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Family Day Weekend and Reading Week Hours

February 13 - 19, 2016

Sat - Mon: 13 - 15 Closed

Tues - Fri: 16 - 19 7:30am - 4:30pm

Regular hours resume Saturday, Feb 20

More YOGA!



Ralph King Gym
Fridays from noon - 12:50
February 5
March 4, 11 and 18
April 1 and 8

Mats available to borrow



Presented by the CSA Mental Health Street Team



CAFETERIA MENU: FEBRUARY 1ST

MONDAY: Sweet and Sour Pork Veggie Fried Rice 9.99

TUESDAY: Teriyaki Chicken, Vegetable Stir-fry, Jasmine Rice. Halal, No Gluten \$9.99

WEDNESDAY: Tikka Curry Beef, Jasmine Rice, Peas & Carrots. No Gluten \$9.99

THURSDAY: Chicken Chasseur, Penne Pasta. \$7.99

FRIDAY: Baked Salmon Creole, Vegetables, Rice Pilaf. No Gluten \$9.99





Student Help Position Available

Job Identification

Title: Student Help – Recruitment & Special Events
Department: Student Recruitment and Special Events
Load Weight: Part-time (15 hours/week)

Position Summary

The Student Help's primary responsibility will be to assist with office administration, student recruitment, and special events.

Qualifications

- Demonstrate commitment to educational mission and values of Concordia as a liberal arts university.
- Possess, or in pursuit of an undergraduate degree from Concordia University of Edmonton.
- Experience working in an office environment.
- Proficiency using Microsoft Office and Google Docs.
- Experience in planning and implementing events preferred.
- Excellent verbal and written communication skills.
- Ability to function independently and as a team member.
- Ability to multi-task, set priorities, and meet tight deadlines.
- Be able to lift up to 15 kilograms.

Responsibilities

- Assist with prospective student follow up procedures, including email, phone, social media, invitations, and in-person.
- Enter and respond to prospective student inquiries.
- Assist in coordinating campus visits (ex. tours, student for a day) for prospective students and families including scheduling and liaising with prospective students, student ambassadors, faculty, and staff.
- Assist in the planning and execution of institutional special events, including but not limited to Open House, Program Info Nights, Counsellors' Brunch, Convocation and Recognition Dinner.
- Assist the Special Events Coordinator in organizing institutional special events which involve managing the event process, food service arrangements, décor, print and digital marketing materials, guest attendance, volunteers and event evaluations.
- Liaise with departments, faculty, staff, and students regarding participation in recruitment and special event activities.
- Must be available to work some evenings and weekends.
- Other duties as assigned

This posting can also be found at <http://careers.concordia.ab.ca/>

Please email cover letter, resume and references (.pdf/.doc/.docx formats only) to Mike Conway (mike.conway@concordia.ab.ca), citing the job title in the subject line by Monday, February 8, 2016.

We thank all applicants for their interest however, only those selected for an interview will be contacted.

International Café in Library

Thursday February 4 @ 3:30PM

Live music from Brazil

Open to all international(ly)-minded students!



LET'S FLY AWAY

Apply for Fall Study Abroad by
March 15

\$1000 travel bursaries available

international.concordia.ab.ca

SPIRITUAL LIFE WEEK: FEB 1 - 6

Hosted by the Concordia Christian Union

Bake Sale:

Tegler, 11-1

ALL proceeds will be going towards Sami, Concordia's sponsored child. Please come out and take part in a great cause! There will be a birthday card for anyone who wishes to sign it, which will be mailed to him in time for his 10th birthday in March. Email the CCU at ccu@student.concordia.ab.ca if you are willing and able to bake something or help at the booth. This will take place during the debate.

Wednesday:

Chapel in Tegler:

Concordia's Cantor, Dr. Joy Berg and the CCU have planned a special and non-denominational chapel in Tegler during the lunch hour. We encourage you to come join us in this uplifting time of worship.

CSA "Food for Thought":

There will be a table set out in Tegler for students to make sandwiches. They will be wrapped up and sent to an organization, where they will be distributed to people in need.

