

and his coach had this to say about his performance: "Chad Oviatt brings more maturity than a normal first year because of his age (22). Chad hasn't played for three years, so he has to shake off some rust; every now and then he is going to make mistakes, but the hustle and the effort is always there with Chad."

Keaton Souster won player of the game honours, but it was TrayVon Lackey that put down over 20 points in the loss.

"It's all because of my teammates" said Lackey. "They help me get open and kept me pushing me to make those shots. All the credit goes to my teammates."

This humble response from TrayVon is the exact personality you want your star player to have. Coach Wood Gave this statement after the loss:

"It is early in the year and there are a lot of things that we are trying to get better at. There were a few breakdowns in key times during the fourth quarter that cost us. A lot of fouls called against us today, but we play aggressive so we know that that is going to

happen. NAIT made fewer mistakes than us in the fourth quarter and that is what won them the game. This league is always tough; the schedule seems to always be us vs. NAIT first week of the season and we have perennially been the top two teams in the division, so having a split is not uncommon and really likely with our shared talents. It is always a battle with NAIT--we love the rivalry. We will see them again in January and hopefully get both, and I'm sure they feel the same way. Our team is really gelling together like a family, and I didn't make that happen or tell them to do that--it was on their own accord, so it's good to see that they will be all-in for the whole year. We have as much talent as any other team in the division. Our expectation is to win every time we step on the court. I know there are 14 teams with the same mentality, so every game will be tough, but that's why I live doing this. I love to compete."

Keep the Thunder pride going Concordia, and please Head over to the Ralph King Athletics Center this Friday and Saturday at 6pm to watch the volleyball and basketball teams play respectively. Keep up with your CUE athletics, and go Thunder!



TINY MONSTERS

Marina Gendi confronts the terrifying truth that we are not alone on this campus; there be monsters here and they're all over the floor.

PAGE 1

ASMR: WHISPERS IN MY EAR

Nicole Beaver digs into ASMR and talks about what it is, how it happens, where it comes from, and how it can help you relax.

PAGE 2



WILL THE MASKED MENACE RETURN TO CONCORDIA?



THE CREEPY CRAWLIES HAVE GOT TO GO!

by Marina Gendi

Their carcasses litter the school hallways, numbering the many fallen. Black and red, they surround us; especially if you have the honour of being in an older part of Concordia University of Edmonton. They fly around, haunting us with their spasming bodies. You might be wondering what they are: Box Elder Bugs! To me, however, they are just flying cockroaches, and Concordia is infested with them.

Even worse, they linger in the cafeteria. This morning, one looked like it wanted to take a morning swim in the Beef Barley Vegetable Soup. The norm around here is to just flick them away. It really makes me wonder how sanitary it would be to eat the Box Elder Vegetable soup. How harmful are these bugs, anyway?

I'll tell you the harm! They are traumatizing. One always feels attacked by these creepy crawlies. They could be on your neck crawling or just behind your ear, hiding within your hair. They are a distraction to the learning environment. One just does not feel safe knowing that three flying cockroaches are camped right beside you on the window of your French class. They lurk beneath your locker and leave stains on all the furniture. Who needs Halloween when your school is something out of a year-round nightmare?

Imagine this: it is 7:30 PM on a regular school night. Not a person can be seen on your walk to your locker, when suddenly, a scene from a horror movie occurs. They start to swarm the walls and the lights. Their bodies seem to spasm when they fly. Suddenly, that two-minute walk is never going to end and you have to avoid stepping on them. The lights flicker, the panic increases, and the anxiety flourishes. Post-secondary school life is not at all what it was promised to be.

These creatures love trees and usually show up because they have found a tree in which to make their home. If we're being real, they don't actually cause significant damage: "[t]he feeding action of the boxelder bug on the leaves causes speckling and distortion of leaf growth." It is safe to say that these creepy crawlies are nothing more than just "a household nuisance."

This issue is not as uncommon as you might think. There have been sightings of these pesky bugs all over Canada, but they love the Prairies the most. An employee at a pest control company says "throughout [his] long career, [he's] never seen this many boxelder bugs." An epidemic has occurred.

Why has this infestation been allowed to grow at Concordia University? I'm as baffled as you, but now you know what they are, and it is up to you to ignite the fires of change.



HOME OPENER RECAP

by Macalan B-J

The weekend of October 13th marked the beginning of both our volleyball and basketball seasons. As the gym announcer for both sports, I got to watch the home openers in great detail. Let's start with volleyball.

Our men's and women's volleyball teams both lost their games 3 sets to 0. It was utterly disappointing given all the effort they put out. NAIT is a tough team to play, and I was impressed at the level of competition of both games. Although neither team won a single set, it was not a blowout by any means. Our Thunder were in almost every set; however, a few awful rotations caused great trouble for both our men and women. Our men, especially, had very competitive set, looking like they could have taken NAIT down a peg if it weren't for a few crucial serve receives that caused a few 5-0 runs for the serving NAIT team. As for our women, I feel like the long, epic rallies that didn't go their way got to them and brought them down. In volleyball, you need to have a short memory and be able to move past the highs and lows of each point and focus on the next serve. This is something that is easy to preach but hard to practice; hopefully our Thunder women can learn from their mistakes and focus on the goal ahead and not what happened before. All in all, it was very competitive volleyball, and I hope to see you all in the Ralph King Athletics Center at 6pm on November 4th to support our Thunder in their next game against Lakeland.

As far as the opening weekend on the basketball side of things is concerned, both teams left the home team at home with NAIT winning one of two games. Our men beat NAIT on the road and then lost a close game here at Concordia on Saturday. Our women, on the other hand, lost to NAIT on the road and then won here in our home gym.

The women played first, so we will start with them. Great ball moving by guard Morgan Dool on offence and all-around good defensive coverage by the whole team. There were a few lapses in concentration, but nothing too detrimental to the team. Overall, the team kept their composure during what was a chippy first half. Lacey Weddle had some temper issues but kept them in check for what was a dominant third quarter.

