

**JUST A
LITTLE MORE**
End of the
year advice.



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**A HUMANIST
REVOLUTION**
"Truly concern[ing] [yourself] with people,
human beings, rather than a state, a
political ideology, or an economic science."



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The Bolt.

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Issue 07

**PLEASE EXCUSE
THIS
INTERRUPTION**

**WE'RE SORRY WE MISSED YOU LAST WEEK. WE EXPLAIN
ON PAGE 10.**

ALMOST THERE

Kayle
Sieben
Advice Column

Ho Ho Hold Up,
It's Finals Season!

Well ladies and gentlemen; it's that time of year again. The snow is falling, Christmas decorations are being put up, gifts being wrapped and carols being sung. That can only mean one thing: its finals season. As we gear up to end the semester on a high note, we need to remember a few things. This period of the semester is often the most stressful, as a large portion of our final grades will be dealt in these upcoming weeks.

Remember that these are simply final exams: whether you do good or bad, there is always an opportunity to re-do what has been done. Sure, failing a final exam is not what we have set out to do, but remember to think about what it means in the grand scheme of things. One exam is not going to change the entire outcome of your life. At the end of the day, if

you can look yourself in the mirror and know that you gave it everything you've got, then that's all that matters. If you do poorly, don't use it as an excuse to feel sorry for yourself; use it as motivation to go out next semester and show the world your true potential, and learn from the mistakes you may have made throughout the semester.

You need to see the light at the end of the tunnel. After these few long, grueling weeks, we have a nice break from all of this. 3 weeks to celebrate, to share times with family and friends, and to let loose and allow yourself to destress from the whirlwind that is university. So now is the time to capitalize! Get into your notes as early as possible and start preparing like you have never prepared before in your life. Now is the time to cease the opportunity, and now is the time to put in that extra effort and push yourself to the next level and obtain that oh-so-beautiful A+.

Short term pain, long term gain: you've heard it before,

and this is very appropriate for us university students. Pushing yourself will not be easy; there will be many distractions and many other glorious activities you'd rather be doing. Don't get caught on Netflix endlessly watching series after series, don't turn studying into an all-out snack fest, and trust me your room does not need to be cleaned at this point in time. Create small, obtainable goals. Looking at a subject and thinking, "wow, I have to learn an entire subject in one day," is one of the most daunting tasks one could face. So break it down into smaller chunks such as doing one chapter a day. Our brains can remember small amounts of information better than they can remember an entire textbook in one sitting, so use that to your advantage.

The hardest part is getting started; once you get going it's a lot easier to maintain and create study habits. Be sure to allocate time for your studies every day, and follow through with that promise you've made to yourself. We

all have potential, but that's not what we want. Having potential only means that you haven't reached your peak. You will only get to that peak by putting in time and effort; those are the two most important things to success. So many people who are "naturally gifted" have their talents wasted because they refuse to harvest their skills into anything greater. Get to that next level, and do so by investing yourself 100% in not only school, but everything you do.

I wish all of you the best of luck in these last few weeks, and remember, if you wish to contact me, you can do so at kdsieben@student.concordia.ab.ca. Even if you just need to vent, if you need someone to give you advice, or if you just need someone to talk to, I will be here. This will be going beyond just writing this article; I will take time out of my day to personally respond and attempt to give some guidance on your situation. I will be offering this from now until we get back to school in January. Now go get that 4.0!

A HUMANIST REVOLUTION

Ramiro Medina

Polo

Politics

Disclaimer: This is not an objective piece of writing, nor should it be such, for its intention is to appeal at something more subjective (as in related to the subject or person). I must give this disclaimer, for my approach to this piece is different from my usual attempt to study a situation in world politics by looking at the nitty-gritty of it. This time around, a certain aspect of this article is tied to my person: this is an opinion piece articulating a radical perspective. That being said, this piece is not without reason, as a commentary, it attempts to grasp the issue at hand and make a claim of how we should proceed next with the issue. So, take it as you will, it is already my honour to have you as my reader, so please be my critic as well. (If this article is longer than what I am allowed to publish on the Bolt, unlike my usual halt, I shall continue it on another format.)

