

THUNDER SPORTS

MEN'S BASKETBALL

	GP	W	L	POINTS	PF	PA
NAIT OOKS	22	17	5	34	1788	1558
KEYANO HUSKIES	22	17	5	34	1829	1562
GPRC WOLVES	22	13	9	26	1793	1771
LAKELAND RUSTLERS	22	12	10	24	1676	1680
CONCORDIA THUNDER	24	9	15	18	1851	1902
KING'S EAGLES	22	7	15	14	1658	1792
UOFA-AUGUSTANA VIKINGS	22	3	19	6	1516	1846

WOMEN'S BASKETBALL

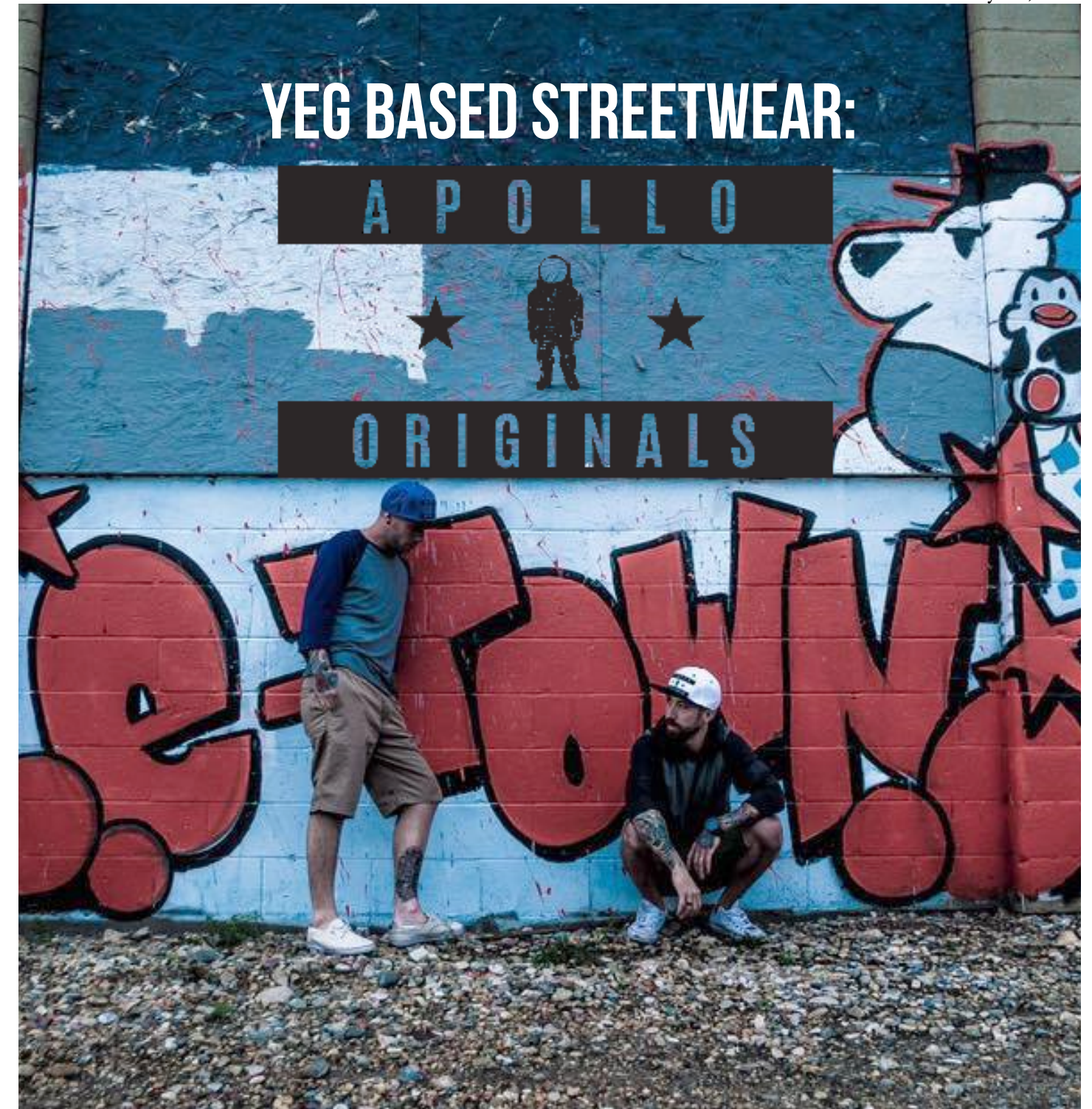
	GP	W	L	POINTS	PF	PA
LAKELAND RUSTLERS	22	22	0	44	1524	1038
NAIT OOKS	22	18	4	36	1558	1098
GPRC WOLVEES	22	14	8	28	1265	1253
UOFA-AUGUSTANA VIKINGS	22	9	13	18	1257	1389
CONCORDIA THUNDER	24	9	15	18	1412	1466
KEYANO HUSKIES	22	6	16	12	1301	1415
KING'S EAGLES	22	0	22	0	899	1557

MEN'S VOLLEYBALL

	MP	MW	ML	GW	GL	PTS
KEYANO COLLEGE	24	19	5	62	30	38
UOFA-AUGUSTANA	24	17	7	56	35	34
THE KING'S UNIVERSITY	24	16	8	60	31	32
NAIT	24	14	10	54	43	28
LAKELAND COLLEGE	24	9	15	37	57	18
GPRC	24	7	17	37	61	14
CONCORDIA UNIVERSITY	24	2	22	24	70	4



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ON "NEO-MASCULINISM" AND RETURN OF KINGS