Coach Robbie Valpreda had this statement after the first win here on home court on Saturday the 14th: "Getting the win during the first home game of the season is very important. We definitely needed to get that monkey off our back. I thought last night we were in it; obviously NAIT is a tough team to play, but this new team we have was up to the challenge. NAIT was 23-1 last year; they are a well-coached team. I thought we played really well both games and got the adversity. It builds character for our team to be challenged and be faced with the adversity. This was a gritty win, but that is how it will be all year. At the collegiate level, teams change from year to year, and that can be tough. We have seven girls back from last year's team and the rest are new faces. Everybody has a different role this year. We lost our two leading scorers from last year, so we don't have the same fire power from individuals. So everyone has to and has been contributing in one way or another, either on offence or defence. Having the scoring evenly distributed rather than a few stars makes us more dangerous as a team. If everybody can step up, it will be harder for teams to guard against our offence. Defence is something we need to always work on. We rebounded better today, but we need to work on our rotations. We got to be tough on defence. Offence is easy: pass, move, cut, shoot the ball. Defence is a little bit harder and more mentally tough. So I'll be preaching defence for next week against Augustana. We will enjoy today as we should but get back to work tomorrow.

The men had the lead for most of the third quarter but let it get away from them in the fourth and lost. Twenty-two year old Chad Oviatt saw a lot of court



heart was beating faster than it ever had before, and after what felt like an eternity, the footsteps began to fall in the opposite direction before completely exiting her range of hearing. She reached up to wipe the sweat from her forehead, leaning back against one of the boulders--until she realised that it was not a boulder and that she was falling; she began to scream, arms and legs flailing until her whole body finally hit the ground at the bottom.

Whimpering, she pushed herself up and became aware of another presence. It was quiet--too quiet, save for the breathing of whatever else was there with her.

Hot tears rolled down her face. She dared not move or make a sound.

A sudden moan. A familiar one. She gasped. "Mark!!!"

"Shiloh." A smooth, female voice, one that almost seemed familiar...

A light went on. A low, frightening chuckle followed. Shiloh drew her gaze up, and what she saw turned her legs to liquid as terror seized her and her whole being yielded to gravity.

In front of her stood Jae, who was standing over a fallen Mark.

A knife was lodged in the middle of his chest, blood slowly seeping around him and towards Shiloh. Jae gave her a mirthless smile. "Did you miss me?"



WHISPERS IN MY EAR: WHAT IS ASMR?

by Nicole Beaver

Have you ever had someone whisper in your ear? It always comes with a tingling sensation in your brain, running down your body. While whispering isn't the cause of this feeling, there is something going on that triggers the tingling. It's something we tend not to notice but the sensation is low-grade and euphoric, similar to a static-like sensation. It can't be bad, so what is it exactly?

Autonomous Sensory Meridian Response (ASMR) has started to make ripples in the New Wave and Millennial communities, though it is not widely known by many people within these groups. Comparable with auditory-tactile synesthesia, it's commonly triggered by specific acoustic, visual, or digital media stimuli. The term came to life in February 2010, and although it caused a lot of controversy at first, it has since become the new face of relaxation.

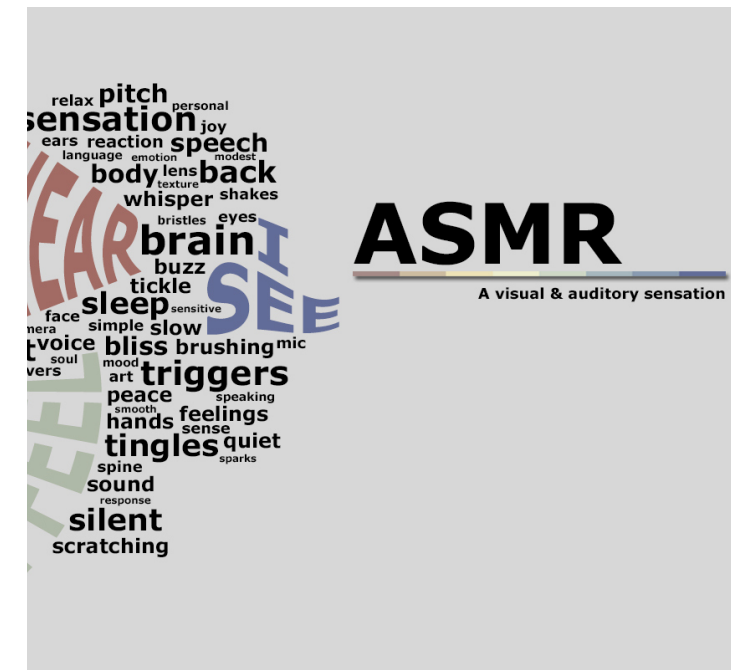
ASMR triggers are normally categorized by specific sorts of stimuli. These include whispering, quiet and repetitive sounds (such as turning the pages of a book), watching someone prepare food, or receiving altruistic and personal attention (such as a medical checkup). These triggers, along with others, are now being utilized in a new way—an almost unexplored area of rest and relaxation that not many have even considered. My curiosity was piqued when I read about it, and I did research to see if any efforts have been made to harvest this new idea. I came across a surprising amount of YouTubers who do this regularly. Albeit, there were some videos where the concept of ASMR was so sexualised that the concept was lost, something that I personally do not understand.

I then found a group called "Whisperlodge." Founded

and run by Andrew Hoepfner, Melinda Lauw, Steph Singer, and Chia Lynn Kwa, this group makes the ASMR immersive by means of a rented house and miscellaneous dollar-store items. Situated in the United States, the group has been making ripples in social media after BuzzFeed workers went out for a session of their own. The video, titled "We Went to an ASMR Spa," is available on YouTube. The group offers "the very first in-person immersive experience," and on their website, more information can be found along with tickets for upcoming events. Unfortunately, this is limited to the United States only but the group is hoping to broaden their reach across borders in the future.

I'm really hoping that this new (and relatively cheap) way of receiving a relaxing experience explodes into our modern culture. I'd like to call this one of the final frontiers of spa experiences but that would be pushing it. We are learning more and more every day about ways to rejuvenate ourselves and cleanse our minds and bodies. Though ASMR is still largely unmapped, people are finding it to be useful even in terms of aiding sleep and meditation practices.

I'm looking forward to seeing how far Whisperlodge is able to bring this new experience!



WHEN YOU HATE YOUR DEGREE

by Taylor Jevning

If you've read my past articles, you will know that I have gone through nearly every scenario a university student could possibly go through. From failing a final to dropping courses during midterms to transferring universities and living in dorms, I've been through situations in university I thought I would not survive. There have been multiple times in my university career where I felt as though it was the end of the world but, surprisingly, it never has been. In this article, I want to talk about what to do when you end up in a program you hate.