Friday:

Interfaith Discussion:

Tegler, 12-1

A few students with different religious backgrounds will be part of a discussion to talk about their faith and how people of different faiths should interact.

Saturday:

Community Dinner:

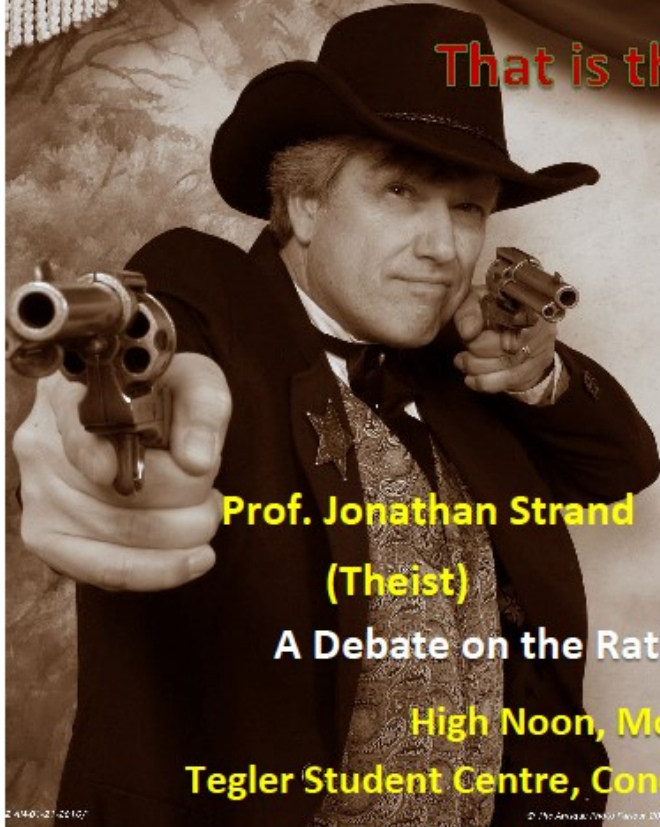
Bethlehem Lutheran Church (4638 117 Ave) @ 5:30pm

\$2 Entrance Fee

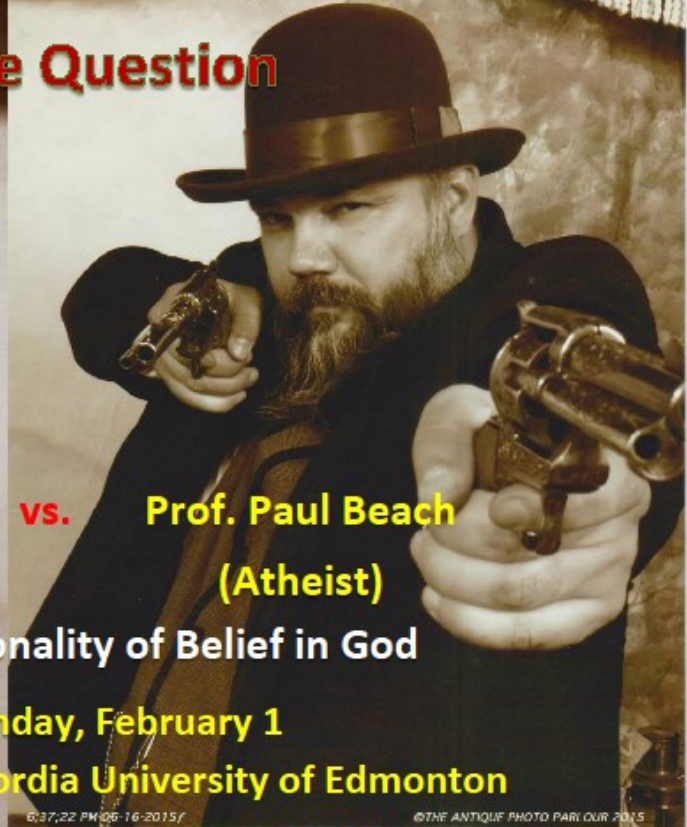
Bring games and friends to the CCU Community Dinner. A meal (Gluten Free), chips and pop will be provided. It is a great time to meet new people and have lots of fun and laughs! Please RSVP the CCU by email or go to our webpage: www.ourcsa.ca/concordia-christian-union.html (so we know how much food to cook). You are more than welcome to come even if you do not RSVP!