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THUNDER SPORTS

		MEN'S BASKETBALL		
FEBRUARY 13	KC (75)	CUE (65)	3:00	CONCORDIA
FEBRUARY 19	CUE (70)	UAA (84)	8:00	UOFA-AUGUSTANA
FEBRUARY 20	UAA (68)	CUE (78)	8:00	CONCORDIA
		WOMEN'S BASKETBALL		
FEBRUARY 13	KC (67)	CUE (78)	1:00	CONCORDIA
FEBRUARY 19	CUE (60)	UAA (61)	6:00	UOFA-AUGUSTANA
FEBRUARY 20	UAA (51)	CUE (53)	6:00	CONCORDIA
		MEN'S VOLLEYBALL		
FEBRUARY 13	NAIT (3)	CUE (2)	8:00	CONCORDIA
FEBRUARY 19	GPRC (2)	CUE (3)	8:00	CONCORDIA
FEBRUARY 20	GPRC (3)	CUE (2)	3:00	CONCORDIA
		WOMEN'S VOLLEYBALL		
FEBRUARY 13	NAIT (3)	CUE (0)	6:00	CONCORDIA
FEBRUARY 19	GPRC (3)	CUE (0)	6:00	CONCORDIA
FEBRUARY 20	GPRC (3)	CUE (0)	1:00	CONCORDIA
		HOCKEY		
FEBRUARY 13	BC (3)	CUE (6)	4:30	CLAREVIEW ARENA
FEBRUARY 19	NAIT (8)	CUE (1)	8:15	CLAREVIEW ARENA
FEBRUARY 20	CUE (4)	NAIT (6)	6:00	NAIT ARENA

HOCKEY STANDINGS

Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts
NAIT-yz	30	30	28	0	0	0	177	57	60
UofA-Augustana-z	30	19	17	6	2	3	111	74	43
Keyano College-x	30	15	14	11	1	3	100	100	34
MacEwan University	32	14	13	14	3	1	120	95	32
Red Deer College	30	14	14	13	0	3	97	88	31
SAIT Polytechnic	30	13	13	13	0	4	98	93	30
Portage College	30	9	8	14	0	7	76	102	25
Concordia	30	7	6	18	3	2	83	133	19
Briercrest College	30	3	2	26	0	1	66	186	7

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ATHLETICS

already qualified for their respective ACAC Championships but for the three

It's Crunch Time for Thunder League' Sports

League sports, time is running short.

The Men's Hockey program is in its second year under Head Coach Dan Glegloff. Things were looking promising for the team at the conclusion of Fall semester play, by which time the team had already equaled their points record from all of last season. However, the tables turned with the New Year and due to a number of untimely injuries and some plain old 'bad bounces', the team posted a 0-7-1 record for the month of January. In spite of that spate of losses, the team still has a chance to snatch the final play-

As of this writing,

it is just the beginning of the 2nd week of February, but the playoff hunt is already in a critical phase for three of Concordia's busiest sports teams; Hockey, Men's Basketball and Women's Basketball. All three of the winter term's 'Tournament' sports – Badminton, Indoor Track and Curling – have



off spot if they can win their final six games and get a little outside help.

The Thunder Women's Basketball team struggled early in the season sporting a 3-9 record going into the Christmas break. Head Coach Robbie Valpreda had his athletes start the New Year with a mental 'clean slate' and the turn of the calendar saw a resurgent squad win 3 out of their first 4 games in January to put themselves back into the playoff race. Unfortunately, the team struggled once again over the next two weekends going 0-4 against the top two teams in the division. However, with just 4 games left in the regular schedule, the Thunder find themselves only 4 points out of the final playoff spot and own the tie-breaker against the Augustana Vikings, the team they will have to pass in order to taste any post-season action.

For the Men's Basketball squad, it has been an unexpectedly frustrating season overall. Head Coach Reagan Wood has

had an enviable record of success over his years at Concordia, first as an Assistant and then Head Coach with the program. With that pedigree behind them, the team came into the 2015-16 campaign with high hopes, not only for ACAC success but with an eye on a possible trip to the CCAA Nationals. The team boasts a talented, experienced lineup but have not been able to turn that potential into 'W's on any consistent basis. Despite their record, just like their female colleagues, the Thunder Basketball men are still in playoff contention. With 4 games remaining, they will need to win at least 3 and hope that a couple of their key opponents falter as the regular season comes to a close.

All in all, the Thunder teams have been providing very intense, exciting entertainment for their fans and with the stakes going way up in the closing weeks of the season, that entertainment factor is sure to ramp up as well.

TRAVEL

The Centennial State

by Kayle Sieben

Travelling is something that almost every person you meet will enjoy. It's an opportunity to immerse yourself in a culture different than yours. You can see cities function in a similar fashion, yet the fine details are all different. Edmonton, being a relatively newer metropolis in North America, must have taken influences from other cities; the parallels are too vibrant for there not to be. I was fortunate enough to visit the cities of Denver and Colorado Springs over reading week.

Initially something that caught me off guard in Denver is the protocol for crosswalks. In Edmonton, we wait until the walking symbol tells us to walk. In Denver that's more for the vehicles than the pedestrians; if there's a gap in traffic, that's a go ahead to cross the street. It seems like a much more efficient system for the pedestrian, but has probably caused a few heart attacks in speeding drivers throughout the years.

Outside of Denver's 16th Street Mall lies a promenade

for pedestrian traffic and buses only. This was definitely one of my favourite spots from my visit, the walkway is constantly filled with characters. Some were fun and engaging, like "Bronco Man," while others either pulled at your heartstrings or made you fear your safety (often asking for money). However, it's lovely to see a city with such life, such passion. It just appeared to me that the citizens of Denver were more or less okay with just being themselves.

I was also fortunate enough to take in the Colorado Avalanche vs. Montreal Canadiens game. Pepsi Centre (Avalanche's home stadium) sits in between Coors Field (MLB) and Sports Authority Field (NFL) in a span of just a few miles. The surrounding area is one of the liveliest places in the city, flaunting tourist attraction Union Station as well as several boutiques, diners, and bars. I was sure to take advantage of several Happy Hour specials before the game, which helped make it quite the evening.

This was my first time ever watching an NHL game outside of Rexall Place, and now the concept of a new arena has never seemed to make so much sense. I was always for the new arena, but seeing Pepsi Centre reinforced that idea. Beautiful architecture, several restaurants and stores, and a friendly staff



were only part of the experience. During the pre-game ceremony, the atmosphere in the building was electric, which continued through the entire game. I, myself, even became a fan for the night.

