information about your student benefit plan visit: [mystudentplan.ca](http://mystudentplan.ca)

If you currently have alternate insurance coverage through work or your parents, you have the option of opting out of the student benefit plan. Deadline to do so is September 20, 2016. To Opt out at [mystudentplan.ca](http://mystudentplan.ca). You MUST have alternate coverage for your opt out application to be accepted.

This is also the time to add a family member onto your student benefit plan! Visit [mystudentplan.ca](http://mystudentplan.ca) to submit your online application.

*Returning Students: If you opted out of the CSA Benefit plan in previous years, you DO NOT need to resubmit. It is a ONE TIME OPT OUT.*

## INSIDE THIS EDITION:

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- Tuition Information
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### CHAPEL @ CONCORDIA

Mondays, 12:05-12:35, Auditorium

Sept. 12th-Something Old:  
"Inviting Tradition into Today"



# *Study Abroad Info Session*



**Tuesday September 13, 12-1pm HA312**

**Tuesday September 27, 12-1pm HA312**

# International Café



**Come take a multicultural break!**

**4:30** pm

Thursday

September 15

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Welcome  
Centre

# Student Loans Sessions

September 9, 14 & 16

Sessions begin at 12:00 p.m.  
Get answers to your questions and  
help applying.

**ROOM A205**

[finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)



## Career Services

### Mon-Thurs

**DROP – IN HOURS (11:00 – 1:00 pm)**

Visit us for:

Career planning  
Job Search & resume review  
Study Abroad  
International Internship

Appointment Times Are Also Available

(780) 378- 8461

[careerservices@concordia.ab.ca](mailto:careerservices@concordia.ab.ca)



## **Join the Parks Canada Club**

*We are*

- Environmental Stewards*
- Adventurers*
- Explorers*
- Hikers*
- Outdoor lovers*

#### CONTACT

[CSAPARKS@STUDENT.CONCORDIA.AB.CA](mailto:CSAPARKS@STUDENT.CONCORDIA.AB.CA)

LIKE US ON FACEBOOK @ CUE PARKS CANADA CLUB

SIGN UP AT CLUB FAIR!