I've come a long way. I started out as a commerce student studying human resources and labour relations and today, I am a sociology major with a philosophy minor. Though it was long process, it has definitely made my degree infinitely more enjoyable. Students who end up in a degree program they hate may feel trapped, like they are wasting their money and time and that their options are limited but, unless you didn't realise you hated your degree within the first two years, you are likely to be able to start doing what you do want with very few setbacks. Fortunately, I realized after my first semester that business wasn't for me. For those of you who showed up straight out of high school not knowing what you wanted to do, and for those of you who did know what you wanted but have now realised that what you wanted is different from what you anticipated, I'm here to tell you that your degree is not a lost cause. I want to talk about the various steps you can take to ensure that you will leave Concordia with a degree you love.

Let's start by saying that the general requirements and optional courses that Concordia requires for graduation are your best friends. These classes are

mainly intended to ensure that Concordia's students are well-rounded in areas such as religion and fine arts, but for students like myself, they were an opportunity to take classes to figure out what I enjoyed. When I discovered that I hated business after a semester of physics, calculus, economics, and law, I knew I didn't want my second semester to be as miserable as my first. I met with an advisor who helped me select classes that I enjoyed such as philosophy, sociology, and a yoga class which fulfilled my physical activity credit requirement. Even though I deviated from my degree program, I learned how much I loved sociology and realized that I can, in fact, make a degree out of something that I enjoy. For the next school year, I reapplied for a Bachelor of Arts as a returning student, and thankfully, all of my credits I had already taken were transferable towards an arts degree. My statistics course was required, my physics fulfilled a science, and economics and law were used as options. What had originally felt like the end of the world had become an opportunity for me to discover what I wanted to do with my life. Part of the university experience is taking classes and learning what you love and what you are good at, and though it was terrible and stressful trying to figure out how to avoid calculus, the experience pushed me in a direction that made me truly happy.

In my struggle to find a program I liked, I had help along the way. The registrar is available to help you figure out how to use your options credits without wasting your time. Although many of my classmates were able to complete most of their major and minor requirements within their first two years, I see that some of them are less enthusiastic about having to take options and others changing their mind about what degree they want to pursue when they finally take an option in their third year. I recommend everyone take some classes outside of their major within their first two years because we're all here trying to decide what we want to do with our lives, and the best way to do that is to try things out while we have the chance. We may never get the chance again to take a public speaking class, a pop culture English course, or film, while having having all of these to

DID YOU MISS ME? (A SHORT STORY EXCERPT)

by Ester Latifi

She drew in a long, calculated breath. The panic that had sent her running had finally settled down, and her mind was clear enough so that she could untangle the maze of thoughts that had been crashing around in her head. It had been just hours since she and Mark had been on their way to Jasper; the October air was crisp, his car was loaded, and their much-needed mountain getaway had finally come. She remembered every song on the playlist she had prepared. She remembered the rest stops, the pictures she'd taken, the moment that they had both been laughing so hard that Mark almost lost control of the steering wheel...

And then, as quick as a blink, the laughing had turned into screaming as the car coming from the opposite direction swerved into their lane, going into what would have been a head-on collision.

But it wasn't. Mark swerved, and before Shiloh could fully process what was going on, they were barreling into the ditch just before they hit the cluster of trees. Suddenly the twilight, which had seemed almost magical a few minutes earlier, was cold and menacing. The crickets seemed to be harmonizing a symphony of dread, and seconds later, everything faded into black.

When she had come to, the crickets had stopped, the wind had died, and the air held an unforgiving chill. It had taken her all of three seconds to realise that Mark was gone, the door of the driver's side wide open. The sudden, low hoot of an owl had sent her running into the trees, screaming for her fiancé.

Mark opened his eyes. "Shiloh?" he called. Silence. Pitch blackness. He did not know where

he was; he blinked hard, but it was to no avail. The blackness could not be pierced. "Shiloh!"

He tried to stand but his legs gave way as he cried out, pain searing through his body. "Shiloh!"

A sudden noise put him in stony silence. He heard breathing, but it wasn't Shiloh's. For the first time in his life, Mark felt complete and utter terror. After a long, menacing silence, a smooth, quiet, horrible, and familiar voice came from somewhere in front of him as every hair on his body stood on end.

"Hello, Mark,"

Coming to a stop, Shiloh's initial rush of adrenaline turned into full-on panic. She fumbled for her phone, and to her relief, she still had service. Remembering that Mark's phone had died earlier in the day, she dialled her best friend, Jae, who picked up on the second ring.

"Shiloh? What's up?"

"Oh my god, Jae, I don't know where I am, Mark's gone, it's dark and I'm cold, I just--" Shiloh lost it at that moment and broke into whimpering sobs.

"Hey, hey, calm down, where are you? Did you guys make it to the lodge?"

"There's been an accident, I--" the line dropped suddenly. "Dammit!" She tried to dial once more, twice, three times--it was no use. Suddenly overcome with the feeling that she was being watched, she began to walk--first slowly, and then speeding up until she was sprinting through the woods once again.

She was brought to a sudden halt as she became aware of the sound of footsteps that were not her own. Without stopping to think, she ducked into a crevice between two large boulders behind a wild bush and held her breath. The footsteps drew nearer, slowing down until they had stopped. Shiloh's



tion was very particular. The process was reliant on the church body and the people selected were clergymen, trained in the same way as when Concordia was founded: training young men to be pastors. Because this process was not nearly as common as it was in the 1920s, there were not that many candidates for president back in the day.

It wasn't until November of 2015 that President Krispin, Concordia's last Lutheran president, proposed that Concordia no longer remain a faith-based institution.

His reasoning was that Concordia would best maintain its sustainability by becoming public. The board approved this idea, and after 94 years, Concordia no longer identifies itself as a faith-based institution.

After Dr. Krispin retired as president, Dr. Tim Loreman became "Concordia's first non-Lutheran, and not theologically-trained president." I asked Dr. Strand what he believes the future will hold for Concordia. He says that "Concordia is exploring the possibility of becoming a public institution, if the province is interested."

Concordia Students' Association
Our CSA

LIKE THE FOOD ON CAMPUS?