One of the coolest pieces of natural beauty I've ever seen was experienced in Colorado. "Garden of the Gods" is a spectacle of wonder. Developed on a fault line over millions of years, these red rocks stick out from the ground as if they fell from the skies above. The site is home to several visitors, both frequent and infrequent. As we walked around, there were people rock-climbing, jogging, walking, and even taking professional photographs. Truthfully I'm a huge sucker for history and natural wonders, so having the two combined had me in awe the entire time.

"Garden of the Gods" is believed to have attracted humans dating all the way back to approximately 1330 B.C. Around 250 B.C. it was believed that the indigenous population had begun to use this area as their habitat, using the overhanging

rocks and caves as shelters. The land was actually purchased at one point by Charles Elliott Perkins, and was donated to the city of Colorado Springs upon his death to be utilized as a free public park.

Colorado is an incredibly beautiful state with plenty to offer. I barely scratched the surface, but I'm intrigued enough to want to return for another visit. If you are looking for an affordable place to travel (round trip \$440) with a vibrant and exciting community, Denver just might be for you.

It's nice to be able to leave our world behind once in a while and hit the metaphorical reset button. Travelling is indeed a luxury, but even being able to have a few days to yourself away from troubles and responsibilities is an easy way to provide the self-care necessary to keep fighting the good fight.

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LITERATURE

and other genres of fiction offer an escape from reality, non-fiction provides a lens into our world and the intricacies of it.

“The Fiction in Non-Fiction”

by Adrianna Blitterswyck

*“The book to read is not the one you think’s for you but the one which makes you think”
~ Harper Lee.*

The world of reading offers a plethora of characters, plots and genres that can grasp a reader’s attention, taking them away to another world. More often than not, people choose to read fiction novels because of a higher degree of entertainment and detachment from their own realities. In contrast, non-fiction works offer a reader with claims, facts and testimony-sharing real life stories, events and circumstances. Non-fiction literature doesn’t always receive the praise it deserves. While adventure, romance, dystopian

As a population we have become far too focused on our own lives to fully appreciate the lives of others spread throughout the world. I’ve heard people say that they don’t watch the news because it’s too raw and depressing- but it’s important for us to understand the world we live in so that change can be made. Reading is a form of learning, growing and experiencing things you normally couldn’t in regular day to day life. If you can’t travel to Europe or Australia there are countless books, and articles that could provide you a glimpse of what these places are like without leaving your front porch. Non-fiction literature like newspapers, magazines, articles and novels offer gripping stories of life alongside facts, truth and claims that can open a reader’s scope and understanding.



Without resources like these we would be left to rely solely on the internet and social media which aren’t always accurate sources.

Try reading non-fiction literature like your local newspapers, or novels including *The Outliers*, *I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban*, or books from the *Chicken Soup for the Soul* series. All of these types of literature allow you as a reader to grow in intellect and reverence for reading, understanding yourself and the world. Another informative area non-fiction covers is health. Non-Fiction works like *Wheat Belly*, and other various fitness and food based books offer readers with scholarly information for a healthy lifestyle- both physi-

cally and mentally. Instead of escaping to something unknown, non-fiction reiterates things we know and allows us to understand and reinterpret that knowledge.

Some of the most touching novels I have ever read in my life are those based on true stories. I believe that we should all make an effort to appreciate the world of non-fiction. Novels based on true stories like *Soul Surfer*, *The Perfect Storm*, *A Child Called ‘It’: One Child’s Courage to Survive* and so many more have been made into award winning movies. So before you pick up your next book, consider giving non-fiction a try because these works hold the ability to change your outlook on life for the better. Hence, if you are interested in changing the way you view reading and literature as a whole I recommend picking up a non-fiction novel to become reconnected with the world you live in- you won’t regret it!

POLITICS

“On ‘Neo-Masculinism’ and Return of Kings”

by Simone Alainé Polo

The style of this article is more of a rant/social criticism – a break from reporting in order to address a particular issue. For this, I shall use BBC’s article *Protests against Roosh V - who is he?* to present the concise background we need:

“Daryush Valizadeh is a self-styled “neo-masculinist” and pick-up artist who comes from the US and sometimes goes by the nickname Roosh V. Mr. Valizadeh wrote a widely criticised article last year calling for the legalisation of rape on private property as a way to “defeat rape culture”. He has since said the post was satirical.

He has also created the Return of Kings group, supporting an agenda that men are superior to women and oppressed by feminism” (BBC).

On Saturday, February 6th 2016, Return of Kings attempted to organize a “worldwide” meet-up (Edmonton included) to “start regu-

lar events that ‘serve men in a way that internet sites do not.’ Roosh V has dismissed the criticisms that they are designed to “strategize” how to target women” (BBC). Amongst that, these meet-ups made explicit the exclusion of women, trans people, and homosexuals. But as expected, these meetings were cancelled due to counter-protests, backlash, and criticism – of which I am about to partake in.

With this, I encourage people to look at what is brewing in our society, something encouraged and fed by the echo chamber of mass society where many people get absorbed on the reproduction of the conditions emplaced for oppressive social structures. To be more specific, the entitlement of the supporters of men’s rights activism, “legalization of rape,” and reproducers of ideological/colonial violence who are attempting to make a claim on social capital. What this means is that the position of MRAs – particularly the currently highlighted “Return of Kings” group ran by the infamous pick-up artist, Roosh V – looks to legitimize their claim to keep power over the dominant discourses and spaces for conversation surrounding a variety of issues and practices, most notably sexuality, gender, and race. In other words, they seek to establish themselves as the universal

RETURN OF KINGS

subject of concern for discourse, with all other accounts, experiences, and subjects displaced as other or alien; and yet in other words, to enclose and exhaust the terms of discourse through terms in which other participants in society are seen as non-participants, or reduced to passive objects, as people with no stakes in the formation of the society – MRAs host a project whose end is to disable all conditions necessary for community.

It only suffices to say that the very possibility of such a meet-up like the ones meant to occur on February 6th, or even these views represented in such a meet-up or elsewhere, represent something unnerving about the content of our ideological anxieties. Namely that there are people who hold these alienating beliefs; and not only that, for they act in accordance to such alienating beliefs, thus instituting alienating acts.

