

Even the brain needs an off-season.



Join students across Alberta at ACAC home games to promote mental health and reduce stigma.

MAKE SOME for mental health



acac.ab.ca



Canadian Mental
Health Association
Alberta
Mental health for all

mymentalhealth.ca

#MakeSomeNoise



FRIDAY JANUARY 15, 2016

THUNDERWEAR FRIDAY!
12:00 Noon in Tegler!

THUNDER VOLLEYBALL vs Lakeland
6:00/8:00 PM in the Gym

SATURDAY JANUARY 16, 2016

THUNDER BASKETBALL vs King's
6:00/8:00 PM in the Gym

THUNDER HOCKEY vs MacEwan
8:15 PM @ Clareview Arena