Even the brain **needs** an off-season.



Join students across Alberta at ACAC home games to promote mental health and reduce stigma.

MAKE SOME NOISE for mental health

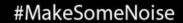




Canadian Mental Health Association Alberta Mental health for all

acac.ab.ca

mymentalhealth.ca





FRIDAY JANUARY 15, 2016

THUNDERWEAR FRIDAY! 12:00 Noon in Tegler!

THUNDER VOLLEYBALL vs Lakeland 6:00/8:00 PM in the Gym SATURDAY JANUARY 16, 2016

THUNDER BASKETBALL vs King's 6:00/8:00 PM in the Gym

THUNDER HOCKEY vs MacEwan 8:15 PM @ Clareview Arena