At the end of the day, I think the central concern of these self-proclaimed “neo-masculinists” is to employ subjection - to keep everyone under the universalized gaze of masculinity as the arbiter of discourse and as the subject of the person in society

– whereas the feminist, queer, and post-colonial endeavor concerns itself with establishing the emancipation necessary to readjust the ground for social conversation by taking in consideration their intersections – ultimately, aiming at creating a safer space where the terms of social formation can be negotiated without the absolute universalization of a subject as dominant or oppressive in discourse. Thus, the claim over social capital between these two “factions” is very distinct in that “neo-masculinism” seeks for domination of the terms of discourse, to make themselves absolute and unambiguous about their claims of want under a natural guise – the usual deterministic claim of “I cannot help but want this, and you are there to give it to me”. Whereas feminist, queer, and post-colonial claims over social capital are as simple as having the opportunity to be (emancipated) and have room for conversation in regards to their intersections. “Neo-masculinism” makes a claim of property ownership and entitlement over those who seek to emancipate from those terms of subjection in which they are made into objects of socio-economic capital.

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TECHNOLOGY

Let's Get Creative pt 2

by Nick Clark

Ok so first of all, welcome back from the break. Hopefully you guys had a good Valentines day, or if not, hopefully you had fun watching Deadpool. Speaking of Deadpool, let's talk about filmmaking. Look at that segue, smooth as butter. Last time we talked about the great cinematic classics of 2006 like X-Men 3 and The Wicker Man, and what it would take for you to create your own masterpiece, be it a film, a great photography portfolio, a collection of stylized portraits, or an online archive of graphic designs. We discovered that it would have been expensive no matter which way you went, but the good news is that now we're here in the future, where they retconned X-Men 3 out of the active timeline, and Nicholas Cage has continued to both inspire us and confuse us. And here in the future, things have gotten cheaper. Woohoo!

Let's follow the same order as we did last time, so we'll start with graphic and web design. The computer capable of handling the programs needed to become a professional designer would have cost you at least \$800. Today, a computer that can run Photoshop and the other required programs would run you more in the ballpark of \$600, and with all sorts of less intensive software out there now, you could probably even get a slightly less powerful computer at \$400-\$500 that will do the job. The same goes for the software. I estimated costs on the software using the Adobe suite of programs, about \$500. Today, you could subscribe to those programs for a monthly subscription, which keeps you from having to drop multiple hundreds of dollars all at once.

Admittedly, that subscription fee adds up over time, so luckily there are other options. Alternatives like the Corel Paintshop (the pro edition retails for \$100) and Gimp either cost much less, or are free all together, so if you don't feel like you need to go all the way with the software side, you can start yourself off with a much more manageable cost. We also discussed a printer for showing work to prospective clients, and a scanner for putting physical work into the computer for digital manipulation. That \$300 for both of those items has decreased to the vicinity of \$90. Good deal if you ask me. This process is inevitable as time goes on, older technology will be upgraded and the older things will become cheaper because people need to upgrade. Well fortunately, that older technology is often more than enough to get you started, and once you have your foot in the door, your opportunities open right up. Now let's talk web. You would have had to do almost all of the work yourself back in 2006, but today there are all sorts of services like Squarespace, Weebly, Wix, and even Google sites that allow you to just drop your information into templates and broadcast it to the world. Most of these services are even free if you don't mind having an extension after your domain like ".weebly.com", etc. So let's total that up. Our 2016 price for a graphic/web designer who is just starting out comes to \$600-\$900. Even on the high end, that's less than half the price it was ten years ago. Good deal.

Now let's see if we can apply our magic price gun to photography. Ten years ago, digital cameras were pretty expensive. We did look at prices for them but considering we were trying to find cheap routes for getting the job done, we factored in film cameras as an option too. These days you can't really get a good new film camera, so we'll sort of be comparing apples and oranges a little bit, but that's ok, we're artists, not scientists. For a

film SLR we estimated between \$600-\$800, and \$1000-\$1500 for the digital equivalent. Today, DSLRs are the kings of the camera world, and they are cheap. You could go out to your friendly neighborhood London Drugs or Best Buy and pick up a decent DSLR and a lens for \$600. Memory cards: \$10 for a card big enough to hold a couple thousand his resolution images. After you throw in an extra battery, a bag for everything, and maybe a lens cleaning kit, you're total comes to somewhere around \$700-\$800 after tax. Pretty good compared to the \$1700 or so we estimated for 2006. Turns out becoming a photographer is about \$1000 cheaper now than it was then.

Remember when I said DSLRs are the kings of the camera world? Well it applies to video as well. Most DSLR cameras can shoot full HD video, so you can head out and capture the next great summer blockbuster or flashy art film for less money than ever. We said a half decent DSLR for a photographer would cost about \$600. For video, I'd recommend going a little higher end because some of the cheaper cameras don't have quite enough juice to keep up with video for extended periods of time. So let's say, \$800 for a good DSLR for video. Compared to the \$12,000 digital video cameras we talked about last time, that's practically theft. Now before you get too excited, you will need a few extra things that photographers don't: lights and microphones. Luckily, you can get away with using super cheap lights. You just have to get a little creative, but hey that's what it's all about, right? Head over to Home Depot and grab a handful of bulbs and a couple of cheap lamps and you're set! Goose-neck lamps are great, just for the record, since they let you direct your light pretty much anywhere you need it. That'll probably cost you \$80 if you get the super cheap stuff, which is the goal here, so let's assume you do that. Next is audio. Sure, you could just use the microphone built into your fancy new camera, but unfortunately even though we're in

