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## The Bolt.

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A CSA Publication.  
SEPTEMBER 2<sup>ND</sup> 2014  
Issue 1

# WELCOME BACK!



# MEET YOUR CSA INSIDE!

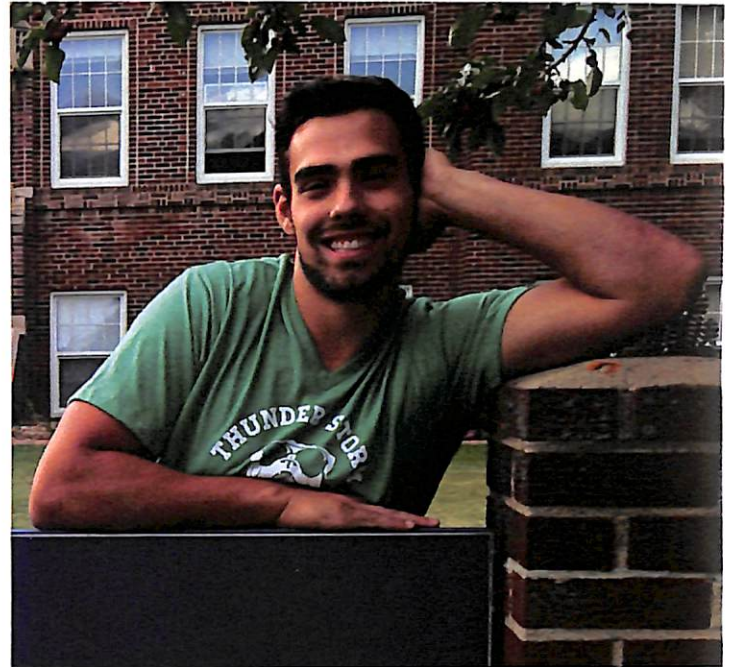
## MEET YOUR 2014 - 2015 CSA

### Tyler Ludwig CSA President

Welcome back everybody! My name is Tyler Ludwig and have been attending Concordia since 2010 making this my 5th year. I played on the men's volleyball team my first year and then proceeded to get involved with the CSA. I started out as athletic director and moved up to VP of Internal this last year. My current position as president allows me to now take the knowledge I have gained over the last few years and apply them to the

organization. As a bachelor of Management student I see the CSA as a small business with tremendous potential to grow. I'm confident in my team this year and together we will strive for a successful year for all stakeholders. I challenge all students to get involved with the Concordia community this year. May it be through CSA clubs or events hosted by the University, by getting involved you will build a network and more importantly feel part of the great Concordia community.

I look forward to answering any questions!



### Mitchell Jones

VP - Student Life

Hey! I have been going to school at Concordia since 2010 in the Management program with a minor in History. For the past four years I have been involved in many aspects of Concordia. This includes being a dorm resident for

the past four years; two of which I was as a Resident Assistant Supervisor. My other involvements at Concordia also include being a former member of the Men's Basketball team, and currently assisting as an announcer at sporting events. Concordia has been my home for the past four years and I truly want this year to be the best one yet.



### Colton Chacalias VP - Marketing

My name is Colton Chacalias and I am entering my second year in Concordia's Management Degree program. I have lived in Edmonton my entire life but enjoy travelling and broadening myself. I am excited to be joining the CSA

team as the VP of Marketing. I will be working to expand student awareness of the CSA's activities using facets such as social media and community involvement. I am excited to be joining the Executive council and plan to use the leadership role as an opportunity to impact student experiences and leave a positive impression on the students and faculty of Concordia.



# MEET YOUR 2014-2015 CSA

## Cody Weger

*VP - Finance*

My name is Cody Weger and I am originally from Lethbridge, AB. I am a fourth year management student with my emphasis in finance. I have played for Concordia's volleyball team the past three years while also being on the Concordia Business Association the

last two. During this time I held the VP Operations and VP Finance positions respectively. I am looking forward to impacting this university and community this year and am inspired by the potential this team holds. My hope is that this will be a monumental year for the CSA and Concordia as a whole. I am honored to be a part of this team and help foster the potential.