LET US KNOW YOUR THOUGHTS

November 27th
Classroom T104
Starting At NOON

count towards a degree; and if you're like me, showing up for a degree and then transferring to one where people constantly joke about how you won't be able to find a job later on in life, I'd recommend checking out the Career Services office on the upper floor of the library. When I chose Sociology, they provided me with many pamphlets and options for ways I would be able to apply my degree, which helped ease my parents' uncertain minds as well as my own.

University shouldn't be something you dread. While you're here at Concordia, you should follow the school's motto and discover what you are passionate about, because hey, who knows, you could end up

spending your life doing something you love! University is not meant to be a burden; it should be an opportunity that facilitates your transition into a career that you genuinely enjoy. If you find you identify with my first-year self and feeling like university isn't the place for you, take a step back. Take classes in other fields. They likely will be able to fit into your degree to fill a requirement, especially because most of the 100-level courses are easily transferrable. Even if you take a class you end up hating like I did with psychology (Freud can rot in hell), you will at least never have to wonder about what could have been. Good luck, and remember: there is no class-related situation you're going to go through here that will ruin your life.

Wellness Wednesday

November

Free Yoga Class
Nov. 1st - GYM - NOON

Free Massages
Nov. 8th - Lower Tegler - 10am to 2pm

Harry Potter Week Activity
Nov. 22nd - Lower Tegler - NOON

SEXUAL HARASSMENT IN THE WORKFORCE

by Emma Bott

With recent news of Harvey Weinstein and the sexual harassment and assaults he committed followed by “#metoo” trending on social media, it seems like a good time to discuss sexual harassment in the workplace. What is shocking is that part of the reason he got away with it for so long is that he was a successful businessman. Women kept quiet because they felt silence was necessary for their careers to progress. On the talk show “The Social,” actress Lauren Holly was asked if rejecting Harvey Weinstein and running from his room affected her career. She did not explicitly state that it did, but she did observe that, after the incident with Weinstein, she made more TV shows than movies. Many of the victims were fledglings in their Hollywood careers and wanted to make it big in a highly competitive industry. Women should never feel like they have to choose between being sexually harassed and their careers. Another disturbing fact of this case is that it was speculated about for years. People were vaguely aware of it; jokes were even made by the media and at awards shows. People knew, or at least had an idea, and they just stuck their heads in the sand because he was Harvey Weinstein and he had the power to make or break your career in Hollywood. No one wanted to address the violation for fear of the damage it could bring to both their careers and lives. The thing is that this doesn’t just happen in Hollywood; it can happen in any workplace.

“Sexual harassment” is defined by Managing Business Ethics (Linda Trevino and Katherine Nelson) as “unwelcome sexually oriented behaviour makes someone feel uncomfortable at work.” These can be words, inappropriate touching, physical gestures, or displays of sexually provocative material. The law ac-

knowledges two types of sexual harassment: Quid Pro Quo, and Hostile Work Environment. In Quid Pro Quo, sexual favours are made to seem like requirements for advancement in the workplace. Hostile Work Environment is when an employee is made to feel uncomfortable at work due to unwelcome sexual actions and/or comments from another employee. It is important to note that Hostile Work Environment is more difficult to prove because it is more subjective than the explicit nature of Quid Pro Quo. The determining factor of whether sexual harassment occurs is deemed by posing the question, “would this behaviour constitute sexual harassment to a reasonable person?”

The difference between sexual assault and sexual harassment is that sexual assault is touching without valid consent, while sexual harassment is inappropriate touching and comments (according to sexassault.ca). Sexual assault is most seen in cases of criminal and civil law, while sexual harassment is observed in cases of labour and employment law. People can be sexually harassed without being sexually assaulted. Within Canada, sexual assault is the only violent crime not on the decline (according to the Canadian Women’s Foundation). In 2014, The Canadian Women’s Foundation reported that 43% of women have been sexually harassed at work.

So the question is “Why?” Why does it happen and why is not much said? The rise of sexual harassment in the workforce can be attributed to there being more and more women in the workplace and nontraditional jobs. In workplace harassment, the abuser is often in a position of authority and power. The victim is often afraid for their future at the company and, in turn, the future of their career. There is the social expectation that women must “be nice,” which can make it very difficult for some women to speak up. For men, silence is due to a sense of embarrassment because there is a misconception that men are not sexually harassed. Something not all people realise is that both men and women can both be sexually harassed. Society also has a bad habit of blaming the victim in cases of sexual harassment and

THE HISTORY OF CONCORDIA UNIVERSITY OF EDMONTON

by Kaeli Mask

In 1921, Concordia University of Edmonton was founded. However, at that time it was known as Concordia College, catering to young men who wanted to learn about Christianity. It wasn’t until 1967 when Concordia began offering first-year university courses, and it wasn’t until 1987 when one could actually earn a degree from this university.

Though it is not even a century old, Concordia University of Edmonton has undergone many progressive changes to its image. In this article, I will explore and discover new facts and events in Concordia’s history by asking people that have greatly influenced this facility’s image. We have a seasoned staff that have dedicated many years of work into these walls.

I have asked Dr. Jonathan Strand about how he ran for president of Concordia. According to Dr. Strand, Concordia’s choosing of presidents is very different than that of the past. In order to understand this, however, many things regarding Concordia’s history must be explained. Much of this information in further paragraphs was derived from Dr. Jonathan Strand’s *The Story of Concordia*.

When Concordia was founded in 1921, it was a seminary of the Lutheran Church called Missori Synod, and it was a high school before it offered college-level courses. During the 1920s, Schwermann Hall--named after Concordia’s first president, Alfred Schwermann, who remained the facility’s president for some 30 years--and Founder’s Hall were built. In the late 1920s, women were admitted into the institution to prepare them to be teachers in Church schools; how-

ever, because they lacked proper instruction and information, women were not admitted again until 1939. By this time, Concordia had expanded its curriculum. It wasn’t until 1946 when Eberhardt hall was built and the first women’s dorm was on campus.

In the early 1950s, Alumni Hall was built, and in 1954, Walter Wangerin stepped in as Concordia’s second president. He had visions of shaping Concordia into a Liberal Arts university, a method of teaching that goes back thousands of years, being originally taught by ancient Greeks (according to topuniversities.com). A modern-day liberal arts degree is “interdisciplinary, covering topics within the humanities as well as social, natural and formal sciences.” However, Concordia was not ready for such a concept and Wangerin left the institution in 1959, the same year that Guild Hall was dedicated to his name.