SEPTEMBER 14<sup>TH</sup> AND 15<sup>TH</sup>

#### EVENTS:

SEPTEMBER 24<sup>TH</sup> - OUTDOOR MOVIE NIGHT, FREE BBQ

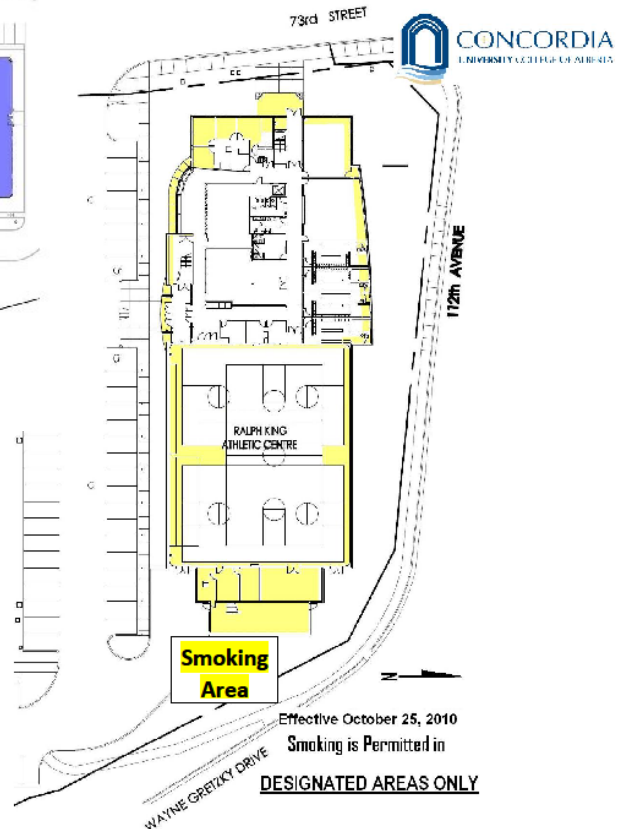
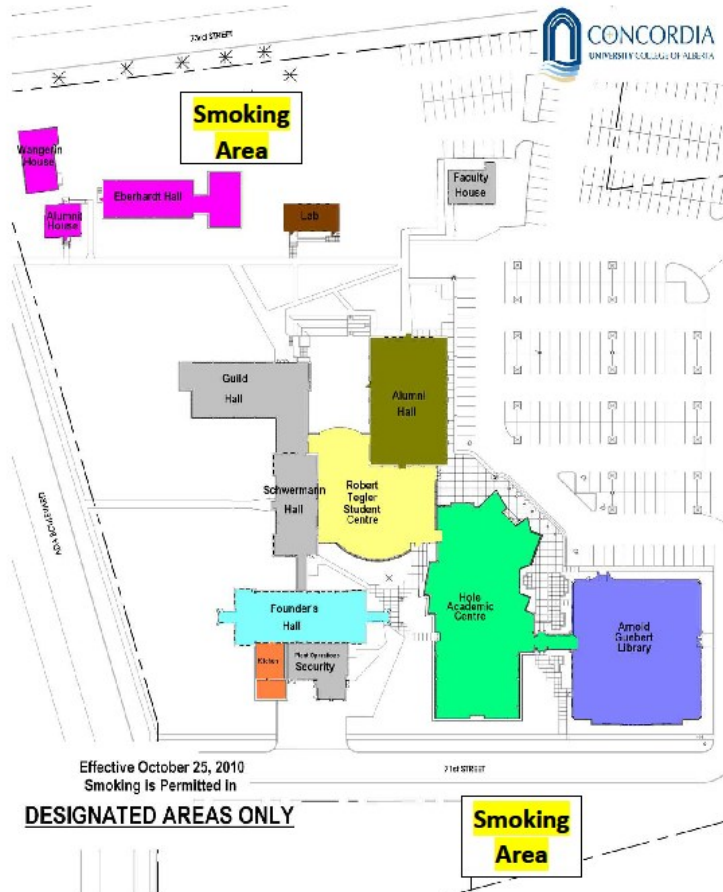
OCTOBER 3<sup>RD</sup> - RIVER VALLEY CLEANUP

OCTOBER 15<sup>TH</sup> - TREE PLANTING

NOVEMBER 19<sup>TH</sup>-20<sup>TH</sup> - JASPER READING WEEK TRIP

# Designated Smoking Areas on Campus

Concordia University of Edmonton has designated smoking areas. Please move to these areas if you want to smoke, this applies to electronic cigarettes as well as tobacco.



Help us keep Concordia a healthy place to be.

## CAFETERIA MENU: SEPT. 12-15



### MONDAY

Butter chicken with basmati rice, peas and carrots

*Vegetarian Option: Vegetarian butter 'chicken' with basmati rice, peas, and carrots*

### TUESDAY

Spinach & cheese cannelloni

### WEDNESDAY

Thai Sweet & Sour Stir Fry (Beef or Vegetarian) with chow mien noodles

### THURSDAY

Creamy Mushroom Chicken Breast with steamed red potatoes and sautéed garden vegetables

*Vegetarian Option: Creamy mushroom vegetarian 'chicken' breast with steamed red potatoes and sautéed garden vegetables*

### FRIDAY

Baked teriyaki sesame salmon with jasmine rice and seasoned steamed green beans

*Vegetarian Option: Teriyaki sesame tofu with jasmine rice and steamed green beans*



International  
Movie Night

**THE HUNDRED-FOOT  
JOURNEY**

Thursday September 15  
5:00pm / Welcome Centre



ENTER TO WIN A  
**\$50 BOOKSTORE  
GIFT CARD** FROM  
CONCORDIA LIBRARY.

FACEBOOK: CONCORDIA UNIVERSITY OF EDMONTON LIBRARY  
TWITTER & YOUTUBE: @CUE\_LIBRARY  
TUMBLR: CONCORDIA-LIBRARY

FOLLOW  
**CONCORDIA  
LIBRARY** ON  
FACEBOOK,  
TWITTER,  
TUMBLR OR  
YOUTUBE.

WINNER ANNOUNCED  
EACH MONTH! (SEPT-NOV)

ONLY CUE STUDENTS WILL BE ELIGIBLE TO WIN.