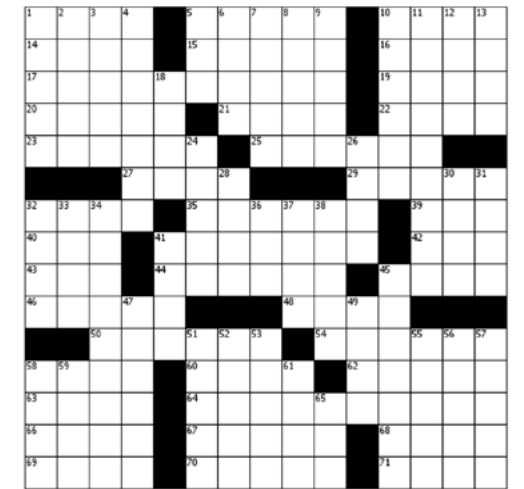
the future now, built in microphones still suck. Luckily, you probably have a smartphone, and there are apps available for iOS and Android that allow you to turn your phone into a recorder for an external microphone. There are a few companies out there that make quite decent microphones that plug directly into your headphone jack on your phone. Combine that with the app and voila, sound! Now I won't call this the cheapest way, it'll probably run you \$20 for the app and \$150 for the microphone, but sound is important so it's worth the cost. As for memory, those photographers have it easy. If you're doing HD video, you'll need something called a "Class 10 - UHS I" card. That means it's fast. Luckily, you can probably get a medium sized one for around \$25, but I'd recommend going for the gusto right away and getting yourself one giant SD card - probably somewhere in the 64GB - 128GB range. That'll cost you over \$100, but it'll be worth it because it'll last you ages. So let's look at your total here: Camera with lens, lights, microphone, SD card, and a carrying bag for good measure gets us up to somewhere around \$1400 after tax. Once again, video comes in as the most expensive on the list, but it's still about 90% cheaper than just the cost of a camera ten years ago. I think that goes a long way to expressing how far the technology has come these past years.

So there you have it. If you've been interested in getting into any of these things, hopefully this gave you an idea of how comparatively accessible everything is these days. Now I'm not going to say \$1000 isn't a lot of money, it is. But anytime someone doesn't try something because they think the could never afford it, it's a tragedy. Who knows what that person could have created? So if you think you want to design t-shirts or company logos, or head out to the mountains and capture some wildlife, or shoot the pilot for the next internet comedy show, now you have somewhere to start!

FUN AND GAMES



CROSSWORD



Across

- 1. Mediator's skill
- 5. Sweetshop order
- 10. Wax-wrapped cheese
- 14. Construction piece
- 15. The sum of all parts
- 16. Foe of 007
- 17. Prepare for later viewing
- 19. ___-Japanese War (1894-95)
- 20. In concert
- 21. Pad site
- 22. Verve
- 23. Fitted within one another
- 29. Cartoon pooch
- 32. Newswoman Paula
- 35. Move unsteadily
- 39. Forever, or close to it
- 40. In the manner of
- 41. They're nuts!
- 42. Cyberspace initials
- 43. ___ de guerre
- 44. Peter fit for this puzzle

Down

- 1. Satellite of Saturn
- 2. Demean
- 3. Major mafiosi
- 4. Garden State capital
- 5. Jeanne d'Arc, e.g. (Abbr)
- 6. Joint in the hind leg of a horse
- 7. Repent
- 8. Carpenter who could carry a tune
- 9. Word for a statesman
- 10. Ford fiascos
- 11. Halftime entertainers
- 12. Tolstoy's Karenina
- 13. "___ River"
- 18. It will hold the line
- 24. Coup ___
- 26. Bireme implements
- 28. Nothing special
- 30. Board accompaniment
- 31. Sole
- 32. Off-the-wall
- 33. ___ vera
- 34. Digit problem
- 36. Howe'er
- 37. BBC receiver
- 38. Still-life subjects
- 41. Viet ___
- 45. Legal right to property
- 47. Encompass or envelop
- 49. Boot out of office
- 51. Vacuum tube gas
- 52. Painter Reni
- 53. Irish patriot Robert
- 55. Card game authority Edmond
- 56. Anoint with oil
- 57. Flint product
- 58. Glad rags
- 59. Deseret, now
- 61. Story line
- 65. Brian of Roxy Music

Back to School

Find and circle all of the School related words that are hidden in the grid. The remaining letters spell a Mark Twain quotation.

I Y D U T S E P T E M B E R N U R S E H
 S L I C N E P A V C H A L K B O A R D E
 D B N E G N I N R A E L V E R L M E T S
 O E M Y O S E I D U T S L A I C O S S T
 O L C C L H C O U R S E S O O L O C E R
 R L F I D H I S S L R L S N N P R L C A
 S J I K F G O M C E A T L E I E H A N E
 E A R C R F A M K H N P W A N N C S E G
 L N S A I X O C E E O F I T C S N S I A
 U I T P E E O L M W R O S C R L U R C U
 R T D K N L C N O I O U L M N I L O S G
 F O A C D E G A E O B R O Y N I S O R N
 S R Y A S I K N F L H O K T A E R M R A
 Y E P B S L D C O E R C E E C R W P I L
 A S Z S E S I O O H T R S R T H D M Y E
 W A A Z D N H B T L C E E T N E D U T S
 L R D E I C R A R O C T R R E H C A E T
 L E S U S U B O M A A M U I S A N M Y G
 A K H T A M Q C L R R A T I A R E P A P
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|-------------|---------------|-------------|----------------|
| ASSIGNMENTS | ERASER | LUNCHROOM | ROLL CALL |
| BACKPACK | EXAMS | MATH | RULES |
| BATHROOM | FIRST DAY | NEW FRIENDS | SCHOOL BUS |
| BELL | GYMNASIUM | NOTEBOOK | SCHOOL OFFICE |
| BINDER | HALLWAY | NURSE | SCHOOLYARD |
| CAFETERIA | HOMEWORK | OLD FRIENDS | SCIENCE |
| CHALKBOARD | INTERCOM | PADLOCK | SECRETARY |
| CLASSROOM | JANITOR | PAPER | SEPTEMBER |
| CLOCK | LANGUAGE ARTS | PENCILS | SOCIAL STUDIES |
| COURSES | LEARNING | PENS | STUDENT |
| DESK | LIBRARY | PRINCIPAL | STUDY |
| DOORS | LOCKER | QUIZZES | TEACHER |
| ENROLL | | | |



SERIAL FICTION

“The Yellowhead County Murder Case Pt. 2”

by Austin Schuster

When the house finally came into view, Detective Tarsons was shocked at the suddenness of it. The road had blurred into uniform darkness, his headlights constantly illuminating a dirt road he'd thought would never end. He slammed the door to his 1998 Crown Victoria and traversed his way through the roughly cut outline of a yard amidst overgrown grass. Part of his surprise stemmed from the idea he held that the house would be on an open acreage, not in the middle of the woods. A frail and elderly man answered the door on the third knock.