Throughout several years, many changes to Concordia’s programming were made in order to include degrees similar to those of the University of Alberta, or at least enough degrees for people to be able to continue their education at Concordia. From the mid-80s to the 2000s, Concordia expanded many of its buildings, including the construction of the library in 1994, the opening of the Robert Tegler Student Center in 1992 (a project worth 2.3 million dollars), and the opening of the Ralph King Athletic Center in 1997. In 2007, the Hole Academic Center was completed and, today, we have a new science wing under construction branching off of Guild Hall.

It was during this time that Missori Synod divided itself, becoming independent and naming itself the Lutheran Church of Canada. The LCC, which held the title and deed to Concordia, reached out to the board and instructed that they no longer say that the university was “owned and operated” by the LCC, essentially erasing its religious heritage from future records.

Before today’s method of choosing of Concordia’s presidents, the Lutheran Church once had a large impact on how Concordia’s presidents were selected. According to Dr. Strand, presidential selec-



BLADE RUNNER 2049: A REVIEW

by Kohan Eybergen

Despite the fact that the first Blade Runner film was released 35 years ago, Blade Runner 2049 successfully follows the original in both quality and tone. In a world filled with crappy sequels and reboots that try to capitalize on a successful movie's popularity, Blade Runner 2049 is refreshing. Not only is it a fantastic follow up to the 1982 Ridley Scott original, but it also maintains its own plot and introduces new well-developed characters.

The plot of the film follows the Blade Runner and replicant Agent K (played by Ryan Gosling) as he is tasked with carrying on the duty of retiring rogue, outdated replicants in the year 2049. Replicants are essentially human clones who are manufactured to be used as slaves and can be programmed to have certain personality traits. After killing one on a farm, Agent K finds a number of clues that lead to the discovery of a skeleton. Upon studying the replicant skeleton, the LAPD, whom Agent K works for, realizes that this late replicant had given birth prior to her demise--a feat that was previously thought to be impossible, as replicants are not meant to reproduce. Agent K is then ordered to track down the unknown child that was born to the late replicant woman.

Throughout the film, the audience is subjected to deep questions about humanity, such as what it means to be human and whether or not a manufactured human can have a soul. The character Agent K struggles with these same queries as he becomes more and more unstable and emotionally invested in his search for the child (who would be about his age).

However, Agent K and the LAPD are not the only ones trying to locate this miracle child; the Wallace Corporation--the company that creates the new replicants--are also on the hunt for the child in order to study it, so they can figure out how a replicant could be capable of reproduction. The clues then lead Agent K to the long disappeared ex-Blade Runner, Agent Deckard (played by Harrison Ford),

who was the main character of the 1982 original film. This sequel does an excellent job in maintaining the same feel as the original; it is equally as dark and intense as the first one and carries on the same philosophical themes. This is largely due to the similar style in which it is filmed, especially the grim lighting. Similar to the original, nothing in the film is handed to the audience on a silver platter; everything is meant to be speculated, which effectively grasps the viewers' interest, and nothing is overly predictable like a lot of films tend to be. The visual effects are also just as stunning as the original, with futuristic holographic advertisements flashing from the buildings, some of which parallel images from its predecessor; however, it surpasses the original Blade Runner as far as plot is concerned. While the original is much more action-driven, Blade Runner 2049 is driven largely by the plot and the character development of Agent K, while the action scenes are dispersed sparingly throughout the film. The plot leads strongly towards one conclusion, only to be dispelled by a well-executed plot twist at the end that is not predictable in the slightest.

Another area where this film is strong is the acting. Gosling's acting is fantastic in this film. He does an exceptional job of portraying an "emotionless" replicant at the beginning, while shifting to a much more unstable and recognizably human character throughout the film without it ever seeming insincere or rushed. Harrison Ford, who is obviously an extremely experienced actor, also delivers a superb performance of his old character Rick Deckard, despite not playing the role in over thirty years.

Perhaps where this film wins the most, however, is that it successfully establishes its own plot without relying wholly on the same characters as the original (Deckard is only in the movie for about thirty minutes), yet it is a plot that still makes complete sense following the first film. It doesn't forcefully try to imitate the feel of the 1982 Blade Runner either, yet it captures the same tone authentically, while still maintaining its own distinct style and texture.

Overall, Blade Runner 2049 is a highly enjoyable film with beautiful cinematography and excellent characters. I would highly recommend it, especially to fans of the first film. I look forward to owning it and watching it many, many more times. In my opinion, it's at least a 9/10 score, and might even be better than the original, a feat that is nearly impossible for a sequel to accomplish.

sexual assault. This external blame can internalize into psychological responses such as guilt, shame, embarrassment, denial, anxiety, and depression.

There are different ways to handle sexual harassment. If it is possible and you feel safe doing it, the best thing to do is to speak directly to the harasser. Let them know what they are doing is making you uncomfortable and, therefore, wrong. This could be enough to stop the situation. It might be helpful to have a witness speak up as well. If that does not work or you do not feel safe, find out what policies the organization has in place to handle these situations. If you are reporting the incident(s), it is important to keep a detailed record of the incidents. Employees should know that the Human Rights Commission is also an option for dealing with these incidents. Also, Occupational Health and Safety Legislation has provisions for dealing with violence, which includes violence of a sexual nature. Through these options, external investigators can be brought in to handle a situation in order to avoid potential bias.

Employers can also do their part to prevent this misconduct. There needs to be an ethical culture that empowers employees to intervene when they see sexual harassment or know that sexual assault has or could occur. Employers must, by law, have a policy dealing with sexual harassment. This policy must have compliant acceptance system, an investigation system and a punishment. The process must be timely and fair. Managers and directors are obligated to address violation. Coworkers and other employees are not obligated unless it is mandated in company policy. How can employers change this? First, employers and organizations need to take a hard look at their organizational culture. Training is the key to handle this situation: handling situations of sexual harassment as well as what to do if you are a witness (this is called bystander training). Organizations need to give their employers necessary skills to handle these situations. Managers must also have empathy for how people, especially victims, will react in these circumstances. It is important that victims of sexual

harassment or sexual assault are supported and not made to feel as if they have done something wrong.