Check us out on social media here: [Facebook](#), [Twitter](#), [Youtube](#), [Tumblr](#)





CNIB  
**NIGHT  
STEPS**  
EDMONTON

**WEDNESDAY, SEPTEMBER 21, 2016**

CONCORDIA UNIVERSITY OF EDMONTON

**Brighten the Night**  
A walk under the stars

Join us for a fun and easy night walk with music, family and friends! Funds raised will help CNIB provide life-changing support to members of the community who are blind or partially sighted.

To register and learn more about CNIB Night Steps, visit [cnibnightsteps.ca](http://cnibnightsteps.ca) or email [Conor.Pilz@cnib.ca](mailto:Conor.Pilz@cnib.ca) or [Tiffany.Stevenson@cnib.ca](mailto:Tiffany.Stevenson@cnib.ca)



**ACCESSIBLE MEDIA INC.**

## Indigenous Graduate Award

The Indigenous Graduate Award is an award designed to increase access and participation of Alberta Indigenous post-secondary students and encourage them to continue and complete their studies. The award is made possible through Government of Alberta funding.

**Value:** \$15,000 maximum; \$7,500 minimum

### **Eligibility:**

To be eligible an applicant must:

- Be Status Indian/First Nations, Non-Status Indian/First Nations, Metis or Inuit (applicants must provide a copy of proof of Indigenous ancestry when applying).
- Be a Canadian Citizen, permanent resident of Canada, or have protected person status.
- Be an Alberta resident.
- Be enrolled in the Master of Information Systems Security Management Program, the Master of Information Systems Assurance Management Program, or the Master of Arts in Biblical And Christian Studies;
- Be enrolled in at least 60% of a full-course load (40% of a full-course load for a student with a permanent disability);
- Demonstrate academic merit for their program.

### **How to Apply:**

Complete and submit a paper application to the Financial Aid and Awards Office.

### **Selection:**

If there are more eligible students than awards, consideration and a ranking will be given to the applicant's essay (Essay questions - How will your current program of study contribute to your immediate or long range career plans?).

### **Award Notification:**

Successful applicants will be notified by the Financial Aid and Awards Office by the end of term.

### **Application Deadline:**

The deadline for the submission of applications and proof of Indigenous ancestry is October 28, 2016. Submit your paper application in- person to the Student and Enrolment Services Office (HA120). Faxed or scanned copies will not be accepted. Incomplete applications will not be processed.

If you have any questions please contact the Financial Aid & Awards office.

On campus: Main floor, Hole Academic Centre (HA120)

Email: [finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)

Phone: 780.479.9220 or toll-free 1.866.479.5200

## Indigenous Careers Award

The Indigenous Careers Award is an award designed to increase access and participation of Alberta Indigenous post-secondary students and encourage them to continue and complete their studies. The award is made possible through Government of Alberta funding.

**Value:** \$4000 (\$2000/semester)

### **Eligibility:**

To be eligible an applicant must:

- Be Status Indian/First Nations, Non-Status Indian/First Nations, Metis or Inuit (applicants must provide a copy of proof of Indigenous ancestry when applying).
- Be a Canadian Citizen, permanent resident of Canada, or have protected person status.
- Be an Alberta resident.
- Be enrolled in one of the following undergraduate degree programs: Bachelor of Education After-Degree, Bachelor of Management, Bachelor of Environmental Health After Degree, or Bachelor of Science.
- Be enrolled in at least 60% of a full-course load (40% of a full-course load for a student with a permanent disability);
- Demonstrate academic merit for their program.

### **How to Apply:**

Complete and submit a paper application to the Financial Aid and Awards Office.

### **Selection:**

If there are more eligible students than awards, preference will be given to students who are in their first year of study at Concordia and are not receiving other major awards. Further consideration and a ranking may be given to the applicant's essay (Essay questions - How will your current program of study contribute to your immediate or long range career plans?).

### **Award Notification:**

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Phone: 780.479.9220 or toll-free 1.866.479.5200



Theatre at CUE Events  
AUDITIONS For the Fall production  
Salman Rushdie's  
*Haroun and the Sea of Stories*

Adapted by Tim Supple and David Tushingham  
Directed by Caroline Howarth

Auditions

In the Huehn Theatre (Auditorium)

Monday, September 12

4:30 to 6:30

Tuesday, September 13

3:30 to 6:00

If you wish to read the play prior to auditions please stop by Caroline's Office A-201-A to  
sign out a copy

Auditions will consist of a cold reading. You are not required to prepare a monologue.