“Good evening officer.” The man said warmly, ushering him inside. The house was entirely dark with the exception of a room down the hall, of which the elderly man was leading the way into. The detective cleared his throat, “Brilliant weather isn't it?” Upon entering the dimly lit kitchen, a single burning candle revealed the house to be made entirely of logs. In the center of

the kitchen there was a wood-burning stove. “We needed a good rain. What can I do for you Officer?”

“What was your name, sir?” Detective Tarsons asked, extending his hand to meet the leathery texture of his hosts. “Dean.” He tightened his grip, and nodded in acknowledgement. “Gordon Tarsons, Yellowhead County Sheriff's department.”

“Ah- a very rewarding career. So Officer, I hear there's been some strange things happening around my home as of late that you've come to debrief me on?” “As per your request sir, we got the call early this morning, although it took me a long time to find your place.” Tarsons said, removing a collection of files out of his briefcase. “There's been a series of murders reported in this county, corpses mostly, in swamps, ravines. Just last week there was a group of missing forest rangers found decapitated near a logging trail.”

“My good god.” The old man's lip was curled back in an expression of shock and disgust. “In addition to that a twelve year old boy has also gone missing.” “A kidnapping?” The detective shrugged. “We don't know yet. His parents reported that he talked of speaking with a

property, leading up to the time of his disappearance. They never believed him before, but now the current suspicion is that the boy was lured off of the property and taken.”

“That's sick.”

“Have you personally seen anything suspicious on the roads around here? Same vehicle driving by, same people?”

The old man shook

his head. “No, I'm alone. There isn't another house for miles.” The two men continued to talk for a time. Eventually the old man directed the detective into the basement, which was entirely made of concrete, and lining the walls were a collection of pedal powered sanding wheels and power saws. The Detective glanced at the floor passively as the old man continued working on a woodworking project, further detailing his description of the surrounding area and how he hadn't seen anything of suspicion. Detective Tarsons nodded, deep in thought, staring at the random blotches and streaks of dried paint on the floor. Blue, red white. The Detective was thinking of an inconsistency in the older man's request. He knew about the murders in the surrounding area and asked to be debriefed by the police. But why did he say he hadn't heard anything? How did he know of them in the first place?



“You uhm- You said you hadn't heard anything, so how did you find out about all of this stuff in the first place? You said you had no neighbors anywhere nearby.”

“Ah, my friend Tom lives closer to the highway. He told me about a week ago. I'll be right back.” He said, turning at the heel and disappearing into a part of the basement that Tarsons couldn't see. He looked down at the floor again, and noticed that he'd been standing directly over-top of an orange-red stain, which had seemed to pool where he stood, then streaked down into the darkness of a hallway to his left. He raised an eyebrow and followed it, where it led into an antique bathroom. The streaks ended near the tub, but the tub itself was coated gore. It was unmistakably, dried blood.



FASHION FLASH

“Lazy Girl Hacks”

by Brianna DeSouza

As the semester comes to its crunch time we all know what getting 3 or 4 hours of sleep a night feels like. And you want to look good for school the next morning, but do you really want to wake up early to get fully spackled every day? Nope. So get your beauty sleep and use these tips that will make you look fresh in pretty much no time at all.

Tip 1: Instead of applying a full face of foundation, spot-conceal blemishes. This takes two seconds and leaves you with flawless-looking skin. Keep handy a concealer palette that works with your skin tone if you want to do some quick touch-ups throughout the day. Even cut out a step from your makeup routine by using primer on your makeup sponge.



You'll be dampening the sponge and simultaneously giving a longer-lasting finish to your foundation.

Tip 2: Make sure you always completely remove the previous day's eye makeup. Sure, you probably used a wipe to take off your eye makeup the night before, but you probably also woke up with a mess under your eyes. The key to looking good is to start fresh and wipe that excess makeup off, even if you're not planning on putting on any more. To really get it off, wet a cotton pad with an oil-based makeup remover. Use gentle downward motions to eliminate the excess makeup (doing this keeps you from being rough with the delicate skin around your eyes).

Tip 3: Don't leave any white powder residue on your face. Translucent powder is great for setting your look, but it often leaves a trace. To avoid that, apply the powder using

your makeup sponge. This technique makes the powder less visible. Sprinkle



some translucent powder into the product's cap, dampen your makeup sponge slightly with water (squeeze to eliminate excess H2O), and then press the powder into your skin for a flawless finish. You can also add blush to your cheeks and eyelids to instantly make yourself look alive. Want to look like a human who got eight hours of sleep even though you didn't? Take a universally flattering peach blush and sweep it over your cheeks and lids. Boom: You're a new person, ready to take on the day.

Tip 4: Instantly get a fresh-faced effect by adding a subtle highlight along the orbital bone of your eyes. You can also pop a peachy golden-toned highlighter (It goes well with all skin tones!) in a “C” formation along your cheekbones and around the outer corner of your eyes. Conceal the right way according to your face shape: If you have fuller cheeks, conceal directly underneath your eyes in a curved formation. Doing this will cover up, not accentuate, any dark circles. Use a reddish-toned concealer first to cancel out the dark shadows, blend, and then follow it up with a yellow-tinted cover-up to fully camouflage your dark circles. If you have flatter cheeks, use the triangle application technique to conceal your dark circles. Again, you'll want to lay down a peachy or red-tinted concealer first to cancel out any blue or purple in the dark circles. Blend, and then top it with a yellow-tinted flesh-

toned cover-up.

Tip 5: A simple tip, curl your lashes for an instantly wide-awake effect. Don't have time for the perfect mascara application? I feel you. Instead, just curl your lashes — it works just as well. Doing so will give you a doe-eyed look, leaving you looking like you just got a full night's sleep.