## Shannon Peacocke

*VP - Internal*

My name is Shannon Peacocke and I am a 3rd year business student at Concordia and the new VP Internal for the Concordia Student Association. In addition to the CSA, I have been a driving force in the Strathcona Rotaract Club in my position of president. I was chosen because of her commitment and dedication to serving her school and community. I have organized, led, and executed many fundraising projects, organized volunteers for the delivery of aid and put

many work teams together to help non-profit and charitable organizations in her community. I have attended and participated in numerous leadership events in and around the city. I can come up with ideas and concepts, plan, organize, delegate, execute and report and I take my responsibilities and roles to heart. I chose to be a part of the Concordia Student Association in order to work with and assist the many clubs as well as facilitate school events. I want to motivate students to not only get involved but stay involved while offering support.

# YOUR CSA WANTS TO SEE YOU!

**GOT AN IDEA FOR A CLUB? A SCHOOL EVENT YOU'D LIKE TO SEE? WANT TO GET INVOLVED?**

**STOP BY THE CSA OFFICES BEHIND "THE BLUE DOOR" AND VISIT YOUR CSA!**

**THEY LOVE TO HEAR ALL YOUR IDEAS AND ARE HERE TO HELP THEM BECOME A REALITY.**

**WE HOPE TO SEE YOU SOON!**

## 'LIFE N' STUFF' GETS A FACE

Kayle  
Sieben

*Advice Column*

Hello, my name is Kayle, the type of advice I will give will be a healthy mix of logic, philosophy/psychology, and a dose of reality by allowing the reader to gain a new perspective of a situation. A lot of people tend to deny their own involvement in their issues, often looking at the cause being completely external. To an extent, most of life's problems are triggered by these external circumstances, but how we handle them and how we view the situation comes from within. Individuals stress over uncontrollable events, and will let these events continually affect their mental well-being.

My approach to these types of events is to feel the pain, and let the emotion come naturally; but to also allow yourself to become free from the stressors we have no control over.

As for events where we bare more of a responsibility to, my approach is introspection and perspective.

Working with parents and youth who live in extreme poverty has given me a different perspective on life's issues than I used to have. I used to be the person that would dwell on these situations, and let them constantly bring my spirits down. Seeing an individual with no home, no money, and their children apprehended is able to smile and laugh hit me deeper than seeing the negative aspects of all these situations.

Perhaps at times individuals over-think problems; perhaps all we need is perspective.

For individuals seeking advice, I want to provide a new perspective on the situation and allow them to see these interpersonal problems in a new light. I want the individual to have an open and unbiased dialect on the situation with themselves and try and

show them how they could have handled the stress/situation in a different way.

As stated by Aristotle, "It is the mark of an educated mind, to entertain a thought without accepting it." I've always found that even with the most extreme negatives, there is always a silver lining. I intend to show the individual how they can mend these emotional scars of the situation that has been bestowed upon them.

As an individual, I have been through many stressful events and I am not afraid to share my stories with the world. I was a child of divorce which led to a sibling dealing with drug addiction, an individual who was sexually harassed, and a lover who has been cheated on. I always tend to over-think situations and these events used to harass my state of mind for many years.

One day, I changed my perspective. Instead of dwelling on how badly I was hurt in these situations,

I looked at how it made me grow as a person. Though these circumstances are something individuals ought to avoid, some are inevitable and out of one's control. One example is being cheated on; the further away I get from the event the more clarity I have on the situation and how wrong this girl actually was for me. Sometimes it takes something completely out of our hands to provide us with this perspective. Though it took me a long time to finally get over the situation, I have changed for the better. I have found someone who accents me perfectly and has changed the way I view trust entirely, but also changed the way I act in a relationship.

