



INSIDE THIS ISSUE:

CAREER WORKSHOP 2

MEET THE NEW VP'S 3

COUNSELLING 4

MESSAGE FROM THE PREZ 5

STUDENT LOANS 6

BE ON THE CSA 7

THE BACK PAGE 8

HIGHLIGHTS FROM CBC.CA:

- Canada's Shewfelt wins gymnastics gold!
- Proposed public debut of Lucy fossil sparks debate
- Senate Republicans propose dismantling CIA
- Archaeologists uncover 2400-yr old golden mask

HOW IS THE NEW LEADER?

This summer we had a rollicking good old time watching Canada's potential Prime Ministers duke it out over advertisements, more advertisements, and that fabulously terrible television debate. In the end, we got the same guy who had already unpacked his belongings in the Prime Minister's office.

Not that it would matter anyway. My husband loves to quote, "Meet your new boss, same as the old boss" and it always makes me think about the difference a different leader would have made in the long run. I have been told many times that nothing changes for us little people. The king may fall and a war may be lost, but the peasant is still a peasant.

I wonder though, does this all still hold true as we vote for a leader closer to our heart, in an office that will affect us more and more directly? Take, for instance, the upcoming vote for the new mayor (October 18!). This position affects our very own city! It affects

how much money our police force will get (or not get) and whether or not we will have projects like the refurbishing of Churchill Square (which, in my humble opinion, is completely useless—it was beautiful before!!!). Now the peasant is wondering what will happen to his land.

Let us get even closer to home, or at least our home away from home: Concordia. Scott Lyons is the new leader of the Concordia Student Association and that means it will be different than last year. By the end of the year, we the students will know whether or not we made the right choice at the end of last year. He is not the Prime Minister, travelling the world and potentially embarrassing us politically (like some former leaders in this area), or even the Premier who cannot decide whether or not he is retiring and taking the beef industry with him. He is not even the mayor, fixing our roads, cleaning our roads, and letting them build up over the winter with ice and snow (oh you

cul-de-sac people all know what I am talking about!). He is the guy who advocates for you as a student.. He tries to keep you informed of how the CSA funds are being used. He affects your life as a student. Directly.

Talk to this new leader. Tell him how he is doing. Write anonymous letters in the Blue&White to him, letting him know if he is great or if he sucks and why. He will listen, which is something the Prime Minister probably will not be doing anytime soon.

Tell me, how is the new leader?

-Melanie Samaroden

Career and Education Decisions: How Do I Make Them?

How Do I Choose? How Do I Decide? How Do I Know?

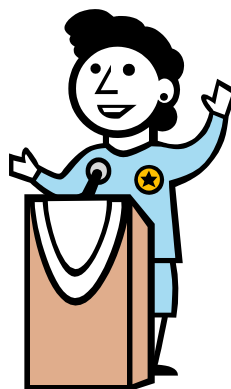
Welcome to the CAREER ADVENTURE WORKSHOP

WEDNESDAY, Sept. 22

12:30-1:30 pm

In the CSA conference room-as you walk into the west hallway from the Tegler-it is the first room on your left.

All Concordia Students



welcome. Workshop is free.

Presented by Dorothy Ritz,

Coordinator, Career Services

*Can't come at that time-but have questions? Send an email to [doro-
thy.ritz@concordia.ab.ca](mailto:dorothy.ritz@concordia.ab.ca)*

MEET THE NEW VICE PRESIDENTS

Hi, my name is Nicole Otterman and I am your VP Christian Life for this school year. I am very excited about this upcoming year and I hope that you are too. Some of the events that I have planned for this year are Praise Nights in Tegler, Monthly Servant Events, Reading Week Mission Trip, Christian Life Weeks, swimming at West Edmonton Mall, coffee house, and many other fun events.

I would also like to hear what kind of activities YOU would like to attend. I am open to new ideas. You can email me at notterma@csa.concordia.ab.ca or come and introduce yourself to me and let me know your ideas. I would love to meet you and hear from you.

It is my prayer that you had a wonderful summer and are ready to get back into the swing of things here at Concordia (if you are returning). And if you are attending Concordia for the first time, I pray that you enjoy Concordia and get involved in the areas that interest you.

God's Blessings to you!