Tip 6: If you want fuller-looking brows without having to fill them in? Spray a disposable mascara wand or spoolie with hairspray to set your brows in place. If you aren't looking to add color to your arches, then this quick tip is the only one you need to set your brows all day.

Tip 7: Revive flat hair and make it instantly more voluminous with dry shampoo. Sure, you know dry shampoo sops up oil in no time (which is perfect if you didn't get a chance to shower the night before), but it can also take your hair from blah to bombshell in seconds. Just lift your hair up so the dry shampoo reaches your roots, and then flip your head upside down to fluff it, and voilà: Victoria's Secret-worthy volume. No one likes to sacrifice sleep for beauty, especially not me (you won't like me when I'm cranky!). So hopefully these tips will be oh-so helpful with making you look as great as always while getting enough sleep as well.

YOU SOMETIMES THINK YOU WANT TO **DISAPPEAR**, BUT ALL YOU REALLY WANT IS TO BE **FOUND**
- KID CUDI



BREAKING THE SILENCE

by Chase Zahacy

Here at Concordia, I'm a student who will be finishing my 2nd academic year this April, but I'm here for the education more than the degree. I am a certified life-skills coach, volunteering and working in both rural and urban indigenous communities. It's how I grew up; it's where I'm from. I have the experience to understand and try to help, but I'm lacking in the knowledge that studying psychology can provide. The people I work

with have traumatic pasts. Survivors of the infamous residential schools make up a significant portion of them.

But you have to help yourself before you can properly help others. I must admit, I was quite an unstable mother for my older children, as my mental health problems were going untreated. I had a vague and unstable self-image; I didn't really know who I was or who I wanted to be. Without a clear identity, there isn't much to be confident about, and so I had very low self-esteem as well.

which doesn't provide the most stable environment to develop and establish yourself, because of this even now I really like familiarity.

My home saw alcoholism and abuse, as my mother was also a residential school survivor. When it wasn't actively abusive, it was neglectful. My mother would stay away from home for long stretches of time, almost abandoning her children. Eventually she really left, and I had to take over as the caregiver for all my younger siblings.

What I see in myself and in my life, I can see in others.

You need to relate to someone, and understand things quite personally, if you really want to help them improve. The hypervigilance that I experience as a PTSD symptom triggers ADHD symptoms. 19 years ago when I moved to Edmonton, ADHD began to really take root in my mind. ADHD medications helped with studying but group therapy is what truly helped treat the underlying anxieties. Sharing stories. Awareness. If you're experiencing mental health problems, push past whatever shame or judgment you may fear and start talking about it. Combining education with therapy and putting it all into action is freeing.

STUDENT LIFE

by Peter Flourlaris

This week it was my tremendous pleasure to interview Nancy Cano. Not only does Ms. Cano do a great job of helping students at career services, she also gives a great interview.

Peter Flourlaris: Tell the readers a bit about yourself, what is your job title and description here at Concordia?

Nancy Cano: I work at Concordia University of Edmonton at the Career Services office. My job title is Career Adviser. My job description is to help the students with career planning, job searching, and to find one's passion or mission in life. The most important thing for me is to help students find the passion that they have in life, so that they have a reason to wake up everyday and find that their

job is not just for the salary, but for enjoyment.

Peter: What is the most popular question that students ask you for help with?

Nancy: The most popular thing students come to me for is to tell me that they are lost and that they do not know what to do with their life.

Peter: Do you have any general advice for students regarding the library and maximizing it as a student resource?

Nancy: My advice for students is that they can come here anytime, and they will find two marvelous people who can help them find their passion. When they come here they will find many resources like booklets and magazines and handouts that can help them understand themselves. Students are welcome anytime, they can make an appointment or come in during our top on hours. Students

will have a good time talking with us in a relaxed environment where they are safe to talk about whatever they want. My purpose is to make sure that when students leave the career services office that they have something in their hands that they can look back on.

Peter: What is your favourite part of your job?

Nancy: The most rewarding part of my job is when the students tell me "Nancy, you've helped me a lot," or when they write us a note or email thanking us for helping them. To me, that's the most rewarding part. After I get a note I just smile all day.

Peter: What is your dream vacation spot?

Nancy: I have two places I would like to see, one is Machu Picchu, or maybe someplace historical like Greece.

Peter: What is your favourite book?

Nancy: My favorite book is 'The Little Prince.' I love that book and its philosophy.

Peter: What is your favourite movie?

Nancy: In Colombia I saw the Little Prince Movie. In general, I like movies that are happy in the end. I don't like scary movies, I just like movies with happy endings.

Thank you very much Ms. Nancy Cano for very entertaining interview. I hope this article can demonstrate how approachable and helpful Ms. Cano, and everyone at career service are.

Finally, if you, the reader, have anyone in mind that you would like to see featured in one of my articles, you can send in your requests to me. I can be reached through my email pfourlar@student.concordia.ab.ca or via twitter @PeterF_94.

INFO NIGHTS

ARTS NIGHT/MARCH 10th

MANAGEMENT and SCIENCE NIGHT/MARCH 17th

FROM 7-8:30pm



LOCAL TALENT

YEG Based Streetwear: Apollo Originals

By Kayle Sieben

Streetwear isn't something most people associate with Edmonton. If we hear of cool brands, most often we'd naturally assume it's not from here. So when I asked my friend where he got his Apollo Originals snapback, I found out it's a local company and I was immediately intrigued. These dudes produce some of the

freshest clothing I've seen, so I needed to showcase the brand in this issue's Local Talent. I sat down with Boo McNamara, co-founder of Apollo. What he was telling me was music to my ears, so I actually hit record slightly before the first question.

Boo McNamara: ...I'm overnight shipping three hats to Aaron Ekblad, he agreed to wear them during the NHL All Star weekend. I'm pretty stoked about that. One of my best friends is Tyler Ennis (Buffalo Sabres) and I let him pick out the hats. I train a few guys like Ennis, Jared Spurgeon (Minnesota Wild) and some other guys but they don't really use social media. So having young

guys like Ekblad is huge. He tagged us in an Instagram right away, and said as soon as he gets the hats he'll wear them doing interviews and post pictures. And I'm like, damn, this is priceless for us. To have people that are willing to do that for us for free just because they really like the brand is cool. Some people get paid big money to do stuff like that, and these guys are just willing to do it for me like "yeah, why not?"