If you are not able to attend the auditions please come and see Caroline Howarth to arrange  
an alternate time

Rehearsals will begin on Monday, September 19

Rehearsals will be finalized when casting is completed but will likely be on Monday,

Wednesday, Friday with Saturdays added in mid-September

Production opens Friday, October 28

Annual Drama Retreat and Intro to Theatre at CUE

Saturday, September 24

A full day of workshops, theatre games, and theatrical fun

For more information contact Caroline Howarth A-201 A or

[caroline.howarth@concordia.ab.ca](mailto:caroline.howarth@concordia.ab.ca)

# Wellness Wednesday What is it?

As part of 2016/17 Mental Health Initiative the CSA brings you Wellness Wednesdays. Every Wednesday the CSA holds an event to promote the mental well being of students at Concordia.

Wear **GREEN** on Wednesdays in support of mental wellness and win countless prizes.



## Buddy Program -volunteer opportunity-

The University matches new International students with current domestic students who have attended CUE for over a year or more. These relationships provide ongoing advice and information about life at CUE and in Edmonton.

**-click the link below for more information-**

<http://international.concordia.ab.ca/buddy-program/>





*Wellness Wednesdays*

# YOGGA

**Free Yoga Classes**

**Professional Instructor**

**Yoga Mats Provided**

**Dates: Sept. 14th**

**Oct. 12th**

**Nov. 30th**

**Dec. 7th**



**Location: Ralph King Athletic Centre**  
**Provided by your CSA**





# COUNSELLING SERVICES

Where healing begins...

**Did you know that Concordia provides psychological counselling to students? Yes, we are here for you!**

Sometimes life can get a little rough. At counselling services, it is our goal to help you recognize your strengths and resilience, so you can enjoy your life to the fullest. We know school can be stressful (course load, due dates, papers, finals! Ahhhh...). Keeping your mental health in good shape can help you with retention of study materials, increase your energy and boost your motivation!

## WHAT WE DO



Free Counselling Sessions



We Help You Develop Concrete, Achievable plans and goals.



Confidential One-on-One Support



We Connect you to Different (and superb!) Resources - On and Off Campus-



Caring, Supportive, and Non-judgmental Environment



We Help You Work Towards Making the Changes that Matter Most to You

MAKE AN APPOINTMENT WITH A COUNSELOR TODAY THROUGH THE STUDENT LIFE & LEARNING



780.479.9241



[studentlife@concordia.ab.ca](mailto:studentlife@concordia.ab.ca)

SEPTEMBER 28 2016

# VOLUNTEER — FAIR —



**10AM TO 2PM IN TEGLER**

**INCLUDING:**

Alberta AdaptAbilities • Special Olympics • Big Brothers Big Sisters  
Young Life • Habitat for Humanity • Catholic Social Services  
Uncles and Aunts at Large • And More



## Update your Enrolment Status through your NSLSC On-Line Account

Submit a Confirmation of Enrolment request to your school so that your loan(s) remain interest-free while you study.



### CO-ED RECREATIONAL VOLLEYBALL

The School of Physical Education and Wellness is pleased to be offering FREE intramurals this 2016-2017 school year! Co-ed recreational volleyball (minimum 2 females) will run throughout the fall semester, every Monday and Wednesday from 12:00-1:00pm.

To register, please [email erinn.jacula@concordia.ab.ca](mailto:erinn.jacula@concordia.ab.ca) with your team name and roster. Only two varsity athletes per team will be allowed. Registration deadline is Sept. 15th. However, space is limited, so register quickly! All skill levels are welcome!

### FREE MANDARIN LESSONS

The Center for Chinese Studies encourages CUE students, faculty and staff to study the Chinese language, be involved in intercultural discussions, and develop cross cultural competencies.

[CLICK HERE for more information.](#)



### FITNESS FRIDAY'S

Get a Friday boost by joining us in the Ralph King Athletic Centre Gymnasium. The free classes are designed for all levels of fitness. Whether you have never exercised or are regularly active, you are sure to benefit from a Campus Wellness Fitness Class. Classes start September 23rd @ 12:00 pm. See you there!