When sexual harassment at work escalates to sexual assault, victims can file criminal charges as well as a civil case. Employers can be held financially liable for damage, such as constructive dismissal claims, compensation for pain and suffering, and loss of employment in the future. The conditions for finding out the liability of the employer are as follows:

- (1) The company's policies regarding sexual assault,
- (2) The company's awareness of the sexual assault,
- (3) How the victim and assailant came into contact,
- (4) The location of the sexual assault.

Sexual harassment and assault in the workplace is an issue that needs to be addressed by everyone: female, male, manager, subordinate, coworkers. It is not a situation that will improve until everyone acknowledges it. If you have been the victim of sexual harassment or sexual assault, please talk to someone, whether it be a friend, family member, co-worker, manager, counsellor, or hotline. Help is available.

Crisis Resources in the Edmonton Area

Distress Line (24/7)..... 780-482-4357

Sexual Assault Crisis Line..... 780-423-4121

Edmonton Police Services..... 780-423-4567

Sexual Assault Center of Edmonton..... 780-423-4102

Concordia StudentCounselling Services 780-479-9241



FEARLESS

by Donovan Makus

“Fearless.”

According to Merriam-Webster, this is a simple word; a word with many positive synonyms ranging from bold and courageous to heroic and intrepid. It's the title of many books, films, TV series, and works of art. It is generally seen as a positive character trait or attribute, something we should all strive to be. As a society, we generally admire people who exhibit traits of fearlessness, be they firefighters rescuing people from burning buildings, or soldiers with medals received for remaining strong in the face of conflict. To fear is to be weak, we seem to understand, yet is it truly a sign of weakness? Or is it something we should be consider more deeply, especially during this season of haunted houses, ghosts, and other frightening things?

To fear is to be human. We've all experienced fear at some point, be it of the darkness of a long hallway, clowns, or the jump from a diving board. When someone overcomes these fears, we celebrate. The kid that jumps from the tall diving board receives encouragement when they resurface. When we grow older, our fears change, although we may still walk with a little more urgency once the sun goes down, or find a way to avoid that trip to the haunted house with the clowns. As our conceptualization of life changes, our fears change from the immediate to the distant, to events we may or may not be able to control. Fear no longer holds us back from joining our friends in jumping from the diving board but instead holds us back from taking chances, be they relationships or career choices. In all these settings, the typical response is simple: stop worrying and your life will be better, but fear still has a place.

“There are times when fear is good. It must keep its watchful place at the heart's controls.” This sentiment, first uttered by the ancient Greek playwright Aeschylus, is one from which we can all benefit. Looking back, how many of our childhood fears had some legitimacy? That fear of the dark? Perfectly reasonable. Our eyes are our primary sensor and, with their effectiveness degraded, we should exercise some additional caution concerning areas we can't see clearly. Our fear of heights? Easily justifiable; human beings

have known for a long time that our bodies don't take well to rapid drops from any serious height. In all these environments, our childhood fears held us back, being necessary for our development while at the same time reflecting genuine concerns and dangers. As far as the fear of clowns goes, this one should be self-evident; their exaggerated facial expressions and mannerisms are the definition of creepy. Research has shown that children who demonstrate fearlessness demonstrate less empathy, and greater aggression. Perhaps being a little fearful from time to time isn't so bad after all.

If some fear is justifiable, could it even be a good thing? Perhaps, as Aeschylus suggested, fear could have a place at the “watchful place” of our heart. Fear is a powerful force involved in our socialization; a little fear keeps everything running smoothly. The use of monetary fines, (such as a speeding ticket) to shape behaviour is widespread, and yet another example of using fear in the case of monetary loss is to shape our behaviour towards a socially accepted outcome. Fear also exhibits a biological feature known as the “fight or flight reaction” to sudden perceived danger, which prepares our body for action. Our fear of many things, such as the dark, can be tied to our uneasy history with these uncertainties. Fear also shapes our personal actions; how many of us have forced ourselves to study long after we felt like relaxing for fear of a poor grade on an impending test?

“Fearless” may have many synonyms and antonyms, but if you look deeper, you will see that some of its antonyms, such as “cautious” and “prudent,” are positive ones. In the season of horror movies and haunted houses, fear of chainsaw-wielding visitors or clowns isn't a bad thing. If you find yourself alone in the woods and come across a kind stranger in a creepy mansion filled with talking objects, your fear would be perfectly justified, although I would also suggest you look for film crews and seek their help.

While some levels of fear can keep us safe, excessive fear is not something to be celebrated or embraced. For those struggling with anxiety or other forms of mental health, fear can be crippling, and those who suffer from it need help. Yet between the two extremes of fearlessness and crippling fear lives a middle ground, one where we can still go cliff-jumping, but only after checking the drop zone for obstacles. Fear doesn't need to be negative. It can help us survive dangerous situations and, with a healthy amount of it, we can be prepared for whatever life throws at us.

HAUNTED PLACES OF OUR OWN

by Allison Crawford

It's no secret that a city like Edmonton has its fair share of haunted places. With its rich history, this city has more than just a few local scary spots, and with Halloween just around the corner, there's an added interest in local ghost tours. Whether you want to take a tour of your own or go on a guided one, may you have a spooktacular time!

One of Edmonton's oldest buildings is home to a ghost or two of its own. Formerly known as McKay Avenue School, the brick school was built sometime in 1904-1905. Not only did it serve as one of Edmonton's first brick schools, but it was also the home of the first two sessions of the Alberta Legislative Assembly. It is now known and used as the Edmonton Public Schools Archive and Museum. As legend has it, it is haunted by a construction worker who met his untimely death by falling off the roof in 1912 during renovations. The spirit of the worker is believed to be trapped inside the bricks of the school and unable to cross over onto the other side. Some reported incidences include chairs being knocked over and moved, and maps and other archival documents being strewn around on the floor in the basement with the file cabinet door left open. McKay Avenue School was operational until 1983, and during its years as a school, students and staff reported numerous incidents of strange shadows and feeling some sort of presence watching them when they were alone. McKay Avenue School is located at 10425 - 99 Avenue downtown. Go and take a peek if you dare.