Last edition I began to touch on the student protests in Mexico, and ever since addressing the topic, the student movement has only increased in its force and its momentum. In popular media, the movement has gone under the hash-tag of #YaMeCanse which translates to "I am fed up" or "I am tired/exhausted", reaching out to communities in Mexico and beyond. So, what do I need to say about this in order to catch up? "Tens of thousands marched in the capital [Nov. 18]" (CBC).

"They're using charges such as attempted homicide and attempts against the public peace against young people who were demonstrating and even against some who were not, but they ignore abuses committed by the police, the disproportionate use of public force and arbitrary arrests," said the Director of the Fray Bartolome de las Casas Human Rights Center, Victor Hugo Lopez. (TeleSUR)

President Enrique Peña Nieto threatened to use state violence, if necessary, to quell the protests and described marches across the nation as merely "some voices" which lack a "clear objective [and] don't share [the] national project" of his administration. (g l o b a l r e s e a r c h . c a)

So, where does this leave us? It seems to me it is hardly easy to believe that Mexico is in a stable condition, and it is seems just as unbelievable that the government and the people in the country hold a harmonious relationship. Nonetheless, I must address that there is a view opposing that of the protesters and potential revolutionaries which I believe needs to be addressed fairly: the protesters don't know what they are talking about, and they are only slowing down the country's economic and political functionality. Now, I shall make it clear that I do not hold this view (I shall get to that in its due time), but I've seen people represent this view. Here is where a lack of objectivity or "academic" quality ceases. I am from Mexico, however, bear in mind I do not identify as Mexican for

I don't hold any nationalistic sentiments, I feel they undermine my fundamental humanity. That being said, I know people in Mexico who are still present in my life through social media. With the recent happenings, family, friends, acquaintances, and whatnot have been talking about the matter at hand as it would be expected, but one particular view seemed to strike me as an uninformed cynicism. An old friend of mine, to whom I shall keep his identity protected, has commented on the situation in Mexico as "childish"; "a bunch of 'nachos' (a derogatory term for people of lower class and darker skin) talking against the state when they don't know what the state and anarchy is", and while at it, the protesters are "destroying the countries progress". Please be aware that all of this is paraphrasing, for I had to delete him from my news feed due to his attacks on critics and misogynistic comments, so precision might be off here.

As I said, I believe this view is misinformed. I believe the protesters and the potential revolutionaries do know what they are dealing with, and that is a human reality. Instead of getting caught up in abstract, alienating ideas to the human experience such as economics, politics, or social influence, these people are focusing on addressing the needs of their lived experience.

Upon viewing the pictures of the current condition of Mexico City's Zocalo, a place I used to walk around in my youth, I had the following response in my own Facebook account:

"... The people seem to be proactive about their approach against the state which is inarguably involved with the drug trade and violence that specters the country; and I hope that they set aside the socio-economic and political status quo that binds them to conformity in order to concern themselves with human reality of the situation. It is not often I talk about politics, in fact, aside from writing for The Bolt, I try to avoid it, but given the circumstances, I am hoping for humanist revolution that truly concerns itself with people, human beings, rather than a state, a political ideology, or an economic science." However, given the allowed length of my article, this is probably as much as the average reader will read; however, upon request, I will provide a link to a more complete version of this discourse I am trying to engage on.

Now, for whoever is reading this outside my publication in The Bolt, let us continue where we were. I shall begin to break down this issue into preliminary questions as any analytic thinker should:

- (1).- What do I mean by human reality?
- (2).- How are economics, politics, or social influence alienating to the human lived experience? While I am dealing with this I shall provide a definition for alienation in the sense in which I mean it, for here it shall be a technical term.
- (3).- How is social influence alienating when one cannot escape it?

SOPHOMORE PERSPECTIVE

Peter Fournalaris

Student Life

This week it was my utmost pleasure to interview one of Concordia's finest, second year student Emeka Mollel.

Peter Fournalaris: "What program are you in?"

Emeka Mollel: "I'm in the Psychology program"

PF: "What year are you in?"

EM: "I am currently in my second year of school."

PF: "Do you enjoy the environment of a smaller campus compared to a bigger one?"