A big key in being able to see the silver lining is being honest with ourselves unafraid of the physical and emotional restraints we have on ourselves. Individuals must constantly learn and grow from every person and moment we encounter; there are always lessons to be learned, we just need to be aware of them.

**JOIN THE FRESHMAN CHALLENGE!  
MEET PEOPLE!**

**BECOME INFORMED!**

**WIN PRIZES!**

**MORE DETAILS AT [WWW.CONCORDIA.AB.CA/FRESHMENCHALLENGE/](http://WWW.CONCORDIA.AB.CA/FRESHMENCHALLENGE/)**

## THE RETURN OF RACHEL

### Rachel Whipple

Entertainment

Hi folks! I'm ecstatic to start off my third year writing for The Bolt. This year I will be bringing you articles about poetry and food. I will be giving reviews on restaurants and sharing tasty recipes and photos. The poetry section will feature poets around the school. I will write a bit about the meaning behind the poems and the author's writing style. So please send your poetry submissions to me at [rwhipple@](mailto:rwhipple@student.concordia.ab.ca)

[student.concordia.ab.ca](mailto:student.concordia.ab.ca) OR to The Bolt at [csabolt@student.concordia.ab.ca](mailto:csabolt@student.concordia.ab.ca). You are also welcome to remain anonymous.

A bit about me ... I am currently a fourth year student majoring in English and Drama. Besides working for The Bolt, I also sell auto parts at Bumper to Bumper on the south side. I love to sing, paint, perform improv, and all aspects of theatre and set design. My goal this year is to restock my aquarium and own another catfish... and I guess graduate and

grow up and stuff. After university you have to be a real adult right? Bleh.

This summer I directed a short play called "Pacific Time", helped design and decorate the set of an indie TV pilot episode, and saw two of my close friends get married. I also played dodgeball and soccer through Edmonton Sport and Social Club. We only won one game, but I made plenty of great friends. My summer read was "Treasure Island"; it felt great to re-read an old childhood favorite. My mini vacation

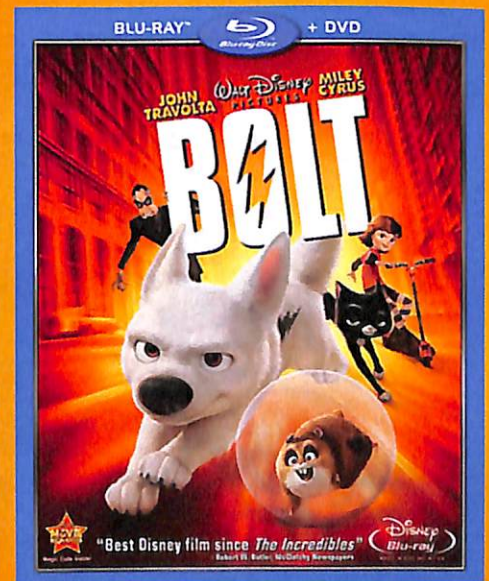
was camping at Whistle Stop Golf Course right outside of Camrose and going to BVJ. I snuck into the VIP section at 10 am on the first day of the concerts. Hunter Hayes was doing his sound check and we got to have front row seats! We were so close that we could hear him talking and joking with his band.

Welcome back to our current students and hello to all of the new ones! I hope many of you will submit your poems and any requests for the food section. Happy reading!



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# FUN N' GAMES

U J F L T P J Z Q M Z N S Q K  
M E A R N S E P T E M B E R T  
U Y W S E C J O N M Y U Z G T  
Y F U I D S X G I M C E N U K  
N L E Y U A H O X O Y I I O B  
O U G Y T H F L N T N G A P A  
C G E X S W V C L N U I T O I  
T K G Y O O O O I J T E O A J  
B J Q V S R B G P N E D A X O  
P U M T D R E P A P S W E N W  
Z A A I Z B B U G F V A O Q Z  
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T O R B S H A I J F L S P E N  
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Beginning

Start

September

Fresh

Concordia

CSA

Friends

Student

Bolt

Newspaper

[theboltnews.com](http://theboltnews.com)

Check out our website for answers to these puzzles, as well as online articles, and more!