Nicole Otterman

VP Christian Life

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge Him and He will make your paths straight. Proverbs 3:5-6



Name: Sean Daniel Wood

Date of Birth: April 03, 1983

Origin: Regina Sask

Major: English

Minor: Computing Science

Hobbies: Writing Music, playing music, sleeping, writing

Life Goals: to be a rock star, get married, get a dog

Hey guys! I'm your new VP Finance, Paul Ney. The new council is already in motion planning exciting things for this year. I want everyone to know that my door is always open, and I want you to feel welcome to come and ask any questions you might have, or check up on what we're up to. This year, make sure that you get a chance to stop by my office and say "hey!"

Hi! My name is Greg van Middelkoop. I am your newly elected Vice President of External events on the Concordia Students Association. I am currently in my 3rd year of a Bachelor of Arts degree with a major in Sociology and a minor in religion. I am ready to do all I need to do to make sure your year is one you will never forget. I am very excited for the upcoming year, as our council has made it our focus to make sure your needs are met. Make sure you let me know what you want to do this year! Drop by or give me a call at 479-9210.

Yours in Christ,

Greg van Middelkoop

COUNSELING SERVICES AT CONCORDIA

Barbara van Ingen

Counselling Psychologist

Concordia University College of Alberta

Welcome to all our new students and welcome back to our returning students! Life at university, particularly the first year, can be a time filled with new and exciting experiences. Many of the new experiences will be challenging and as you live through them you will grow and change. One of the biggest challenges is to balance school while maintaining a social life, family, work, etc. Many students encounter problems that are not easily resolvable or their usual ways of handling problems are not working well. They may have found, for example, that talking to friends or relatives about their concerns is impossible or unsatisfying.

Students often come for help with concerns both large and small, including depression, anxiety, eating disorders, chemical use, assault or abuse, sexual identity, relationship conflicts, grief, academic stress, and family issues. The Counselling Psychologist can provide assistance for these concerns through counselling. Personal counselling is a chance to talk over what is on your mind with an objective person who can help you learn new skills and ways of looking at situations so that you will be more capable of solving new problems on your own in the future. Counselling Services can also be a referral resource when situations require off-campus care or longer-term therapy. Services are available to all full- and part-time students who are currently registered at Concordia. Your visits to the Counselling Psychologist are free. In addition to therapy, Counselling Services also offers workshops, consultation, and crisis intervention. If you have suggestions for workshops, please contact Barbara van Ingen at:

barbara.vaningen@concordia.ab.ca.

To book a confidential appointment with Barbara van Ingen, please contact Student Services at 479-9242.

Have a great year!

Barb van Ingen



HOW CAN I HELP YOU??

As we all know, every point in our lives is either a beginning or an ending. For those of us starting this academic year at Concordia it may seem more like a beginning or more like an ending. Regardless of the way you view this year in regards to your university career, one thing is certain: you have to get through it. It takes one year to do that, either to begin or to end your career in a university education. For those of you who know, a year at Concordia means experiencing the full gamut of the human experience: joy/sorrow, happiness/despair, success/failure. Anything that could happen, most likely will!

I have the privilege to be your elected President of your Student Association. As a fellow traveler of this university road, I am committed to making your time here a fuller experience. My goal is to represent you in all that I do, seeking your advice and your needs for this year. I feel that in the past the CSA has been weak in its accountability to the students. I have three goals for myself this year. First, to manage and advise the council to serve all your academic, spiritual, and recreational needs. Secondly, to accomplish that by keeping you updated on our progress and to give you more opportunities for feedback and to be involved. This will be accomplished by public postings of all CSA Executive activities, in

Tegler and the Blue and White, monthly public updates, and discussion times. I will also hold an office hour in Tegler once a week to give you a chance to ask questions and give feedback. All of these steps are new and I hope you take advantage of the opportunity they give you. My third goal is to take the CSA and advance it to a new professional level. This will be accomplished in part through the creation of a policy and supplementary guide to the Constitution. I am currently writing this and it will be in place early this year and refined throughout this year. This will ensure that future councils will be held to higher standard for your benefit and so that future councils will have a better understanding of how the Constitution dictates how to conduct business for you the students.

As this year gets underway I hope that I have a chance to meet and get to know as many of you as I can. Please feel free to approach me at any time and bring forward any concern from academic to spiritual. I want you each to feel that the CSA executive is serious about hearing your concerns about your school,

and serious about helping you with your concerns.

As we go through this experience known as university life, I hope that you take advantage of the services you are entitled to and provided by the CSA. Every one of you has paid your fees to join and so you have a right to be involved in the use of your money. So get involved! Pay attention! School life is so much more than books! I hope that as you go through this year's education at Concordia you discover that education only *begins* in the classroom!

