

## Poetry Corner is Back!

Rachel serves up some of her own poetry for the first time this year.



>> Page 6

## Musical Theater in Edmonton.

It's 11 O'clock, do you know where you should be?



>> Page 3

# The Bolt.

A CSA Publication.  
October 7, 2013

## UNREST IN SYRIA.



Syria was formed after the collapse of the Ottoman Empire, and afterwards it was set under France's mandate after World War I due to the policy of the Mandate System. However, Syria became an independent state in 1946; after a revolution and formation of the Ba'ath party, Hasif al-Asad came to power de-facto in 1968/9. Ever since, Syria has been under a rigid authoritarian control by the Asad family. Syria is

currently under the control of Bashar al-Asad, he came in to power in 2000.

Part of the Syrian population hoped that Bashar al-Asad would put an end to the authoritarian regime of Syria; however, by 2005 it was clear that he was trying to maintain the Ba'ath regime alive, for it have seemed to meet a dead end in the 1990s.

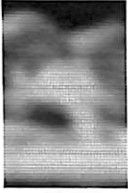
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al-Asad and the installation of Bashar al-Asad, the birth of the movement "Damascus Spring" happened. "Damascus Spring" is a movement directed by various Syrian intellectuals opposed to the reign of the Ba'ath party and the Assad government. The movement is noted to propose anti-authoritarian suggestions to eliminate the tensions created by the state's government for the people.

In 2011, the "Damascus Spring" movement reached its peak by pursuing a greater opposition stance against the Ba'ath regime. Various uprisings and protests begin to happen in Syria; however, these protests were violently shut down by Bashar al-Asad in a similar manner to the way in which...

>> continued  
on page 10

## FACEBOOK & GROWING UP.



### Life 'N. Stuff.

Writer

*Life 'N Stuff is an advice column where you get the opinion of a peer by simply e-mailing bolt.lifenstuff@gmail.com. Everything is completely anonymous so feel free to share all sorts of problems.*

**Dear Life 'N Stuff,  
My girlfriend of six months hasn't updated her Facebook status yet, should I be worried?**  
- Social Despair

Dear Despair,  
Your name seems a little extreme for the situation, just saying. In regards to your question, I would say that it really isn't a major issue. Not everyone posts their relationship status online and not everyone uses social media in the same way as others. Does your girlfriend use Facebook on a constant basis to share every minute detail of her life, or is it more of a vehicle to stay in touch with others that is only used every so often? If it's closer to the latter, then you really have nothing to worry about since your girlfriend obviously is not into social media like many others out there. If it was the former option and she can't be without updating her status every second, then maybe it's time you brought it up in conversation. It shouldn't

be too hard, you have been dating six months and your relationship is going fairly well if this is your biggest problem. Open conversation is important to any relationship, so if something is bothering or upsetting you let your significant other know.

- Life 'N Stuff

**Dear Life 'N Stuff,  
I've been with my significant other now for almost 2 years and I'm not sure we're in the same place we were when we started dating and I don't know if we're still compatible. Do we break up? Do we hope things go back to the way they were? Opinions from your readers would also be fantastic!**

- Relationship Troubles

Dear Troubles,  
I hate to break this to you, but you are growing up and changing every single day and so is your partner. That's just the way the world works, especially for university students as our ideas and knowledge about life can be challenged and changed in every class. It sounds like you and your significant other need to sit down and have a nice long, and possibly tear-filled, chat. It is important to keep in mind though that while your relationship and ideas have changed, it doesn't mean you are necessarily different people. You can still both have the same underlying characteristics that you had before but maybe with new interests or a broader view of

the world.

It might also be the fact that you are getting to know each other better and are finding things out that aren't necessarily favourable to you or your partner. As I said before, a long chat between the two of you would probably be a good thing. Just remember a couple things:

Don't get mad - You've both grown in the last two years and you may both have issues that have been developing, so remember to be calm when discussing things and to make sure both of you aren't attacking each other, because that won't resolve anything.

Be willing - With change may come new interests and hobbies and if this is what is in the way of your relationship then maybe it's time to take an interest in your partners newer interests. Remember, it's the thought that counts. If your partner is getting into knitting and that's just not your thing, give it a go. Cooking classes together? Fun! If their hobby has become something unhealthy, for instance alcoholism or drugs, then DON'T be willing to try it and seek professional help immediately.