EM: "I think I actually enjoy the environment of a bigger campus. I think a bigger campus ultimately may offer more opportunities to get involved in a wider array of resources. In addition, larger schools may have a wider range of course schedules allowing students to complete their courses on a full or part time basis, although some smaller

schools offer this as well. On the flip side of the coin, in a smaller institution one can get to actually get to know their peers and instructors and it may also be easier and less daunting to ask the instructor questions in class."

PF: "What attracted you to Concordia?"

EM: "What really attracted me to Concordia was the feel of the school, what I mean by this is when I walked in the school my intuition really told me I belong here and I was really drawn by how friendly and down to earth the staff and faculty were. Also, it seems like the instructors genuinely care about helping students to succeed. Finally, I had also talked to some old high school peers who had attended Concordia and they were able to strongly recommend the school based on their wonderful experience here."

PF: "What is your favorite hobby away from school?"

EM: "My absolute favorite hobby away from school would have to be traveling,

however my budget doesn't always have room for it. I love the thrill of visiting a place for the first time and that sense of exhilaration and excitement that comes from both finding your way around a new city and experiencing the sights, tastes and sounds of a new culture."

PF: "What is your favorite movie?"

EM: "My favorite movie of all-time would have to be the Breakfast Club! It's a coming of age story about five high school teens with vastly different personalities that are forced to spend a detention together in Saturday school. The experience they share creates laughter, tears and an unbreakable bond between them."

PF: "If you could have any superpower, what would it be?"

EM: "If I had any superpower it would definitely have to be to read people's minds, as dubious as that sounds!"

PF: "What advice do you have for students entering their first year?"

EM: "My advice to first year students would be to take courses you are really interested in and to budget your time wisely. When one takes a variety of classes that they are interested in it is easier to stay motivated because you enjoy what you are doing. I would also say to realize there is more to school than just studying and academics, studies are very important but at the same time it's important to give your brain a break once in a while and relax and have fun, you will thank yourself later. Lastly, set realistic expectations and goals for yourself and work towards them one small step at a time."

Thank you very much Emeka for this wonderful interview. I wish you best of luck for the rest of your semester and in all of your future endeavors.

Finally, if you, the reader, have anyone in mind that you would like to see featured in one of my articles, you can send in your requests to me. I can be reached through my email pfournalar@student.concordia.ab.ca or via twitter @PeterF_94.

KEEP YOUR NOSE TO THE GRINDSTONE

Rachel
Whipple
Entertainment

Grindstone Theatre is a locally theatre company that is taking Edmonton by storm. They are producing shows, constantly writing and creating, and are developing a sense of community among local performers. Here is a list of what they are up to right now:

High Level.
Thursdays at 7-10pm:
This is Grindstone's newest project. They are creating a sketch comedy show that will be similar in style to "Saturday Night Live". This show will be filmed in front of a live audience and then will become a web series. Currently, the show is in its work-shopping phase and is open to anyone who wants to participate. If you are interested in writing for or performing in "High Level" please come to at Sun

& Moon Visionaries (10125 - 97 Avenue) on Thursdays at 7 pm. More information is found on the Grindstone Theatre website below. Also, this project is entered in Story Hive, so go check that out and vote for this show! (<http://goo.gl/smaf5j>)

The 11 O' Clock Number.
Every Friday night:

This is one of the most popular shows around Concordia's campus. Plenty of Concordia students come to support and enjoy this show! "The 11 O' Clock Number" is an improvised musical. They take audience suggestions and create a whole musical from scratch. There are 3 new formats being performed this year: Wild Card, Life as a Musical, and the Costumed Musical. It is a fantastically fun show that features Concordia Students Dallas Friesen and Rachel Whipple

and Concordia alumni Erin Maxwell Albert. Check out the show every Friday night, but especially on December 19 when Erin and I will both be in the show. It will be Life as a Musical which features the life of a random audience member! Come check it out at The Varscona Theatre just off Whyte Ave! (<http://goo.gl/XQGiyr>)

Open Jam. Last Tuesday of Each Month:

Open Jams are Grindstones open improve sessions. They invite all improvisers from beginners to professionals to come share games and ideas. This is a really fun way to meet new improvisers and work on improve skills. It is held at Sun & Moon Visionaries (10125 - 97 Avenue) every Last Tuesday of the month. Join the Facebook group for updates and discussions. (<http://goo.gl/C57rnn>)