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	8		3	A						F					
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1	0			9		C		7		4	5	D	3	B	
	B	F			2	3	8			9		7			A
	A	9	6		0		F	8					4		
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	7	C	E	2	8		1		D		A			3	4
8	3	A		E			9		5	1	C				B
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	C	4		8	5		B	2			9		0	F	7
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5	6		7			1	0	C		D					9

## NEW SECTION TAKES FLIGHT

### Kelsea Gillespie

Travel

GOOD MORNING CONCORDIA! (Read in Robin Williams' Good Morning Vietnam voice). Welcome back students, staff, and faculty! While we are all getting back into the normal "swing of things", I sincerely hope that you make it part of your bi-weekly routine to pick up a copy of The Bolt. Why, you might ask? Because within the pages of The Bolt you will find some of my most embarrassing and unfortunate moments, mixed in with some not-so-ordinary advice (most of which will likely be about travel). Let me take a moment to introduce myself (this paragraph will be fairly boring and very stereotypical, you may skip it if you wish). My name, as you can easily gather from

the author's name of this article, is Kelsea Gillespie. I am now going into my third year here at Concordia, majoring in English, and minoring in Political Science and History. What would I like to be when I "grow up"? I'm vying for that same position as a teacher that we all seem to be striving for here at Concordia. I know there are many of us and few job openings, but don't let that get you down! You have come to the right place, I promise. I am also your Arts Representative for the CSA, the president of the Model UN Club, and a Freshman Challenge leader. You will see me running quietly through the halls of Concordia, likely because I am late for my next class. You can also find me in the CSA offices during my office hours this semester (Friday afternoons, 12pm-2pm), and I usually have a homemade box of treats on the desk to share. Like I mentioned earlier, I

really will be sharing some of my worst moments in hopes of brightening your day. I have some fairly bad luck it seems, and that is the most true when it comes to traveling. I would by no means consider myself a travel expert, but I have experienced enough going-wrongs that I feel compelled to share them with you. Thanks to globalization and modern technology, traveling should be getting easier and easier. The truth of the matter is, that it is not for those of us who are directionally challenged and poor at map-reading skills (there's never anywhere on the map to tell you which way you're supposed to face). Sure, you can look ahead online at the cleanliness rating of a hotel or hostel, but that might not prepare you for the creatures lurking in the walls that only choose to attack special travelers (Canadian blood must taste better). You can plan your

route to your lodging, dawn your backpack, and mentally prepare yourself for the heat wave that will inevitably hit you the moment you step out of that terminal, but nothing compares to what will actually happen. Hot, heavy, humid air infiltrates your entire body quickly, rendering it useless at making decisions or being capable of reading poorly written directions. "Take Rua dos Remodelares" does not give you a direction. Nobody can prepare for what it will be like to spend a month straight with the same person, even if that person is someone you love. You may decide that I'm crazy, an idiot, or a magnet for bad luck. Whatever you think, I hope you come with me on my journeys through these articles. And if you do happen to see me wandering (whether it be in Concordia or elsewhere), it is likely because I am lost.



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# MEETING MR. POLO

## Ramiro Medina Polo

### Politics

Hello, fellow Concordians or be it whatever you believe yourself to be, I shall welcome you just the same. I am R. Allan Medina Polo, the Bolt's current writer on Politics, and I shall introduce myself to you in order to get nicely acquainted for the rest of this exciting year (However this year plays out I'm choosing to define it as exciting, I hope you may accompany me into this definition). First things first, I want to announce that as of this year I'm not only writing on Politics, for I'm intending to explore Edmonton's local music scene which I'm constantly involved with to present some of the musicians and personalities of the scene to audiences that may be looking for some interesting entertainment in the midst of this urban atmosphere. So, keep an eye out for that (but, please, not literally). Now, onto Politics, over the last year I've addressed many of the world politics news that have come up, including: the National Security Agency of the U.S.A. and its national and international conflicts, the Venezuelan Crisis, the U.S.A.'s economic shutdown, the Syrian Revolution, the Bosnian Revolution, the Ukrainian-Russian conflicts, and most importantly, for anyone that kept up with

