



ACADEMIC CALENDAR:

DECEMBER 6 -Regular university program: Last day of fall semester lectures

DECEMBER 9

- Faculty of Graduate Studies: Deadline for submitting applications for course exemptions for winter semester courses.
- *Confirmation Schedules* for the winter semester become available for students to sign
- UCEP: Last day of fall semester classes

DECEMBER 9-17 -Regular university program: Semester examinations

INSIDE THIS EDITION:

- ***Class Schedule Survey***
- ***SES Closure***
- ***One Act Plays***
- ***Movie Night***
- ***Student Health 101***
- ***Become a Bounce Back Peer Mentor***
- ***Thunder Charity Volleyball***
- ***Now accepting Applications for:***
 - ⇒ ***4-year Psychology (Applied Emphasis)***
 - ⇒ ***Bachelor of Education (After Degree)***
 - ⇒ ***Bachelor of Environmental Health (After Degree)***
- ***Concordia General Awards***
- ***Student Account Information***
- ***Academic Aides Needed***
- ***10 Points Toward a Bully-Free Concordia***



QUOTE OF THE WEEK:

“One day your life will flash before your eyes. Make sure it’s worth watching.”

Unknown Source

CLASS SCHEDULE SURVEY

CONCORDIA IS CONSIDERING ALTERING ITS DAILY CLASS SCHEDULE.

TO HELP US DETERMINE WHICH SCHEDULE WOULD BE BEST FOR STUDENTS, PLEASE EXPRESS YOUR PREFERENCES ON THE FOLLOWING QUESTIONS.

ALL RESPONSES MUST BE IN BY FRIDAY, DECEMBER 9, 2011.

Below is a link to the survey.

<https://docs.google.com/spreadsheet/viewform?formkey=dGxPTE1xM2pucGtpVnljdGMzNi10NFE6MQ>

SES CLOSURE

STUDENT & ENROLMENT SERVICES
AND

STUDENT LIFE & LEARNING
WILL BE CLOSED

DECEMBER 8TH

11:30 A.M. – 2:30 P.M.

SORRY FOR THE INCONVENIENCE!

ONE ACT PLAYS

COME SEE THE STUDENT DIRECTED ONE ACTS
DEC. 9 & 10.
AT 7:30 P.M. IN THE CONCORDIA AUDITORIUM.



IT IS PAY WHAT YOU CAN, SO COME SEE SOME CHEAP ENTERTAINMENT.

MOVIE



NIGHT

presenting **Friends With Benefits**

DEC 7 | 7 P.M.

L111 (Library basement)

SEE YOU THERE!

Brought to you by
Concordia's Recruitment Team

Student Health 101



The **December** issue of Student Health 101 is now available!

Why spend 10 minutes reading Student Health 101, the Concordia online health and wellness magazine at <http://sh101.ca/concordia.html> ?

- First, you can enter to **win** December's \$1,000 cash prize just for reading Student Health 101.
- Second, there are some great articles in Student Health 101:

Your Guide to Surviving Finals

Learn 4 great tips that can help you not just survive but thrive during finals week.

What Is Your Safer Sex IQ?

Take our quiz ... and be surprised at what you don't know.

7 Ways to Improve Your Nutrition

Improve your eating habits today.

From the Schoolyard to Cyberspace

Take a stand against cyber-bullying for yourself and others.

Goals: Find Your Path to Success

Start 2012 right by establishing your pathway to success.

Alcohol: What's Different for Men and Women

How alcohol affects men and women differently and how to recognize problem drinking.

UCookbook: Lunch on the run

FitnessU: Calisthenics - Are They Still Worth It?