We offer carpooling from the school. Email the CCU to arrange a ride.

To Believe or To Disbelieve That is the Question



Prof. Jonathan Strand
(Theist)



vs. Prof. Paul Beach
(Atheist)

A Debate on the Rationality of Belief in God

High Noon, Monday, February 1

Tegler Student Centre, Concordia University of Edmonton

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6:37:22 PM 06-16-2015/

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Co-sponsored by Concordia Student Association, the Concordia Christian Union, and the Concordia Philosophy Club

Mess with Stress

February 24th | HA206 | 12-1PM



WELLNESS WEDNESDAY'S - CAMPUS FITNESS CLASSES

Concordia University of Edmonton is thrilled to be offering free drop in fitness classes for students, staff and faculty.

Starting February 10th, join us in the **Ralph King Athletic Centre Gym** every Wednesday for 30 minutes of exercise, and experience all of the amazing benefits of increased physical activity!

Classes are designed for all levels of fitness.



ABS AND ARMS

Wed. Feb. 10 12:05 – 12:35 pm

This fast and effective upper body circuit is designed to tone and strengthen your arms and abs without using any equipment.

TOTAL BODY STRENGTH

Wed. Feb. 24 12:05 – 12:35 pm

For 30 minutes, using only your body weight, you will work to strengthen every muscle you have! Leave the class feeling strong and empowered.

HIIT – HIGH INTENSITY INTERVAL TRAINING

Wed. Mar. 2 12:05-12:35 pm

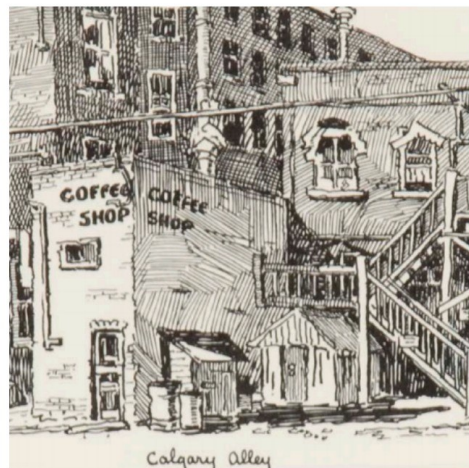
This class will improve your overall fitness levels as you work through circuits that are designed to make the most out of your 30 minutes! You are sure to leave this efficient and effective class feeling motivated and inspired!

LOWER BODY BLAST

Wed. Mar. 9 12:05-12:35 pm

Spend 30 minutes strengthening the biggest muscles in your body. As a result, you will spend the afternoon burning more calories and feeling positive vibes.

Imprints is the new art exhibit in the Library Gallery. Visit any time!



CONCORDIA CAREER SERVICES – WINTER WORKSHOPS

INTERVIEW SKILLS

Date: **Wed. February 3**

Understand how to prepare for a job interview and learn the differences between different types of interviews and interview questions. Practice how to successfully answer questions in a job interview situation.



RESUME AND COVER LETTER WRITING

DATE: **Wednesday, February 10**



The resume is the most common work search tool. This workshop will reveal the key components of an effective resume and cover letter and how to showcase your strengths and accomplishments. This workshop provides detailed explanations, as well step-by-step processes for creating an effective résumé and cover letter.

LinkedIn

Date: **Wed. February 17**



Learn about LinkedIn and how it can help you achieve your career and employment goals. You will have the opportunity either develop or enhance your LinkedIn profile during this session, while learning tips on how to make the most of your time on this site.

All workshops are free and from: 12 – 12:50 pm.

