



CSA ELECTION RESULTS

U-Pass Referendum: (66% Yes Required)

Total Votes: 214

Yes: 117 - 54.67%

No: 97 - 45.33%

Faculty of Arts Representative:

John Anderson

Total Votes: 118

Yes: 112 - 94.91%

No: 6 - 5.09%

Faculty of Management Representative:

Lindsay Bertschi

Total Votes: 26

Yes: 24 - 92.31%

No: 2 - 7.69%



INSIDE THIS EDITION:

- PARKING PASSES
- PREVENT THEFT
- WORKSHOPS ON CAMPUS
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- STUDENT DISCOUNT CARD
- EXAM SCHEDULE ONLINE
- FIGHT LIKE A GIRL
- INVITATION FROM STRATHCONA COUNTY
- LIBRARY NEWS
- CHOICES DAILY MENU

Important Dates:

Oct. 31 - Regular university and Continuing Education university programs: Last day to receive 25% reduction on fall semester Education Fees for total withdrawal from Concordia. Students in the Education (After Degree) program should consult with the Education Program Manager regarding withdrawal dates and fee reductions.

Nov. 1 - Faculty of Graduate Studies: Last day for Canadian citizens and permanent residents to submit applications and supporting documentation for the winter semester.

Nov 9 –Regular University program: Last day to withdraw from fall semester courses.

Nov. 10 - Fall Break, no classes, campus closed.

Nov. 11 - Remembrance Day, campus closed.

NORTHLANDS PARKING PASSES

In response to student requests, Northlands has agreed to continue selling parking passes through the Bookstore with the following prorated fees:

November 1 to April 30 = \$472.50 (\$78.75/month)

December 1 to April 30 = \$399.00 (\$79.80/month)

January 1 to April 30 = \$325.50 (\$81.38/month)

February 1 to April 30 = \$252.00 (\$84/month)

If a pass is purchased during the month, the full monthly charge applies (that is, fees are not prorated on a daily basis).

Parking passes are not available after Reading Week.

CONCORDIA RESERVED PARKING PASSES with power outlets:

November 1 to April 30 = \$517.50 plus GST = \$543.38 (\$90.56/month)

LEARN HOW TO PROTECT YOUR HOME

Don't let crime happen to you! Thieves are always looking for a quick and easy way to part you from your valuables.

Follow the link below to valuable tips on how to prevent theft and protect your property.

[PROTECTING YOUR HOME](#)



WORK SHOPS ON CAMPUS

Study Skills
November 2
9:00-9:50 am
HA113
Drop in

Study Skills
November 3
1:55-2:45 pm
HA113

Time Management
November 4
10:00-10:50 am
HA 113
Drop in

Time Management
November 7
1:00-1:50 pm
HA 113

Writing Centre
Monday & Wednesday
9:30-1:30 pm
Drop in, or use the sign up
sheet on the door of HA 115



QUESTIONS?

If you would like more information about the workshops, contact Student Life & Learning by email at studentlife@concordia.ab.ca, or by calling (780) 479-9241.

QUOTE OF THE WEEK:

ACT AS IF WHAT YOU DO MAKES A DIFFERENCE. IT DOES.

~WILLIAM JAMES

STUDENT health101™

WHAT'S IN IT FOR YOU?

- **Classic Roommate Clashes**
 - ◇ **Difficult roommates: How to get along, when to move on, and tips to improve your living situation**
 - ◇ **Are you a good roommate? Take the quiz and find out!**
- **Stealing Your Slumber**
 - ◇ **Fact or fiction? A good night's sleep is hard to find ... uncover 7 sleep myths**
- **Deskside Fitness Guide**
 - ◇ **Exercise tips from a certified trainer you can put to use in your own room or apartment**
- **One Doesn't Have to Be the Loneliest Number**
 - ◇ **How to deal with loneliness on campus ... real students share their stories**
- **What's on Your Plate?**
 - ◇ **Nutrition guidelines and how to use them everywhere you eat**
 - ◇ **UCookbook: Spicing Up Your Meals**
- **FitnessU: Using the Latest Gym Equipment**

Take 10 minutes to browse Student Health 101 and ...

... enter to win a \$1000 prize at <http://sh101.ca/concordia.html>

If you missed it, you can check out the October issue at <http://sh101.ca/concordia.html?id=55b24be2>:

- **What's the Right Weight for You?**
- **When Casual Sex Turns Serious**
- **On the Money**
- **Time Management: Living Hour-to-Hour**



Student Accounts Info

Past due tuition will be charged interest after October 31st.

Please note Student Accounts point of sale closes at 2:30 p.m. on Monday, October 31 for month end and will not be able to process debit payments after that time.