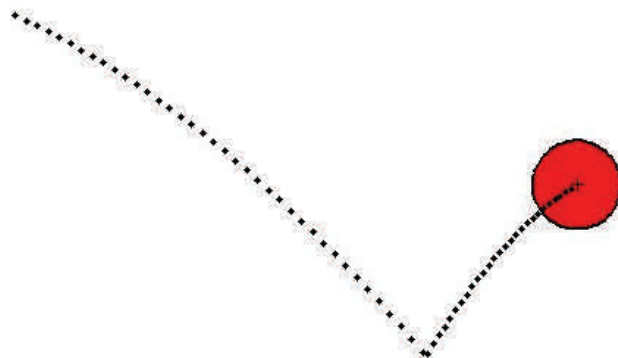
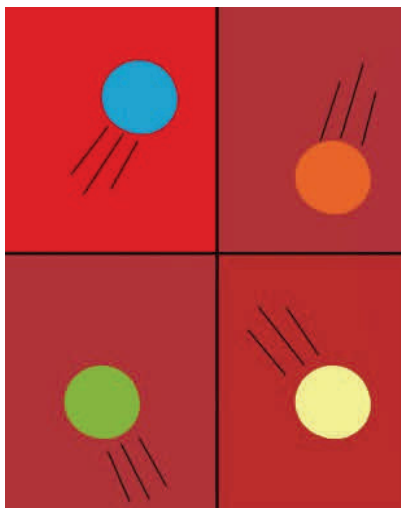
And if you missed it – be sure to check out the November issue, at <http://sh101.ca/concordia.html?id=2ba59aa9> .

*Become a **BOUNCE BACK***
PEER MENTOR

Peer Mentors are third- and fourth-year students in satisfactory academic standing, who enjoy sharing their academic strategies and skills with other students. Through Concordia's Bounce Back program, volunteer Peer Mentors are trained and supported by Academic Strategists to develop the mentoring skills they need to assist students who are in unsatisfactory academic standing. By helping others, Peer Mentors enhance both their learning portfolios and leadership experience.

If you are interested in becoming a Peer Mentor, please submit the attached Peer Mentor application package to Student Life & Learning before December 14th. Training sessions are scheduled for December 19th; Bounce Back mentoring begins in January 2012.

For more information about becoming a Peer Mentor or registering in the Bounce Back program, contact Student Life & Learning by email at studentlife@concordia.ab.ca, by telephone at (780)479-9241, or in person in room HA 114.



BOUNCE BACK



THUNDER'S CHARITY CHALLENGE VOLLEYBALL GAME

Buy your tickets now for CONCORDIA THUNDER'S CHARITY CHALLENGE VOLLEYBALL GAME, **December 7th** where the Men's Hockey Team take on the Women's Volleyball Team. Proceeds from tickets sales will go to cancer research. This is a great way to end the semester!

Pick up your tickets from any member of the hockey or women's volleyball teams, or at the Bookstore.

CONCORDIA THUNDER TRAVEL MUGS ARE NOW ON SALE – ONLY \$10 EACH! PICK YOURS UP AT OUR TABLE IN TEGLER ON FRIDAY.

4-year Psychology (Applied Emphasis)

The 4-year Psychology (Applied Emphasis) Program is now accepting applications for Fall 2012. Those students who are interested in this program are encouraged to apply early. Unsure if you meet the admission criteria? Do you have questions about the application procedure? Do you have general questions about the program? If so, an Admissions Advisor would be happy to meet with you. Simply book an appointment with the Student and Enrolment Services receptionist. *Your application and supporting documents are due by April 15, 2012.* Please visit our website at www.concordia.ab.ca to apply.

Bachelor of Education (After Degree)

Concordia's Bachelor of Education (After Degree) Program is now accepting applications for Fall 2012. Those students who are interested in the program are encouraged to apply early. If you have general questions about the program, eligibility, or admission procedures, please visit Student and Enrolment Services' to book an appointment with an Admissions Advisor today. *Your application and supporting documents are due by May 1, 2012.* Please visit our website at www.concordia.ab.ca to apply.

Bachelor of Environmental Health (After Degree)

Concordia's Bachelor of Environmental Health (After Degree) Program is now accepting applications for both Spring 2012 and Fall 2012. Those students who are interested in the program are encouraged to apply early. If you have general questions about the program, eligibility, or admission procedures, please visit Student and Enrolment Services to book an appointment with an Admissions Advisor today.

