

## NOTICE: Tegler Closure

Thursday, December 8, 8:30AM – 11:00AM

On Thursday, December 8, Concordia University of Edmonton will be hosting our **Annual Counsellor's Update**.

High school counsellors, administrators and career practitioners from the Greater Edmonton Area will be on campus in order to learn more about our university, and the programs and services we can offer their students.

During the event, access through Tegler will be blocked, and you will need to plan for alternate routes. We apologize in advance for the disruption this may cause, and appreciate your understanding.

## INSIDE THIS EDITION:

- Leadership Award Information
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- Recruiting for the MHCC Youth Program
- Bookstore School Spirit Sale
- Fees Past Due

## CAFETERIA MENU-DEC. 5-9

**MONDAY-** Butter Chicken with Basmati Rice, Peas and Carrots

**TUESDAY-** Spinach & Cheese Cannelloni

**WEDNESDAY-** Thai Sweet & Sour Stir Fry (Beef or Vegetarian) with Chow Mien Noodles

**THURSDAY-** Creamy Mushroom Chicken Breast with Red Potatoes and Sautéed Vegetables

**FRIDAY-** Baked Teriyaki Sesame Salmon with Jasmine Rice and Seasoned Steamed Green Beans

**MONDAY DECEMBER 5TH, T104 12:00-1:00 PM** “Reflections by a Concordia Student: The 2016 Youth Global Humanitarianism and Participation Seminar in Taipei, Taiwan,” Kelsea Gillespie.

CUE student Kelsea Gillespie travelled to Taipei, Taiwan (Republic of China) from October 9-18 to represent Canada. Join CUE's Travel Research Cluster to hear Kelsea's reflections on her trip, experience, and research for the Seminar on "Building Bridges, Not Walls: The Role of Youth in Narrowing the Gap Between the Rich and the Poor."

## EXTENDED LIBRARY HOURS

**DECEMBER 3 - 11, 2016:**

MON-FRI: 7:30 AM - 9:00 PM

SAT: 10:00 AM - 7:00 PM

SUN: 10:00 AM - 7:00 PM

**DECEMBER 12 - 18, 2016:**

MON-FRI: 7:30 AM - 10:00 PM

SAT: 8:00 AM - 7:00 PM

SUN: 10:00 AM - 7:00 PM

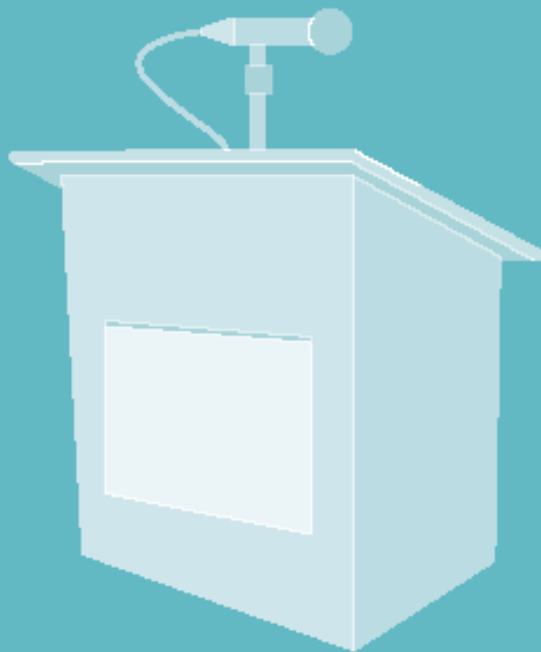


## International Christmas Cafe



4-5pm, Thursday, December 8, 2016

Basement, Library



*Are you active in  
student leadership activities?*

**APPLY  
TODAY!**

LAURENCE DECORE AWARD  
FOR STUDENT LEADERSHIP  
(\$1000)

*Are you improving lives  
as a leader in your community?*

**APPLY  
TODAY!**

DR. GARY MCPHERSON  
LEADERSHIP SCHOLARSHIP  
(\$2000)



Paper applications available at  
Student & Enrolment Services (HA120)

**Deadline to apply January 25th**

Please refer to application for award criteria

Questions? email [finalid@concordia.ab.ca](mailto:finalid@concordia.ab.ca)



Concordia Community Chorus • Bella Voce Concordia • Jubiloso! Bells of Concordia

# Breath of Heaven

Joy Berg, Choral Conductor • Debbie Rice, Handbell Conductor

Sunday, December 11<sup>TH</sup>, 2016, at 3 PM

Robert Tegler  
Student Centre

*Concordia University of Edmonton,  
7128 Ada Blvd.*

\$20 Adults • \$15 Students/Seniors

\$40 Family Admission (at door only)

*Tickets available at [tixonthesquare.ca](http://tixonthesquare.ca), Concordia Student Accounts,  
or at the door*



CUE students, faculty, and staff are entitled to a free ticket to this concert. Pick up your ticket from Student Accounts.



PROVIDED BY  
THE CONCORDIA CHRISTIAN UNION

# Christmas Swing NIGHT

Tegler Student Centre  
December 16, 2016  
Lessons Start At 7pm

Tickets are \$10 per person and are sold on eventbrite  
and at the Bookstore. Tickets may also be purchased at the door.

\*No experience or parnters needed to attend. Food and beverages will be sold at this event.\*

APPLY

ONLINE

TODAY!

the  
CONCORDIA  
AWARDS



ONE APPLICATION, MANY AWARDS!