### CHAPELS @ CONCORDIA

Mondays, 12:05-12:35, Auditorium

- Sept. 12th-Something Old: "Inviting Tradition into Today"
- Sept. 19-Something New: "Incarnating the Gospel Now"
- Sept. 26-Something Borrowed "Worshipping with the Global Church"
- Oct. 3-Something Blue: The Ministry of Lament"



Professional tutoring at your students' fingertips!

# eTutor Alberta

Flexible. Friendly. Free.

## Mission

eTutor Alberta is a collaborative online tutoring service provided by Alberta's publicly-funded post-secondary institutions. For undergraduate students at participating institutions, we offer free, flexible, high-quality online tutoring that serves multiple disciplines and learning styles. Whether students study online or on-site, part-time or full-time, we're there with expert help.

We currently offer support in writing (genre, organization, argumentation, grammar and mechanics, research skills, etc.) and mathematics (foundational mathematics, calculus, and statistics).

## Services



### eWriting

Personalized feedback at every step of the way.

Students can submit written assignments for feedback and receive a response from a professional tutor, generally within 24 to 48 hours.

*A great fit for any discipline involving writing, from health sciences to philosophy.*



### eChat

Real-time help from real tutors.

Students can sign into an online classroom where professional tutors help them work through a problem in real time. Students can interact with the tutor using the virtual whiteboard, text chat, audio, video, or screen share.

*Currently available for foundational mathematics (academic upgrading and trades math), calculus (Calculus I), and statistics.*



### eQuestions

Tips and resources to get students going.

Students can submit short, specific questions about writing or mathematics and receive a response from a professional tutor, generally within 24 to 48 hours.

*Currently serving students in writing, foundational mathematics (academic upgrading and trades math), calculus (Calculus I), and statistics.*

For more information, visit [eTutorAlberta.ca](http://eTutorAlberta.ca) or email [info@etutoralberta.ca](mailto:info@etutoralberta.ca).

# Fall 2016 Term

# TUITION INFORMATION

# NOW ONLINE



**Fees are due the first day of classes— Sept. 7<sup>th</sup> , 2016**

**Fall 2016 tuition fees** are available to view online. Please check your account information online through Concordia's website <http://onlineservices.concordia.ab.ca/student/>

The **Concordia Students' Association Benefit Plan** may have been charged to your account. If you already have comparable coverage and want to **opt out** of the CSA Student Benefit Plan then you will need to do this online **before September 20, 2016**. Students can opt out at: <https://mystudentplan.ca/csa/opt-out-form>

If you opt out of the student benefit plan your student account will be credited after September 20, 2015. If you previously opted out then you do not need to opt out again. Please ensure that you receive a confirmation email if you opt out of the plan.

## **PAY YOUR FEES:**

- at the Student Accounts Office during normal office hours by cash, cheque or debit.
- through your Bank by setting up Concordia University of Edmonton as a biller /payee and using your ID number as your account number.
- by Credit Card through Plastiq by accessing online student services through Concordia's website: <https://onlineservices.concordia.ab.ca/> or [www.plastiq.com](http://www.plastiq.com)

Please allow 5– 6 days for your credit card payment to be receipted to your account.

If you anticipate student loan payments that have not been received, please ensure that you have completed the student loan process. If you have questions about your student loan, please contact: [finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)

**\*For full reduction of tuition and fees, withdrawals must be done by September 13, 2016 for the Fall term. "Non-payment of fees and/or non-attendance does not constitute official withdrawal from Concordia. Page 22 section 5.4.4 Academic Calendar 2016/2017."**

If you have any questions, please don't hesitate to contact our office at [studentaccounts@concordia.ab.ca](mailto:studentaccounts@concordia.ab.ca)



# WEN-DO WOMEN'S SELF DEFENCE

BASIC COURSE WITH DEB CHARD

**OCTOBER 1-2, 2016, 9:30AM TO 5:00PM**

This two day course offers women of all ages and abilities the opportunity to practice easy to learn, easy to remember physical and verbal techniques.

Lunch will be provided.

Register at [concordia.ab.ca/concordiatalks](http://concordia.ab.ca/concordiatalks)

Space is limited to 20, and open to students, staff, and faculty.