Twitch Plays Pokemon, the Rise of Lord Helix. Last year, I got great responses to my approach to writing on these issues by being unbiased and by assessing all the various different inevitable biases found in media and studying them critically, along with introducing the historical background and analysis of the issues at hand; I present news in a critical perspective that leaves the reader to decide how it wants to relate itself to this object of thought. However, this sort of approach is not mine for me to take credit, for I am inspired by the great literary critic and philosopher, Albert Camus, who postulates his idea of the absurd as the impossibility of making rational sense of one's experiences, as well as a newspaper idea he had which was a newspaper that came out a week after all the other publications; in this paper, the writers would analyze and criticize the previous publications in order to bring up all the different perspectives that arrive from the subjective nature of one's association with their information of the world. Thus, I intend to put Camus' approach to practice, and with influences of other existentialist thinkers, I intend to acknowledge that the human being is a being caught in a context, a place, and a time, at risk of

perhaps misinterpreting the idea, a being-in-the-world (a technical term that belongs to Martin Heidegger) if I must call it such. And based on this understanding of humanity, I intend to present that these are human beings with lives, contexts and historical backgrounds, perspectives and ideas that are caught in the circumstances we dare to call political. In this sense, I intend to be post-modern in the sense in which I address the vast layers of perspective that exist over one event, and I intend to be existential in the sense in which I acknowledge that events and human beings are beings that are in something, that is their context, history, and the rest of the jargon I have already thrown out. Now, about myself, I am a Philosophy major and an English minor who tends to study even as a way to spend leisure time; I dedicate my time and devotion to writing poetry, prose, philosophical notes (for I'm

yet to venture into formal essays aside from my school work), music, literary and cultural criticisms amongst many other things. Yet, of course, none of these things cover the totality of my being, as I do not expect to ever know that of someone else - but, that's alright. I am always interested in discussing ideas with people, as well as current events, books, plays, and what not, so I shall extend my welcoming hand to you as a friend, a reader, but most importantly a human being through this humble piece of writing. And though I'm relatively quiet when encounter the nothingness I simply know as a stranger, please, feel welcome to approach me and perhaps suggest me things to write on, or solely have a conversation and discuss ideas. With all of that said, I bid you farewell until next time, whenever and where that future may be (but likely, it will be here).





# OPEN FOR BUSINESS

**Blake Novak**  
*Business*

Welcome back to another fantastic year of education and fun, my fellow Concordians. I am excited to be back after a long hot summer, and spending time with all of you in these hallowed halls.

For those of you who are new to Concordia or may not have met me yet, my name is Blake Novak, a management student with an emphasis in Human Resources, the President of the Concordia Business Association (CBA), as well as the Business Representative for the Concordia Students Association (CSA). A bit of a mouthful, I know, so let's split the difference and call me Blake. Or Mr. President, whatever is more comfortable for you. I also am an avid gamer, enjoy playing my ukulele, and love to cook.

I am in my final year at Concordia, and plan on

getting a lot accomplished during these next 8 months. As a writer for the Bolt, I will be covering topics relating to business, such as the prospects in the current job market, new trends in the needs of students and employers, as well as books related to leadership and management. I spent a great deal of the summer cutting through my reading list of business related literature, covering books such as *Quiet: The Power of Introverts in a World That Can't Stop Talking* by Susan Cain, and *Start with Why* by Simon Sinek. Both authors are leaders in their fields of business and leadership, and have had opportunities to speak to audiences regarding their knowledge through TED Talks and other events. I also finally got to read *World War Z*, but speak to me in person about that book, because there isn't enough room on this page for me to rant about that amazing novel!