The Princess Theatre, Edmonton's oldest surviving cinema, is also home to a ghost of its own. Built during the 1900s with additions made in the 1920s, the theatre included a rooming house above its main level. It is said that a soon-to-be bride committed suicide there due to a broken heart caused by her fiancé leaving her for another woman. The other woman is thought to be her friend who was having an affair with her fiancé. The bride lurks around the top of the grand staircase and can be seen at times, hover-

ing about in the projection room. There have also been several accounts where moviegoers have seen an apparition of a young lady in the theatre lobby. To see if you can have one of these experiences yourself, the Princess Theatre is located on the popular Whyte Ave in the historic district of Old Strathcona.

Last but not least, a hidden gem among Edmonton's haunted places is Concordia University of Edmonton. That's right, you read it correctly - that is your one and only Concordia University of Edmonton! Formerly known as Concordia University College of Alberta, Concordia was founded in 1921 as a college for young men to prepare for ministry work in areas of preaching and teaching. A ghost of a professor from the 1960s calls Concordia home; he roams the hallways of the school, slams doors closed unexpectedly, makes room temperatures drop significantly, and jiggles doorknobs. In addition to the teacher that never sleeps, it has been noted that you can hear, at times, a men's choir coming from the walls of the boys' dormitory. Some of these dorm students have had their own spooky occurrences of seeing shadows and hearing unexplained noises. Do you dare to walk among the dormitory hallways at night?

One company that offers haunted tours is the Edmonton Ghost Tours company. They offer several types of different ghost tours ranging from an Old Strathcona tour to haunted pub tours. If that isn't enthralling enough, the City of Edmonton offers tours of the city's three oldest cemeteries - Edmonton Cemetery, Mount Pleasant Cemetery, and Beechmount Cemetery.

May you all have a Happy Halloween! Remember to ask yourself, are you truly afraid of the dark?





www.timvandevall.com

Copyright © Dutch Renaissance Press LLC

SHOW TIME!

Here is what is playing in theaters this week:

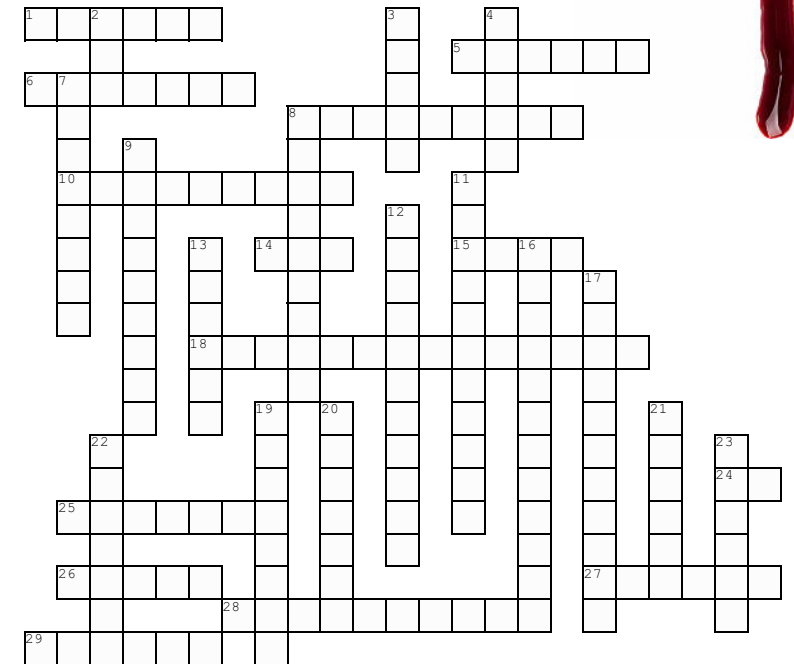
- IT**
14A
- Thank You For Your Service**
14A
- The Foreigner**
14A
- The Snowman**
18A
- American Made**
14A
- The Mountain Between Us**
PG
- Happy Death Day**
14A
- Blade Runner**
14A
- Kingsman : The Golden Circle**
14A
- The Foreigner**
14A
- The Lego Ninjago Movie**
G
- Geostorm**
PG
- Jigsaw**
18A
- Only the Brave**
PG
- Same Kind of Difference**
PG
- Suburbicon**
14A
- Cinaplex North**

	7				9
2	1	6	4	5	
					6
8	7		1		2
	1	2	6		7
	3		5		4 6
	9				
		5	3	8	4 1
1				7	

SUDOKU



CROSSWORD



Created with TheTeachersCorner.net Crossword Puzzle Generator

Across

- 1. I want to believe...
- 5. The hero we deserve, but not the one we need
- 6. Vlad
- 8. Controversial white and orange sweet
- 10. Spooky, Scary _____
- 14. A ghostly greeting
- 15. Rabid killer dog
- 18. The man with the spectacular orange suit (Full Name)
- 24. Killer clown
- 25. A screaming spectre
- 26. Once Brendan Fraser, now Tom Cruise
- 27. A spooky movie and a painting
- 28. Thin and faceless, but well dressed man
- 29. A spooky Nestle chocolate with the bubbles

Down

- 2. Small demon
- 3. The vampire hunter
- 4. Gets you in your dreams
- 7. _____ inc.
- 8. Haunted university
- 9. Ripley's arch-enemy
- 11. Brings back the dead (also loves necks)
- 12. Spooky spaghetti
- 13. Burned fedora man
- 16. A pumpkin that's happy to see you
- 17. It's a graveyard smash
- 19. Birthed in the pale light of a full moon
- 20. J. Jonah
- 21. The original web developer
- 22. Don't welcome him into your house
- 23. 'Do you want to play a game?'

WHEN DEATH COMES KNOCKING

by Tyler DeWacht

“In this world, nothing can be said to be certain, except death and taxes.”

-Benjamin Franklin

We're all going to die. Some of us will live longer than others, but death is inevitable. All we can do is try to buy ourselves some more time before Death comes knocking at our door. What does Death actually look like, though? When Death comes knocking, what happens next? Is there even a next? These questions have been fiercely debated, and there have been various interpretations of the answers all around the world and throughout history. In this article, I'm going to be exploring some different interpretations of Death and the next step.