Grow together - This sounds super cheesy, but hear me out. Again, the growth and change in yourselves and your relationship has to do with your new thoughts and ideas as well as your significant other's. So try and find a

common ground between your differing interests. Again, it could be as simple as taking a dance class once a week to connect again.

If you're unwilling to talk to your significant other about these issues then maybe they aren't that significant to you. I hope that you can work things out for the best, but communication is what I believe is necessary in this situation.

Readers, if you have any other advice to the people who e-mailed me, send it in and I'll be sure to post your responses online or in the next issue of The Bolt

- Life 'N Stuff

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## MUSIC AT ELEVEN.



Rachel  
**Whipple**  
*Entertainment*

Filled with magic, romance, mystical creatures, and overbearing gnome fathers, *The 11 O'Clock Number* made for a very entertaining Friday night. Presented by Grindstone Theater, *The 11 O'Clock Number* is a completely improvised musical that shows every Friday night at 11pm at the Varscona Theater. They have no script, no rules and only use audience suggestions to create a fantastic show. Artistic Director, Byron Martin, invites you to see the show, "we have a talented cast and a different show every night, so come check it out!" The Season 2 opener on September 27 left the audience's sides splitting and their hearts warmed.

Stemming off the suggestion of *The Secret Garden*, "You Don't Gnome Me" was chosen as the title for their musical. Set in Old Lady Josephine's enchanted pumpkin patch, the musical came to life with an array of diverse and interesting characters. Gnomish, the Gnome King played by Neil Kuefler, could rule over his people, but he couldn't stop his daughter's wandering heart. Claire, Gnomish's daughter, played by Katie Hudson, fell in love with Larry, an ordinary late night pumpkin security guard, thus building the story

for this classic romantic tale of forbidden love.

Some highlights from the show were all the mention of nonsensical magical Gnome folklore and the many subtle sexual innuendos. Darla, played by Nathania Bernabe, was the Gnome queen and constantly hinted at their tumultuous sex life. Gnomish's character was a ton of fun to watch and his deep southern accents really got the audience going. His constant offstage bickering with his daughter was hilarious. Byron Martin, the director of the show, got to light up the new sign he build for the show. It looked fantastic! My favorite part was when Katie's character had to train a Hippogriff with a hip hop dance break. The show stopping title song, mainly created by Larry, David Johnston, was "All Roads Lead to Gnome."

David Johnston, Larry, stole the stage with his incredible songs and imaginative backstory. He drove the story forward and was not afraid to take risks. Mystical creatures have instilled fear amongst the gnome people for the last 200 and it is Larry and Rupert's job to watch the giant pumpkin orango-their magical life source. Larry is persecuted for not believing gnome pumpkin magic. His secret romance with Claire, was discovered by jealous Rupert and he was banished to the front yard. There Larry waits alone with

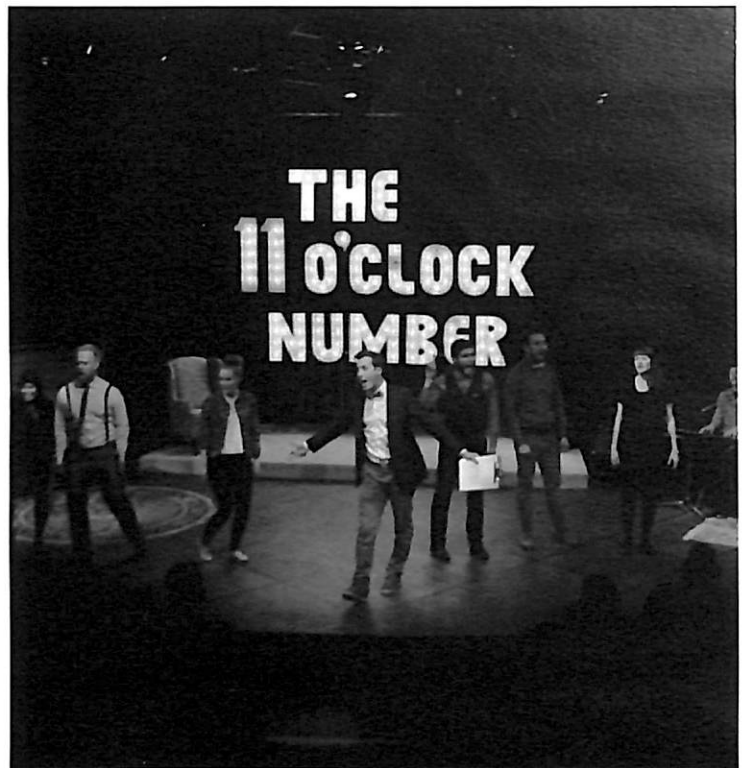
lifeless gnomes, while Claire cries her eyes out back home. He sighs, "The grass really was greener back there."