Monthly Scene

Study. December 8th:
Grindstone actors and anyone who wants to come, bring scenes to discuss and work on. These scenes can be from plays they are working on or simply just interested in exploring. Scene study is now presented in partnership with the Citadel Theatre! This month's scene study is taking place on Monday, Dec. 8 at 6pm-8pm in the Citadel Theatre Boardroom (3rd Floor of Administration). This scene study's special guest is the Sterling Award nominated actor, Louise Lambert. If you are interested in attending or want more information for next month's scene study, please email Brianne at briannejang@gmail.com.

For more info on Grindstone Theatre and their current projects please visit: grindstonetheatre.ca or [fb.com/GrindstoneTheatre](https://www.facebook.com/GrindstoneTheatre)

FUN AND/OR GAMES

1	2	3			4	5	6			7
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 Q G M I U N L J F I P I Z
 C A W M D I G D A Z K L A
 S U F Q Y T A G B G V P C
 L L C S I S P V I L V Z H
 Z C Z B N E C N R R P Z R
 X D W T G T Q Y G C T O C

CHRISTMAS ANGEL STAR
 LIGHTS SNOW FINALS
 TESTING ESSAYS GPA
 STUDYING

ACROSS

- One of the four seasons.
- Part of the verb "to be".
- Garden Tool.
- Wacko.
- First word in "The Raven".
- Typo often mocked online.
- Inquire.
- Beatles tune "Let It ___".
- "Do it, ___ will!"
- Shakespeare wrote about much of this.
- Sprint.
- Turn around.
- Appliance maker.
- First place.
- Fashion magazine.
- Morse bit.
- "___ Iron Man!"
- Related to, for short.
- Imperial meas.
- Shot size.
- Hosp. unit.
- Dad.
- Fine things?
- Choir voice.
- Separate.
- Benevolent.
- Vegas "Lady".
- Claiming possession.

DOWN

- Horse halter.
- Tiny particles.
- Guitar part.
- Vent.
- Opening.
- Seek damages from.
- On the way.
- Son of Odin.
- School bag item.
- Cold cut cutting local.
- Warning sign.
- Make changes to.
- Dog's doc.
- La Vie ___ Rose.
- Chem room.
- Hit the road.
- Test type.
- WWII Zone.
- Scepter.
- Buddy.
- Kwik-E-Mart proprietor.
- Twitter term.
- ___ and behold.
- Actinium symbol.

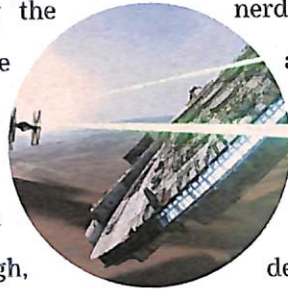
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#TRENDING

The Bolt.
Dec 2014 | 7

Trending is our section where we dedicate a little bit of time and space to certain stories that don't really fit anywhere else or just don't get the attention they deserve due to our submission schedule. For whatever the reason here are this week's trending topics!

was just too much for us. The Grey Cup will have taken place by the time this issue comes out and hopefully for you, your team came through, and by your team, we mean the team from the East.



Wars series released an 88 second teaser that has the nerd side of the internet abuzz. With a look that mimics the Episodes that we love and some new designs, including a new looking lightsabre, could this be the movie that brings balance to the Star Wars series? May the Force be with us all. (Make sure to check

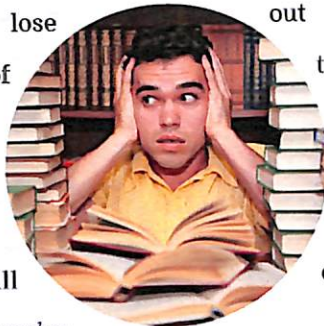
is can it bring back that awe inspired feeling of the original? Time will tell.

#BreakTheInternet

It may seem like old news now, but a couple week's back Kim Kardashian attempted to "Break the Internet" by posting some rather odd photos online. Using what can only be described as the world supply of baby oil and bending in ways that shouldn't be done, she at least managed to light up Twitter and gave comedians some excellent ammunition.