As I stated previously, on top

of being a writer for the Bolt, I am also the President of the CBA and the Business Rep for the CSA, meaning I will be your one stop shop for all things student government relating to the management program. Over the summer, the CBA council and I worked hard at preparing for this year; planning numerous events, preparing budgets, finding sponsors and connecting with the business community. We are going to continue our commitment to connecting students with professionals in their field, and creating opportunities for networking to take place at the university. As you'll soon learn, networking is an important part of business, and will only help you achieve your goals. There is life outside the campus, and our goal is to bring it to you!

Speaking of the CBA, you should attend the Management Student/Faculty Mixer on September 10th, where there will be refreshments and a

gathering of management people that you should really meet. Come on by in Tegler from 11 to 1 and meet your faculty and CBA council!

So look forward to the year! Be excited for the tests, papers, group projects, thunderwear Fridays, pizza lunches, bake sales, international days, arts days, science week and loads of other activities that will be happening around the campus! Participate and meet people! Get to know your fellow Concordians, and join a club. \*Cough\* Concordia Business Association \*Cough\* Excuse me, something caught in my throat there. And come by the CSA office and meet me! People tell me I'm a nice guy, and my office hours can be too chill sometimes. My hours are Monday, Wednesday, and Friday each week from 11am to 12pm, unless another scheduled event pulls me away. Regardless, have a great year and may guesses be ever in your favor come exam time!



## SUBMIT AN ARTICLE

## GET A GIFT CARD!

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## A LOOK AT OUR STUDENTS

### Peter Fourlaris

*Student Life*

Greetings to all you wonderful readers! I hope you are all as rejuvenated from the summer break and are as excited for a great year as I am. If this is your first year here at Concordia, I sincerely wish you the grandest of all welcomes and I hope your experience here will be a positive one, one that can play the part in laying the foundation to your future. To all returning students, I am looking forward to seeing all of your smiling faces in the hallways again, and hopefully getting to know most of you better. I am a third year student here at Concordia, and I'm in the Bachelor of Arts program taking sociology as my major and religion as my minor.

I was born in and raised in Edmonton; I am a huge Oilers fan, and have had Eskimos season seats with my dad since I was twelve years old. My dream for the future is to hopefully get a graduate degree after I receive my bachelor's. From that point on, only God knows what life will hold for me! I have often been described as a quiet, mild mannered individual. Because of this, my first day on campus was extremely nerve racking, especially considering I did not know very many folks from my time at high school. Fortunately for me, it was during orientation that I had my eyes opened by some very special people who I had just met that day who made me feel very comfortable. To this day I consider these people as friends, friends who helped make experience

at Concordia these past two years better than I could have imagined. Over the next several weeks I began to meet more and more wonderful people, allowing me to quickly establish myself in a comfort zone. Since day one, Concordia and all those inside its walls have been blessings to me, I hope that all students who are walking through the iconic doors at Concordia for the first time will be welcomed in the same way I was. The past two years I have spent at Concordia have led me to realise that there is something very magical about this University, and as someone who enjoys writing, it occurred to me that it would be a good idea to try and capture some of this magic in word form. The plan for my columns here at the "Bolt" is to tell the stories of

the people in this school who make it such a wonderful place to be. I want to interview some very special individuals on campus, and give them a chance to have their story shared with the general public. I want to find extraordinary people who make the world around us a better place to live. If you, the reader, have anyone in mind that you would like to see featured in one of my articles, you can send in your requests to me. I can be reached through my email [pfourlar@student.concordia.ab.ca](mailto:pfourlar@student.concordia.ab.ca) or via twitter [@PeterF\\_94](https://twitter.com/PeterF_94). Again, I would like to extend my welcome to all, in what I believe will be an extraordinary year. I hope you all will have a great time learning, growing as a person, and of course having fun in the process!