Your application and supporting documents for the Spring 2012 intake are due February 15, 2012. Your application and supporting documents for the Fall 2012 intake are due May 1, 2012. Please visit our website at www.concordia.ab.ca to apply.

CONCORDIA GENERAL AWARDS

THE CONCORDIA GENERAL AWARDS APPLICATION IS NOW OPEN!



- Thousands of dollars to award in three categories:
- Service/Leadership Awards
- Program Specific Awards
- Lutheran Awards

TO APPLY:

Go to www.concordia.ab.ca and click on: **Current Students/Online Services/Online Awards Applications/Concordia General Awards**

Deadline to apply: January 15, 2012

Questions? Email us at finaid@concordia.ab.ca

STUDENT ACCOUNTS NEWS

Effective December 7th, access your Winter Semester Statement of Account and balance for Fall Semester through Online Student Services at:

<http://onlineservices.concordia.ab.ca/student>

To pay Winter Semester fees before **December 7th**, contact Student Accounts for your Statement of Account.



Since paper statements are no longer mailed, you can always check balances and pay your fees through Online Student Services. If you have questions, don't hesitate to contact Student Accounts by telephone at (780) 479-9207 or by visiting us in Student & Enrolment Services, room HA120.

Academic Aides Needed

**STUDENT
LIFE &
LEARNING**

LEARNING
ACCOMMODATION
SERVICES

HOW WOULD YOU LIKE...

- **A part-time job on campus that fits your schedule?**
- **An opportunity to assist fellow Concordia students?**

The Learning Accommodation Services section of Student Life & Learning is looking for Academic Aides to proctor exams for students with learning accommodations beginning in Winter 2012.

Contact us about getting your application package!

Applicants must complete an Academic Aide application package which includes a resume of work and volunteer experience, two academic references from Concordia faculty and verification of good academic standing from the Registrar's Office. Applicants must have completed a minimum of 18 university credits. Application packages are available from the Student Life & Learning office in HA114.

Note: Because of the possible need for exam proctors to read exams aloud, applicants must be able to speak English clearly.



Office HA114
Ph: 780-479-9241
Fax: 780-479-9240
Email: studentlife@concordia.ab.ca

10 POINTS TOWARD A BULLY-FREE CONCORDIA

1. Bullying is found almost everywhere in society, from schoolyards to locker rooms to universities to workplaces.
2. Bullying is about power in an attempt to control other human beings and/or their social interactions.
3. Bullying is “arrogance in action” and a projection of a bully’s inadequacies (low self-esteem, jealousy and contempt for integrity) onto victims in order to derive some sense of “superiority” for oneself (however delusional).
4. Bullying takes many forms including physical violence, hazing, outing, shunning, excluding, ignoring, gossiping, lying, spreading false rumors or half-truths out of context, nit-picky criticisms, shouting, ganging up and posting unwanted comments in cyberspace.
5. Targets are not only the visibly weak but also the nice and competent who have integrity.
6. Awareness of what bullying is and its many forms is the first step towards creating a “bully free” environment.
7. Community standing together and acting assertively for individual and social boundaries is key to maintaining a “bully free” environment—e.g., standing up to bullying and for victims.
8. Bullying cannot be tolerated in any form and that means the community must act for justice in an assertive manner where and when it occurs.
9. Compassion and support are necessary not only for victims but also bullies in order that “restorative justice” may be achieved—i.e., helping both victims and abusers to a just and healthy future.
10. Concordia University College of Alberta is committed to a bully free environment. Through our Non-Academic Discipline policy (section 8.7.2 of the Academic Calendar), as well as our anti-harassment policy (section 8.3 of the Student Agenda), we are committed to dealing with bullying where and when it occurs. If you are experiencing or observing bullying in any form, please report it to our Counseling Psychologist and Director of Student Life, Barbara van Ingen, any of Concordia’s administrators, or our Harassment Officers, Dr. Marco Loverso or Nancy Nagel.

Rev’d Dr. Bill Anderson, PhD
Associate Professor of Religious Studies