Kayle Sieben: Wow, it's definitely a bonus to have a few well-known athletes repping the brand. You're originally from Nova Scotia; what made you decide to become an entrepreneur in the Edmonton area?

Boo: To be honest, I didn't move to Edmonton to be an

entrepreneur; that was the furthest thing from my mind. I didn't even really know I was an entrepreneur until Apollo got up and running. I moved to Edmonton for similar reasons as most guys, for opportunity. I have an advanced major in kinesiology and biology so I moved out here because there's not a lot of professional athletes in Nova Scotia and not a lot of athletes to train in general. So that's kind of why I came here, for the opportunity to train athletes.

KS: Right, you're now co-owner of Athlete's Nation (Sports Performance Training), so what sparked the urge to create a clothing line?

Boo: I own Apollo with my best friend, Mattie Gordon MacDonald. We've been play-

ing hockey together since pee-wee. He's actually a journeyman welder. There aren't too many careers that align where you have a journeyman welder and strength and conditioning coach. We're both big fans of music, art, tattoos, and clothes.

My little nephew kept putting the bug in my ear, because he always liked my hats. I'm a hat guy. He's like "why don't you start your own hat company?" So I told him when (he) turns 18 we'll start a hat company. One night we were having a few drinks, and the more and more I thought about it I was just like, "why not start a hat company?" Then I asked my best friend, Mattie. He was like, "I'm in. Let's do it together." So, why not do it with your best friend? It's definitely way more fun to do it with someone like that than to do it by yourself.

KS: So who does the designs?

Boo: I do most of the designs. I have a guy, I'm not a graphic artist by any means. I come up with the ideas and I have really awesome guy back on the east coast that we do all of the designs with. He worked a little bit for Red Dragon and some other cool clothing companies. He's the guy who will just take my ideas to life.

KS: How'd you come up with the Apollo Originals brand?

Boo: For the logo, I've had this sleeve for about eight years and it's my favourite punk band's album cover (Brand New). That's where it all came from. Every time I saw the astronaut floating, I would just think "this is the dirtiest album cover I've ever seen." Even still I have a huge poster on my wall, I have a gold record of it. It's something that's always kind of inspired me.

The name is a funny story, actually. We decided we were going to start a hat company, and then all of a sudden it was like coming up with a name was the hardest thing you can imagine. It's like trying to make a nickname for your buddy. If you're trying to make one up they don't fit right. You could think all day, but it just has to happen.

Actually, Tyler Ennis and I, we're both huge music fans and we've been to tons of concerts together. Every day after a workout here, because I train him in the summer, I would always talk about this hat company. Him and I would always try and come up with names. He actually had a name for a band in case he was never in the NHL. His band name was Apollo, and he said Apollo to me it just reminded me of my sleeve. Astronaut, Apollo. That's it. I knew it right off the bat that that was the name. With the "originals" part, I was like "Apollo Apparel" and "Apollo whatever," that's just so lame. Apparel at the end of a clothing company or Apollo Clothing doesn't really catch your attention.

KS: What was the biggest hurdle for success?

Boo: I think for us was having no idea what being a clothing company is. Neither of us have done clothing before. I mean, we wear cool clothes and thought we had a decent sense of style, but it's a lot different when you're manufacturing and creating. You don't know how it's going to turn out. We don't make the clothes in house or anything like that, so we had some stuff that didn't turn out at all like we thought it would. It kind of sucks. So I'd say that's the biggest hurdle. Finding what works best for the brand. I

think the approach we've started to take is to keep it simple and clean. It seems like every time we do that the designs work and people love them.

KS: What would you say you're most proud of, from a personal and a business standpoint?

Boo: Personally, I think it's the fact that everyone thought that we were crazy. You tell your buddies you're starting a clothing company and like, "Yeah right, good luck," you know what I mean? We started initially with \$500, and with those first 20 hats we sold them and ended up buying 40 more. Those 40 sold and we bought 80. Over the span of a year we turned that \$500 into six figures in sales. That's from us literally like, even still, meeting people in parking lots and popping our trunk. Just like straight hustling to sell that stuff (laughing). People are starting to put Apollo with upper echelon brands in the city. It's cool to have people really respect it. We've taken nothing and turned it into something we never really thought would happen.

KS: Who should buy Apollo Originals?

Boo: I think it doesn't really have to mean anything to anyone. There's a clothing company back home called East Coast Lifestyle and people want to wear that because they're from home and they want to be proud of that. With Apollo, we just want people to like it. We just want people to see it, and want it. We're not making it for anyone. For me personally, I keep making the stuff that I'd want to wear, and I just hope other people will really like it too. I would always come up with new stuff because

I wanted new stuff for myself. We want people to feel proud wearing it. There's no better feeling than when you're rocking something cool and people are coming up and giving you compliments. That's what we're trying to do. As silly as it sounds we just want to make sweet clothes.

KS: What's next for the company?

Boo: We're opening up our first retail space, right in the front of our gym. We get a lot of online orders from Edmonton so now people can actually just come and see it and hopefully build more support that way. We're excited for the future because we know what we're doing now. Last year we made a lot of mistakes, and now we have some inventory and things like that. The sky is the limit with us, eventually we hope to be in stores. We actually have a pop-up shop coming soon at Lu Lu Lemon West Edmonton Mall on February 26, and there will be more this summer. Mercedes is hooking us up with a Sprinter van, so we're going to take that to different events throughout the summer and sell clothes that way as well. So for right now it's the same thing, just keep grinding and see where we can take this.

Apollo Originals has now officially opened its retail space at 125 Carleton Drive #107, St Albert. If that's too far for you, check them out at www.apollooriginals.com. Facebook @ Apollo Originals, Instagram @Apollo_Originals. Big thank you to Boo McNamara for taking the time to chat with me.