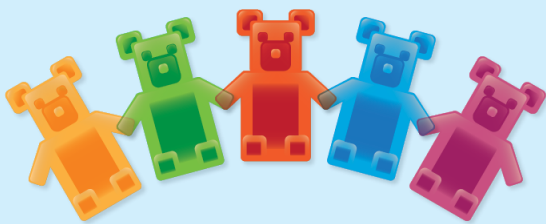




INSIDE THIS EDITION:

- Movie Night-July 22nd
- Volunteers Wanted
- Student Loan Sessions
- Student Health 101
- Tuition Fees Online
- Worlds Largest Flea Market
- New to Concordia? CUE up for U

BECOME A BUDDY TODAY!



Sign up to befriend an international student at international.concordia.ab.ca

Would you like to get to know someone who is in your program and who shares some of your interests but who is new to Concordia?

Could you share some tips on finding the best food around town, figuring out campus, or sharing some of your favorite things to do at Concordia?

Sign up for the International Buddy Program and befriend an international student who is new to campus - all you need is to be returning to Concordia in the fall. Check out <http://international.concordia.ab.ca/buddy-program/> for more info and make sure to sign up!

Mizuno Midsummer's Night 5k Road Race: July 25th

Come out and support the Concordia Thunder XC and Indoor track teams at the Mizuno Midsummer's Night 5k road race being held 6pm at Goldbar park. It's **\$20** for Concordia staff and students and t-shirt included with the entry fee!

Use promo code: **mizmatt201520** at: <https://www.events.runningroom.com/site/?raceld=11999> . For further information , contact coach Matt at matthewn@runningroom.com



Movie Night Wednesday
July 22 @ 5PM in the Welcome Center
brought to you by Concordia International

HELEN MIRREN



Om PURI Manish DAYAL Charlotte LE BON

The HUNDRED-FOOT JOURNEY

FROM THE AWARD-WINNING DIRECTOR OF 'CHOCOLAT'

COMPETITION IS THE SPICE OF LIFE



DRAGONWORKS PICTURES AND RHINOKEY ENTERTAINMENT present in association with FACTORY 237 MEDIA and BLACK PANTHER an AMGIM ENTERTAINMENT/RAPID FILMS production a LASS HULLSTON film featuring HELEN MIRREN "THE HUNDRED-FOOT JOURNEY" ON PURI MANISH DAYAL CHARLOTTE LE BON written by J. RAJAN directed by ANDREW COOPER produced by DAVID GORMAN executive producers STANIS SANCHEZ and CAROLINE HOWITT CARLA CAJON JEFFREY KINCHEN GUY CARROLL
COSTUME DESIGNER: TARA WINTER JUDY RAGE
COURTESY: CONCORDIA INTERNATIONAL
© 2014 LASS HULLSTON

BYOS (Bring your own snacks!)

VOLUNTEERS WANTED!

Parkinson Alberta helps make every day better for Albertans affected by Parkinson disease. We provide support services, education, advocacy and funds for research.

We are a standalone Alberta-based charitable organization and we rely on the generosity of donors. One hundred per cent of the money raised here funds the best services, resources and research to benefit Albertans.

The Flexxaire Parkinson Step 'n Stride is Parkinson Alberta's largest annual fundraising effort to provide services that make every day better for those with Parkinson disease (PD) and the people who care for them.

Qualifications

- No Experience required. A willingness to learn and provide support is all that is needed
- Other Requirements-ability to get to Rundle park on own.
- Benefits : Recognition, Free T-shirt and Lunch

Deliverables / Duties

- Greeter/Traffic Control - First point of Contact at the walk. Direct Participants to the event.
- Registration Volunteers - Help Participants through registration process. Process all pledges and funds
- Kids Area - Help Kids through the kids area; help operate games and activities
- Walk/Run Route - positioned throughout the route, Help guide participants in the right direction; cheer on the participants through the route. Passing out water at the water station
- Set-up/Take down - an early start (7:00am) to help put up signage and tables for the event. Take down will end around 2pm. Volunteers would work set up OR take down, would not be required to complete both.

If interested in volunteering, you can either fill out the form on the website at parkinsonalberta.ca/volunteer , or they can contact:

Emily Rae, Volunteer & Event Coordinator
Parkinson Alberta, erae@parkinsonalberta.ca
t: 780.425.6400 | Toll Free: 1.800.561.1911
www.parkinsonalberta.ca



SUMMER TERM 1 & 2 FEES ARE AVAILABLE ONLINE

Check your balance: Fees Are Due The First Day Of Class!

- Online through Concordia's website at; <http://onlineservices.concordia.ab.ca/student/>
- Contact Student Accounts for your balance or to request a statement.





Need help with student loan applications?

concordia.ab.ca

FREE "HANDS-ON" SESSION

Alumni Hall A205, Concordia University of Edmonton 7128 Ada Blvd., Edmonton

July 8, July 15, July 22, July 29, Aug 12 at noon & 5pm

Get: Help submitting your online Alberta Student Loan application

Get: Answers to your government financial assistance questions

PRE-REGISTRATION AT FINAID@CONCORDIA.AB.CA

STUDENT health101™

Have you read our health & wellness magazine yet? It's full of relevant & interesting topics to help you stay balanced in student life.

Check out this month's issue!!



Travel hacks

The student guide to going places

6 ways to fix motivation fails

5 reasons to ramp up your workout

Embrace who you are & what you need



CUE up for U– [Register Today!](#)

"Uncertain about the transition to university? Anxious or stressed? Doubts about skills/abilities? Unsure about study time or G.P.A. requirements to graduate? Financially challenged? Wondering about the difference between university and high school? If so, CUE up for U can help you address these questions.

You will have the opportunity to meet one-on-one with Registration, Student Experience, and Financial Advisors, Librarians, Personal and Career Counselors, Academic Strategists, IT Personnel, and members of your students' association to discuss your education following a general introductory session.

Connect, Understand, and Engage at Concordia University of Edmonton on August 27th, 2015 at 9 am. Room HA 017.

Space is limited, and early registration is recommended. The fee for the course is \$30 plus GST. Once registration is complete, an email will be sent to registrants, regarding payment of the fee. For more information, contact Ileana Fernandez at ileana.fernandez@concordia.ab.ca with CUE Up for U in the subject line."