God bless your year here,

Scott Lyons

CSA President



DO YOU HAVE PREVIOUS STUDENT LOANS?



If you do not want your previous student loans to go into “Repayment Status” while you are a full-time student, here’s what to do:

If you received student loans prior to Aug. 1, 2000 (federal) or Aug. 1, 2001 (provincial), they would be held by a financial institution such as the Royal Bank or CIBC. These lenders will need to be notified that you are still a full-time student so you won’t have to start making payments on your student loans.

This can be done by coming to the Admissions and Financial Aid Office (Rm. G202) and completing the appropriate confirmation of enrollment forms (a **Schedule 2** for federal loans and/or a **Form B** for provincial loans). Your lenders must receive these completed forms **before October 31** to ensure they will be processed in time to prevent your loans from going into repayment.

If you did not receive any student loans until after Aug. 1, 2001, your lenders will now exclusively be the National Student Loan Service Centre (federal loans) and/or Edulinx Canada Corp. (provincial loans). These lenders will be updated automatically if you are negotiating new student loans with them again this year, but you must have cashed your loans prior to October 31st. If there has been a delay in processing your student loan(s) and you are unable to cash the loan certificate(s) by October 31st, then you will need to submit the appropriate confirmation of enrollment forms to your lenders.

NOTE: Federal and provincial loans are totally separate. If you received both a federal and a provincial loan last year, but this year you are only cashing a federal loan **OR** a provincial loan, then one of your lenders will need to be updated with the appropriate form.

Example: If you cashed a federal loan (NSLSC) and a provincial loan (Edulinx) last year, but this year you are only cashing a federal loan – then the National Student Loan Centre will be automatically updated, but Edulinx Canada Corp. will need to be sent a Form B before the end of October.

If you have any questions or concerns regarding this process, or if you have other questions regarding Financial Aid, you may book an appointment to see me by calling 479-9220, or by coming to the Admissions and Financial Aid Office (Room G202).

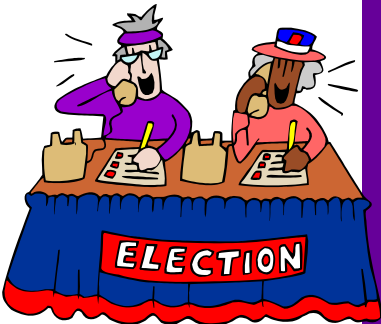
Submitted by Linda Nollski

Financial Advisor CUCA

CSA GENERAL COUNCIL ELECTIONS

ARE YOU A LEADER?

It's your turn!



POSITIONS AVAILABLE ARE:

- 3 ARTS REPRESENTATIVES
- 2 SCIENCE REPRESENTATIVES
- 1 AFTER EDUCATION REPRESENTATIVE

SMALL TIME COMMITMENT, EXPERIENCE LOOKS GREAT ON A RESUME!

NOMINATIONS OPEN: ORIENTATION DAY SEPT. 2ND AND CLOSE SEPT. 13TH.

SPEECHES ARE AT NOON IN TEGLER ON THE 15H OF SEPT.

VOTING IS IN TEGLER ON THE 16TH AND 17 OF SEPTEMBER.

PLEASE TALK TO CSA EXECUTIVE OR STUDENT SERVICES FOR MORE INFO.

Contact:

Student Services

or

Scott Lyons

for more

information.

GET INVOLVED!!!

WORK FOR THE BLUE AND WHITE!!

BE IN CHARGE.

MAKE A DIFFERENCE.

MAKE SURE YOUR VOICE IS HEARD.

WORK FOR THE BLUE AND WHITE.

NOW HIRING...

Positions:

- Editor in Chief
- Story Editor
- Layout Editor

Get
PAID!

Submit a résumé to Sean Wood by September 8th. Résumés can be dropped off at the CSA offices or at Student Services.

There will be a preliminary meeting on September the 9th.

Anyone that is interested should be in contact with Sean as soon as possible.

It'll be a great day when education gets all the money it wants and the Air Force has to hold a bake sale to buy bombers. ~Author unknown, quoted in *You Said a Mouthful*, Ronald D. Fuchs, ed.



NEXT ISSUE!!!

Please submit any articles, poems, pics, or rants to the Blue&White with your name and I.D number. Submissions can be made either by dropping off a floppy in the B&W mailbox or by emailing to: blueandwhite@csa.concordia.ab.ca.



Printed on recycled paper

30% Post-Consumer content