Rupert, played by Dallas Friesen, served as comic relief with his constant shotgun cocking and big lug attitude. His backwards mentality and stubbornness made for a comical villain. We saw him gun down Old Lady Josephine's beloved parrot "cuz it was gunna kill us!" His best line was, "Now take these dandelions. I picked them for you, they're purty like your eyes."

Sarah Ormandy belted out as Old Lady Josephine first about her desperate wish for company and later for blood! After she discovers that the

gnomes in her yard are alive, Lady Josephine is elated to have company. Later on this hilarious grandma convinces the gnomes to hunt down Larry to feed him to her pumpkins.

This season Byron Martin hopes to "always keep raising the bar in terms of storytelling and what we are capable of" to continuously build on the artistry of the show. Erik Mortimer, the musical director and piano accompaniment is "really excited for this season and is very proud of the group. On Friday, the audience roared with laughter and left satisfied with an overall great show. So be sure to check out *The 11 O'Clock Number* every Friday at the Varscona Theater!



## AND NOW TO BAILEY WITH SPORTS.



photo by: hannah giesbrecht



**Bailey  
Gardecki**  
*Sport*

I know everyone is knee deep in school by now, but hey, what a start right? What with all the events going on in Teglär and the school sport season kicking off I've been extremely busy on campus. I recommend everyone enter at least one ping pong tournament this year, because sheesh, what a blast that is!

So here's the scoop on sports:

Last weekend we had our season opener for hockey on

Friday the 27th against NAIT, and boy oh boy did we kill it! The team made a fantastic performance despite the fact that most of our team is made up entirely of new recruits. They cooperated together to score a 2-1 lead against the NAIT Oaks! Saturday the 28th's game was rescheduled as the arena was not up to safety standards - hopefully the city of Edmonton will remedy that so we can keep up our hot streak! Concordia takes on Red Deer on the 19th of October, so please head out and show your support!

The lady's and men's soccer teams had a challenging weekend against Keyano on the 27th and 28th, as the men took a 5-2 win against the

Huskies on the Friday, while the ladies scored a whopping 8-1 win against Kings college - way to go guys! That's wicked! The soccer teams will also be playing on the 18th and 19th against Grant MacEwan and Lethbridge, so good luck!!

A little tidbit for those interested: the Concordia bookstore is selling tickets to the Edmonton Eskimos games here in the city. They are only \$22 and believe me; those seats in college corner are FANTASTIC, so do yourselves a favor and pick one up. Personally, I'm looking forward to the Saskatchewan Roughriders rematch, but all in all I just love football! Why doesn't Concordia have a football team? Your guess is as

good as mine.

Last but not least, an anonymous source told me a rumor that the Concordia curling team is still looking for female players for a ladies team... so girls if you are interested in curling or learning how to curl just pop into the Ralph King Athletic Center and ask our new Athletics Director for the details.

There you have it, short and sweet.

Don't drink and drive, make good choices, and have a great Thanksgiving if I don't see you around!

# FUN & GAMES

The Bolt.  
Oct 2013 | 5

D Q C G O O A K A D L P E J I  
 C S T E N O C N S L W G G U M  
 O R E B O T C O Z T C L M M X  
 V R D I T H E R N G A D N P Y  
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 E S G Y L V P I L E S L L A F  
 W C W P W T R A U T U M N Q V

LEAF  
FALL

TREE  
AUTUMN

ORANGE  
PILES

YELLOW  
GOURDS

RED  
THANKSGIVING

OAK  
OCTOBER

JUMP  
DITHER

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Got a bright **idea?**  
 For the Fun & Games  
 page that is  
 if you do go to:

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Rachel  
**Whipple**  
Entertainment

For this first poetry section this year, I will be featuring one of my own poems. I have not done this before, but I have been frequently asked to showcase some of my own work. My poems are usually very personal and based on my life. This one in particular is sharing a secret I've kept for quite some time. I haven't shared this poem with anyone yet, so as nerve-racking as this is, I am happy you can be the first

to read it.

The inspiration for this poem is a true story. I really liked this guy from elementary school to past high school graduation. We got along really well, but we never dated. He asked me to be his girlfriend a few times when we were younger, but I was always too shy to say yes. We had horrible timing- we could never work it out. After graduation, he traveled for a long time, and it was hard to lose contact with him. Finally, after two years he came back. We ran into each other once, the poem says the rest.

This poem does not have a set form or rhyme scheme. I often used ABAB type rhymes. My writing style is heavily influenced by Pastoral literature and Shakespearean sonnets. I have loved poetry ever since I bought a children's book of poems in kindergarten. I started writing poetry in junior high and was published by Young Authors Canada at 13.

I look forward to reading your submissions! Send you poems to [rwhipple@student.concordia.ab.ca](mailto:rwhipple@student.concordia.ab.ca) for your chance to share.

I Took the Low Road  
You slipped through my fingers  
As I watched you walk away  
You left me waiting here  
Waiting for the day  
When you're return to take me far away  
I waited and waited  
For you to come 'round  
And finally you returned to our one horse town  
We had one night together  
As we laid beneath the stars  
And now I fear my darling  
I don't know where you are  
You left without goodbye  
Or even a passing glance  
And frustration bubbles inside  
Because I never had the chance  
To prove my worth to you  
And my adoring love  
You flew so far away  
Like a swift-winged dove  
So now I sit here waiting,  
Beside the window pane  
Waiting for the day  
When you'll be mine again

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## SLEEP DEPRIVATION AND YOU.



**Mike Browning**  
*Health & Fitness*

Sleep deprivation, that glorious thing that happens to all of us. Be it not being able to sleep due to extrinsic factors, or some sort of internal issue, most of us have had those times where sleep just wants to elude us and even counting the Sleep Country animated sheep doesn't help. Well, last night I was up late, and not because I had a paper to write, but because I just couldn't sleep, so I decided to see what causes, and helps, with sleep deprivation.

Deprivation is defined in the Webster's dictionary as "the act or process of removing or the condition resulting from removal of something normally present and usually

essential for mental or physical well-being" so simply put, sleep deprivation is just getting less sleep than you require in order to function properly. There are many causes of sleep deprivation and ways to correct it.

Sleep is very essential to a healthy lifestyle; it rejuvenates and energizes you for your daily routine. If you have been feeling tired or stressed, maybe you are suffering from a lack of sleep. Decreased alertness and performance in everyday activities are major signs of sleep deprivation. Also, memory and cognitive impairment are major signs, meaning your ability to think and process the information taken in is inhibited drastically. Some lesser signs are simply being drowsy during classes, or inability to maintain your typical fitness routine.

Now, there are long term effects of not getting enough sleep - hear me out, I am not trying to scare you, but rather help you avoid these possible outcomes. The list of issues caused include, but are not limited to, high blood pressure, heart attack, heart failure, stroke, obesity, psychiatric problems, including depression and other mood disorders, Attention Deficit Disorder (ADD), and mental impairment. None of the listed outcomes are pleasant to say the least, but you can avoid sleep deprivation by doing a few small things!

Avoid use of caffeinated beverages within 6-8 hours of bed, as the caffeine takes time to get out of your system and it will make it much harder to sleep. Ensure that you are getting a proper sleep cycle, of anywhere from 7-9 hours a night - the more the better.

Try to keep stress levels low so that you are not sitting up late at night worrying about that paper you have to write at 6am for your 9am class; basically ensure you have ample time to complete all assignments so you can have a good sleep! Avoid naps longer than 20 minutes, as one long sleep is much more effective than many short naps. Complete any vigorous exercise 3-4 hours before you go to bed, it will give you time to lower your heart rate to a resting rate before you sleep. Food before you sleep? Definitely not, anything heavy will weigh on your digestive system and make it harder to get a good quality sleep. Night caps actually decrease your sleep quality; they make it harder for your body to hit REM sleep cycles. Lastly, make your sleeping area a "noise free environment", as any kind of random, semi-loud noises can and will interrupt your sleep, so to avoid this, use a fan, an air conditioner or a white noise generator, as white noise actually aids in your sleep pattern by blocking outside noise.

Finally, I am sure most of you know of the help we have here on campus, and if you are not, help is always available. Find it online at <http://concordia.ab.ca/counseling-services-3/> and also in the Student Life & Learning Office in: HA 114, Constable Peter Schiemann Center, Hole Academic Centre or by phone 780.479.9241, or email: [studentlife@concordia.ab.ca](mailto:studentlife@concordia.ab.ca).

## ALPHA AT CONCORDIA



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## THE SYRIAN CIVIL WAR.

*How Should We Address International Intervention?*



Ramiro Medina  
**Polo**  
*Politics*

Syria was formed after the collapse of the Ottoman Empire, and afterwards it was set under France's mandate after World War I due to the policy of the Mandate System. However, Syria became an independent state in 1946; after a revolution and formation of the Ba'ath party, Hasif al-Asad came to power de-facto in 1968/9. Ever since, Syria has been under a rigid authoritarian control by the Asad family. Syria is currently under the control of Bashar al-Asad, he came in to power in 2000.

Part of the Syrian population hoped that Bashar al-Asad would put an end to the authoritarian regime of Syria; however, by 2005 it was clear that he was trying to maintain the Ba'ath regime alive, for it have seemed to meet a dead end in the 1990s.

At the time of the death of Hafiz al-Asad and the installation of Bashar al-Asad, the birth of the movement "Damascus Spring" happened. "Damascus Spring" is a movement directed by various Syrian intellectuals opposed to the reign of the Ba'ath party and the Assad government. The movement is noted to propose anti-authoritarian suggestions to eliminate the tensions created by the state's government for the people.

In 2011, the "Damascus Spring"

movement reached its peak by pursuing a greater opposition stance against the Ba'ath regime. Various uprisings and protests begin to happen in Syria; however, these protests were violently shut down by Bashar al-Asad in a similar manner to the way in which Hafiz al-Asad suppressed the Islamic uprisings three decades prior these protests. By November 2012, Syria reached a state of Civil War.

As of mid-2013, the United Nations, as well as members of NATO, have set into discussion the idea of intervention to stop the conflict; however, this has split various nations in the debate. For instance: the governments of the U.S. and France have stated the idea of intervening in support of the opposition to the Ba'ath regime. Whereas countries like Russia and China have suggested not interfering and have attempted to persuade the Syrian government to cease the violence in the country.

Currently, Syria reflects a state similar to that of Spain during the Spanish Civil War; for Syria is currently a battle field for various groups of people and nation which include: The Free Syria Army, Syrian Armed Forces, Syrian Islamic Liberation Front, as well as the current consideration of interference by Western Countries which account for another possible factor to the conflict.

Controversially, throughout the armed conflict, chemical

weapons have been used, and these have been accounted to be used by the Syrian government against the opposition, thus bringing another aspect of danger into the mix.

However, for both supporters of international interference, as well as the opposition, there is still dispute of how this conflict should be addressed internationally. Supporters claim that the extent of violence in Syria is unacceptable, and it is claimed that Syrians feel abandoned by the West. Whereas, the opposition claims that by taking action, more Syrian lives will be put at risk, and the conflict of the Syrian Civil War can result into a conflict more violent like the Yugoslavian genocide.

There are several factors to be taken into consideration as the Western nations decide where they stand, for these could impact the future development of an either stable or unstable Syria. For instance: Syria is very ethnically and culturally diverse state, and thus, Syrians identify themselves individualistic ways due to their sense of nationalism. In previous cases in history; for example: the Yugoslavian separation and genocide was a consequence of the political collapse of the government which managed to hold their multicultural state together. Before and after the passing of Josip Broz Tito, struggles by ultranationalist groups began to surface the state; however, once the government that balanced the nationalist groups

was gone, violence broke apart Yugoslavia. Therefore, it appears to be that Syria is in a fragile predicament.

However, the actions committed by the Ba'ath party and the Assad government break international law and human rights, thus conflicting with the ideals of our globalized world. And as a response, members of the United Nations and NATO have put into consideration to intervene to some degree. Most recently, the controversial aspect of the use of chemical weapons has added another degree of concern for both Syrian Rebels and Citizens, as well as the supporters of intervention. Therefore, each moment without any intervention leads to further deaths and casualties in Syria.

As a consequence of the factors from each perspective, the world remains divided on how to address the matter. And each action taken appears to lead to some sort of further casualties that need to be accounted for. Currently, U.N. negotiations have been done with Syrian President Bashar al-Asad in regards to the use of chemical weapons in the civil war; however, there are still plenty of unresolved situations in the politics of Syria, whereas in terms of military conflict, it appears to near some sort of resolution. In such direction, the Syrian Civil War could be lead to gain a military stability for each side to combat; however, the political unrest remains.



## BRINGING IN A NEW STANDARD.

*An Interview with Paul MacLeod - Professional Standards Branch, Government of Alberta.*



**Theodora Macleod**  
Education

I sit across from Alberta Education's new Registrar/Director of Professional Standards Branch. I've caught him on a casual day - he's traded his usual pressed shirt and tie for an L.A Dodgers t-shirt and shorts. To be fair, I caught him on a Saturday in the middle of an episode of Law and Order. We're at home. I begin with the first question and quickly watch as the man across from me goes from my father to Paul MacLeod, Professional.

"So you're kind of a big deal in education," I begin. He laughs and gives the Jack Russell at his feet a scratch behind the ear. "How about we start with how you got here?"

PM: I graduated from UNB in '91, moved to northern Alberta [High Level] where I started as a Phys. Ed teacher. I was an administrator with Fort Vermillion School Division and with Edmonton Catholic School Division, and then I joined the Government.

**TM: Why did you decide to make the jump from administration to Alberta Ed?**

PM: For the provincial perspective. When you're an administrator you can control the outcomes in your school and you can help staff and students within your school - and to

a certain extent within your district - but at the government you can implement some change on a provincial level.

**TM: Do you think your experience as a Phys. Ed teacher has helped you to be successful in an administrative role?**

PM: Definitely! If you look at some of the statistics, a lot of Phys. Ed people make the jump into administration and there are a couple of reasons for that but the biggest one is probably that they're flexible. They can change things on the fly really quickly. If you know the structure of a school, if an assembly has to be called or if there is a visitor to the school or any special events happen, look where it occurs. The gym. So at times it is at the last minute and the Phys. Ed teacher has to be able to find things for the students to do, or be able to set the gym up.

**TM: When you first started out, what was your first impression of education and was there anything in it that you didn't expect?**

PM: Nothing really. Actually it was busy, but it wasn't overwhelming. The one thing I didn't expect probably was that at the start of my career in a small community in northern Alberta, the Phys. Ed teacher wasn't only responsible for setting up and coaching I guess I could say all of the teams in the school, but also played a role in the community. What I quickly I learned is that when the other teachers are marking, the Phys.

Ed teacher is coaching.

**TM: I guess it's an even trade.**

PM: Every teacher is busy. Anybody who says teaching is a 9 to 3 job has never been in it. It's a ten hour a day job, plus another ten on the weekends. If you're going into it thinking you're going to be making a decent hourly wage, you're crazy; my first year it worked out that with all the time I was making about five dollars an hour.

**TM: If you could give any advice to students, what would you tell them?**

PM: Don't be afraid to fail, and by that I mean: take chances, fail forward, make mistakes. I guess one of the biggest problems in my opinion, and high schools are guilty of this and so are post-secondary schools, is that we've created a system where there is a box that you want to fit in to get the grades to be considered successful and you're judged on that box. Quite often the best ideas come from people who don't stay within the parameters of that box.

**TM: I'm going to hold you to that next time I do something stupid, Dad. What about advice for young teachers?**

PM: As an administrator, I gave my young teachers permission to stumble around for a year or so. You have our permission to make mistakes and to learn from those mistakes. It's not going to be perfect. Your first two, three years are going to

be difficult and you have to embrace that and realize that it gets better. Don't be afraid and don't get discouraged. Teaching is a vocation, it's not really a job and if you're going into it thinking it's going to be an easy job with the summers off then you're in the wrong area. You have to want to do it; you have to recognize that there will be down days and up days.