**THUNDER  
STORM  
PARTY**

**Friday, September 5  
1-6 pm  
Buffalo Patio  
Above Tegler**

CSA

The poster features a dark background with purple lightning bolts. On the left, there are two glasses of beer, one with a thick head of foam. The text is in a bold, yellow, blocky font with black outlines. The event details are in white text on the right.

## A PLEASING PREAMBLE

### Miranda Coleman

Co-Editor

Hey Concordia! My name is Miranda and this will be my second year as story editor for the always exciting and sometimes revolutionary Bolt! As the story editor I edit our submissions for readability and grammar so that Jonathan, our layout editor, can start working his magic. Jonathan, Nick (our Editor and Chief), and I work tirelessly together, often into the wee hours of the morning on a school night, to make the Bolt as flawless as possible. So far we have made a pretty good team. I am so excited for this year to kick off because we have a lot of new writers that are

just aching to bring you the news and some old familiar faces whom I have missed dearly over the summer.

In addition to my post at the Bolt I am also a member of the Model United Nations Club and in my first year of the Education After Degree program. I finished my first degree last year through Concordia which was a Bachelor of Arts. I was a history major and education minor but I am also quite interested in English and Political Science. I am also an avid NFL fan! So please please please stop by the Bolt office to talk about football with me because the other editors sometimes stifle my athletic interests and I'm SO excited

for this upcoming season. I am a Steelers and Patriots fan so if you are rocking their gear I will go out of my way to chat with you.

Some other interesting facts about me include, but are not limited to: my favorite color is pink, I am terrified of most primates, leather is my spirit animal, I am currently reading the fourth book in the Song of Ice and Fire series (Game of Thrones for all of you that haven't bothered to read the books), my future husband is Tom Brady but I'm having a love affair with Troy Polomalu, I voted for Don Iveson, I am a proud supporter of the Edmonton Public Library, if I eat shrimp I will go into anaphylactic shock, I keep

floss in the Bolt office just in case, I get my nails done regularly, I went to Vancouver twice this summer and I'm heading to Rome in November (fingers crossed for Model UN fundraising), I went to Sonic Boom this year and it was my first music festival, I'm a Slytherin, I have a shocking amount of cookie cutters (over fifty) for someone who is pretty bad at baking, I try to go on as many adventures as possible, and I am still waiting for Angelina and Brad to adopt me.

If you want to learn more about me or chat about any of my quirks, feel free stop by the office and hang out! I am always looking for some new friends (or writers!)

## READ MY ARTICLE! SAVE THE WORLD!

### Jonathan Tychy

Co-Editor

Welcome back, to all our faithful readers! I hope all four of you have had an eventful summer. I'm excited to start another year of Bolt shenanigans with some fresh faces in our writing arsenal. Returning students will notice some minor differences from last year. They may ask questions like: "What's with this weird and

wacky font?" and "Where is your picture? I miss seeing your face." These are all completely valid questions.

To answer your first question, we at The Bolt, pondered another question; how can we save the world? The answer: one page at a time. So we looked to a paper company in the UK called Ryman. Who recently launched its campaign to create "the world's most

beautiful and sustainable font." Naturally, we hopped right on board. This font, called Ryman Eco, uses up to a third of the ink of regular fonts which has the potential to reduce CO<sub>2</sub> emissions by 6.5 million tons, every single year. So feel good about the paper you're holding, and the words you're reading for they are sustainable! Isn't typography exciting?! You too can help save the world one page

at a time by downloading Ryman Eco for yourself at [rymaneco.co.uk](http://rymaneco.co.uk) and using it for everything you print.

As for my picture, well, my writers still need to come by the office to get their beautiful faces captured in my soul-stealing magic box, so until next issue, I left them out. Creeping me on Facebook will have to suffice.

Have a great year, Concordia!