#FinalsAreComing

Batten down the hatches, put on those study sweat pants, and get ready to lose a small chunk of your life! That's right everyone, finals are here! Time to put all that knowledge you've



out the trailer available almost everywhere online).



#Christmas

It's that time of year, that most wonderful time of the year. No, not back to school as Staples would have

you think, but Christmas is right around the bend. Once your finals are done and over with get out there and find that special gift for those important people in your life. Tip: Time with friends and family can be the greatest gift of all. Now is also the time to start curling up on the couch with a hot cup of cocoa and watching

#GreyCup

While the Edmonton Eskimos had a great game against the Roughriders in the western semi-finals, Calgary



been accumulating over the semester (or in a late night cramming session) to the test. Best of luck to all of you and may the odds be ever in your favor.

#StarWars

JJ Abrams, the man behind the camera on the new Episode of the Star

#JurassicWorld

The Jurassic Park movies are also making a comeback with an odd trailer that seems part Aliens part Jurassic. Chris Pratt stars in what is to be a fun flick with lots of cool special effects. The big question on the internet's mind



your favorite holiday specials (may I suggest the original "The Grinch Who Stole Christmas"?)

TECHNICAL DIFFICULTIES

Nicholas
Chevalier
Editor-in-Chief

Before I start with my regularly scheduled article I would first like to apologize for the technical issues we ran into with the last issue of The Bolt. Sorry to everyone who submitted articles for the paper and didn't have them published on time, we always appreciate your hard work and commitment to our publication. Sorry also to all our readers who have come to trust us and our reliability to get our product to you in a timely fashion.

I can promise you that our technical difficulties have been worked out and our paper will be out on it's regular schedule with this issue and of course starting again in January. Again, thank you for your patience and support in our publication and we hope you continue to read our paper!

The End is Nigh...
until January that is. With exam season soon underway that means that winter break is also close and this article is a reminder to destress and

have some fun after you're finals are over. Kayle talks about getting through those finals in his article, here I'll have some suggestions about how to get your mind and body to relax afterwards.

During school and especially finals season we tend to become more reclusive and after finals is the perfect time to stretch those social skills out and hang out with friends. Now I know that work is important too, we all have to pay tuition somehow, but remember to check in with those we consider close during our break because we all know we'll be back studying soon. But what can you do?

Well movies and dinner is always an option that works for people, it gives you time to talk and take in some entertainment that will help you unwind. This plan can also come in a variety of price ranges, perfect for the student budget. If you're looking for an even cheaper night have your friends over for a themed movie night and potluck. This gives you even more time to hang out and since you're not paying for the movie you can talk

over it and do away with that reclusiveness quickly. Along those same lines is a games night. Video games, board games, Charades, Pictionary, poker, you name it, do it. These can lead to great evenings that you'll remember for a long time to come and again gets you back into the socializing scene and caught up with your friends who you might have let fall off the radar during this stressful time of year. May I suggest the newest Super Smash Bros. game for the WiU? I know I have many memories of great times with friends playing games from that series and now you can play with 8 people at once!

For those with more money to burn catch a dinner theatre show at some of the great theaters in town. Great food + fun show = a great night out with friends. Check out Mayfield or Jubilations and find the show that's right for you. Also don't forget to check out something that some people have made a tradition, A Christmas Carol, at the Citadel. Tickets are reasonable and the show is amazing. (Protip: Tickets to these places can also make great gifts for Christmas!)

Check out the Indiana Jones exhibit at the Telus World of Science (still known as the Space and Science Center to the majority of us). Make a day/evening of it and check the whole place out. It's fun and interesting for kids of all ages and the entire center is a great place to visit. AMA members get a discount too! Do the things you love to do. This is really a no-brainer, but when you go to do whatever it is you, bring your friends along for the ride. Speaking of ride, maybe a trip is in your near future. A lot of places have deals for groups and a getaway may just be what you and your friend needs to unwind. Whatever it is you decide to do, have some fun and unwind this holiday season. Don't forget to spend some time with your family and friends and have a great holiday. Also don't forget about those friends from out of town that aren't making it home for the holidays; they may need a place to go over the holidays and what are friends if not an extended family.

Good luck on those finals and have a great break.