The room number will be announced at the time of registration. Register in person L358, by email: careerservices@concordia.ab.ca, or by phone: (780) 378 - 8461

want
\$10000?

Are you

A FULL-TIME DOMESTIC
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Apply at

FINANCIAL AID & AWARDS BROCHURE RACK (HA120)

+

RETURN ALL COMPLETED APPLICATIONS TO
ENROLMENT SERVICES



CONCORDIA
UNIVERSITY OF EDMONTON

concordia.ab.ca

Then Apply

LAURENCE DECORE
AWARD FOR STUDENT
LEADERSHIP

by **FEBRUARY 16TH**

or how about
\$20000?

Are you

A FULL-TIME DOMESTIC GRADUATE
OR UNDERGRADUATE STUDENT

Then Apply

DR. GARY MCPHERSON
LEADERSHIP
SCHOLARSHIP

by **FEBRUARY 16TH**

Apply at

FINANCIAL AID & AWARDS BROCHURE RACK (HA 120)

+

RETURN ALL COMPLETED APPLICATIONS TO
ENROLMENT SERVICES

FOCUS ON WOMEN RESEARCH CLUSTER

Agenda for Winter Term 2016

All presentations will take place in HA 310

WED. NOON FEB. 10

Karen McDonald-A Woman's Journey in the Field of Chemical Physics

WED. NOON FEB. 24

Uzma Williams-Mothers of Children with Disabilities

WED. NOON MARCH 9

Nora Wallden-Mary, Martha, and Lydia as positive female roles in Luke-Acts

WED. NOON MARCH 23

Lisa Micheelsen Topic TBA

The CUE Focus on Women's Research Facebook page is up and running!
Please click on the following link to Like our page, and get connected to
speakers, mentors, research opportunities and more!

<https://www.facebook.com/CUE-Womens-Research-Cluster-945783298848488/>



Learn the essentials for your summer vacation in Latin America

Spanish 101
May 3 - 20

Spanish 102
May 24 - June 10



COUNSELLING SERVICES

Where healing begins...

Did you know that Concordia provides psychological counselling to students? Yes, we are here for you!

Sometimes life can get a little rough. At counselling services, it is our goal to help you recognize your strengths and resilience, so you can enjoy your life to the fullest. We know school can be stressful (course load, due dates, papers, finals! Ahhhh...). Keeping your mental health in good shape can help you with retention of study materials, increase your energy and boost your motivation!

WHAT WE DO



Free Counselling Sessions



We Help You Develop Concrete, Achievable plans and goals.



Confidential One-on-One Support



We Connect you to Different (and superb!) Resources - On and Off Campus-



Caring, Supportive, and Non-judgmental Environment



We Help You Work Towards Making the Changes that Matter Most to You

MAKE AN APPOINTMENT WITH A COUNSELOR TODAY THROUGH THE STUDENT LIFE & LEARNING



780.479.9241



studentlife@concordia.ab.ca

**January 31, 2016 IS THE
LAST DAY TO PAY TUITION
FEES WITHOUT PENALTY
DON'T DELAY! PAY TODAY!**

You can find your account balance by checking
Online through Concordia's website.

<https://onlineservices.concordia.ab.ca/student/>

PAY YOUR FEES:

- at the Student Accounts Office during normal office hours by cash, cheque or debit.
- through your Bank by setting up Concordia University of Edmonton as a biller /payee and using your ID number as your account number.
- by Credit Card through Plastiq by accessing online student services through Concordia's

Website: <https://onlineservices.concordia.ab.ca/> or www.plastiq.com

Please allow 5– 6 days for your credit card payment to be receipted to your account.

If you anticipate student loan payments that have not been received, please ensure that you have completed the student loan process. If you have questions about your student loan, please contact: finaid@concordia.ab.ca

To request a statement,
You can contact Student Accounts (HA120).
If you have any questions or concerns,
Please contact Student Accounts
At 780-479-9207 or email
studentaccounts@concordia.ab.ca

January 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



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Information Session:

Date:

Time:

Location:

Thank you to our supporters: