CONCORDIA WEEKLY NEWSLETTER

October, 5th, 2015 Issue#5 Vol.6

CUE Website Focus Groups Wednesday, October 7 - Register

Concordia University of Edmonton is working to evolve its website, and requires honest feedback from CUE students. All participants will receive a limited edition CUE t-shirt, and will be entered to win a \$100 Visa gift card. Students from all programs & faculties are welcome to sign-up to participate, however the majority selected will be first-year students.

Four focus group sessions will run on Wednesday, October 7 between the hours of 9:30 a.m. and 3:30 p.m. <u>Sign-up today</u>. For more information, <u>email socialmedia@concordia.ab.ca.</u>



Concordia Chinese Club 康大中国文化社团

FREE MANDARIN CLASSES!

Classes are every Wednesday, starting October 7th from 3:00- 4:00 pm in HA 021, until December. The class will include basic Mandarin teaching as well as Chinese cultural aspects. Everyone is welcome!

CAFETERIA MENU: OCT 5-9

MONDAY: Butter Chicken, Basmati Rice, Peas & Carrot TUESDAY: Teriyaki Beef, Rice & Stir Fry Veggies WEDNESDAY: Chicken Breast with Gravy, Lemon Pepper Rice & Veggies THURSDAY: Beef Tacos with all the fixings. Sour Cream, Salsa & Cheese FRIDAY: Sweet & Sour Pork & Veggie Fried Rice

INSIDE THIS EDITION:

- Career Services -October Workshops
- GSA Presentation
- Chapel Schedule
- Indigenous Strategy Talking Circles
- Presentation: Benefits of Physical Activity
- Protecting Yourself From Job Scams



WANT TO DO A PHOTO SHOOT?

Concordia's Marketing team is still looking for students to participate in a photo shoot **Tuesday October 6th at 1:30 pm.**

If your interested in representing CUE, please send a selfie to Crystal Eyo at crystal.eyo@concordia.ab.ca.



CAREER SERVICES OCTOBER WORKSHOPS

October workshops offered by Career Services.

Students must sign up in advance by contacting Career Services either in person (L358), emailing philipa.hardy@concordia.ab.ca or phoning (780) 378-8461. Students will receive the room number upon registration. All sessions will start at 12 noon and run for 45 minutes.

- Wednesday, October 7th: Major Decisions Looking for support in choosing a major? Attend this session to discover resources and support to help you make this decision.
- Wednesday, October 21st: Career Planning This session is suitable for students who are either questioning their career path or for those who have made their choice but are looking to confirm their decision and learn strategies on how to make connections in their chosen field.
- Wednesday, October 28th: LinkedIn Learn about LinkedIn and how it can help you achieve your career and employment goals.



GSA Presents: Event : Resume writing, General job searching and Networking Date : October 9, 2015 Time : 2:00 P.M - 3:30 P.M Venue : T104

Guest Speaker : Philipa Hardy

In partnershiph with : MISSM/SA, IEEE student branch and ISACA student group

CHAPEL WEEK OF OCT. 5-9

Monday – Prof. Jonathan Kraemer (Sem chapel) Tuesday – "In the Morning I Will Sing" Morning Prayer, Ps. 128 (CUE auditorium) Wednesday – Pastor Roland Kubke (Sem chapel) Thursday – student Andrew McDonald (CUE auditorium) Friday – Dr. Hellwege (Sem chapel) Also, Friday morning prayer at 8:40am in the CUE Prayer Chapel!

INDIGENOUS STRATEGY TALKING CIRCLES

This is an invitation for you, The Students of Concordia, to join us for Lunch and share your valuable ideas and thoughts around the concept of developing an Indigenous Strategy to be implemented at Concordia University of Edmonton.

The development of the Indigenous Strategy is an action to which Concordia University of Edmonton is keen on undertaking, and recognizes it to be long overdue, which will provide an environment that Indigenous Learners would be proud to say it is their first choice to get their education.



Indigenous is the most recent name chosen by the Indigenous people of Canada. It is inclusive for the First Nations (treaty and non-treaty), Metis, and Inuit. Indigenous is powerful because it is the first time that the Indigenous people of Canada have chosen a name for themselves and has not been prescribed to them. This is why we are calling the development of this strategy Indigenous.

We want to hear from everyone who would like to share their input, as it is important that we all enjoy our post-secondary education together.

The intention of the Talking Circle is to open up dialogue with students to identify or validate issues and lead to processes for constructive change.



School of Physical Education and Wellness

Presents Dr. Nathan Hall

Guest Lecturer

Date: Tuesday October 6th. 2015 Time: 4:00pm-5:00pm Location: Auditorium Audience: Faculty, Staff, and Students (open invitation to everyone) Topic: The Benefits of Physical Activity in Academic Institutions Supporting students, faculty, staff, and the wider community in developing and maintaining healthy lifestyles across diverse age, gender, and ability populations

Dr. Hall will discuss the benefits for faculty, staff, and students of living a physically active and healthy lifestyle.

Background

Dr. Nathan Hall is a cross-appointed faculty member in the Faculty of Education and the Gupta Faculty of Kinesiology and Applied Health at the University of Winnipeg. He is a lead site investigator on the Canadian Assessment of Physical Literacy study being funded by ParticipACTION. Dr. Hall is a member of a team completing a SSHRC Aid to Small Universities (ASU) Grant (University of Winnipeg), as well as a co-investigator with Dr. Brent Bradford, Concordia University of Edmonton, in a funded project on Alternative Environment Activities.



<u>Contexts</u> Joel Mrak Athletics Director and Director School of Physical Education and Wellness Phone: 780.479.9321 Email: joel.mrak@concordia.ab.ca Dr. Brent Bradford Assistant Professor Faculty of Education Phone: 780.479-9274 Email: brent.bradford@concordia.ab.ca

Protecting Yourself from Job Scams

Have you found a job that seemed too good to be true? No experience needed and high pay to go with it? Have you been asked for personal information and to pay money upfront for training, insurance or fees? You may have found a Job Scam.

Identity theft is one of the fastest growing crimes in Canada. Do not become a victim of fraud or theft and never share your banking information, social insurance number, driver's license, credit card number, birth certificate or passport information.

Unfortunately, Job Scams do exist and they can be looking you straight in the face. Know what to look for and how to protect yourself from a victim of fraud or theft.

Common Characteristics of a Job Scam:

- Requesting payment from you (e.g. You pay for training, we guarantee you a job)
- Requesting personal information
- Poorly written job ad
- Receiving "employer" contacts during odd hours of the day or night.
- Emails to and from a non-business address
- Offered the job on the spot
- High salary, no experience needed
- Inquiries to a long distance number
- Fake employment agency
- Earn big and work from home

Tips to Help You Avoid Employment Scams*:

- Be cautious if you are asked to pay for specialized job training in exchange for "guaranteed" employment.
- Be wary if you are asked to pay an upfront fee to a job placement company to obtain a dream job.
- Do not pay an upfront fee for a not-to-be-missed business opportunity.
- If the offer sounds too good to be true, it probably is.
- Be wary if the company uses high-pressure sales techniques and refuses to take "no" for an answer.
- Avoid ads that ask you to call a special number. Many times, the number is a longdistance line that bills you at a costly rate per minute.
- Be wary if a company refuses to provide you with references you can check.
- Never give out your Social Insurance Number, credit card number or any other financial information in response to an advertisement.
- Don't give personal information to anyone unless you've been offered a job in writing and receive a copy of the contract. Special caution is urged when making an application over the Internet because the company you thought had an office next door could really be located anywhere.

