### CONCORDIA WEEKLY NEWSLETTER

#### **BRETT'S WEEKLY UPDATE**





# **GRAD PHOTO SESSION**

JANUARY 19-21

L106-Basement of Library

To Book an Appointment:

tp://concordiagradphotos.com/

#### INSIDE THIS EDITION:

- New Students-Info Re: Health & Dental
- Student Health 101
- Book Buy Back
- Bookstore Sale
- Winter Term Fees Due
- Wanted: Part Time Research Assistant
- International Days
- · Recovering from Grief
- FaithLife Lecture

# **Looking for Work?**

Join Job Club

**Resume** Cover Letter

Negotiating Skills

Portfolio Job Search

**Interviewing Skills** 

Networking

WEDNESDAY MORNINGS DURING JANUARY AND FEBRUARY.





Get Ready - Get Hired

To sign up, stop by Career Services (L358), email careerservices@concorida.ab.ca or call (780)378-8461

#### **ATTENTION NEW STUDENTS**

#### IMPORTANT INFORMATION REGARDING THE CSA HEALTH & DENTAL PLAN

As a new student you are **automatically enrolled** in the Concordia University College Student Association Student Health & Dental Plan. The deadline for new students to "Family Opt In" as well as the "**Opt Out**" is **January 20, 2015.** 

For students (January starts) to add a family member, or to opt out of the CSA Health & Dental plan, you must submit your application online by January 20, 2015 at <a href="maystudentplan.ca">mystudentplan.ca</a>. Only students that already have existing health and dental plan coverage may choose to opt out of the CSA Health & Dental Plan.

Your benefit plan details as well as how to make claims can also be found at <a href="mystudentplan.ca">mystudentplan.ca</a>. Or, stop by the CSA Health Plan office in room A212 across from the Student Association in Alumni Hall, staff will be happy to show you how the plan works or how to opt out.

Linda Cuglietta, the Student Benefit Coordinator, is available on campus to answer any questions you may have, regarding the Student Benefit Plan.

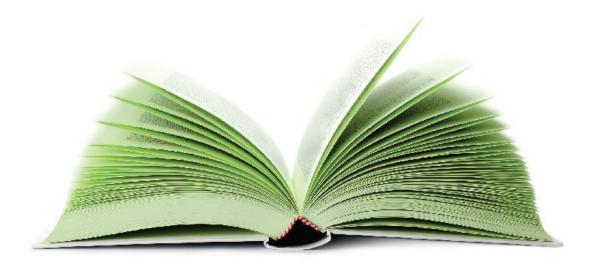
Office Hours: 9 a.m. - 2 p.m. Monday - Friday.

Room: A212 Alumni Hall. Phone: 780-378-8459

Email: concordiaplan@mystudentplan.ca

For plan details please visit: mystudentplan.ca





Sell your books back at the bookstore

# Concordia University College of Alberta Bookstore

WEDNESDAY-FRIDAY

JANUARY 7<sup>th</sup>- 9<sup>th</sup>

9:00 AM - 4:00 PM

# BOOKSTORE WINTER SALE



20% off on all regular priced Concordia Apparel Jan. 5th, to Jan. 16th

#### WINTER TERM FEES ARE DUE!

Winter Term fees are due the first day of classes.

You can check your account information online through Concordia's website <a href="http://onlineservices.concordia.ab.ca/student/">http://onlineservices.concordia.ab.ca/student/</a>.

Fees can also be paid through your bank by setting up Concordia University College of Alberta as a biller, and using your student ID number as your account number, as well as by credit card through online student services on Concordia's website.

If you have any questions or concerns, please contact: Student Accounts 780-479-9207

# **WANTED: RESEARCH ASSISTANT**

Dr. Bill Anderson, Director of the CCSCF is seeking a student to work part time as a research assistant. The successful candidate is someone who meets the following requirements:

- 1. Dependable, punctual and able to meet pressure deadlines.
- 2. Must be IT fluent and able to manage, develop and adapt the CCSCF webpage, as well as assist the Director with other IT matters.
- 3. Graphic Design (for poster and advertising development) is essential. Creativity is an asset.
- 4. Organizational skills for conference and able to do the associated labor e.g. lifting and moving boxes in a safe manner.
- 5. Must check their emails every weekday (Monday/Tuesday/Wednesday/Thursday/Friday) by 5pm, and if unable to quickly meet the task, at least acknowledge receipt of the communication.

This temporary position is from December 2014 through April 2015. Wage is \$15.00 per hour, and approx. 5 hours per week. Flexibility is needed: Some weeks less hours are worked and other weeks there are more hours worked.

\*Please note: All day conference coverage is necessary on Friday, May 1st and Saturday, May 2nd.

For further information, contact Philipa Hardy, Coordinator, Career Services (L358), email <a href="mailto:careerservices@concorida.ab.ca">careerservices@concorida.ab.ca</a> or call (780)378-8461



# Full program:

international.concordia.ab.ca

# Recovering From Grief

#### FREE OPEN SEMINAR

#### Presenter

Ashley Hoogenberg, M.Sc. MFT Registered Psychologist | Certified Grief Recovery Specialist® Canada's Grief Recovery Method Certification Trainer

## **When**

Thursday, January 22, 2015 7:00pm – 8:30pm

### Where

Concordia University College of Alberta (Robert Tegler Student Center) 7128 Ada Boulevard, Edmonton AB T5B 4E4

# **Objectives**

- ⇒ Identify the myths regarding grief
- ⇒ Address the *natural* and *normal* feelings that are experienced following a death or any other significant emotional loss
- ⇒ Acknowledge other losses that can produce feelings of grief
- ⇒ Introduce The Grief Recovery Method® Program; the action program designed to assist people in completing the pain caused by loss

## Questions/Inquiries

Phone: (780) 288 - 8011

Email: ashley@yourlastingsolutions.com

Visit <u>www.yourlastingsolutions.com</u> for more information