Let's start off with something geographically closer to home. The following is one of several interpretations of an Inuit creation myth. Anguta (who also created the world from nothing) once lived with his beautiful daughter Sedna and her dogs. One day, a great fulmar (a species of seabird) came to Sedna and led her overseas to its foul abode. Horrified, she called to her father to no avail, and had to live there as a prisoner for a year. When Anguta finally arrived, he killed the bird, put Sedna and the dogs on his boat, and they headed back home. The other fulmars were outraged, and when they found Anguta's boat out at sea, they summoned a huge storm. Trying to save himself, Anguta threw Sedna overboard and cut off her fingers when she tried to grab the boat; those fingers later transformed into oceanic life forms such as whales and fish. Sedna managed to survive this endeavor, and when the storm finally calmed, she made it back onto the boat while her father was asleep. Understandably furious, she then ordered her dogs to bite off his hands and feet in revenge. Anguta cursed everyone and everything and they were all swallowed by the

earth. Sedna became a rather vengeful sea goddess and the ruler of Adlivun--a type of frozen purgatory where the dead are purified before they're allowed to pass through to paradise on the Moon. Anguta serves a dual purpose: to summon the dead to Adlivun and to deal with those who have been especially bad, subjecting them to various forms of torture.

One of the first civilizations to really flourish was Ancient Egypt, with remnants of their culture surviving even today. The pyramids are easily distinguishable; we can still understand their writings through hieroglyphics, and the Sphinx, while missing a nose, is in remarkably good condition. We know for a fact that the people of Ancient Egypt worshipped many gods including a certain jackal-headed deity named Anubis. Anubis had many roles to play in Egyptian mythology; god of mummification, patron god of lost souls, judge of the dead. During the Weighing Of The Heart ceremony which occurs right after you die, Anubis compares your heart (representing your good and bad deeds in life) on the scales with the feather that represents universal order. A jury of gods is there to ensure the outcome is fair, and Thoth (the god responsible for writing) records the results of the trial. If the scales are balanced, then congratulations, you've won eternal life! If your heart is heavier than the feather, then you're eaten by Ammit (also known as the Devourer of the Dead) and subsequently erased from existence. No second chances, no reincarnation, no coming back, just pure oblivion.

On the other side of the Mediterranean, there's Ancient Greece. Quite a few beings in Greek mythology deal with death in some way so I'll give a small overview of each. There's the obvious example of Hades, ruler of the underworld. Then there's Charon, who ferries people across the River Styx to bring them to the underworld, provided the proper fee is paid in advance. Cerberus, the multi-headed guard dog, prevents the dead from leaving the underworld once they arrive. Klotho, Lakheis, and Atropos, the Moirai (Fates) sisters, determine where you should go in life and when you should die. However, Zeus can intervene if he cares enough since they're subservient to him. Thanatos, related by blood to the Moirai, embodies peaceful death. The

Keres, also related by blood to Thanatos and the Moirai, are spirits which embody more violent and/or cruel forms of death. There's also Moros, the god of doom and destiny; not even Zeus dares to confront him. Moros controls mankind's ultimate fate. He's also related by blood to Thanatos, the Moirai, and the Keres.

Travelling up north to Scandinavia, the Vikings loved to fight. Those who died bravely in battle could be chosen by the Valkyries who would then bring them to Valhalla and be watched over by Odin. In Valhalla, they become einherjar and train each day in preparation for Ragnarök. Simply put, einherjar are destined to fight alongside Odin in one massive battle during Ragnarök, which is a series of events resulting in the deaths of most gods including Odin, Thor, and Loki, as well as most beings across all 9 worlds. Our world will be brought to the brink of destruction so that it can begin anew with a few survivors and gods left over to regroup and repopulate. When the einherjar aren't training for Ragnarök, they get to eat, drink, and be merry to their heart's content. The warriors who weren't chosen for Valhalla instead go to Fólkvangr, watched over by Freya. There isn't much surviving information to go on regarding Fólkvangr, so we don't know exactly what it is like there. Most people, mainly those who don't die in battle, end up going to a region of Niflheim called Helheim, ruled by a goddess named Hel. Niflheim is a dark and cold world from which none can leave once they enter, including gods. Important note: Do not confuse Helheim with Hell. Hell and Helheim are different places entirely, the name similarity between the two is purely coincidental. While Helheim isn't necessarily a bad place, it's not exactly the ideal place for a dead Viking to end up in either.

Meanwhile in Asia, you may be familiar with the next one if you've heard of the hit anime Death Note. When western culture and traditional Japanese folklore interacted, one byproduct of this cultural collision was the legend of the Shinigami. Death Note (along with many other anime) tends to take some creative liberties when portraying shinigami. In traditional portrayals, your time of death is determined at birth, and the shinigami are the death gods who ensure you die when you're supposed to. Often working in pairs

without a master, they'll arrive to take you to the afterlife when it's your time. They're not perfect though, they'll sometimes get tricked or make mistakes.

On the opposite side of the Korea Strait, there's the Jeoseung Saja of Korean lore, who serve a similar role to the Japanese Shinigami in guiding the dead to the afterlife. They normally work alone with a hierarchy of authority in place. At the top of the hierarchy is King Yeomna, who rules the underworld and judges the recently dead. Both the Shinigami and the Jeoseung Saja can only be seen to those individuals who are near death. While the Shinigami can have a wide variety of appearances, the Jeoseung Saja always look human and wear a black robe and hat; it's said that wearing their hat can make you invisible to others. It's technically possible to cheat death by Shinigami or Jeoseung Saja, but those who don't do it in a clever or selfless way usually end up regretting that they even tried.

Finally, we have the Grim Reaper. It's a concept that has spread worldwide, commonly represented in many forms of media around the world and becoming partial inspiration for the previous two legends mentioned above. We can't pinpoint its exact place of conception, but what we do know is that it originated somewhere in Europe around the time of the Black Death. With the bubonic plague running rampant, it was a dark time filled with rotting corpses littering the streets everywhere and the stench of death emanating from a third of Europe's total population. How fitting that the Grim Reaper would have such grim origins. This skeletal figure wears a black cloak reminiscent of funeral processions, and it wields a scythe to reap human souls like crops when they pass on. Shrouded in darkness, the Grim Reaper's legend has persisted throughout the centuries.

Death doesn't care about your race, age, gender, sexuality, or background. No matter who you are and no matter how fast you run, it will eventually catch you. From Japan to Canada, Egypt to Scandinavia, Greece to Korea, and all across the world, we stand equal in the eyes of Death. Regardless of what it looks like, it's coming, so why not go out there and make the best life you can for yourself with the time you have left?