**TM: That's pretty good advice for all careers really. You've got twenty years of school experience; there have to be some good stories there.**

PM: That's hard. I guess I've noticed that the more stress that happens in the school the closer the staff gets. If you're in a school where there are a lot of behaviour issues you have to laugh and get through it with your colleagues.

There are always funny moments. I always had fun in the school so it's tough to pin it down, but I guess the one I can remember best happened while teaching Phys. Ed in High Level. My class was playing flag football and I had the ball and was running and one of my students went to pull my flag and got his finger stuck in my pocket instead and ripped my shorts clear off. I was standing in the field in my gaunch. I had to wrap a pinnie around me and get another teacher to supervise so I could change shorts. There's one I won't forget.

*The interview continues in the next issue of The Bolt!*

## DO A BARELL ROLL 4 KIDS!



**Nick Chevalier**  
Editor in Chief

Dear Concordians,

I can't believe it's already October- heck I'm still having a hard time remember that it's 2013. I hope that in your first month of school you have been able to get involved with some of the school's clubs or events. I for one was in attendance at the Installation of Concordia's First Chancellor, the Honourable Alan Wachowich. I then took part in a focus group about post-secondary education in Alberta, something that was a real eye-opener in terms of other people's thoughts on education in Alberta. I flirted with the International Day events, but didn't have time to fully get into the International groove.

Now after showcasing all the amazingly fun things that happened in the first few weeks here at Concordia, while missing some because I already have almost no time

left in my schedule, I would like to talk about another endeavour that I've been working on for the last few months, Do A Barrel Roll 4 Kids. Yes, I'm using my article space to promote something that I'm involved in and I hope you'll read on to find out what it's all about. Last year, Concordia Alumni Tony Wong and I started to get involved with a charity campaign called Extra Life, which raises money for Children's Miracle Network Hospitals. We started our own team/campaign through them called Do A Barrel Roll 4 Kids to raise money for Edmonton's own Stollery Children's Hospital Foundation by playing video games. But wait! There's more! Not only will we be playing video games, we'll be playing bad video games (The Worst Modern Video Games as we put it) and we'll be playing them for 24 hours straight. We'll also be live broadcasting online for the entire world to see and listen in on the hilarity that will certainly ensue. We are essentially putting on a show for people and you get to pay whatever you want to watch and enjoy (think Street Performers Festival but with

video games). We're toying around with some other ideas, but as they are not certain yet I don't want to tease you guys with things that might not happen.

Which leads me to how to keep up to date with our fundraiser and how to get more info and even donate to the fund. Everything can be found at [www.barrelroll4kids.org](http://www.barrelroll4kids.org), from games we'll be playing to the names of the people involved as well as information on The Stollery. You can also contact us through the website if you have any questions that we haven't addressed yet on the site. Donating is easy to do, just hit the button on the site that says, "Donate"- yup, that easy. Now I know that students don't have a lot of money and we completely understand that. What we ask of those that can't donate, but want to help, is to spread the word. Every dollar counts and any help we get is greatly appreciated.

But why is this so important to me? The Stollery is something that I wish existed when I was a child. I remember when I was young spending a ton of

time in the hospital being sick and let me tell you it's not a fun experience. I spent a lot of time watching sickly yellow paint dry even more than it already had and would have killed for a place like The Stollery. The funny part is most everyone I talk to about this charity has a story about The Stollery, whether it's about them, their own child, a sibling, friend, friend's friends, and so forth and so on. This place touches people's lives, lots of people and I want to do what I can to help them. So my friends and I are doing what we do best, playing games and being funny, seeing as how the punishment for sleep is getting drawn on, I'll do my best to stay awake.

So thank you Concordia for hearing me out and feel free to hit up The Bolt's website and share your stories about The Stollery or some such place like it, because most of the stories I've been hearing have warmed my heart. One more time so it's easy to find: [www.barrelroll4kids.org](http://www.barrelroll4kids.org)! #Cash4Kids2013!

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