THUNDER HOCKEY

The next Thunder Hockey home game is Friday, **November 4th @ 8:15 pm** at Clareview Arena where we take on SAIT. At this game, we make a special salute to our volunteers and fans. Puck Toss! Prizes! VIP Reception for students and fans!

STUDENT DISCOUNT CARD

The Student Discount Card offers great discounts from various restaurants, VIP entrance to numerous bars/clubs/pubs on Whyte Ave and downtown (no line, no cover) — even 25% off at Marble Slab Creamery!

Purchase this valuable card for only \$10 by contacting the CBA at cba@student.concordia.ab.ca

FINAL EXAM SCHEDULE ONLINE!

If you don't check the Online Services for students the chances are you haven't seen the final exams schedule. Check out the Online Services link below to access the final exam schedule.

[Final Exam Schedule](#)



PERSONAL PROTECTION SEMINAR FOR WOMEN

Sunday, November 6th, 2011 1:00-5:00PM

Concordia University College of Alberta

\$25 per person

- Learn how to be mentally and physically prepared for an attack or sexual assault.
- Learn to recognize and avoid potentially dangerous situations.
- Learn simple and effective ground-fighting skills.
- Learn what to do if attacked from the front or back, and how to release from holds.
- Learn simple but effective self-defense techniques and skills, avoid freezing.
- Build a solid safety plan while gaining confidence in yourself.



Instructor: Shihan Shawn Baker
Ketto Ryu Combat Ju-Jutsu

To Register: Email barbara.vaningen@concordia.ab.ca
Hurry spaces are limited!

"AN EVENING IN STRATHCONA COUNTY"

PRESENTED BY

AB CAMPUS AND STRATHCONA COUNTY ECONOMIC DEVELOPMENT AND TOURISM

On **Nov 22**, you are invited to "An Evening in Strathcona County", an introduction for students to the unique business environment and community members in Sherwood Park and surrounding area. The evening includes a tour of the LEED certified Community Energy Centre, "Success Stories" from local entrepreneurs, and a wine and cheese networking reception.

This is a great opportunity for students to meet other like-minded professionals, get connected, and consider their post-graduate options.

Find more information at <http://www.abcampustech.ca/uploads/files/PDFs/Strathcona%20County%20EVENT%20POSTER.pdf>

LIBRARY NEWS

In the November issue of the Corner Shelf:

- Canada's Military
- Food in the Library – Yes or No?
- Staff Pick – Calculating God by Robert J. Sawyer
- Cool Web Stuff
- Featured E-Resource – Safari Books Online

<http://library.concordia.ab.ca/cornershelf/index.php>

FOOD IN THE LIBRARY

As the semester moves ever faster forward and you get busier and busier, you may try to multi-task by eating your hot lunch from the cafeteria while poring over textbooks and course notes inside the library. However, did you realize that the smell of hot food can distract and/or offend your library neighbours.

For the benefit of everyone, we encourage you to eat your hot meals in the cafeteria or Tegler Student Centre and to only bring dry snacks and covered drinks into the library. Your fellow human beings with nostrils and saliva glands thank you in advance!

Heads Up!
Food for Fines returns in December.
Watch this space for details!



Suggestions for future articles?
Questions or comments about the library?

Make your voice heard at jan.mutch@concordia.ab.ca

Daily Specials: Week of October 31st, 2011

MONDAY

Lunch: Hot Chicken Sandwich with Cranberry Sauce & Chicken Gravy

Supper: Organic Alberta Beef Hot Hamburger Sandwich with Baby Portobello Mushroom Gravy

TUESDAY

Lunch: Thinly Sliced Organic Alberta Beef Cutlet Served with Roasted Onion & Dijon Gravy

Supper: Sweet & Sour Boneless Chicken with Fresh Pineapple & Sweet Red Peppers

WEDNESDAY

Lunch: Ukrainian Lunch. Garlic Sausage, Perogies, Saurkraut, Dijon & Sour Cream

Supper: Huevos Rancheros with Ranchero Sauce, Corn Tortillas, Eggs, Sour Cream, Black Olives, Iceberg Lettuce, Refried Beans & Pickled Jalopeno Peppers.

THURSDAY

Lunch: Beef Chili with Celery, Onions, Carrots, Sweet Peppers & Corn Served with Homemade Oatbread Toast

Supper: Chicken Quesadillas Served with Salsa & Sour Cream

FRIDAY

Lunch: Meat Lovers Pizza Pops

Supper: Organic Alberta T-Bone Steaks



Please note that "Choices" will typically offer three specials and a variety of sides in their daily menu. Choices also offer an extensive short order menu. Prices are based on portion size and the number of side orders.