Deadline to apply

**JANUARY 15th**

AWARDS for FULL-TIME UNDERGRADUATE students  
*(Graduate and Open Studies students do not qualify)*

TO APPLY

[concordia.ab.ca/studentawards](http://concordia.ab.ca/studentawards)

Questions

[finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)





**Canadian Mental  
Health Association**  
Edmonton  
*Mental health for all*

**BE MIND FULL**  
CHAMPIONS FOR POSITIVE MENTAL HEALTH SINCE 1978

## NEW: Mental Health and Wellness Programs for People Under 25



### A project for young people, by young people—

This yet to be named group is for young people interested in mental health promotion and anti-stigma work. We are looking for young leaders, ages 12 to 18, to create a project for the 2016-2017 academic year and work together to see it to fruition! Supported by our Mental Health Education Programs Coordinator, this group will meet at least once a month through the school year starting **November**

24th. Details to be determined by our members!

### Sharing Hope: A Community Open Mic—

For young people, 25 and under with lived experience with mental illness or struggles with their mental health, this monthly open mic event gives much needed space in our community for people to share their stories, fight stigma and build hope in a supportive community. A free event held the second Tuesday of the month at Good Earth Coffeehouse, located at 8623 112 Street, Edmonton October through July.



**New Online**—our new social media accounts bring awareness to important mental health issues for young people. Find us soon on **Twitter** and **Facebook** and join the conversation! Plus, check out our **new blog!** We post about mental health, mental illness, stress, and other topics! We are looking for young writers, too! Contact us for more details.

For more information on any of our new and developing programs, visit our website at <https://edmonton.cmha.ca/programs-and-services/youth-programs/> or contact Tracy at [tjohnson@cmha-edmonton.ab.ca](mailto:tjohnson@cmha-edmonton.ab.ca) or 780-414-6306

# Drop off **NEW** or **GENTLY USED** **ITEMS** at Concordia

## Library's Christmas Tree

**Gently Used:** Mittens, Gloves, Toques, Scarves, Winter Boots, Winter Jackets, Hoodies, Sweaters, Snowpants, Kid's Winter Coats, Blankets, Sleeping Bags, Work Boots, Men's Pants,

**New:** Socks, Underwear, Long Underwear, Undershirts, Children's Underwear & Socks, Shampoo, Conditioner, Lotion, Soap, Deodorant, Razors, Toilet Paper, Baby Formula, Diapers, Baby Shampoo & Lotion, Baby Wipes

**Also:** Coffee, Sugar, Tea, Powdered Cream, Saran Wrap, Sandwich Bags, Paper Plates, Plastic Cutlery, Paper Lunch Bags, Paper Towels.

Drop off your donations before  
Dec 20th at 12:00 pm at the  
Library's Christmas Tree!

All items will be donated to the Bissell Centre:  
<http://bissellcentre.org/goods-we-need/>



# The MHCC Youth Council is Recruiting!

Application Deadline: Friday January 13, 2017



What does the Youth Council do?

- Advocate for young people with mental health issues.
- Get involved with local, provincial, and national youth mental health networks.
- Bring a youth perspective to MHCC projects.

We are looking for youth representation from across Canada and from diverse backgrounds, including:  
Family Caregivers, New Canadians, Diverse Ethnicities, First Nations/Inuit/Métis, Residents of Northern Canada, LGBTQ2S Youth, Youth in Care



For more information, please visit  
[www.mentalhealthcommission.ca/  
youth-council-opportunity](http://www.mentalhealthcommission.ca/youth-council-opportunity)

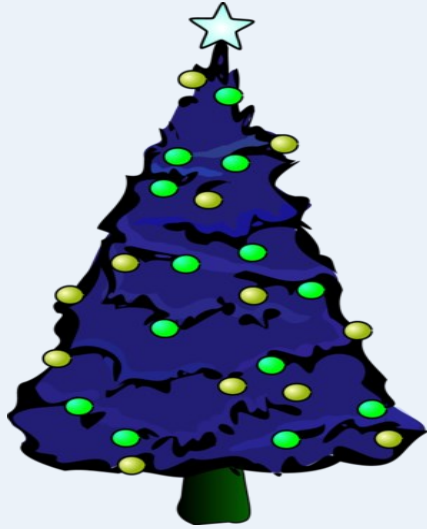


Mental Health  
Commission  
of Canada

Commission de  
la santé mentale  
du Canada



# WINTER SALE



**Come and check out  
our new Concordia  
apparel and our  
**School Spirit Sale**  
at the Bookstore!!  
Stock up on  
Thunder wear or  
give a Concordia gift  
to a friend.**



## FALL TERM FEES ARE PAST DUE

Check your account information online through Concordia's web-site  
<http://onlineservices.concordia.ab.ca/student/>

Fees can be paid at the student accounts office by debit, cash or cheque. You can pay through your bank by setting up Concordia University of Edmonton as a biller and using your ID number as your account number, as well as by credit card through [www.plastiq.com](http://www.plastiq.com)

If you have any questions or concerns, please contact Student Accounts  
780-479-9207 or [studentaccounts@concordia.ab.ca](mailto:studentaccounts@concordia.ab.ca) .

PLEASE NOTE: ACADEMIC CALENDAR SECTION **5.4.1** CURRENT STUDENTS WITH OVER DUE FEES MAY HAVE THEIR REGISTRATION CANCELLED. IF YOU ARE REGISTERED FOR WINTER TERM AND HAVE NOT PAID YOUR FALL TUITION PLEASE CONTACT STUDENT ACCOUNTS TO DISCUSS YOUR ACCOUNT.

